



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion
 Affiliated with Union of Orthodox Congregations of America

June 1, 2024 • 24 Iyar 5784 • Candle Lighting 8:01 pm • Shabbos Concludes 9:05 pm

Parashas Bechukosai
 Haftorah Bechukosai

Leviticus 26:3 – 27:34
 Jeremiah 16:19 – 17:14

Chumash p. 708 – 723
 Chumash p. 1179

Prayer

Friday, May 31

- 7:00 am Shachris
- 6:25 pm Mincha/Ma'ariv
- 8:01 pm Candle Lighting

Shabbos, Saturday, June 1

- 9:00 am Shachris - Torah Reading - Musaf
- 10:00 am **Soul Building with Rabbi David**
- 7:45 pm Mincha- Shalosh Seudos - Ma'ariv
- 9:05 pm Shabbos concludes



SAVE THE DATE!

- ✧ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge.
- ✧ **Shabbos, June 8th**, join us in a graduation Shabbat to celebrate all graduates in the NHBZ community!
- ✧ **Sunday, June 30th from 5:00-7:00 pm**, join us for our monthly Pizza Night! Want to volunteer? Email Nora at Office@nhbz.org!

Minyan Times May 31 – June 8:

	Fri May 31	Shabbos June 1	Sun June 2	Mon June 3	Tues June 4	Wed June 5	Thu June 6	Fri June 7	Shabbos June 8
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:25	7:45	6:30	-	6:30	6:30	6:30	6:30	7:50
Mincha Only	-	-	-	7:45	-	-	-	-	-
Ma'ariv Only	-	-	-	9:00	-	-	-	-	-

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Milestones This Week:

Happy Birthday!

Jason Rush May 31
Julie Friedman June 3
Joyce Hochberg June 4
Larry Goldenberg June 5
Chaim Bogopulsky June 6

Debbie Barash June 1
Rafi Minoff June 3
Noah Belau June 5
Rebecca Waxman June 5

Happy Anniversary!

Richard and Michelle Goldstein June 1
Robert and Joni Kaiser June 2
Don and Julie Eisenberg June 3
Kerry and Sandy Klarfeld June 5



Yahrzeits Observed This Week:

Fri eve May 31 – Sat June 1

24 Iyar Donald Kleiman
24 Iyar Nathan Raginsky
24 Iyar Hyman Spritz

Mon eve June 3 -Tues June 4

27 Iyar Sarah Eisenberg
27 Iyar Faye Hoffman

Wed eve June 5 – Thurs June 6

29 Iyar Alta Hollander
29 Iyar Shoshana Volotzky

Sat eve June 1 - Sun June 2

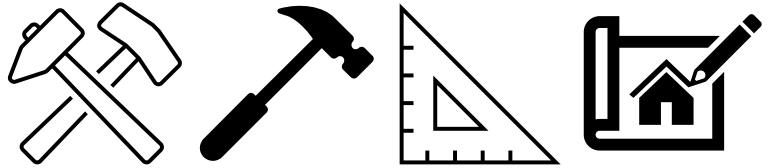
25 Iyar Ruth Kadko

Tues eve June 4- Wed June 5

28 Iyar Esther Kravitz
28 Iyar Batya Vladimirov

NHBZ Board Meeting!

Did you know that all NHBZ board meetings are open to members? The next meeting is June 18th-time to be announced! Join us for minyan followed by our board meeting downstairs.



We are happy to announce that construction of the sukkah has concluded! We give a very big thank you to **Tony Granillo and Jon Newman** for spearheading this project for our community.

Learning at NHBZ

On-Going Classes:

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm. Deepen your understanding of the prayers we say.
- **Book of Esther with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the book of Esther. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7II0VumZ8QeIPxHvApYZsox8VUe>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays, Tuesdays, Wednesdays & Thursdays between Mincha and Ma’ariv, and Mondays at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris



THE SISTERHOOD SCOOP

JUNE 1



We need your help with the Minyan!



