



# Congregation News

## Yahrzeits Observed This Week

**Thurs eve June 26 - Fri June 27**  
1 Tammuz - Rosalyn Boonshaft

**Fri eve June 27 - Sat June 28**  
2 Tammuz - James Pessin

**Sat eve June 28- Sun June 29**  
3 Tammuz - Mollie Marcus  
3 Tammuz - Norman Lerman

**Sun eve June 29 - Mon June 30**  
4 Tammuz - Joseph Biernbaum

**Mon eve June 30 - Tues July 1**  
5 Tammuz - Mildred Drifon

**Tues eve July 1 - Wed July 2**  
6 Tammuz - Harry Kaplan

## Ongoing Classes

### Sundays

Rabbi Swidler's "Learning Mishna"  
after Shacharis

### Mondays

Partners in Torah  
8:00-9:00 PM

### Tuesdays

Rabbi Sentell's "Chumash in the  
Original"  
12:00-12:45 PM

### Wednesdays

Rabbi Feigenbaum's "The Torah's  
Wisdom For Our Everyday Life"  
6:15 PM Downstairs

### Thursdays

Rabbi Hess's Amud-a-Week  
after Maariv

### Mondays-Thursdays

Rabbi Smason's "The Book of  
Judges"  
Zoom Class 3:00 PM

[https://us04web.zoom.us/j/78974795850?  
pwd=tw7lIOVumZ8QelPxHvApYZsox8VU  
em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1)

## Happy Birthday!

Vivian Zarkowsky – July 1  
Joanna Alper – July 2  
Frances Cohen – July 2  
Jessica Fadem – July 2

## Happy Anniversary!

Jeff & Irena Scheer – June 27

## June Tributes

### Mazel Tov:

Alla and Boris Yasinev on your granddaughter  
Feigenbaum/Pepose Family

### Happy Anniversary:

Susan Feigenbaum & Jay Pepose  
Peggy & Jay Umansky

Joni and Bob Kaiser  
Feigenbaum/Pepose Family

### Happy Birthday:

Myra Radinsky  
Feigenbaum/Pepose Family

Joyce Hochberg  
Feigenbaum/Pepose Family

Eliot Katz  
Feigenbaum/Pepose Family

Debbie Barash  
Feigenbaum/Pepose Family

### In Memory of:

Andrew & Karen Loiterstein's mother, Cheryl  
Phyllis & Howard Loiterstein



# **HAPPY** *Birthday*

*Debra Barash*

*Noah Belau*

*Barb Bressler*

*Nathan Brook*

*Ethan Cohen*

*Teryn Farbstein*

*Amy Feit*

*Julie Friedman*

*Esther Gelb*

*Larry Goldenberg*

*Joyce Hochberg*

*Joni Kaiser*

*Sanford Koenig*

*Alan Morgensztern*

*Jon Newman*

*Sarah Pernik*

*Yitzchak Rubin*

*Adrian Shifren*

*Gia Shifren*

*Barry Solomon*

*Natalia Wallman*

*Rebecca Waxman*

*Richard Woolf*

*Please join us for kiddush on Shabbos, June 28, 2025  
in honor of the June birthdays!*







# THE SISTERHOOD SCOOP

## JUNE 28



Volume 8

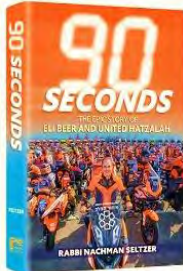
Number 25

2 Tammuz 5785

June 28, 2025

### Book Club to Read '90 Seconds'

The Sisterhood Book Club is now reading **90 Seconds: The Epic Story of Eli Beer and United Hatzalah**, by Rabbi Nachman Seltzer, which depicts Eli Beer, who witnessed a terror attack at age five, and dreamed of being the one to save victims.



Eli set out to make that dream come true, creating an underground network of pioneering EMTs who were determined to bring their life-saving skills to victims in only 90 seconds, no matter where they were.

All are welcome to join the Book Club discussion

**Sunday, July 27, at 3:45PM**

before All-You-Can-Eat Pizza Night.

