



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 7, 2024, • 4 Elul 5784 • Candle Lighting 7:05 pm • Shabbos Concludes 8:01 pm

Parashas Shoftim
Haftarah Shoftim

Deuteronomy 18:9– 21:9
Isaiah 51:12-52:12

Chumash p. 1024 – 1045
Chumash p. 1199-1200

Prayer

Friday, September 6

- 7:00 am Shachris
- 7:00 pm Mincha/Ma'ariv
- 7:05 pm Candle Lighting

Shabbos, September 7

- 9:00 am Shachris - Torah Reading – Musaf
- Distinguished Rabbi of the Week:
Rabbi Yaakov Berkowitz
- 10:00 am **Soul Building with Rabbi David:**
“Why Can’t I Stay Consistent?”
- 6:40 pm Mincha- Shalosh Seudos - Ma'ariv
- Third Meal and Learn with **Rabbi Nimchinsky!**
- 8:01 pm Shabbos concludes



Minyan Times September 6 – September 14:

| | Fri Sept 6 | Shabbos Sept 7 | Sun Sept 8 | Mon Sept 9 | Tues Sept 10 | Wed Sept 11 | Thu Sept 12 | Fri Sept 13 | Shabbos Sept 14 |
|---------------------|---------------|-------------------|---------------|---------------|-----------------|----------------|----------------|----------------|--------------------|
| Shachris (am) | 7:00 | 9:00 | 8:00 | 8:00 | 6:45 | 6:45 | 7:00 | 7:00 | 9:00 |
| Mincha/Ma'ariv (pm) | 7:00 | 6:40 | 6:50 | 6:50 | 6:50 | 6:50 | 6:50 | 6:50 | 6:30 |

Congregation News

Happy Birthday!

| | |
|---------------------|--------|
| Myra Solomon | Sep 8 |
| Fran Hoffman | Sep 10 |
| Daniel Morgensztern | Sep 10 |
| Irwin Rosen | Sep 10 |
| Corey Woolf | Sep 10 |
| Jesse Barash | Sep 11 |
| Evie Winograd | Sep 12 |
| Ayelet Smason | Sep 12 |

Happy Anniversary

| | |
|-------------------------|-------|
| Michael & Charlene Kass | Sep 7 |
| Jerry & Gail Tullman | Sep 8 |



Yahrzeits Observed This Week:

Thurs eve Sep 5– Fri Sep 6

3 Elul Moises Lisker

Sun eve Sep 8– Mon Sep 9

6 Elul Frances Katz
6 Elul Annie Mendelson

Tues eve Sep 10 – Wed Sep 11

8 Elul Joe Nissenbaum

Fri eve Sep 6- Sat Sep 7

4 Elul Samuel Tolpen
4 Elul Dora Wolff

Mon eve Sep 9 -Tue Sep 10

7 Elul Harry Barash
7 Elul Esther Corman

Wed eve Sep 11–Thurs Sep 12

9 Elul Anna Frankel
9 Elul Bessie Gordon
9 Elul Maya Malka
9 Elul Toby Gutterman
9 Elul Sidney Shapiro

SAVE THE DATE!

- ✧ **Monday, September 9 at 7:45 pm** Partners in Torah resumes.
- ✧ **Tuesday, September 17 at 7:30 pm** NHBZ Board Meeting
- ✧ **Thursday, September 26 at 2:00 pm** Mimi David's women only class "Masquerade!" see flyer for details.
- ✧ **Friday, September 27.** Lively musical Kabbalat Shabbat Service followed by a Community Shabbos Dinner for the entire family. RSVP information coming soon
- ✧ **Sunday September 29 10:30 – 4:00 pm** Sababa Jewish Arts and Cultural Festival. Staenberg Complex, Outdoors.

Seeking volunteers for



Want to help spread the word about NHBZ?

Looking for a fun community activity?

Jewish Arts & Culture Festival
SAINT LOUIS

We need you!

SABABA – Jewish Arts and Cultural Festival – will be held **SUNDAY, SEPT. 29, 10:30am – 4:00pm** at the **Staenberg Family Complex** (outdoors in back parking lot).

Enjoy food, music, art, and informational booths from community organizations. We are looking for volunteers to sit at the NHBZ table to represent our shul, chat with festival attendees, and promote our events.