Volume 7

Number 20

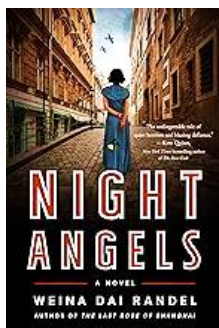
24 Iyar 5784

June 1, 2024

Sisterhood Book Club News

We thank **Sallie Volotzky** again for leading the discussion and for hosting the May book club meeting. The next meeting of the book club is **Monday, July 22, 7:15-8:45pm**, at the home of **Linda Shore**. The book is **Night Angels: A Novel**, by Weina Dai Randel.

From the author of *The Last Rose of Shanghai* this profoundly moving novel about a diplomatic couple who risked their lives to help Viennese Jews escape the Nazis, is inspired by the true story of Dr. Ho Fengshan, Righteous Among the Nations.



The **Sisterhood Book Club** usually meets on the fourth Monday of odd-numbered months. Following the **July 22nd** meeting dates will be:

- ☆ **September 23:** [Gates of November](#), by Chaim Potok, at the home of Vivian Zarkowsky
- ☆ **November 18:** book selection TBA

For more information call **Fran Alper** at 314-993-4024 or email fran.alper@outlook.com or sisterhood@nhbz.org

All women are welcome to join us!



THE IMPORTANCE OF THE DAILY MINYAN ~ WHAT WOMEN CAN DO ~

Ladies, remember an essential part of our Sisterhood Mission is to support our shul and our community. A foundation of our shul and our community is **prayer** – and our **daily minyan** is the optimal vehicle for prayer for our community.

To help strengthen and support our minyan, please encourage your husbands and sons to **commit to regularly attending** two, three, four or more minyanim each week. Your encouragement just may make the difference to help inspire the guys to fulfill this vital mitzvah. And, of course, you are welcome to attend too!

BECHUKOSAI: *Finding the Hidden Sweetness*

At the conclusion of the third book of the Five Books of Moses, the Torah lays out the blessings we'll receive if we keep the mitzvahs:

If you follow My statutes and observe My commandments and perform them, I will give your rains in their time, the Land will yield its produce, and the tree of the field will give forth its fruit.

The Torah then continues on to administer rebuke, describing the painful and tragic exile that will occur if we abandon the Torah.

Chassidic philosophy teaches that all negativity and darkness within the world is a shell that covers and conceals the spark of good that lies at the core of the experience or phenomenon. If this is true about worldly matters, it is certainly true about every verse in the Torah. Thus, the rebuke, which literally describes terrible curses, contains a deeper hidden meaning. Beneath the surface, the curses actually contain hidden blessings, blessings so intense that the only way they can descend to this earth, unobstructed by the forces of judgement, is under the guise of a curse.

One example for this principle is the following verse:

Each man will stumble over his brother, [fleeing] as if from the sword, but without a pursuer. You will not be able to stand up against your enemies.

Rashi addresses the words “Each man will stumble over his brother” and explains: One person will stumble because of someone else’s sin, because all Jews are guarantors for one another.

Rashi is telling us that in addition to the simple reading—that we will stumble on our brother in the physical sense—there is a deeper meaning to the curse: we will be responsible and accountable for the sins of each other, because we are guarantors for each other.

The Hebrew word for “guarantor,” ערב (*arev*), has two additional meanings: “mixed” and “pleasant.” These three seemingly unrelated words, “guarantor,” “mixed” and “pleasant,” are, upon deeper analysis, deeply connected. Why is every Jew a “guarantor,” responsible for all other Jewish people? Because we are integrated—“mixed”—with each other. Just as the different parts of a body make up one organism, the wellbeing of one limb affecting all others, so, too, all Jews are specific parts of one collective soul and are integrated with each other.

The exile is horrific, but there is a hidden blessing. While living tranquilly in Israel, we didn't necessarily appreciate how interdependent and connected we are. Yet, under the tragic circumstance of the exile, we realize that we are guarantors for each other because we are part of one whole. This recognition that we are truly one is “pleasant”—it is the blessing that is contained within the curse. And it is this recognition that will ultimately serve as the spiritual healing of the exile, allowing us to experience the sweetness of the return to our homeland.

– **Rabbi Menachem Feldman** (www.chabad.org)