



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion
 Affiliated with Union of Orthodox Congregations of America

July 27, 2024 • 14 Tamuz 5784 • Candle Lighting 7:59 pm • Shabbos Concludes 9:01 pm

Parashas Pinchas
 Haftorah Pinchas

Numbers 25:10 – 30:1
 1 Kings 18:46 – 19:21

Chumash p. 877 – 899
 Chumash p. 1190-1191

The Bulletin this week is sponsored by **Lenny & Fran Alper** in gratitude to **Kenny Bressler** for his dedication and hard work on behalf of our shul. We wish him a happy, dynamic, and fulfilling retirement! Thank you to **an anonymous donor** for donating sodas and fruit for Synaplex.

Prayer

Friday, July 26

- 7:00 am Shachris
- 7:00 pm Mincha/Ma'ariv
- 7:59 pm Candle Lighting

Shabbos, Saturday, July 27

- 8:30 am Shachris - Torah Reading – Musaf
- **Synaplex! - See Flier for Schedule**
- 10:00 am **Soul Building with Rabbi David: Empathy & Leadership: Putting Myself into Someone Else's Shoes**
- 7:50 pm Mincha- Shalosh Seudos - Ma'ariv
- Third Meal and Learn with **Rabbi Nimchinsky!**
- 9:01 pm Shabbos concludes



Minyan Men:

Do not forget that Sunday mornings Rabbi Swidler has a class after Shachris! We hope to see you there!

Minyan Times July 26 – August 3:

	Fri July 26	Shabbos July 27	Sun July 28	Mon July 29	Tues July 30	Wed July 31	Thu Aug 1	Fri Aug 2	Shabbos August 3
Shachris (am)	7:00	8:30	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:50	7:00	7:30	7:00	7:00	7:00	7:00	7:50

*8:30 am Shachris because of Synaplex Schedule

Congregation News

Happy Birthday!

Asher Matt July 28

Happy Anniversary!

Murray & Joyce Hochberg July 28



Mazel Tov to our own **Moshe Pinto** for graduating law school in Israel!



Yahrzeits Observed This Week:

Thurs eve July 25 -Fri July 26

20 Tamuz Ralph Brody
20 Tamuz Keith Leibovitz
20 Tamuz Louis Segall
20 Tamuz Chana Werbermacher

Sat eve July 27 - Sun July 28

22 Tamuz Eleanor Kaiser
22 Tamuz Dorothy Routman
22 Tamuz Edsel Safron
22 Tamuz Sam Tofle

Mon eve July 29 -Tues July 30

24 Tamuz Harry Kramer
24 Tamuz Shirley Osheroff
24 Tamuz Henry Storozum

Tue eve July 30 – Wed July 31

25 Tamuz Mike Alper

Fri eve July 26– Sat July 27

21 Tamuz Sylvia Feigenbaum
21 Tamuz Irvin Baker
21 Tamuz Khaya Kuzminsky
21 Tamuz Abraham Spivak

Sun eve July 28 -Mon July 29

23 Tamuz Goldie Rickerman
23 Tamuz Mayer Taller
23 Tamuz Harry Kramer

Wed eve July 31– Thurs Aug 1

26 Tamuz Rhoda Cook
26 Tamuz Clara Koyen

SAVE THE DATE!

- ✧ **Sunday July 28 from 5:00-7:00 pm** NHBZ Pizza Night.
- ✧ **Sunday July 28** NHBZ Annual Fundraiser- See flier for details
- ✧ **Sunday August 4 from 10:00 am to 2:00 pm** Blood Drive at U-City Shul; Register with the https://login.bloodcenter.org/donor/schedules/drive_schedule/126940

Minyan Minute:

Communal prayer, “Minyan,” is a central feature of Jewish observance. Why so? Coming to shul to daven means stepping outside one’s own four cubits, so to speak, and identifying with his/her community and the Jewish people at large. In fact, you may notice that many of our prayers are in the plural tense. We identify with the Jewish people at large in expressing gratitude to Hashem as well as beseeching Him for our needs. May we all feel the joy in being part of the eternal nation bonded with Hashem. Am Yisrael Chai!

NHBZ

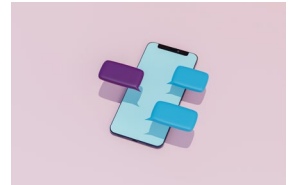
WhatsApp group



Stay up to date with the NHBZ news!

Scan the QR code to join our WhatsApp Group to see what’s happening!

