

Shabbos and Yom Tov Edition



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion
 Affiliated with Union of Orthodox Congregations of America

June 8, 2024 • 2 Sivan 5784 • Candle Lighting 8:06 pm • Shabbos Concludes 9:10 pm
 Parashas Bamidbar Numbers 1:1 – 4:20 Chumash p. 726 – 747
 Haftarah Bamidbar Judges 13:2-25 Chumash p. 1180-1181

Thank you to **Sarah Beth & Gavriel Matt** for sponsoring this week's bulletin in honor of the graduation of their son **Asher Matt** from Pre-K from Epstein Hebrew Academy!

Prayer

Erev Shabbos, Friday, June 7

- 6:45 am Shachris
- 6:30 pm Mincha/Ma'ariv
- 8:06 pm Candle Lighting



Shabbos, Saturday, June 8

- 9:00 am Shachris - Torah Reading - Musaf
- 10:00 am **Soul Building with Rabbi David**
- 7:50 pm Mincha- Shalosh Seudos - Ma'ariv
- 9:10 pm Shabbos concludes

Erev Shavuot, Tuesday, June 11

- 7:00 am Shacharis
- 8:05 pm Mincha
- 8:08 pm Light Candles
- 9:10 pm Kiddush
- All night learning with Rabbi Bogopulsky at 12:00 am! Relevant and practical Hilchos Shabbos that every Jew must know. Refreshments will be served!

Shavuot Day 1 Wednesday June 12

- 9:00 am Shachris
- Torah Reading: p. 400-415 Exodus 19:1-20:23
- Maftir: p. 892 Numbers 28:26-31
- Haftarah: p. 1228-1229 Ezekiel 1:1-28; 3:12
- 8:05 pm Mincha
- After 9:11 pm Light Candles

Shavuot Day 2 Thursday, June 13

- 9:00 am Shachris
- 10:30 am Yizkor
- Torah Reading: p. 1018-1023 Deuteronomy 15:19-16:17
- Maftir: p. 892 Numbers 28:26-31
- Haftarah: p. 1229-1231 Habakkuk 2:20-3:19
- 8:05 pm Mincha
- 9:12 pm Yom Tov concludes

<u>Minyan Times</u>	Fri June 7 [^]	Shabbos June 8	Sun June 9	Mon June 10	Tues June 11	Wed June 12*	Thu June 13*	Fri June 14	Shabbos June 15
Shachris (am)	6:45	9:00	8:00	7:00	7:00	9:00	9:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:30	7:50	6:30	-	8:05	8:05	8:05	6:30	7:50
Mincha only	-	-	-	7:45	-	-	-	-	-
Ma'ariv only	-	-	-	9:00	-	-	-	-	-

[^]Rosh Chodesh

*Shavuot: see details

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Milestones This Week:

Happy Birthday!

Gia Shifren June 8
Nathan Brook June 12

Barb Bressler June 12

Happy Anniversary!

Dr. David & Fran Reisler June 8
Harry & Marcia Lyons June 9



Mazel Tov!

To Peggy & Jay Umansky on the marriage of their son and daughter in law,
Jonny Umansky & Brianna Domont

Yahrzeits Observed This Week:

Thurs eve June 6 -Fri June 7

1 Sivan Sol Feit
1 Sivan Carol Friedman
1 Sivan Rose Londe

Sun eve June 9 -Mon June 10

4 Sivan Stanley Alper
4 Sivan Joseph Goldman
4 Sivan Louis Motchan

Tue eve June 11 – Wed June 12

6 Sivan Frances Oppenheim

Fri eve June 7 – Sat June 8

2 Sivan David Klarfeld

Mon eve June 10 -Tues June 11

5 Sivan David Kramer
5 Sivan William Selzer

Wed eve June 12 – Thurs June 13

7 Sivan Max Davis
7 Sivan Larry Glazer
7 Sivan Jeanette Stein

Sat eve June 8 - Sun June 9

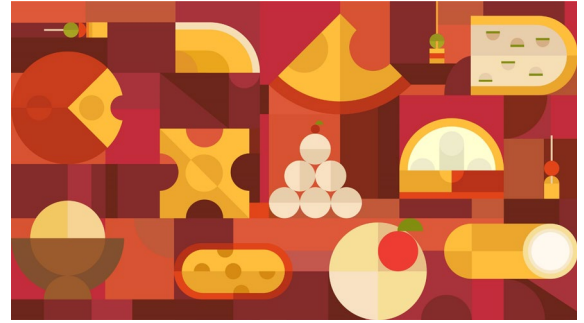
3 Sivan Frieda Niedelson

SAVE THE DATE!

