



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 14-15, 2025

Parshas Ki Sisa

14-15 Adar 5785

Candle Lighting 6:49 PM

Shabbos Concludes 7:49 PM

Sponsorships

The ice cream this shabbos is sponsored by Norma and David Rubin in memory of Gilbert Rubin, Gedalya Ben David z"l's yahrzeit

The bulletin this shabbos is sponsored by Les and Sari Neudorf in honor of their 35th wedding anniversary this coming week.

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare 10:00 AM-11:30 AM

Torah Portions

Torah Reading: Exodus 30:11-34:35	484-514
Haftorah: I Kings 18:1-39	1160-1162



Shalosh Seudos and Learn after
Mincha
by Distinguished Rabbi Nimchinsky

Shabbos Concludes 7:49 PM

Prayer Times

Friday, March 14

Mincha/Maariv 6:45 PM

Candle Lighting 6:49 PM

Shabbos, March 15

Shacharis/Mussaf 9:00 AM

Drasha by the Distinguished
Rabbi David

Mincha 6:30 PM

Minyan Times March 16 - 22

	Sun Mar 16	Mon Mar 17	Tues Mar 18	Wed Mar 19	Thurs Mar 20	Fri Mar 21	Shabbos Mar 22
Shacharis	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/ Maariv	6:50	6:50	6:50	6:50	6:50	6:50	6:35

Congregation News

Yahrzeits Observed This Week

Thurs eve Mar 13 - Fri Mar 14

14 Adar - Jerome Cohen
14 Adar - Paul David Freistein
14 Adar - Haviv Tzadok
14 Adar - Dave Weiner

Sat eve Mar 15 - Sun Mar 16

16 Adar - Gilbert Rubin

Mon eve Mar 17 - Tues Mar 18

18 Adar - Minnie Pevnick

Tues eve Mar 18 - Wed Mar 19

19 Adar - Joyce Levin

Wed eve Mar 19 - Thurs Mar 20

20 Adar - Mollie Tullman

Happy Birthday!

Rebecca Lieberman - March 14

Alex Lyss - March 14

Jack Lyss - March 14

Happy Anniversary!

David & Lisa Gellman - March 15

Les & Sari Neudorf - March 18

Linda & Norman Shore - March 20

Mazel Tov!

Scholarship Opportunity

Jewish War Veterans Heritage Post 644 of St. Louis is pleased to announce the \$1,000 Ted and Rachael Pevnick Family Scholarship and the \$1,000 Chuck Sandroff Scholarship Awards. Interested in eligibility and the application process, please contact the office at office@nhbz.org or www.jwvstl.org.

Thank You!

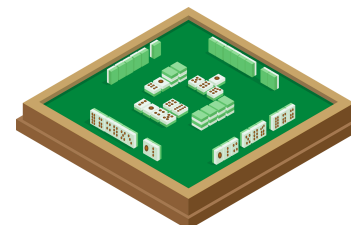
Thank you to our generous donors in addition to our matchers the Feigenbaum/Pepose Family and The NHBZ Sisterhood for contributing toward the new dairy oven. We are very excited to begin using it starting with the Purim Seuda and the upcoming pizza night at the end of the month.



Mahjong Game

We are looking for some new faces to come join our game of Mahjong!

Tuesday Afternoon from 1:00-3:00 PM
in the lower level youth lounge.



Save The Date!

Mimi David's Masquerade Class
March 20 - 2:00 PM

Rabbi Sragow's Rabbinical Visit
March 20 - 23

Sisterhood Book Club Discussion
March 30- 3:30-5 PM

Pizza Night
March 30 - 5-7 PM

**Keep An Eye Out For Some
More Amazing Events To
Come!**

Upcoming Rabbi Weekend

The Search Committee is excited to host our second candidate visit to Nusach Hari B'nai Zion from **Thursday, March 20 through Sunday, March 23.**

Our members will have the opportunity to meet Rabbi Gavi Sragow and his wife and family over the course of Shabbos and different events. This is our opportunity to decide whether we think he is a good fit for our Shul. Similarly, he will also be learning about our community and deciding if this is an opportunity for him and his family. A brief bio and picture are found on page 4. In the meantime, please plan to attend as many of the events as possible.

