



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion



Affiliated with Union of Orthodox Congregations of America



Parshas Noach

Rosh Chodesh



November 1-2

Candle Lighting 5:42 PM



30 Tishrei-1 Cheshvan 5785

Shabbos Concludes 6:41 PM

Kiddush Sponsorship

Kiddush this week is sponsored by Richard Senturia in 1-year memory of our beloved Nathanne Gitt Senturia. Aunt and Great Aunt to Nancy and Jason Rush, and Ethan and Noah Belau.

Prayer Times

Friday, November 1

Mincha/Maariv 5:40 PM

Candle Lighting 5:42 PM

Shabbos, November 2

Shachris/Mussaf 9:00 AM

Drasha by Rabbi Feigenbaum

Mincha 5:20 PM

Shalosh Seudos and Learn after Mincha
by Rabbi Nimchinsky

Shabbos Concludes 6:41 PM

Shabbos Programming

Soul Building with Rabbi David 10:00 AM

Childcare 10:00 AM-11:30 AM

Torah Portions

Torah Reading Genesis 6:9-11:32	30-52
Maftir Numbers 28:9-15	890
Haftorah: Isiah 66:1-24	1208-1210

Minyan Times November 3-9

	Sun Nov 3	Mon Nov 4	Tues Nov 5	Wed Nov 6	Thurs Nov 7	Fri Nov 8	Shabbos Nov 9
Shachris	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/ Maariv	4:35	4:35	4:35	4:35	4:35	4:30	4:10

Congregation News

Yahrzeits Observed This Week

Thurs eve Oct 31 – Fri Nov 1

30 Tishrei – Rene Amon
30 Tishrei – Mandel Ferman
30 Tishrei – Rosaline Golub

Fri eve Nov 1 – Sat Nov 2

1 Cheshvan – Louis Rifkin
1 Cheshvan – Charles
Waxman

Sat eve Nov 2 – Sun Nov 3

2 Cheshvan – Sophie Berg
2 Cheshvan – Ida Koplowitz

Mon eve Nov 4 – Tues Nov 5

4 Cheshvan – Abraham
Brandoff
4 Cheshvan – Ida Franzel
4 Cheshvan – Fay Hack

Tues eve Nov 5 – Wed Nov 6

5 Cheshvan – David Franzel
5 Cheshvan – Alan Gelb
5 Cheshvan – Asher Kadosh

Wed eve Nov 6 – Thurs Nov 7

6 Cheshvan – Nahama Benson
6 Cheshvan – Shirley Geeser
6 Cheshvan – Max Winer

Happy Birthday!

Jeff Baker – November 2
Ethan Belau – November 5
Aaron Borow – November 6
Gaelyn Hartranft – November 7





THE SISTERHOOD SCOOP

NOVEMBER 2



Volume 7

Number 37

1 Cheshvan 5785

November 2, 2024

Book Club Meets November 18

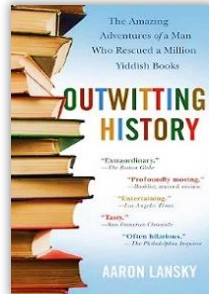
The Sisterhood Book Club will resume on **Monday, November 18**, 7:15-8:45 pm, at the home of *Vivian Zarkowsky*. We will discuss the book, ***Outwitting History: The Amazing Adventures of a Man Who Rescued a Million Yiddish Books***, by Aaron Lansky.

Everyone is invited to attend the discussion of this exciting and inspirational review of the recovery of a crucial part of Yiddish culture. We'll also select the next books that we will read and discuss in 2025!

Watch this space for details!

For more information, email fran.alper@outlook.com or sisterhood@nhbz.org

All women are welcome to join!



NOACH: *Staying Afloat in a Turbulent World*

Ofentimes we feel as if life is one extended hurricane. We are constantly battling the waves which the sea of life sends our way. As soon as one wave washes ashore, the second one is not far behind, threatening to capsize us unless we skillfully navigate our way over its raging crest. Indeed, the daily financial pressures and business worries with which life presents us are dubbed by King Solomon the “mighty waters” which threaten to drown us. They primarily imperil our spiritual side, desensitizing us to that which is really important in life through causing us to be constantly focused on making another buck. They constantly occupy our minds, rendering it like a vessel filled to the brim with murky waters which won't allow the radiance of the sun to cause it to sparkle.