- ✧ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge. **Will return after Shavous.**
- ✧ **Wednesday, June 12th at 9:00 am**, come join us to listening to the 10 commandments for Shabous, followed by a luncheon- all welcome, RSVPs appreciated!
- ✧ **Sunday June 16th at 11:00 am**, at Chesed Shel Emes, join the Gitel family for a stone unveiling for Marvin Gitel.
- ✧ **Wednesday June 19th at 7:30 pm**, join us for our monthly board meeting!
- ✧ **Shabbos, June 22nd**, Nicole Loiterstein will be speaking about her experience in Israel, along with a Kiddush!
- ✧ **Sunday, June 30th from 5:00-7:00 pm**, join us for our monthly Pizza Night! Want to volunteer? Email Nora at Office@nhbz.org!

Shavuos:

Shavous is a two-day holiday, preceded by the 49 days counting of the Omer, that celebrates the day that G-d gave the Torah to the Jewish people on Mt. Sinai. This holiday is celebrated by studying the Torah through the night, hearing the Ten Commandments, and eating a dairy meal. Every year we celebrate this holiday to renew our acceptance of the Torah!



Learning at NHBZ

On-Going Classes:

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing! **RETURNS AFTER SHAVOVS**
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm. Deepen your understanding of the prayers we say. **RETURNS AFTER SHAVOVS**
- **Book of Esther with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the book of Esther. Thirty-minute sessions on Zoom. Join class via this link: **RETURNS AFTER SHAVOVS**
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPvHvApYZsox8VUe>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays, Tuesdays, Wednesdays & Thursdays between Mincha and Ma’ariv, and Mondays at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris



Our NHBZ Graduates

Yitzchak Rubin, son of David and Norma Rubin, is graduating from Yeshiva of the South

David Morgensztern, son of Daniel and Marcela Morgensztern, from

Ladue Horton Watkins High School and will be attending Mizzou for Computer Science

Noah Belau, son of Nancy Rush, from Ladue High School and will be attending

Mizzou for Food Science

Asher Matt, son of Sarah Beth and Gavriel Matt, from pre-k at Epstein Hebrew Academy

Evelyn Raglin, granddaughter of Ed & Helayne Levitt, from high school in Benton, Arkansas

Yosef Granillo, son of Tony and Carole Granillo, from Bet Yosef Academy and will be attending

University of Missouri- St. Louis

Nathalie Felton, granddaughter of Myra and Steve Radinsky, graduated with a master's degree in

Narrative Medicine from Columbia University

Jeff Radinsky, grandson of Myra and Steve Radinsky, from Schreiber High School in

Port Washington, NY, and will be attending Case Western Reserve University

Evie Rose Winograd, daughter of Dan and Melanie Winograd, from Old Bonhomme Elementary School

Benjamin Joseph Winograd, son of Dan and Melanie Winograd, from Ladue Middle School

Ethan Cohen, son of Sanford and Jennifer Cohen, from Ladue Middle School and will be

attending Ladue High School

Ezra Cohen, son of Sanford and Jennifer Cohen, from Ladue 5th grade center and will be attending

Ladue Middle School

Ellie Pinto, daughter of Moshe Pinto, from Franklin Pierce School of Law

Moshe Pinto from Ono Academic School of Law in Israel

Chava Bogopulsky, daughter of Rabbi Chaim and Batya Bogopulsky, from 8th grade at Torah Prep

Kayla Jenna Dobin, niece of Tobie Dobin, from UMKC Medical school and will begin residency at

Emory Hospital in Atlanta, Georgia

Nesya Mirowitz, granddaughter of Bob and Joni Kaiser, from the Municipal Kindergarten at

Gan Moreshet in Netanya, Israel



May 2024 Tributes

IN MEMORY OF

Emma Levina

Kenny & Barbara Bressler

Barry Shore

Bill & Linda Levin

REFUAH SHLEMA

Libby Sorkin Routman

Daniel & Marcela Morgensztern

Dr. Susan Feigenbaum

Ed & Helayne Levitt

IN HONOR OF

The Warmth & Friendliness of Alan Zarkowsky

Barry & Martha Ginsburg

Tammy Sallis

Daniel & Marcela Morgensztern

Evan Woolf's Bar Mitzvah

Daniel & Marcela Morgensztern

Dr. Jay Pepose & Susan Feigenbaum

Dr. Jay Pepose & Susan Feigenbaum's Anniversary

Daniel & Marcela Morgensztern

Dr. Faye & Brian McCary's Anniversary

Daniel & Marcela Morgensztern

Bruce & Faith Waxman's Anniversary

Daniel & Marcela Morgensztern

Eliot & Sally Katz' Anniversary

Dr. Jay Pepose & Susan Feigenbaum

Happy Birthday Jerry Tullman

Dr. Jay Pepose & Susan Feigenbaum

Jay & Peggy Umansky on the Marriage of their Son

Amy & Denny Feit

Don & Julie Eisenberg

Ed & Helayne Levitt

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.

Make a tribute to honor someone's simcha, good health or a loved one's memory.

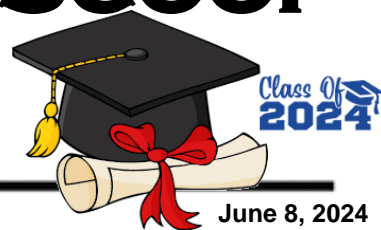
Call (314-991-2100, ext 2) or email (office@nhbz.org) to make a tribute.