Looking forward. Have a Good Shabbos.
Dan Winograd
Alan Zarkowsky
Co-Chairs of the Search Committee

Ongoing Classes

Sundays
Rabbi Swidler's "Learning Mishna"
after Shachris

Mondays
Partners in Torah
8:00-9:00 PM

Tuesdays
Rabbi Sentell's "Chumash in the
Original"
12:00-12:45 PM

Wednesdays
Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
Time TBD

Thursdays
Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays
Rabbi Smason's "The Book of Judges"
Zoom Class 3:00 PM
[https://us04web.zoom.us/j/78974795850?
pwd=tw7IIOVumZ8QelPxHvApYZsox8VU
em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7IIOVumZ8QelPxHvApYZsox8VUem.1)

The Sragow Family Bio

Rabbi Gavi Sragow grew up in Teaneck NJ. After studying in Israel at both KBY (Keren B'Yavneh) and the Mir Yeshiva, he graduated from Touro college with a degree in psychology. He then moved down to Baltimore MD to continue his studies in Ner Yisrael, where he received a Masters of Talmudic Law and completed his Semicha. But the best part about Baltimore was meeting his wife Shayna (nee Lerner) who grew up in Baltimore.

While in Baltimore, Rabbi Sragow served as the Teen Learning Director for Suburban Orthodox Congregation, where he loved to take his endless energy and run Torah programs for middle school and high school boys. For the past two years the Sragows have brought their warmth and energy to Columbus Ohio, where Rabbi Sragow currently serves as the assistant rabbi at Beth Jacob Congregation. From the Torah classes, to running many lifecycle events, to hosting families for Shabbos, the Sragows' love the ability to serve the community in so many ways. In addition, Rabbi Sragow currently works for Buckeye kosher, continuously improving kosher standards in Columbus. He also serves as a Kollel Rabbi at the Columbus Community Kollel.

Besides for her daytime time job as a pediatric occupational therapist, and being a full-time mommy, Shayna enjoys the opportunity to learn with girls for their bat mitzvahs, teaches part time in the girls high school, and loves cooking and hosting for the many guests that travel through the Sragow home.

The Sragows are known for their positive energy, personable character, and their love for teaching. Rabbi Sragow is a proud girl dad, as the Sragows are blessed with 3 daughters: five year old Dena, two and a half year old Yehudis, and one year old Leah.

The Sragow's are very excited to come and meet the NHBZ community!





THE SISTERHOOD SCOOP

MARCH 15



Volume 8

Number 11

15 Adar 5785

March 15, 2025

Next Book Club Meeting—Sunday, March 30, before Pizza Night

The March book is ***Before the Storm: A Thrilling Historical Novel of Real-Life Nazi Hunters***, by James Shipman.

Set in 1948 against the backdrop of the Berlin Blockade, this fast-moving Cold War thriller is action-packed and based on a true story with plenty of plot twists and moral dilemmas.



Due to popular demand, the March Book Club will meet on **Sunday afternoon, March 30, at 3:30PM, at NHBZ**. This time and date will allow Book Club members to get together during the afternoon and enjoy NHBZ's All-You-Can-Eat-Kosher-Bufferet Pizza Night & Salad Bar after the discussion!

Everyone is welcome!

All subsequent 2025 Book Club dates meet on Monday nights, 7:15-8:45PM – locations TBA:

- ☐ May 19 – ***My Life***, by Golda Meir
- ☐ July 28 – ***90 Seconds: The Epic Story of Eli Beer and United Hatzalah***, by Rabbi N. Seltzer
- ☐ September 15 – ***The Whisper Sister***, by Jennifer S. Brown
- ☐ November 24 – TBD

Watch this space for details of the titles of the Book Club selections for 2025!