Need to contact Rabbi David?
314-920-9270



Learning at NHBZ

Ongoing Classes

- **2-part class series with Mimi David**, join us for two women’s only classes leading up to Tish B’av, **July 25 and August 1 at 2:00 pm.**
- **Journey Through the Chumash with Rabbi Daniel Sentell.** Tuesdays at 12:00 pm. Take an amazing journey of learning, step by step we will explore the Chumash.
- **The Inside Story with Rabbi Avi Feigenbaum:** The Torah’s Wisdom for Our Everyday Life. Wednesdays at 7:30 pm.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Jonah with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the book of Jonah. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUe>
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Mahjong** in the youth lounge Tuesdays at 1:00 pm
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

NHBZ 2nd Annual Online Fundraiser – Begins July 28th

This is our one and only fundraiser for the year, so we set the goal at \$100,000. The good news is it lasts **ONLY 36** hours!

We need everyone to participate both financially and by reaching out to your contacts. Please form your online teams now (and let Dan Winograd know who is the Team Captain and Team Name). The winning team will get free family admission to one upcoming NHBZ Lion's Den Pizza night for their entire immediate family. *All the pizza you can eat!!!*

Thank you to the individuals who have already committed to serve as matchers to our upcoming online fundraiser:

Diamond \$15,000+	Platinum \$10,000 - \$14,999	Gold \$5,000 – \$9,999	Silver \$2,500 - \$4,999	Bronze \$1,000 – \$2,499
	<ul style="list-style-type: none"> • Estate of Leo Bressler 	<ul style="list-style-type: none"> • Denny & Amy Feit • Bruce & Faith Waxman 	<ul style="list-style-type: none"> • Lenny & Fran Alper • Kenny & Barb Bressler • Menachem & Linda Szus • Dan & Melanie Winograd 	<ul style="list-style-type: none"> • Jesse & Debbie Barash • Dr. Faye Cohen & Brian McCary • Dr. Richard Frankel • Bryson & Jennifer Hartranft • Bob & Joni Kaiser • Dr. Eliot & Sally Katz • Howard & Phyllis Loiterstein • Mark Ragin and Gail Rose • Nancy Rush • Anonymous

It's not too late!! If you want to serve as a matcher, please reach out to Menachem Szus.



Rekindled

An open invitation to NHBZ's



Saturday,

Shabbat Morning

Join us for the much-anticipated return!

July 27, 2024

Regular services begin at **8:30 a.m.**

Soul Building Series at **10:00 a.m.**

(led by Rabbi Yosef David of Aish HaTorah)

Babysitting provided for younger kids from 10:00 a.m. until 12:15 p.m.

Break-out sessions beginning at 11:15 a.m.

☆ **“What’s At Stake: U.S./ Israel Relations in the Upcoming Elections”**

(Led by Keith Beardslee, St. Louis Council AIPAC)

☆ **“Jew Hatred: Why are 'They' so Intolerant?**

(Hint: We can fix it!)” (Led by Rabbi Yosef David, Executive Director of Aish St. Louis)

☆ **“The Three Weeks: Distance Makes the Soul**

Yearn Stronger” (Led by Rabbi Shimmy Fried of the St. Louis Kollel)

Following these sessions, at approximately 12:15 pm, all attendees will then re-gather together for a Kiddush lunch.

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.



THE SISTERHOOD SCOOP

JULY 27



Volume 7

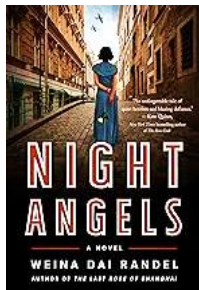
Number 27

21 Tammuz 5784

July 27, 2024

Book Club Reviews *Night Angels*

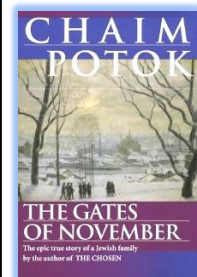
The Sisterhood Book Club met Monday, July 22 to discuss ***Night Angels: A Novel***, by Weina Dai Randel. **Linda Shore** led the discussion of this moving novel inspired by the true story of Dr. Ho Fengshan, who risked his life to help Viennese Jews escape the Nazis. We thank Linda for her well-prepared presentation and for her gracious hospitality!



Future Sisterhood Book Club meeting dates are:

★ **September 23:** *Gates of November*, by Chaim Potok, at the home of Vivian Zarkowsky

★ **November 18:** *Outwitting History: The Amazing Adventures of a Man Who Rescued a Million Yiddish Books* by Aaron Lansky



All women are welcome to join NHBZ Book Club!