Tributes will be listed monthly in the Weekly News.



THE SISTERHOOD SCOOP

JUNE 8



Volume 7

Number 21

2 Sivan 5784

June 8, 2024

Mazel Tov to all our Graduates! ♥ Mazel Tov to all our Graduates!

On the holiday of Shavuot



הג שבוועות שמוח!
HAPPY SHAVUOT!

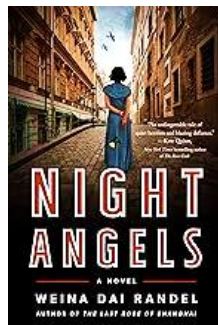
...we celebrate the great revelation of the giving of the Torah at Mount Sinai, more than 3,300 years ago. You stood at the foot of the mountain. Your grandparents and great-grandparents before them.

The souls of all Jews, from all times, came together to hear the Ten Commandments from G-d Himself. Since we *all* stood at Mount Sinai, we must all reaffirm our commitment... The Jews ultimately declared, "Our children will be our guarantors that we will cherish and observe the Torah." G-d immediately accepted them and agreed to give the Torah. This is why there is special significance to bringing children, even the youngest, to hear the Ten Commandments. Let us make sure to bring along all our "guarantors" to the synagogue on the 1st day of Shavuot.

Sisterhood Book Club News

The next meeting of the book club is **Monday, July 22, 7:15-8:45pm**, at the home of **Linda Shore**. The book is **Night Angels: A Novel**, by Weina Dai Randel.

From the author of *The Last Rose of Shanghai* this profoundly moving novel about a diplomatic couple who risked their lives to help Viennese Jews escape the Nazis, is inspired by the true story of Dr. Ho Fengshan, Righteous Among the Nations.



Future Sisterhood Book Club meeting dates are:

☆ **September 23: *Gates of November***, by Chaim Potok, at the home of Vivian Zarkowsky

☆ **November 18:** book selection TBA

For more information call **Fran Alper** at 314-993-4024 or email fran.alper@outlook.com or sisterhood@nhbz.org. **All women are welcome!**

BAMIDBAR: *Leading a Nation of Individuals*

"Bamidbar" begins with a census (a counting) of the Israelites. That is why it is known in English as 'Numbers'. Our question is, since this is the Jewish People's third census within the space of a single year, why was it important to do this again? Is this census special?

The answer lies in the phrase the Torah uses to describe the act of counting: *se'u et rosh*, literally, to "lift the head." This is a strange, indirect expression. Biblical Hebrew contains many verbs meaning "to count": *limnot*, *lifkod*, *lispor*, *lachshov*. Why does the Torah not use one of these words, choosing instead the roundabout expression, "lift the heads" of the people?

In any census, head-count or rollcall, there is a tendency to focus on the total: the crowd, the multitude, the mass. The larger the total, the stronger the army, the greater the fan-base, and the more successful the company.

Counting a group devalues the individual and tends to make him or her replaceable. If one soldier dies in battle, another will take his place. If one person leaves the organisation, someone else can be hired to do his or her job.

There is therefore a danger, when counting a nation, that each individual will feel insignificant. "What am I? What difference can I make? I am only one of millions, a mere wave in the ocean, a grain of sand on the seashore, dust on the surface of infinity." So, G-d tells Moses to "lift people's heads" and to show them that they each count; they all matter as individuals. To lift someone's head means to show them favour, to recognise them. If a census is taken in this way, it is a gesture of love. The language used here sends the clear message that in Judaism we believe that each individual matters.

...There is, however, a great difference between *individuality* and *individualism*. Individuality means that I am a unique and valued member of a team. Individualism means that I am not a team player at all. I am interested in myself alone, not the group... This has implications for Jewish leadership.... A Jewish leader has to respect individuals. They must "lift their heads." If you seek to lead, however small or large the group you lead, you must always communicate the value you place on everyone, including those others exclude: the widow, the orphan and the stranger. You must never attempt to sway a crowd by appealing to the primitive emotions of fear or hate. You must never ride roughshod over the opinions of others.

It is hard to lead a nation of individuals, but this is the most challenging, empowering, inspiring leadership of all.

– excerpted from *Rabbi Lord Jonathan Sacks* ^{zt"l}

Sunday, June 30th • 5:00-7:00 pm

\$15 ALL ADULTS \$8 KIDS AGES 3-12 - KIDS UNDER 3 FREE!

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG 314-991-2100

DON'T MISS PIZZA NIGHT!

Nusach Hari
B'nai Zion

Dine In
at the shul

The Lion's Den

KOSHER

Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and French Fries plus a Dessert and a Beverage

AMAZING!





Join Us For A Delicious
Shavuos Luncheon!



*Come and hear the 10 Commandments
read on the first day of Shavuos,*

Wednesday, June 12th

Services begin at 9:00 AM

And stay for a delicious Dairy Lunch!

All are welcome!

Reservations would be appreciated.

Contact the office to RSVP