For more information contact **Fran Alper** at: fran.alper@outlook.com or sisterhood@nhbz.org

A Powerful Awakening

“In Judaism, the natural is greater than the supernatural in the sense that an “awakening from below” is more powerful in transforming us, and longer-lasting in its effects, than is an “awakening from above.” That is why the second tablets survived intact while the first did not. Divine intervention changes nature, but it is human initiative – our approach to God – that changes us.” –Rabbi Lord Jonathan Sacks, ZT”L, *Two Types of Religious Encounter (Ki Tissa, Covenant & Conversation)*

KI SISA: Jewelry and the Luchos

The relationship between *Hakadosh Boruch Hu* and *Klal Yisroel*, especially in the context of *Matan Torah*, is often described by *Chazal* in terms of a relationship between husband and wife. In this context the *luchos* (tablets) would be a kind of jewelry piece or precious wedding gift between *Hakadosh Boruch Hu* and *Klal Yisroel*. A famous indication of *luchos*-as-jewelry is in Parshas Chayay Soro. Eliezer gives Rivkah two gold bracelets which weighed ten. (24:22) Rashi there says the two bracelets relate to the two *luchos* and the weight of ten relates to the ten commandments which were inscribed on the *luchos*.

This connection between *luchos* and jewelry is useful in understanding why Moshe Rabbeynu broke the *Luchos* after the *Chet Ha Egel* (sin of the golden calf).

Jewelry has intrinsic concrete value; it can be sold by the owner for its worth on the open market, and the owner can otherwise also employ the jewelry for his own tangible benefit. Jewelry has a price tag. But jewelry also can have an intangible value in the sense of representing a relationship. This is true of any gift, but especially so for jewelry. In this higher sense there is no price tag or concrete value. It is the relationship that is truly precious; the jewel is a tangible symbol, sparkling and rare, of the beauty and potential of the relationship. It may be true that an engagement ring is worth thousands of dollars, but woe to the couple who finds its value inherent in what it will fetch on the market instead of appreciating the priceless symbolism of the ring.

When *HaKadosh Boruch Hu* gave the *luchos* all of *Klal Yisroel* should have understood that the proper way to appreciate a gift of jewelry is as a relationship symbol. Subsequently, however, it became clear that not all of them did. Aharon asked for gold jewelry as a delay tactic, assuming the people would not want to part with their precious relationship symbols (and according to *Chazal* the women in fact did not participate in this), yet Aharon was quickly overwhelmed with lots of jewelry. Individuals among *Klal Yisroel* were ready to misuse jewelry for their own purpose, for their own tangible needs, desires and agendas; they had not yet understood the proper role of jewelry as a relationship symbol. When Moshe was informed of their activities he perceived all of this, and had no choice but to destroy the *luchos*, as *Klal Yisroel* was not yet ready to handle jewelry, especially jewels of the magnitude of the *luchos*.

– By **Gedalia Litke**, Gal Einai Series, www.torah.org



THE SISTERHOOD SCOOP

Be Happy, it's Adar!

HAPPY PURIM!



Volume 🥰🥰🥰, No.7

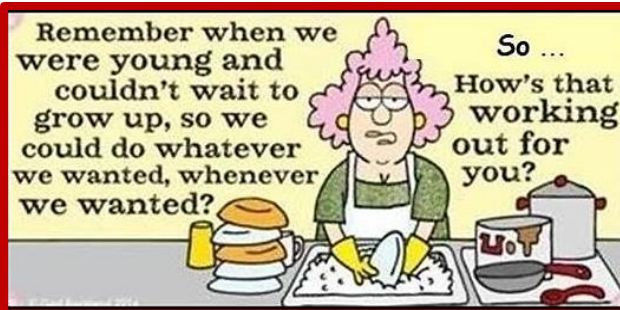
Special Purim Edition – PAGE 1

14 Adar 5785

March 14, 2025

PURIM IS Here! PURIM IS Here! PURIM IS Here! PURIM IS Here! PURIM IS Here! PURIM IS Here!

