



# NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

## PARSHAS VAYEITZEI

December 6-7, 2024

Candle Lighting 4:21 PM

5-6 Kislev 5785

Shabbos Concludes 5:24 PM

### Bulletin Sponsorship

The bulletin this week is sponsored in memory of our beloved wife and mother, Ina Makovsky.

Ronald Makovsky  
Susan and Joel Manesberg, and  
Lynda and Charles Egan



### Prayer Times

Friday, December 6

Mincha/Maariv 4:20 PM

Candle Lighting 4:21 PM

Shabbos, December 7

Shachris/Mussaf 9:00 AM

Drasha by the Distinguished  
Rabbi David

Mincha 4:00 PM

Shalosh Seudos and Learn after  
Mincha  
by Rabbi Nimchinsky

Shabbos Concludes 5:24 PM

### Shabbos Programming

Soul Building with Rabbi David 10:00 AM  
"How to Enlist The Evil Inclination in  
Reaching Your Goals"

Childcare 10:00 AM-11:30 AM

### Torah Portions

Torah Reading Genesis 28:10-32:3	144-168
Haftorah: Hosea 11:7-14:10	1139-1141

# Minyan Times November 10-16

	Sun Dec 8	Mon Dec 9	Tues Dec 10	Wed Dec 11	Thurs Dec 12	Fri Dec 13	Shabbos Dec 14
Shachris	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/ Maariv	4:20	4:20	4:20	4:20	4:20	4:20	4:00

Please note that all minyanim services will be upstairs until further notice

## Congregation News

### Yahrzeits Observed This Week

**Fri eve Dec 6 - Sat Dec 7**

6 Kislev - Louis Niedelson

6 Kislev - Rosalind Rosen

6 Kislev - Max Stein

**Sat eve Dec 7 - Sun Dec 8**

7 Kislev - Henry Stein

**Sun eve Dec 8 - Mon Dec 9**

8 Kislev - Elsie Drexler

8 Kislev - Edna Feit

8 Kislev - Alice Sudin

**Mon eve Dec 9 - Tues Dec 10**

9 Kislev - Becky Alper

9 Kislev - Mary Ludwig

9 Kislev - Ann Rosen

**Tues eve Dec 10 - Wed Dec 11**

10 Kislev - Ruth Blumberg

**Wed eve Dec 11 - Thurs Dec 12**

11 Kislev - Harry Pepose

### Happy Birthday!

Melanie Winograd - December 1

Eldad Bialecki - December 9

Faye Cohen - December 11

David Porter - December 11

Sydney Eileen Mufson - December 12

Chiyya Smason - December 12

Sheera Tzadok - December 12

**HAPPY  
BIRTHDAY**

## Ongoing Classes

### Sundays

Rabbi Swidler's "Learning Mishna"  
after Shachris

### Mondays

Partners in Torah  
8:00-9:00 PM

### Tuesdays

Rabbi Sentell's "Chumash in the  
Original"  
12:00-12:45 PM

### Wednesdays

Rabbi Feigenbaum's "The Torah's  
wisdom for our everyday life"  
7:00 PM

### Mondays-Thursdays

Rabbi Smason's "The Book of  
Judges"  
Zoom Class 3:00 PM

[https://us04web.zoom.us/j/78974795850?  
pwd=tw7lIOVumZ8QeIPxHvAp  
YZsox8VUem.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QeIPxHvApYZsox8VUem.1)



## Save the Date!

Mimi David's Masquerade Class  
December 19th - 2:00 PM

Sunday Shachris/Breakfast - December 22

Chanukah Party - December 29  
Don't forget to RSVP

Board Installation Lunch - January 18

## Thank You

Once again members of NHBZ this year provided Kosher Thanksgiving lunch for Olivette police and firefighters. We thank our volunteers, who shopped, cooked, prepared the meal, donated money, and delivered the food on Thanksgiving Day!

Thank you to our generous donors for assisting financially toward this cause! With the help of all those who assisted in all aspects this event was a huge success!

Special recognition is given to:

Craig and Jackie Berkin, Joshua and Mateo John, Shirley Bluestein, Robert Kaiser, Eliot and Sally Katz, Daniel and Marcela Morgensztern, Sally Needle, Joe Newman, Jay Pepose and Susan Feigenbaum, Stephen and Myra Radinsky, Norma Rubin, Nancy Rush, Menachem Szus, Stella Vladimirov, Sallie Volotzky.



# Help Us Bring the Heat Back to the Dairy Kitchen!

Dear Friends,

Our beloved shul is in need of a vital upgrade—our dairy kitchen oven has officially cooked its last kugel. This well-loved appliance, after years of devoted service, is now beyond repair, leaving us struggling to maintain the quality and variety of events like **Pizza Night, Dairy Kiddushim**, and other cherished communal gatherings.

A new oven is not just a luxury; it's a necessity for sustaining the warmth and vibrancy of our shul's events. With your generous support, we can continue to bring our community together over delicious meals and create unforgettable memories.