The book of Genesis speaks of a great flood that washed away all of civilization. Only Noah and his family survived the Flood by entering the ark, which protected them from the pelting rain which streamed from above and the churning waters which rose from the depths. Our eternal Torah isn't merely telling us a fascinating tale; if we look a bit deeper, at the story behind the story, we can also unravel the secret behind surviving all floods—even the ones which the meteorologists don't forecast: the ominous floods of life.

G-d commanded Noah to enter an Ark. The Baal Shem Tov points out that the Hebrew word for “ark,” *teivah*, also means “word.” We all can survive the floods which wish to engulf our lives through engrossing ourselves in the holy “words” of Torah and prayer. The person who wakes up in the morning and devotes his first hours to earnest prayer and some short words of Torah before running off to work effectively insulates himself against life's storms. The sacred words of Torah and prayer have a waterproofing effect, ensconcing the person in an impenetrable bubble which can endure even the harshest winds. Starting the day with prayer and Torah serves as our daily reminder that G-d is in control and that though we must strive to earn a livelihood, we must never let ourselves become overly perturbed by business pressures—because ultimately everything is from G-d, and G-d is always good.

One who meets life's storms while in the safe sanctuary of the “ark” will find that the storm waters which seem to be so destructive are actually purifying waters. G-d purified the world through the Flood (which lasted forty days, similar to a *mikvah* [ritual pool] which must contain forty *sa'ah** of water), and He purifies us by sending challenges and tribulations in our direction. If we are properly prepared for these storms, they bring out our highest and most noble qualities, elevating us to spiritual heights we could never attain without the help of these hurricanes.

*A fluid measure equaling approximately 90 gallons.

– by **Rabbi Naftali Silberberg**, www.chabad.org

Where did Noah keep the bees?

In the ark hives.

Where was Noah when the lights went out?

In d'ark.

What animal could Noah not trust?

The cheetah

What kind of lights did Noah have on the ark?

Flood lights

What did Noah say as he was loading the Ark?

"Now I herd everything"



Kosher Thanksgiving Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, [We Need Sponsors](#) to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact office@nhbz.org or call 991-2100

[We Also Need Volunteers on Thanksgiving Day](#) to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

It will be lots of fun!



If you want to help and volunteer, Please contact Stella Vladimirov at (314) 540-4450

Nusach Hari B'nai Zion

SUNDAY, NOVEMBER 24, 2024

ALL YOU CAN EAT KOSHER BUFFET

DELICIOUS

PIZZA



PASTA



SALAD



PRICING:

ADULTS: \$15

KIDS AGES 3-12:

\$8

KIDS UNDER 3:

FREE

CHOLOV YISROEL CHEESE; PAREVE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF THE VAAD



314-991-2100



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650 North Price Rd. St. Lois,
MO 63132



NHBZ Ongoing Classes

“Chumash in the Original”

Every Tuesday, 12:00 Noon-12:45pm

Taught by *Rabbi Daniel Sentell*

Join us for an in-depth class that will explore the deeper lessons of each verse, how the major commentators (*Rashi!*) developed their commentaries, and the traditions the Rabbis received for biblical exegesis. Hebrew reading is not necessary for this class.

Class meets downstairs at NHBZ, Tuesdays at Noon-12:45 pm.



“The Torah’s Wisdom for our everyday life”

Every Wednesday, 7:30-9:00pm

Taught by *Rabbi Avi Feigenbaum*

Join us every Wednesday evening at 7:30 as Rabbi Feigenbaum inspires us with insights into the weekly Torah portion that will give us inspiration in our daily lives. Open to the entire Jewish community. Learning for every level. Come for one class or come every week.

Class meets downstairs at NHBZ, Wednesdays at 7:30pm.