Join us at NHBZ's Purim Brunch Seudah – Costumes, Food, & Fun – Friday, March 14, following Megillah at 10 AM



PURIM JOKES...

There was a man who entered a pun contest. He sent in ten different puns, in the hope that at least one of the puns would win. Unfortunately, no pun in ten did. 🥰🥰🥰🥰🥰

Did you hear that archeologists just recently identified the cause of the Dark Ages? It was most definitely the **Y1K** problem. 🥰🥰🥰

Molly: Why do you wear your wedding ring on the wrong finger?
Polly: I married the wrong man. 🥰🥰🥰🥰🥰

How many telemarketers does it take to change a lightbulb?
Only one, but she has to do it while you're eating dinner. 🥰🥰🥰

How many Purim revelers does it take to change a lightbulb?
Fifteen. One to hold the bulb and the rest to drink whiskey until the room spins. 🥰🥰🥰🥰🥰

Yesterday my husband thought he saw a cockroach in the kitchen. He sprayed everything down, disinfected, and thoroughly cleaned the entire room... Today I'm putting the cockroach in the bathroom.

If a man is in the forest, talking to himself, with no woman around, is he still wrong? 🥰🥰🥰

If a woman is in the forest, talking to herself, with no man around, is she still complaining? 🥰🥰🥰🥰🥰

Thank you, Student Loans, for getting me through college. I don't think I can ever repay you. 🥰🥰🥰



ONE LINERS...

- Is there another word for "synonym"?
- A Freudian slip is when you say one thing, but you mean your mother.
- The difference between mechanical engineers and civil engineers is that mechanical engineers build weapons and civil engineers build targets.
- Computers can never completely replace humans. They may become capable of artificial intelligence, but they will never master real stupidity.
- Health is merely the slowest possible rate at which one can die.
- Did you hear about the two silk worms in a race? It ended in a tie!
- It's not the pace of life that concerns me, it's the sudden stop at the end.
- The future, the present and the past walked into a bar. Things got a little tense.
- Economists have forecast nine out of the last five recessions.
- I hope the guy who inverted autocorrect burns in Hello!



Disclaimer: Read at your own risk. Ask your doctor or pharmacist. Parental guidance advised. May contain fake news. In order to protect your health and safety do not read while operating a motor vehicle or heavy equipment and be sure to wash your hands with soap and water for a minimum of 20 seconds followed by the use of hand sanitizer and antiseptic eye wash after reading. 🥰🥰🥰 NHBZ is not responsible for this content.



THE SISTERHOOD SCOOP

Be Happy, it's Adar!

MORE PURIM HIJINKS



Volume 🎉🎉🎉🎉, No. 7

Special Purim Edition – PAGE 2

14 Adar 5785

March 14, 2025

It's PURIM – PUT ON YOUR MASK! 🎭

🎭 THINGS PEOPLE SAY IN COURTROOMS 🎭

Attorney: What is your date of birth?

Witness: July 18th

Attorney: What year?

Witness: Every year.



Attorney: The youngest son, the 20-year old, how old is he?

Witness: He's 20, much like your IQ.



Attorney: How many autopsies have you performed on dead people?

Witness: All of them. The live ones put up too much of a fight.



Attorney: Sir, what is your IQ?

Witness: Well, I can see pretty well, I think.



How did the pharaoh get so rich?
He was running a huge pyramid scheme.

...LATE BREAKING BULLETIN



"WELCOME....."



.....BELIEVE ME,
YOU DON'T WANT TO KNOW"

Oy-moticons



Worrying



Kvelling



Kvetching



Hoping



Praying



Cooking brisket



Winking



Dieting

ONE LINERS

I'm on a whiskey diet. I've lost 3 days already.



Just sold my homing pigeon on eBay for the 22nd time.



Husband: "Your mother has been with us for 20 years. Isn't it time she got a place of her own?"

Wife: "My mother?"

"I thought she was your mother."



