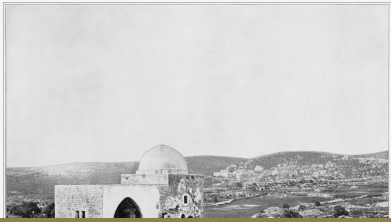




# NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America



**December 13-14, 2024**  
**Candle Lighting 4:22 PM**

**12-13 Kislev 5785**  
**Shabbos Concludes 5:25 PM**

**The Israel Committee invites you to an enhanced kiddush in which Jay and Peggy Umansky will be discussing their recent volunteer mission to Israel.**

## Sponsorships

The bulletin this week is sponsored by Irwin & Arlene Fredman in memory of Irwin's beloved mother, Henrietta Fredman, Yom Tovah Bas Yitzchak Halevi z"l.

The enhanced kiddush is sponsored by Jay and Peggy Umansky in memory of Jay's mother, Claire Umansky, Chaya bat Elyakim z"l, Peggy's birthday, and their upcoming special anniversary.

Ice cream this Shabbos is sponsored by Victor & Anna Rose in honor of the birth of their grandson, Moshe Yitzchak.

Ice cream cake this Shabbos is sponsored by Craig & Jackie Berkin in memory of Craig's brother, Shawn Lewis Berkin, Shmuel Leib, ben Hirshel HaKohen z"l.

## Shabbos Programming

**Soul Building with Rabbi David 10:00 AM**

**"Engaging a Trainer and Finding a Rabbi: How Are They Different?"**

**Childcare 10:00 AM-11:30 AM**

## Torah Portions

Torah Reading Genesis 32:4-36:43	170 - 196
Haftorah: Ovadiah 1:1-21	1141 - 1142

## Prayer Times

**Friday, December 13**

**Mincha/Maariv 4:20 PM**

**Candle Lighting 4:22 PM**

**Shabbos, December 14**

**Shachris/Mussaf 9:00 AM**

**Drasha by the Distinguished Rabbi Fried**

**Mincha 4:00 PM**

**Shalosh Seudos and Learn after Mincha by Rabbi Nimchinsky**

**Shabbos Concludes 5:25 PM**

# Minyan Times December 15-21

	Sun Dec 15	Mon Dec 16	Tues Dec 17	Wed Dec 18	Thurs Dec 19	Fri Dec 20	Shabbos Dec 21
Shachris	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/ Maariv	4:20	4:20	4:20	4:20	4:20	4:20	4:00

## Congregation News

### Yahrzeits Observed This Week

#### Thurs eve Dec 12 – Fri Dec 13

12 Kislev – Shawn Lewis Berkin  
12 Kislev – James Edward Levine

#### Fri eve Dec 13 – Sat Dec 14

13 Kislev – Jeanette Freistein  
13 Kislev – Harold Kass

#### Mon eve Dec 16 – Tues Dec 17

16 Kislev – Florence Bleiweiss  
16 Kislev – Bessie Glass  
16 Kislev – Max Katz  
16 Kislev – Judy Lerman Thal

#### Tues eve Dec 17 – Wed Dec 18

17 Kislev – Nina Grace Levine  
17 Kislev – Margaret Ross  
17 Kislev – Claire Umansky

### Happy Birthday!

Sandra Abrams - December 16

Peggy Umansky - December 18

David Gellman - December 19

Leslie Gitel - December 19

Rhonnie Goldfader - December 19



## Save the Date!

### Mimi David's Masquerade Class

December 19th, January 2nd, and January 16-  
2:00 PM

Sunday Shachris/Breakfast – December 22

Chanukah Party – December 29  
Don't forget to RSVP

Board Installation Lunch – January 18

Mark  
YOUR  
Calendar

## Ongoing Classes

### Sundays

Rabbi Swidler's "Learning Mishna"  
after Shachris

### Mondays

Partners in Torah  
8:00-9:00 PM

### Tuesdays

Rabbi Sentell's "Chumash in the  
Original"  
12:00-12:45 PM

### Wednesdays

Rabbi Feigenbaum's "The Torah's  
wisdom for our everyday life"  
7:00 PM

### Mondays-Thursdays

Rabbi Smason's "The Book of  
Judges"  
Zoom Class 3:00 PM

[https://us04web.zoom.us/j/78974795850?  
pwd=tw7lIOVumZ8QelPxHvAp  
YZsox8VUem.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1)

# Help Us Bring the Heat Back to the Dairy Kitchen!

Dear Friends,

Our beloved shul is in need of a vital upgrade—our dairy kitchen oven has officially cooked its last kugel. This well-loved appliance, after years of devoted service, is now beyond repair, leaving us struggling to maintain the quality and variety of events like **Pizza Night, Dairy Kiddushim**, and other cherished communal gatherings.

