



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion
 Affiliated with Union of Orthodox Congregations of America

May 25, 2024 • 17 Iyar 5784 • Candle Lighting 7:56 pm • Shabbos Concludes 9:00 pm

Parashas Behar
 Haftorah Behar

Leviticus 25:1 – 26:2
 Jeremiah 32:6 – 27

Chumash p. 696 – 707
 Chumash p. 1177-1178

- ☆ Thank you to **Linda and Menachem Szus** for sponsoring this week's bulletin in honor of **Elie Pinto** graduating from law school. Mazal tov to **Elie and her dad Moshe Pinto and to Elie's mom and extended family!**
- ☆ This bulletin is also sponsored by the **McCary Family** in honor of the minyan men and **all who attend minyan**. You are the heart of our congregation, and we appreciate you!

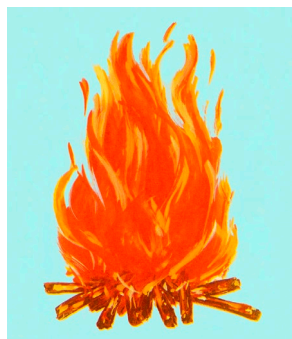
Prayer

Friday, May 24

- 7:00 am Shachris
- 6:20 pm Mincha/Ma'ariv
- 7:56 pm Candle Lighting

Shabbos, Saturday, May 25

- 9:00 am Shachris - Torah Reading - Musaf
- 10:00 am **Soul Building with Rabbi David: Building Trust**
- 7:40 pm Mincha- Shalosh Seudos - Ma'ariv
- 9:00 pm Shabbos concludes



Lag Ba'Omer begins on the 33rd day of the Omer and the 18th day of Iyar, this year falling on **May 26th**. This day is the anniversary/Yahrzeit of the death of Rabbi Shimon ben Yochai. It also commemorates the students of Rabbi Akiva who ceased dying on this day. Many practices are used to commemorate this day, including lighting bon fires, singing and dancing.

Minyan Times May 17 – May 25:

	Fri May 24	Shabbos May 25	Sun May 26*	Mon May 27^	Tues May 28	Wed May 29	Thu May 30	Fri May 31	Shabbos June 1
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:20	7:40	6:25	7:45	6:25	6:25	6:25	6:25	7:45
Ma'ariv Only	-	-	-	9:00	-	-	-	-	-

*Lag Ba'Omer ^Memorial Day

Congregation News

Milestones This Week:

Happy Birthday!

Howard Loiterstein	May 24	Ahuvah Okin	May 25
Brent Waxman	May 27	Bruce Waxman	May 27
Adina Belasen	May 28	Myra Radinsky	May 29
Eliot Katz	May 30		

Happy Anniversary!

Sanford and Jennifer Cohen	May 24
Dr. Faye Cohen and Brian McCary	May 25
Naftali and Jane Kadosh	May 25
Dr. Jay Pepose and Dr. Susan Feigenbaum	May 27
Bruce and Faith Waxman	May 29
Dr. Erol and Sally Amon	May 29



Yahrzeits Observed This Week:

Fri eve May 24 – Sat May 25

17 Iyar Ruth Mendelson
 17 Iyar Vivian Parker
 17 Iyar Scott Safron
 17 Iyar Marjorie Rosenbloom-Berg

Sun eve May 26 -Mon May 27

19 Iyar Rose Bressler
 19 Iyar Arthur Cole

Wed eve May 29 – Thurs May 30

22 Iyar Rivkah Ben Sason
 22 Iyar Ben Tzion Taller

Sat eve May 25 - Sun May 26

18 Iyar Florence Corman
 18 Iyar Saul Pollack

Mon eve May 27- Tues May 28

20 Iyar Harold Harris
 20 Iyar Rita Hogan

SAVE THE DATE!

- ✧ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge.
- ✧ **Sunday, May 26th from 11:00 am – 1:00 pm** at the St. Louis Kaplan Feldman Holocaust Museum, the Jewish War Veterans will be having a Memorial Day Celebration, featuring our very own Rabbi Ze'ev Smason Emeritus as a speaker.
- ✧ **Sunday, June 30th from 5:00-7:00 pm**, join us for our monthly Pizza Night! Want to volunteer? Email Nora at Office@nhbz.org!



Calling All 2024 Graduates!



Mark your calendars for Shabbos, June 8 when we will be celebrating our 2024 graduates! Parents and grandparents, be sure to call or email the office with the name of your graduate — from preschool through college, we want to celebrate them! Be sure to include your graduate's name(s), the name of his/her school and any other information you would like to share. The deadline to be included is Wednesday, June 6. Phone Nora at the office at 314-991-2100 or email her at office@NHBZ.org.



Learning at NHBZ

On-Going Classes:

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze'ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm. Deepen your understanding of the prayers we say.
- **Book of Esther with Rabbi Ze'ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the book of Esther. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7IIOVumZ8QeIPxHvApYZsox8VUe>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays, Tuesdays, Wednesdays & Thursdays between Mincha and Ma'ariv, and Mondays at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris



THE SISTERHOOD SCOOP



MAY 25



Lag
B'Omer
18 Iyar
May 26

Volume 7

Number 19

17 Iyar 5784

May 25, 2024

Any Soul

“In every person there lie all souls that ever were and will be.

After all, human consciousness began in a single being, with a single breath of G-d within that being.

And so, just as every cell of the human being contains the blueprint of every other cell and of the entire person from the synapses of his brain to the swirls of his fingerprints, so every single person contains the entire humankind.

In this way, our Creator has rendered each of us the master of human destiny. In the liberation of any one of us lies the liberation of us all”

– from *Daily Thought*, www.chabad.org

BEHAR: *Satisfying Blessings*

"The land will give its fruit and you will eat to satiation," (Lev. 26:5). One of the blessings the Torah promises us is an abundance of wealth. It is interesting that it is followed by a second blessing: that we will not only be blessed with wealth, but we will be satisfied with it.

Rashi points out that the real blessing is the ability to enjoy what we have and be satisfied with a little. Without the blessing of satisfaction, we may never realize how much we really have. We may be so driven to acquire and consume more and more, never achieving the peace of mind to enable us to stop and say thank you.

The Talmud teaches us to look to those who have less than us in order to cultivate a real appreciation for how lucky we truly are and to understand that everything we have is a gift. The biggest blessing in life isn't winning the lottery, but having the ability to enjoy what we have and be content and satisfied with the simple things in life. To the extent that we can appreciate and be content with what have, our connection to God will grow, as will our ability to see the beauty of the Divine everywhere. "Who is truly wealthy? Someone who finds joy in what he has."

– *Rabbi Ron Jawary* (www.aish.com)

Sisterhood Book Club News

Many thanks to **Sallie Volotzky** for not only hosting the May book club meeting at her home, but also for leading the enthusiastic discussion of "An Unorthodox Match."

The Sisterhood Book Club meets on the fourth Monday of odd-numbered months. Mark your calendars now for these future Book Club dates:

July 22: *Night Angels: A Novel*, by Weina Dai Randel, at the home of Linda Shore

September 23: *Gates of November*, by Chaim Potok, at the home of Vivian Zarkowsky

November 18: book selection TBA

For more information call **Fran Alper** at 314-993-4024 or email fran.alper@outlook.com or sisterhood@nhbz.org

All women are welcome to join us!

Book Club Reviewed "An Unorthodox Match"

The Sisterhood Book Club met on Monday evening at the home of Sallie Volotzky to discuss award-winning novelist, journalist, and playwright, Naomi Ragen's engaging novel, "*An Unorthodox Match.*"

