



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

### Parshas Shemini

April 25-26, 2025  
Candle Lighting 7:30 PM

27-28 Nissan 5785  
Shabbos Concludes 8:32 PM

### Mazel Tov

Mazel tov to Rabbi and Mrs. David on the recent birth of a new grandson.

### Shabbos Programming

Soul Building with Rabbi David  
10:00 AM

Childcare 10:00 AM-11:30 AM

### Torah Portions

KOSHER



Torah Reading:  
Leviticus 9:1-11:47

588-606

Haftorah:  
II Samuel 6:1-7:17

1168-1170



### Prayer Times

Friday, April 25

Mincha/Maariv 7:00 PM

Candle Lighting 7:30 PM

Shabbos, April 26

Shachris/Mussaf 8:30AM

Synaplex Lunch and Learn following  
Services

Mincha 7:10 PM

Shalosh Seudos and Learn after  
Mincha  
by the Distinguished  
Rabbi Nimchinsky

Shabbos Concludes 8:32 PM

### Minyan Times April 6-12

	Sun Apr 27	Mon Apr 28 Rosh Chodesh	Tues Apr 29 Rosh Chodesh	Wed Apr 30	Thurs May 1	Fri May 2	Shabbos May 3
Shachris	8:00	6:45	6:45	7:00	7:00	7:00	9:00
Mincha/ Maariv	7:00	7:00	7:00	7:00	7:00	7:00	7:20

# Congregation News

## Yahrzeits Observed This Week

Thurs eve Apr 24 - Fri Apr 25  
27 Nissan - Fay Petrovsky

Fri eve Apr 25 - Sat Apr 26  
28 Nissan - Sarah Grus

Sun eve Apr 27 - Mon Apr 28  
30 Nissan - Jennie Tolpen  
30 Nissan - Jerome Levin  
30 Nissan - Mary Solomon

Tues eve Apr 29 - Wed Apr 30  
2 Iyar - Sharon Dale Haber

Wed eve Apr 30 - Thurs May 1  
3 Iyar - Gerald Katz

## Happy Birthday!

Harry Lyons - April 26  
Madeline Hartranft - April 28  
Shelly Muskin - April 28  
Micha Szus - April 28  
Andrew Feit - April 29

## Extra Notices

- Yom Haatzmaut is around the corner, grab a “We Support Israel” sign from the upstairs lobby, place it on your lawn, and send a picture to David Rubin at rubeslaw@gmail.com. The Rubins will be donating \$15 for every picture sent in.
- The Aish Hatorah/Red Cross Blood Drive is coming up, please register online at <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=AriDougan>

## Save The Date!

Pizza Night  
April 27 - 5-7 PM

Israeli Themed Kiddush  
Featuring a Lecture by Sol Laudon  
“Next Year in Jerusalem”  
May 3

Red Cross Blood Drive  
May 6 - 2-6 PM

Lag Baomer Bonfire  
May 15

## Ongoing Classes

Sundays  
Rabbi Swidler’s “Learning Mishna”  
after Shacharis

Mondays  
Partners in Torah  
8:00-9:00 PM

Tuesdays  
Rabbi Sentell’s “Chumash in the Original”  
12:00-12:45 PM

Wednesdays  
Rabbi Feigenbaum’s “The Torah’s Wisdom For Our Everyday Life”  
6:15 PM Upstairs

Thursdays  
Rabbi Hess’s Amud-a-Week  
after Maariv

Mondays-Thursdays  
Rabbi Smason’s “The Book of Judges”  
Zoom Class 3:00 PM  
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>



**is Back**

**Saturday, April 26, 2025**

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***Join us for the much-anticipated return!***

- 8:30 am Traditional Services - in the sanctuary
- 10:00 am Youth Programming – in the lower level  
babysitting for younger children
- 10:00 am Soul Building Series – in the lower level



11:00 am **Synaplex Breakout Sessions**

- **"Reach them, not Teach them: How to Talk to your Friends and Neighbors about Antisemitism. "**  
led by Jordan Kadosh, Regional Director, ADL Heartland
- **"Do I Really Want to Know Who I Am?"**  
Subtitle: Being Tested  
led by Rabbi Yosef David, Executive Director of Aish HaTorah
- **"Lessons from the Mother of Royalty, Ruth"**  
led by Rabbi Shimmy Fried of the St. Louis Kollel