Call for more information

Fran Alper at 314-993-4024 or fran.alper@outlook.com, or sisterhood@nhbz.org

During The Three Weeks

Focus on Rebuilding the Temple



During the Three Weeks, in addition to observing the appropriate restrictions, reflect on the imperfect state of the world and consider how you can contribute to its improvement through acts of goodness and kindness. The Rebbe emphasized the importance of increased Torah study and charity during this period, as expressed in the verse "Zion shall be redeemed by law, and her returnees by charity."

Specifically, the Rebbe emphasized the study of Torah portions related to the construction of the Holy Temple. These practices are based on a dialogue found in the Midrash, in which G-d told Ezekiel that when we learn about the Holy Temple, it is as if it is being rebuilt. May it be speedily in our days!

— excerpted from www.chabad.org

PINCHAS: How to Become a Trailblazer

Do you hear yourself thinking: "Who am I to object? There are others who are far more (fill in the blank: learned, courageous, community-minded, well-connected, etc.). Who am I to voice my protest? Besides, even if I do say something...it won't make any difference!"

This week's Torah portion is about trailblazers who have the courage to take bold action and create positive change.

After sinning with Midianite women and worshipping their idol, a plague had broken out among the Jewish people. Zimri, a Simeonite prince, publicly takes a Moabite princess into his tent. Understanding the law, Pinchas kills them both, stopping the plague.

The Torah writes that Pinchas was "the son of Elazar, the son of Aaron." In character and temperament, Pinchas was just like his grandfather Aaron, compassionate and peace-loving. Pinchas' zealous act defied his peaceful nature in order to bring about peace between G-d and Israel. G-d rewards him with a covenant of priesthood.

Later in the parshah, the daughters of the Tzelafchad petition Moses to be granted a portion of the land belonging to their father, who died without sons. Moses presents their case to G-d, who establishes their legal right, incorporating this law into the Torah's laws of inheritance.

Tzelafchad's daughters were descendants of Machir, from the tribe of Menashe, who had asked Moshe to settle on the Jordan's eastern side. They understood that they could receive territory there since it would be distributed by Moses and not by Divine lot. But these women loved the Land of Israel itself.

This is why the Torah traces their genealogy back to Joseph, who also loved Israel. Before his death in Egypt, Joseph asked his brothers to swear that they would bring out his bones and bury him in Israel's holy soil.

The five sisters became the vehicle for the revelation of G-d's commandment. G-d wrote a special chapter in the Torah altering the status quo only once these women stepped up to the plate. While the spies had spoken evil about the Land, these women taught their generation to love it passionately.

So, how can YOU become a trailblazer to create positive change? Here are three things to keep in mind:

- Make sure your intentions are pure, not motivated by personal gain.
- Know the law. Pinchas knew the Torah's parameters. Tzelafchad's daughters, too, had done their research, presenting learned claims.
- Believe it's not too late to turn the tide. When no one is taking action, it may just be because YOU alone need to step up to the plate.

— Chana Weisberg, www.chabad.org

Sunday, July 28th • 5:00-7:00 pm

\$15 ALL ADULTS \$8 KIDS AGES 3-12 - KIDS UNDER 3 FREE!

Cheese is Cholov Yisroel; pareve crusts available upon request. All food is certified kosher under the supervision of the vaad.

NHBZ.ORG 314-991-2100
DON'T MISS PIZZA NIGHT!

Nusach Hari
B'nai Zion

Dine In
at the shul

The Lion's Den

KOSHER

Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and French Fries plus a Dessert and a Beverage

Returns!



Amazing
Salad!

We accept credit cards at
NHBZ PIZZA NIGHT



NHBZ PIZZA NIGHT



Delicious
Pasta

NHBZ PIZZA NIGHT



Weekday Classes

"The Torah's wisdom for our everyday life"

**Exploring the weekly Torah portion
in a transformational way.**



Join us every Wednesday evening at 7:30 as Rabbi Feigenbaum inspires us with insights into the weekly Torah portion that will give us inspiration in our daily lives. Open to the entire Jewish community. Learning for every level. Come for one class or come every week.

**Class will meet downstairs at NHBZ
Wednesday Evening at 7:30.**



Weekday Classes

"Chumash in the Original"

**Taught by Rabbi Daniel Sentell,
every Tuesday from 12:00-12:45PM**



Join us for an in-depth class that will explore the deeper lessons of each verse, how the major commentators - (Rashi!) - developed their commentaries, and the traditions the Rabbis received for biblical exegesis.

Hebrew reading is not necessary for this class.

**Class will meet downstairs at NHBZ
Tuesdays at Noon to 12:45 PM.**



Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nora in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**. Keep some handy to send out whenever you'd like. It's a great way to honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2