What has four legs and one arm? >>>A Rottweiler



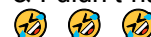
What do the letters DNA stand for?
National Dyslexics' Association.



Have you ever imagined a world with no hypothetical situations?



My wife divorced me for religious reasons. She worshipped money & I didn't have any!



Lady, this vacuum cleaner will cut your work in half. > > > Good. I'll take two of them.





Announcing...

... a New Donation and Sponsorship Opportunity

FOR SHUL BEAUTIFICATION

We thank the Staenberg Family Foundation, which helps support local Jewish organizations, for awarding NHBZ an "Anything Grant."

Our NHBZ Board of Directors identified two immediate needs for our Sanctuary.

- **A new movable wall that will separate the sanctuary from the social hall**
- **Four new elegant chairs for the Bima**



The grant will pay up to 50% of the total cost, which we estimate as \$7,300. **The shul will need to raise \$3,650 by 4/21 to receive the grant money.**

You can donate any amount to the Beautification Fund for the bima chairs and movable wall, or you can **dedicate** a bima chair '*in memory or in honor of*' someone; dedication includes an inscribed plaque on the Sanctuary wall. This dedication is usually \$10,000, but now it is only \$8,000 – until March 30. Call the Office for details – 314-991-2100, x2.



Giving & Dedication



Giving & Dedication Opportunities to Nusach Hari B'nai Zion provides you with an opportunity to fulfill the important mitzvah of contributing tzedakah (charity). We offer many ways to say Mazel Tov to relatives and friends in honor of simchas celebrated, or to remember loved ones by making a dedication in their memories.

Contributions & Dedications for Building & Campus

- Small Stained-Glass Window - \$10,000
- Large Stained-Glass Window - \$25,000
- Yahrtzeit Board Header - \$6,000
- Main Bimah (Spiritual Dedication) - \$150,000
- Main Aron Kodesh (Spiritual Dedication) - \$150,000
- Sanctuary or Auditorium Window - \$18,000
- Dedication of Building – Please call office
- Campus Dedication – Please call office

This is a sample of available opportunities.
For extra information, please call our office, 314-991-2100, ext. 2.

Inscribed Bricks/Pavers & Plantings

\$250.00 for 4"x8" inscribed Brick/Paver; \$500.00 for 8"x8" inscribed Brick/Paver

Tree of Life – In the Alper Lobby

\$360.00 per Brass leave inscribed, in memory or in honor of a special person(s) or occasion.

Cast Iron Memorial Plaques – In the Feigenbaum-Pepose Learning Center

\$360.00 Bronze Plaque - name in raised lettering. Molay is recited on each yahrzeit.

Kaddish

Important mitzvos to be observed in memory of relatives or dear friends.
\$360.00 Kaddish recited daily for eleven months after the passing of the individual.
\$360.00 Kaddish recited each yahrzeit in perpetuity.

Book Funds – Dedications Inscribed

- \$60.00 Nusach Hari Daily Siddur
- \$75.00 Artsroll – Stone Edition Chumash
- \$60.00 Rosh Hashana & Yom Kippur Machzorim

Shabbos Bulletin Sponsorship

\$54 includes your specified dedication listed in the NHBZ Weekly News
Call or email the Shul office, 314-991-2100, ext. 2 or office@nhbz.org

Tributes – Honor Simchas, Wishes for Good Health, Condolences

Call or email the Shul office, 314-991-2100, ext. 2 or office@nhbz.org
\$10 donation per card; \$25 pack of 5 cards. We have "In memory...", "In honor ...", Speedy Recovery, and Rose Ragin Chesed Fund* cards. (*Sold only in packs of 5)

Kiddush Sponsorship – Defrays Costs of Shabbos & Yom Tov Kiddushim

Please call our office for menu selections and pricing, 314-991-2100, ext. 2.

NOTE: The above prices, effective January, 2025, are subject to change.