Noon **Kiddush Lunch for All** - in the Social Hall

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All events held at NHBZ, 650 North Price Road, St. Louis, MO

Synaplex Shabbat is free and open to the Jewish public

Home hospitality for the weekend is available

For more information or to confirm dates & times contact NHBZ

Call: 314-992-2100 ext.2

Email: [office@nhbz.org](mailto:office@nhbz.org)

Website: [www.nhbz.org](http://www.nhbz.org)



# THE SISTERHOOD SCOOP

## APRIL 26



The Omer Count  
49 Steps in Self Refinement



Volume 8

Number 16

28 Nissan 5785

**SHEMENI**

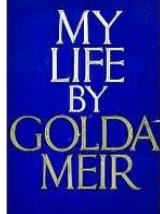
April 26, 2025

### Thoughts on Shabbat Mevarchim

Every Shabbat blesses the week that follows it. The spiritual work we do on the day of rest fills our “gas tank” with blessings to last us through the next six days. Once a month, however, we have the opportunity to fill an even larger tank. This is Shabbat Mevarchim (“the Shabbat that blesses” the new month) and a special prayer is recited blessing the *Rosh Chodesh* of the upcoming month of Iyar, which falls on Monday and Tuesday, April 28 & 29 of next week.

### Sisterhood Book Club News

The next book is *My Life*, the autobiography of Golda Meir, first published in 1973. Read the personal account of the first female Prime Minister of Israel from her earliest years through the establishment of the state and into the early 1970s. Join us for the discussion – **Monday, May 19, 7:15-8:45PM.**



**Everyone is welcome!**

Future 2025 Book Club discussion dates are:

- ☐ Monday, May 19, 7:15-8:45PM – *My Life*, by Golda Meir – location TBA
- ☐ Sunday, July 28, 3:45PM – **90 Seconds: The Epic Story of Eli Beer and United Hatzalah**, by Rabbi N. Seltzer – at NHBZ before Pizza Night
- ☐ Monday, September 15, 7:15-8:45PM – *The Whisper Sister*, by Jennifer S. Brown

For more information contact **Fran Alper** at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

### Living Time

“People talk about “wasting time,” or even “killing time.”

Neither term is accurate. Time does not belong to you that you can waste it. Yet neither does it have a life of its own that you can take away.

Rather, time awaits you to give it life.”

– from *Daily Thought*, Chabad.org

## Remember to Count the Omer ...and to make these days count

The Torah commands that from the second night of Passover until the day before the holiday of Shavuot, we, the Jewish people, engage in the unique mitzvah of *Sefirat HaOmer* (counting of the Omer) for seven complete weeks – 49 days. At the end of this time we celebrate Shavuot, which means “weeks.”

Why do we count these days? We learn several reasons. The foremost is that the count demonstrates our thrill for the impending occasion of receiving the Torah, celebrated on Shavuot. Just as a child often counts the days until the end of school or an upcoming family vacation, we count the days to show our excitement at again receiving the Torah (as we do in fact receive the Torah in a renewed sense every year).

We also learn that this period is meant to spiritually prepare and refine ourselves. When the Jewish people were in Egypt nearly 3,400 years ago, they had assimilated many of the immoral ways of the Egyptian people. The Jews had sunk to an unprecedented level of spiritual defilement and were on the brink of destruction. At the last possible moment, the children of Israel were miraculously redeemed. They underwent a spiritual rebirth and quickly ascended to the holiest collective state they had ever reached. They were so holy, in fact, that they were compared to angels when they stood at the foot of Mt. Sinai to receive the Torah.

The commandments of the Torah are not meant merely as our history but instead represent an ongoing life lesson for every Jew. We view the Torah as freshly received every day of our lives, and approach it and its commandments with appropriate vigor.

So too must we digest the lesson of the counting of the Omer. It is specifically during this time that we strive to grow and mature in our spiritual state. The Torah does not allow us to become satisfied with our current level of spirituality. Instead, it tells us to set high goals for ourselves, and then methodically strive to reach that goal.

The growth that occurs during this time is akin to a marathon. We pace ourselves and seek to improve day-by-day until we reach the day that we again receive the Torah. In this process, we look deep within ourselves and work on all of our negative attributes. If we are challenged in the realm of acts of kindness, we go out of our way to do more charitable works. If we are lacking in the area of justice, we hold ourselves to the highest possible standards and are exacting and demanding in our personal behavior and habits. And so it goes for all of our traits.