## **Your donation will:**

- Help us host larger and more frequent events.
- Ensure high-quality kiddushim and celebrations.
- Support the shul's mission to foster connection and community through food.

## **Double the impact:**

In addition to enriching our community, your donation may also provide you with a tax benefit.

Let's make this happen together! Any contribution, big or small, brings us closer to our \$6,000 goal of outfitting the dairy kitchen with the reliable tools it needs.

Thank you for your generosity and for being a part of everything that makes our shul so special.

Warm regards,

Dan Winograd

President-elect Dan Winograd

P.S. Ready to give? Visit <https://nhbz.org/support-nhbz/> or send your support to 650 North Price Road, Saint Louis, Missouri, 63132! Every little bit helps us turn up the heat. 🔥



# THE SISTERHOOD SCOOP

# DECEMBER 7



Volume 7

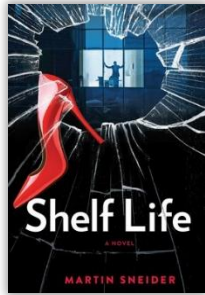
Number 42

6 Kislev 5785

December 7, 2024

## NHBZ Book Club News

The Book Club is honored to host notable fashion retail legend, shoe maven, and member of NHBZ as the featured presenter for the January Book Club meeting! **Martin Sneider** will discuss his first novel, **Shelf Life**, a Jewish-American family saga about the rise of its fashion retailing empire and how it splits and impacts the family.



The Book Club will meet on Sunday afternoon, **January 26, 2025, at 3:30PM, at NHBZ**. This new time and date for January will allow Book Club members to get together during daylight and enjoy NHBZ's All-You-Can-Eat-Kosher-Bufferet Pizza Night following the discussion!

### Book Club dates for 2025

Sunday, Jan. 26, at 3:30PM prior to **Pizza Night!**

All subsequent Book Club dates meet on Monday nights, 7:15-8:45PM – locations TBA:

- March 24 – **Before the Storm**, James Shipman
- May 19
- July 28
- September 15
- November 24

For more information contact Fran Alper at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

## Prayer is a Ladder

**“Prayer is a ladder stretching from earth to heaven. On this ladder of words, thoughts, and emotions, we gradually leave earth’s gravitational field. We move from the world around us, perceived by the senses, to an awareness of that which lies beyond the world – the earth’s Creator.”**

– **Rabbi Lord Jonathan Sacks**, Z”L  
from “*Jacob’s Ladder and the Structure of Jewish Prayer*”  
(*Vayetse, Covenant & Conversation*)

## VAYEITZEI: Choose To Do

Acts of kindness usually take place when someone makes a request from another person. It could be asking for someone's time, money, opinion, etc. The person being asked could either say yes or no, and if he says yes, then an act of kindness has taken place. This is certainly a praiseworthy act for the person who gave selflessly to someone else in need clearly did a mitzvah, a good deed.

But there's a much higher level that can be attained when doing acts of kindness. There's something you can do that can elevate your good deed into a great deed. This happens when someone anticipates the needs of others and without ever being asked, he simply comes forward. This is what Jacob did for Rachel. When you proactively do a good deed without ever being asked, then it transforms your act of kindness into an entirely new and higher dimension.

Most people are generally good, meaning, they'll usually do acts of kindness for others when asked. If someone needs something and we're able to give it to him without causing much discomfort for ourselves, most people will do it. These are good people doing good things. Some more, and some less.

Jacob, however, teaches us how to become a great person who does great things. Ironically, the act we proactively choose to do will usually be the same one we would do if asked. By acting first, however, it puts the same action on a radically higher level.

It's certainly more difficult to anticipate the needs of others and come forward, but now it becomes a supreme act of kindness because it was offered instead of being asked.

It's also important to know that many people also have a hard time just asking others for help. But they're in just as much need, if not more, as those who more easily ask others for assistance – **Coming forward** with them is of paramount importance.

So, the next time you choose to **come forward** – and you do so without any provocation – and give someone a kind word, a small loan, or a helping hand, it will be an act equal to what Jacob did for Rachel at the well. And you will have done a **great deed**.

– **Adam Lieberman**, [www.chabad.org](http://www.chabad.org)