PURIM BRUNCH SEUDAH



FRIDAY, MARCH 14TH
MEGILLAH READING 10:00 AM
A BRUNCH BUFFET TO FOLLOW



RSVPS RECOMMENDED BUT NOT REQUIRED

THIS EVENT IS GENEROUSLY SPONSORED BY
FRANCES COHEN AND CHILDREN,
THE MCCARY, COHEN AND SWERDLIN FAMILIES
TO COMMEMORATE THE 3RD YAHRZEIT OF THEIR BELOVED
HUSBAND AND FATHER, JERRY COHEN,
YANKEL BEN AVRAHAM HAKOHNEN Z" L



NUSACH HARI B'NAI ZION • 650 N. PRICE RD. ST. LOUIS, MO 63132 •
PHONE 314.991.2100 • EMAIL: OFFICE@NHBZ.ORG WEB: WWW.NHBZ.ORG



HEAR YE!! HEAR YE!!

**HIS MAJESTY, THE KING, WISHES TO
EXPRESS HIS GRATITUDE TO
MORDECHAI THE JEW
FOR SAVING THE KING'S LIFE!**



**BY ROYAL DECREE,
MORDECHAI WILL RIDE THROUGH THE STREETS OF THE
KINGDOM, UPON THE ROYAL STEED AND DRESSED IN
THE KING'S OWN GARMENTS,
LED BY THE KING'S REGENT,
HAMAN THE AGGAGITE**

**ON THE FOURTEENTH DAY OF ADAR
FRIDAY, MARCH 14, 2025**

**THE PROCESSION WILL BEGIN AT 2:00 P.M.
AT THE CORNER OF GAY AND CORNELL
IN UNIVERSITY CITY,
AND WILL END AT SAXONY COURT.**

**ALL LOYAL SUBJECTS OF THE KING
ARE INVITED TO HAIL MORDECHAI AS HE RIDES BY!**



PLEASE NOTE DATE CHANGE

Renowned Sofer

Rabbi Yosef Heinemann

will be in St. Louis

Sunday, March 23rd and Monday, March 24th

***Take advantage of this important
opportunity to get your mezzuzos
and tefillin checked and purchase new
mezzuzahs if needed***

**To Sign Up for your Mezzuzah
or Tefillin Inspection**

Call 317 410-2292

**or email gnitsun@stlkollel.com
for more information**



A LOCAL COMMUNITY MEMBER IS IN NEED OF A KIDNEY

Please join us for a

KIDNEY DONATION AWARENESS & SWABBING EVENT



Anatomy of Kindness

ZACK PLOTZKER

Renewal Outreach Coordinator



My Journey Through Kidney Donation

JIMMY FENDELMAN

KIDNEY DONOR

U. CITY SHUL
700 North and South Rd.
St. Louis • MO • 63130

**SUNDAY
MARCH 23**

**DOORS OPEN
7:30 PM**

EVENT COMMITTEE

Jimmy & Elana Fendelman
Dr. Elie & Aliza Freilich
Rabbi Yossi & Raizy Golombeck
Dr. Chai Shai & Riki Gutovich
Dr. Eugene & Polina Vorabeychik






**REFRESHMENTS
WILL BE SERVED**

If you can't make the event and would like to learn more about kidney donation or to see if you are a match, email info@renewal.org or call 718-431-9831 ex. 315

 **Renewal**
www.renewal.org

SEE PAST KIDNEY DONOR STORIES

   @renewalnews

Renewal is a non-profit organization dedicated to saving lives by helping kidney donors and recipients navigate all aspects of the transplant process.

Nusach Hari B'nai Zion

SUNDAY, MARCH 30, 2025

5-7 PM

ALL YOU CAN EAT KOSHER BUFFET

DELICIOUS

PIZZA



PASTA



LOADED

SALAD BAR



PRICING:

ADULTS: \$15

KIDS AGES 3-12:

\$8

KIDS UNDER 3:

FREE

CHOLOV YISROEL CHEESE; PAREVE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF THE VAAD



314-991-2100



NHBZ.ORG



650 North Price Rd. St.
Louis, MO 63132