A new oven is not just a luxury; it's a necessity for sustaining the warmth and vibrancy of our shul's events. With your generous support, we can continue to bring our community together over delicious meals and create unforgettable memories.

## **Your donation will:**

- Help us host larger and more frequent events.
- Ensure high-quality kiddushim and celebrations.
- Support the shul's mission to foster connection and community through food.

## **Double the impact:**

In addition to enriching our community, your donation may also provide you with a tax benefit.

Let's make this happen together! Any contribution, big or small, brings us closer to our \$6,000 goal of outfitting the dairy kitchen with the reliable tools it needs.

Thank you for your generosity and for being a part of everything that makes our shul so special.

Warm regards,

Dan Winograd

President-elect Dan Winograd

P.S. Ready to give? Visit <https://nhbz.org/support-nhbz/> or send your support to 650 North Price Road, Saint Louis, Missouri, 63132! Every little bit helps us turn up the heat. 🔥





# THE SISTERHOOD SCOOP

# DECEMBER 14



Volume 7

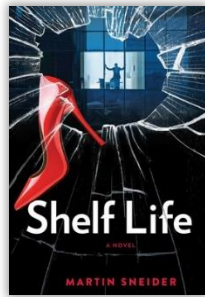
Number 43

13 Kislev 5785

December 14, 2024

## NHBZ Book Club News

The Book Club is honored to host notable fashion retail legend, shoe maven, and member of NHBZ as the featured presenter for the January Book Club meeting! **Martin Sneider** will discuss his first novel, *Shelf Life*, a Jewish-American family saga about the rise of its fashion retailing empire and how it splits and impacts the family.



The Book Club will meet on Sunday afternoon, **January 26, 2025, at 3:30PM, at NHBZ**. This new time and date for January will allow Book Club members to get together during daylight and enjoy NHBZ's All-You-Can-Eat-Kosher-Bufferet Pizza Night following the discussion!

### Book Club dates for 2025

Sunday, Jan. 26, at 3:30PM prior to **Pizza Night!**

All subsequent Book Club dates meet on Monday nights, 7:15-8:45PM – locations TBA:

- March 24 – **Before the Storm**, James Shipman
- May 19
- July 28
- September 15
- November 24

For more information contact Fran Alper at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

## Faith as Relentless Honesty

**“Judaism is not faith as illusion, seeing the world through rose-tinted lenses as we would wish it to be. It is faith as relentless honesty, seeing evil as evil and fighting it in the name of life, and good, and G-d.”**

– **Rabbi Lord Jonathan Sacks**, z”l  
from “Jacob’s Destiny, Israel’s Name” (Vayishlach, Covenant & Conversation)

## VAYISHLACH: A Woman’s Persuasion

*“And [Jacob] arose during that night, and he took his two wives, his two maidservants, and his eleven children, and he crossed the ford of the Jabbok [stream].” (Gen 32:23)*

*“But where was [Jacob’s daughter] Dinah? [Jacob] put her into a chest and locked her in, so that Esau should not set eyes on her. Therefore, Jacob was punished for withholding her from his brother – [because had he married her,] perhaps she would cause him to improve his ways – and she fell into the hands of Shechem.” — Rashi’s commentary*

Esau was reared in the most ideal household imaginable. His earliest childhood memories were of life together with his illustrious grandfather Abraham, the paradigm of kindness and purity, who personally oversaw the education of his twin grandsons and gave them the foundations for a meaningful spiritual life. With Abraham’s passing when Esau was fifteen years old, life for the young lad continued in the presence of Isaac and Rebecca and his brother Jacob. Seeing a *tzaddik* (righteous person) even once has an intense impact on a person, and Esau spent decades with none other than the three Patriarchs! One would be hard-pressed to find another person throughout the course of history who had a comparable upbringing, yet this had very little effect on a very thick-skinned Esau.