– adapted from **Yeruchem Eilfort**, [www.chabad.org](http://www.chabad.org)





Shalom,

3/2025

It is the time of the year that we need to address the financial condition of our shul.

We are in the midst of one of the most important efforts that a congregation can undertake and that is the decision to hire our new Rabbi and Rebbitzin, who will guide us forward in our spiritual and Outreach efforts.

Notwithstanding whom we choose for this position, we are going to be taking on extra expenditures, both salary and programming related, so that we can provide the new Rabbi with all the resources required to succeed and move us forward.

To make the budget, we need to raise, this year, \$200,000 in gifts, dedications and donations.

We are starting this effort with the online theChesedFund. Our goal for this is to raise \$100,000. The first stage is to obtain matchers. To become a matcher requires a minimum donation of \$1,500.

We plan to run the online part in April, 2025. So it would be good to have the matching grants by Pesach of this year.

Please contact me with your matching grant. I can be contacted via email at [menachem@alonsystems.com](mailto:menachem@alonsystems.com) and by SMS or phone call at 314-629-8741.

Menachem Szus, Fundraising Chair, NHBZ

Dan Winograd, President

Bruce Waxman, Treasurer



## Giving & Dedication



Giving & Dedication Opportunities to Nusach Hari B'nai Zion provides you with an opportunity to fulfill the important mitzvah of contributing tzedakah (charity). We offer many ways to say Mazel Tov to relatives and friends in honor of simchas celebrated, or to remember loved ones by making a dedication in their memories.

### ***Contributions & Dedications for Building & Campus***

- Small Stained-Glass Window - \$10,000
- Large Stained-Glass Window - \$25,000
- Yahrtzeit Board Header - \$6,000
- Main Bimah (Spiritual Dedication) - \$150,000
- Main Aron Kodesh (Spiritual Dedication) - \$150,000
- Sanctuary or Auditorium Window - \$18,000
- Dedication of Building – Please call office
- Campus Dedication – Please call office

This is a sample of available opportunities.  
For extra information, please call our office, 314-991-2100, ext. 2.

### ***Inscribed Bricks/Pavers & Plantings***

\$250.00 for 4"x8" inscribed Brick/Paver; \$500.00 for 8"x8" inscribed Brick/Paver

### ***Tree of Life – In the Alper Lobby***

\$360.00 per Brass leave inscribed, in memory or in honor of a special person(s) or occasion.

### ***Cast Iron Memorial Plaques – In the Feigenbaum-Pepose Learning Center***

\$360.00 Bronze Plaque - name in raised lettering. Molay is recited on each yahrtzeit.

### ***Kaddish***

Important mitzvos to be observed in memory of relatives or dear friends.  
\$360.00 Kaddish recited daily for eleven months after the passing of the individual.  
\$360.00 Kaddish recited each yahrtzeit in perpetuity.

### ***Book Funds – Dedications Inscribed***

- \$60.00 Nusach Hari Daily Siddur
- \$75.00 Artsroll – Stone Edition Chumash
- \$60.00 Rosh Hashana & Yom Kippur Machzorim

### ***Shabbos Bulletin Sponsorship***

\$54 includes your specified dedication listed in the NHBZ Weekly News  
Call or email the Shul office, 314-991-2100, ext. 2 or [office@nhbz.org](mailto:office@nhbz.org)

### ***Tributes – Honor Simchas, Wishes for Good Health, Condolences***

Call or email the Shul office, 314-991-2100, ext. 2 or [office@nhbz.org](mailto:office@nhbz.org)  
\$10 donation per card; \$25 pack of 5 cards. We have "In memory...", "In honor ...", Speedy Recovery, and Rose Ragin Chesed Fund\* cards. (\*Sold only in packs of 5)

### ***Kiddush Sponsorship – Defrays Costs of Shabbos & Yom Tov Kiddushim***

Please call our office for menu selections and pricing, 314-991-2100, ext. 2.