Volunteer hours run from 9:00am to 5:00pm, but each shift is only 2 hours.

Please call the office at 314-991-2100 to sign up for a shift of your convenience.

Thank you for helping spread the word about NHBZ.

Agudath Israel of Missouri will be holding their annual crowdfunding campaign **from Tuesday, September 10, through Wednesday, September 11**. This campaign supports many important community-wide initiatives, including the EAO scholarship fund, voter mobilization efforts, and ongoing political advocacy. Be on the lookout for the campaign link, and please consider participating in this important cause!

Learning at NHBZ

Do you have a question for a Rabbi?

Rabbi David can be contacted and will make himself available for rabbinic counsel as well as life cycle events (e.g., deaths, bar mitzvahs, stone unveilings, bris, baby namings, etc.) and halachic questions or other Jewish emergencies.

He can be reached at 314-920-9270 or yddavid@aishstl.com

Ongoing Classes

- **Journey Through the Chumash with Rabbi Daniel Sentell.** Tuesdays at 12:00 pm. Take an amazing journey of learning, step by step we will explore the Chumash.
- **The Inside Story with Rabbi Avi Feigenbaum:** The Torah's Wisdom for Our Everyday Life. Wednesdays at 7:45 pm.
- **“Soul Building” Series with Rabbi Yosef David,** Shabbos mornings, 10:00 am
- **Mahjong** in the youth lounge Tuesdays at 1:00 pm
- **Mishna Learning with Rabbi Chanan Swidler,** Every Sunday morning, after Shachris
- **“The 7 Habits Prep for Rosh Hashanah: Powerful Torah Lessons for Personal Change” with Rebetzin D’Vorah Miller** a women’s only class on Thursdays at 7 pm on **September 12 and 19.**



THE SISTERHOOD SCOOP

SEPTEMBER 7

Volume 7

Number 32

4 Elul 5784

September 7, 2024

It's that time of year again!
Everyone is Invited to participate



in Sisterhood's
New Year Greetings
Fundraiser for 5785

**NHBZ Sisterhood wishes you Health, Happiness & Prosperity in the New Year...
 ...and invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family!**

Send your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the 5785 Rosh Hashanah Bulletin! See flyer for details.

"When G-d is at the centre of our lives, we open ourselves up to the glory of creation and the beauty of other people. The smaller the self, the wider the radius of our world." – Rabbi Lord Jonathan Sacks ZT"L, *The Greatness of Humility (Shoftim, Covenant & Conversation)*

Book Club Meets November 18!

The previously announced book selection for September 23 — **Gates of November**, by Chaim Potok — has been postponed to a future date.

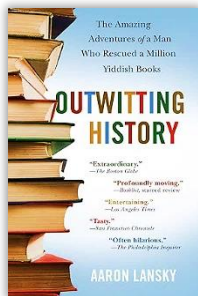
There will be no Book Club meeting for September. The Book Club will resume on November 18, with the discussion of the book, **Outwitting History: The Amazing Adventures of a Man Who Rescued a Million Yiddish Books**, by Aaron Lansky.

Everyone is invited to attend the Nov. 18 meeting when we will discuss **"Outwitting History"** and also select the next books that we will read and examine in January and March of 2025!

Watch this space for details!

For more information, email fran.alper@outlook.com or sisterhood@nhbz.org

All women are welcome to join!



Elul is the 12th and final month in the Jewish calendar, leading up to the High Holidays, Rosh Hashanah, and Yom Kippur—a month that connects the past year with the coming year—a time when we reflect on where we stand and where we should be going. Every day of Elul we blow the shofar, give extra charity, recite special Psalms, and ask G-d for forgiveness.
 – www.chabad.org

SHOFTIM: Turn Kindness into a Habit

Here's a riddle:

I am your constant companion. Half the things you do you might as well turn over to me, and I will be able to do them quickly and correctly....

I am easily managed – but you must be firm with me. Take me, train me, be firm with me, and I will place the world at your feet...

Who am I?

Habit.

We are told in this week's Torah portion to walk in the ways of G-d 'all the days' (Devarim 19:9).

The Sages explain that walking in the ways of G-d means emulating G-d's kindness and compassion. G-d is the ultimate giver, building and sustaining our world constantly.