But that which saintly parents and brother couldn’t accomplish; Dinah could conceivably have achieved. Despite the fact that she was a young girl, she could have inspired Esau – a man who had incredible unrealized potential – to mend his ways. This is a compelling demonstration of the influence a woman wields in her home. Our sages refer to the woman as *the “akeret habayit,”* the foundation of the home, for she sets the tone of her home — not through preaching or the power of persuasion, but by establishing the environment of the household.

There are many ways to influence others. The teacher/student dynamic is certainly a vital contributor to the making of a person, yet it is widely recognized that the imparting of information is the least effective way to inspire a person to change. Parents play a much greater role in the formation of their children’s character. They serve as their children’s primary role models, teaching by example rather than indoctrination. The values they live by will always be deeply embedded in their children’s psyche. Nonetheless, children have a natural propensity to rebel, to explore the world on their own in order to arrive at their own code of ethics and values. The innate tendency of children to discard the conclusions reached by previous generations allows the world to steadily progress and uncover new “truths”—many of which will be disproved by subsequent generations—but also limits the influence the older generation exerts over younger ones.

The ultimate influence is exerted by the woman who sets the tone of her household. No one is immune to the atmosphere which pervades his very own home. The man might be more vocal about his opinion, but the values which dominate the home will slowly sink in.

Obviously, Dinah had extraordinary soul-powers, for it certainly isn’t recommended for the average woman to marry an Esau in order to reform him! However, the story of Dinah sheds light on the enormous role every woman plays in shaping the characters of the members of her household.

– **Rabbi Naftali Silberberg**, [www.chabad.org](http://www.chabad.org)



# SUNDAY SHACHRIS

WITH AN ADDED BONUS OF YUMMY BREAKFAST

Start your Sunday off right, come for davening, stay for delicious food, and a Mishna class given by Rabbi Swidler!

**Date: December 22, 2024**

**Time: 8 AM Shachris followed  
by Breakfast and Learning**

**Location: Upstairs Sanctuary**

Sponsorship opportunities still available  
(\$25 Minimum)





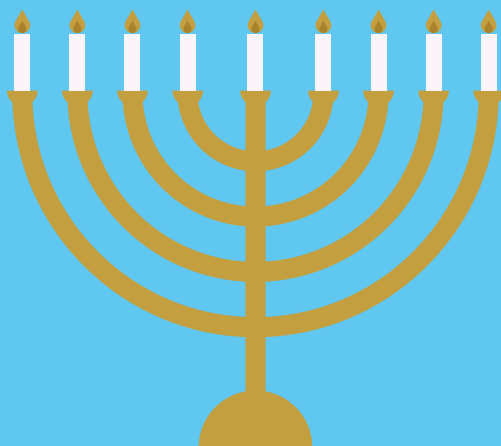
# HAPPY CHANUKAH



**PIZZA**

**ICE CREAM**

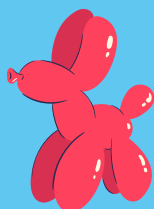
**LATKES**



**BINGO**

**TRIVIA**

**PRIZES**



**WAY COOL BALLOONS BY MIKE GEERLOF  
MUSIC BY HOWARD**

**AND SO MUCH MORE!**



**SUNDAY DECEMBER 29, 2024**

**12:00 - 3:00 PM**

**ADULTS: \$15 CHILDREN AGED 3-12: \$8  
\$50 CAP PER FAMILY**



**PLEASE CONSIDER BEING A SPONSOR FOR \$36+**

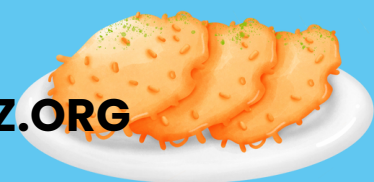
**CLICK [HERE](#) TO RSVP BY DECEMBER 23, 2024**



**314-991-2100**

**650 North Price Rd. St.  
Louis, MO 63132**

**NHBZ.ORG**





December 5 & 19  
January 2 & 16  
February 6 & 27  
March 6 & 20

# MASQUERADE WITH MIMI DAVID

Join us 2 times a month at 2pm for a deep dive into the book of Esther\*. This text-based class will reveal the secrets of this famous story and uncover what really happened then...and how it resonates until today.

**NHBZ**  
**650 N. Price Rd**

Sponsored by NHBZ  
For More Information  
Contact Mimi at 314-862-2474  
or [mimidavid@aishstl.com](mailto:mimidavid@aishstl.com)

\*Please bring your own ArtScroll The Megillah **The Jewish Women's Society of St. Louis**