# Chanukah Bazaar



Gorgeous Jewelry

Assorted Art

Children's Books

Mezuzah Covers

Skincare & Wellness

Chanukah Items

Face Painting

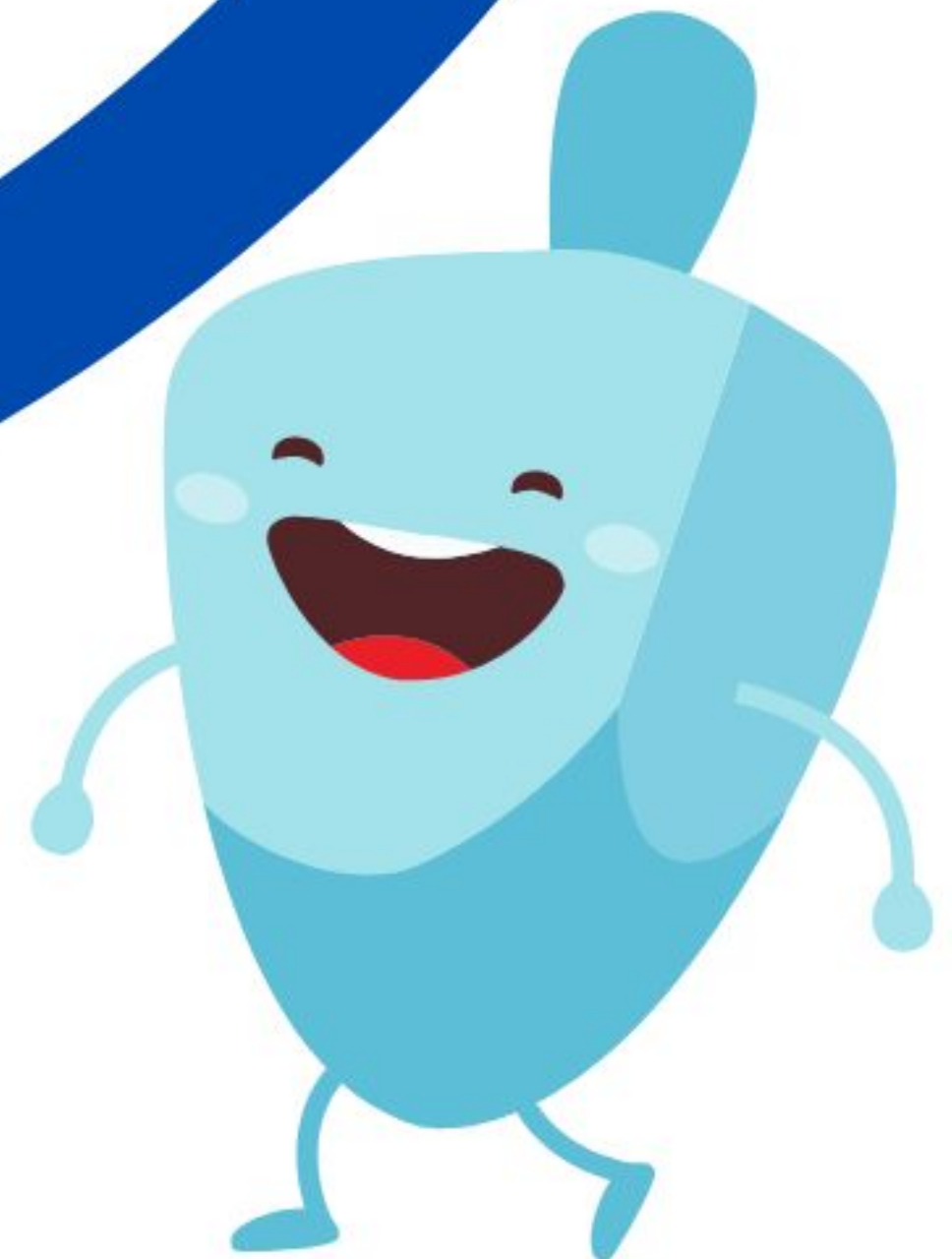
Cookie Decorating

Crafts For Kids

U.City Shul  
700 North & South Rd.

Sunday, Dec 8th

11am - 3pm







# SUNDAY SHACHRIS

WITH AN ADDED BONUS OF YUMMY BREAKFAST

Start your Sunday off right, come for davening, stay for delicious food, and a Mishna class given by Rabbi Swidler!

**Date: December 22, 2024**

**Time: 8 AM Shachris followed  
by Breakfast and Learning**

**Location: Upstairs Sanctuary**

Sponsorship opportunities still available  
(\$25 Minimum)





# HAPPY CHANUKAH



**PIZZA**

**ICE CREAM**

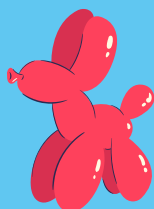
**LATKES**



**BINGO**

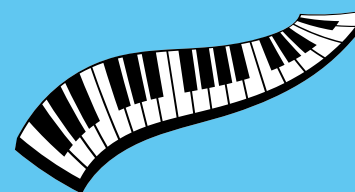
**TRIVIA**

**PRIZES**



**WAY COOL BALLOONS BY MIKE GEERLOF  
MUSIC BY HOWARD**

**AND SO MUCH MORE!**



**SUNDAY DECEMBER 29, 2024**

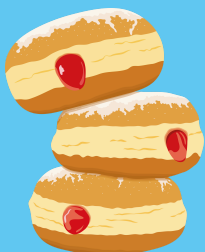
**12:00 - 3:00 PM**

**ADULTS: \$15 CHILDREN AGED 3-12: \$8  
\$50 CAP PER FAMILY**



**PLEASE CONSIDER BEING A SPONSOR FOR \$36+**

**CLICK [HERE](#) TO RSVP BY DECEMBER 23, 2024**



**314-991-2100**

**650 North Price Rd. St.  
Louis, MO 63132**

**NHBZ.ORG**