The Chofetz Chaim notes that the Torah is stressing that this must be done every day. It is a mistake to think that if one does someone a favor they have 'covered' their obligation to do kindness for the next few weeks.

Every day of our lives we need to go out of our way to do a favor for someone.

In the lead up to Rosh Hashanah it is a prime time to take on a small step to improve ourselves. The Torah is giving us a practical suggestion: perform a daily act of kindness and turn it into a habit.

As Antony Williams once said, 'Kindness is not an act, it's a lifestyle.'

(Extract from poem by Steven Covey, Torah ideas Adapted from Love your Neighbour by Zelig Pliskin).

– Shoshanna Dresner, www.aish.com

The Holidays are Coming...

The Holidays are Coming...

The Holidays are Coming...



2024 ☆ 5785

Rosh Chodesh Elul is September 3-4

Erev Rosh Hashanah is October 2

Erev Yom Kippur is October 11

High Holiday Seating

Rosh Hashanah is just around the corner! All full members of NHBZ are entitled to request a reserved seat for the High Holidays, to come and go as much as needed.

If you had a reserved seat last year and are happy with it, you are good to go! If you were not entirely happy with your seat last year (too noisy? too cold? too close to the front?) you can request a change! If you are a new member and you want a reserved seat, we can help you pick one to your liking. Please contact Lenny Alper at lenny.alper@outlook.com to review your seating options or contact Nora at office@nhbz.org. **Deadline to reserve seats: Wed., September 18.**

Yizkor Book of Remembrance

Watch your mail for information about this year's Yizkor Book. As in the past, we will request a \$10 donation for each name listed (or group, such as "and family") in the published Book of Remembrance, and an additional \$36 donation for each name read aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Pesach, and Shavuot. **Deadline to submit Yizkor names: Sunday, September 15.**

Sisterhood's New Year Greetings Fundraiser

Everyone is invited to participate in Sisterhood's annual New Year Greetings fundraiser to wish "**L'Shana Tova Tikatevu**" to everyone in our NHBZ family! Simply send your donation (\$10 minimum / NO max) to NHBZ Sisterhood and **your name** will be published in the 5785 Rosh Hashanah Bulletin! Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects. **Deadline to submit your name and donation: Sunday, September 15.**

Lulav & Esrog Sets

It is also time to place your orders for Lulav & Esrog sets. Please email your orders to Nora at office@nhbz.org, or call 314-991-2100, ext. 2. Be sure to leave your name, call back phone number, and your order. Prices below are estimated. Confirm actual price when you place order.

- Basic Lulav & Esrog set \$60
- Standard Lulav & Esrog set \$70
- Deluxe Lulav & Esrog set \$80
- Premium Lulav & Esrog set \$95

All orders must be received and paid for on or before **Sunday, September 15, 2024**. No exceptions, as order will be placed first thing Monday morning, September 16.

Begin your Holiday Preparations NOW!

Marking One Year 
October 7th 

Join Us



JFedSTL.org/Oct7

From Darkness to Light

We — the St. Louis Jewish community — stand with the Israeli people today, tomorrow and always.

On October 7, we will provide space for our community to gather, mourn and stand together in support of Israel.

Monday, October 7

6:00 pm Doors Open | **7:00 pm** Program to begin promptly

The program will be at a convenient location.

The exact address will be shared before the event.

A virtual option will be available.

No cost to attend.

Pre-registration is mandatory.

Register Now

For more information, call 314-442-4018.

Thank You to our Jewish Community Partner Agencies for your Commitment and Support.



Weekday Classes

Mimi David will be teaching an ongoing women's only class titled:

Masquerade!



Women are invited to join us for a deep dive into the book of Esther. This text based class will reveal the secrets of this famous story and uncover what really happened then, and how it resonates until today. Participants need to bring their own copy of the ArtScroll Megillah.

**The first two classes will be held at NHBZ
Thursdays at 2:00pm,
September 5th
and September 26th.**





Special Classes

D'vorah Miller will be teaching a two-part Women's only class for Rosh Hashana Preparedness.

September 12TH & 19TH



7 Habits Prep for Rosh Hashanah

September 12th

"Being Proactive"

Leading ourselves into the new year, and

September 19th

"Sharpening Our Saw"

Leading ourselves throughout the year

Classes will be held at NHBZ

Thursdays at 7:00pm