***NOTE: The above prices, effective January, 2025, are subject to change.***

**Nusach Hari B'nai Zion**

**SUNDAY, APRIL 27, 2025**

**5-7 PM**

**ALL YOU CAN EAT KOSHER BUFFET**

**DELICIOUS**

**PIZZA**



**PASTA**



**LOADED**

**SALAD BAR**



**PRICING:**

**ADULTS: \$15**

**KIDS AGES 3-12:**

**\$8**

**KIDS UNDER 3:**

**FREE**

**CHOLOV YISROEL CHEESE; PAREVE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF THE VAAD**



314-991-2100



NHBZ.ORG



650 North Price Rd. St.  
Louis, MO 63132



AN AISH HA'AM ORIGINAL DOCUMENTARY FILM

# FRONTLINE ★ WARRIORS

## THE FIGHT AGAINST CAMPUS ANTISEMITISM



**Ages 14  
& Up**

**WITNESS THE POWERFUL JOURNEY  
OF THREE JEWISH STUDENT LEADERS**

**AISH HA'AM's groundbreaking documentary**  
explores the roots of history's oldest prejudice, debunking myths,  
separating fact from fiction, and examining the line between  
antisemitism and anti-Zionism.

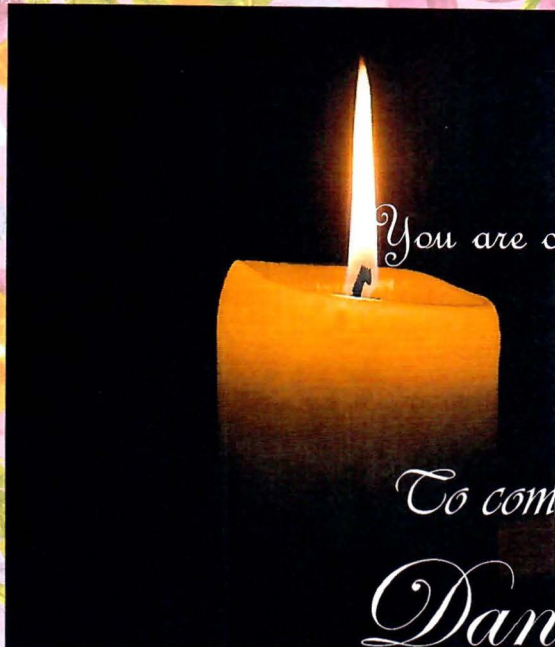
**Tuesday April 29, 7 - 9pm**

**The St. Louis Kaplan Feldman Holocaust Museum**

**36 Millstone Campus Dr, St. Louis, MO 63146**

**Shabbos Kestenbaum a star of the film who is suing Harvard  
university for its anti - Semitism will be joining us for a Question  
and Answer discussion afterwards**





בסד

*You are cordially invited to a shiur for*

*Women only*

*To commemorate the yartzheit for*

*Daniel J. Schultz* ז"ל

יוסף דוד בן אברהם

*Tuesday, April 29, 2025*

ב אי-יר

*Rabbi Moishe Winter*

*will speak on*

*"למנות ימינו כן הודה ונבא לבב חכמה*

תהלום צ:יב

*"Teach us to Count our Days  
Then we Shall Acquire a  
Heart of Wisdom"*

*7:30 pm*

*at 8112 Teasdale Avenue  
home of Lynda Cohen*

# Aish HaTorah Annual Blood Drive

## In Partnership with Spread Ari's Light



Arianna "Ari" Dougan was diagnosed with Neuroblastoma as the age of three. Ari received more than 200 units of blood during her eight year battle with cancer. She believed in random acts of kindness and her family wants to inspire others to give blood. This act of kindness ensures that blood will be available when other children, like Ari, need it to survive cancer treatment. Spread Ari's light and donate blood in her memory.

## Aish HaTorah Annual Blood Drive

**Location: Nusach Hari B'nai Zion Synagogue**  
**650 N Price Rd**  
**Olivette, MO 63132**

**Tuesday, May 6, 2025**  
**2:00 p.m. to 6:00 p.m.**

Please call 1-800-RED CROSS (1-800-733-2767) or visit [RedCrossBlood.org](https://RedCrossBlood.org) and enter: **AriDougan** to schedule an appointment.

Come to give blood May 1-18 and get a \$20 e-gift card to a merchant of your choice.  
PLUS, get a chance to win a U.S. trip of choice for you and a guest!

Terms apply: [rcblood.org/may](https://rcblood.org/may)  
(2025-APL-0119)



**American Red Cross**

[redcrossblood.org](https://redcrossblood.org) | 1-800-RED CROSS | 1-800-733-2767

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