**Come for Book Club – stay for Pizza Night!**

The next book selection is **The Whisper Sister**, by Jennifer S. Brown on Monday, September 15, 7:15-8:45pm. Location TBA

For more information contact **Fran Alper** at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

### THIS DAY IN HISTORY

#### The First Settlement?

1<sup>st</sup> Tammuz, 2238 – Yaakov and family went down to Mitzrayim (according to one source. This would be the establishment of the first voluntary Jewish settlement outside of Eretz Yisrael). – [www.OU.org](http://www.OU.org)

### Listen to the Other Side

"We learn by listening to the views of our opponents, at times even before our own. I believe that what is happening at universities, turning the pursuit of truth into the pursuit of power, demonising and no-platforming those with whom people disagree, is the Korach phenomenon of our time, and very dangerous indeed. An old Latin motto says that to secure justice, *audi alteram partem*, "Listen to the other side." It is through listening to the other side that we walk the path to truth." – *Rabbi Lord Jonathan Sacks, ZL, How Not to Argue*



**Pray for Safety, Unity, and Peace for Klal Yisrael**

### KORACH: Great Choices

Korach is a classic example of a person with great potential, who made wrong decisions. The Sages tell us that Korach was a wise man. He was chosen to be one of the select few who were spiritually fitting to carry the Ark of the Covenant. The Zohar tells us that of all the Tribe of Levi, he was the one with the greatest potential. That's pretty high praise, especially when we remember that Moses and Aaron themselves were from the Tribe of Levi.

And yet, Korach starts up a dispute with Moses and ends up being swallowed by the earth. What went wrong?

Actually, the question itself is wrong. Nothing "went" wrong. Korach had free will and he "chose" wrong. There is no determinism. Korach was not caught up in a wave of events over which he had no control. Korach made some very bad decisions. He became incredibly wealthy, but the wealth led him to arrogance. It's common for that to happen, but it was still a choice. Korach's arrogance made him feel that he was not given enough honor, and he made another choice to enter into a dispute with Moses. From beginning to end, he was choosing.

This week's Torah portion begins with the word *vayikach*, "and he took." Korach took that which was not his. He "took" it – actively and consciously.

Shakespeare is wrong when he says "some are born great" and "some have greatness thrust upon them." People only "achieve greatness" through their choices. Greatness through birth, and greatness thrust upon a person, are only greatness in potential. True greatness must be achieved. Korach was great in potential. But he chose wrong and had only himself to blame.

The same is true of all of us. When we do not achieve the spiritual and moral heights we may aspire to, we can blame circumstance; we can blame upbringing; we can blame nature. Ultimately, though, we are responsible for our own choices. And conversely, when and if we achieve greatness, it is ours and ours alone – because we will only have "achieved" it, with the Almighty's help, through our own efforts and our own choices.

– Straight Talk, [www.aish.com](http://www.aish.com)

Nusach Hari  
B'nai Zion

# SUMMER FUN WITH NHBZ

A CELEBRATION OF SUMMER SEASON

## JUNE-SEPTEMBER EVENTS

### JUNE

- ~~21 - GRADUATION KIDDUSH~~
- 28 - JUNE BIRTHDAYS KIDDUSH
- 29 - TEFILLIN WRAPPING & BREAKFAST
- 29 - PIZZA NIGHT

### JULY

- 1 - UNITED HATZALAH SPEAKER
- 26 - JULY BIRTHDAYS KIDDUSH
- 27 - SISTERHOOD BOOK CLUB
- 27 - PIZZA NIGHT

### AUGUST

- 8 - SHABBAT DINNER
- 9 - THE ARI KIDDUSH
- 17 - CARDINALS GAME
- 24 - WAFFLE BREAKFAST
- 30 - AUGUST BIRTHDAYS KIDDUSH

### SEPTEMBER

- 6 - SYNAPLEX
- 14 - NHBZ AND FRIENDS COMMUNITY PICNIC

**MARK YOUR CALENDARS**

**ALL INFORMATION WILL BE SENT OUT CLOSER TO THE EVENTS**







# Tefillin Wrapping & Breakfast

SUNDAY, JUNE 29, 2025

Whether you are a daily user or just starting out, join Rabbi David to learn more about Tefillin and how to put them on.

**8:00 am – Shacharis**

**9:00 am – Tefillin Workshop**

**9:30 am – Breakfast**

(Please contact [office@nhbz.org](mailto:office@nhbz.org) to help sponsor breakfast.)





Join us in the  
**Nathanne Gitt Senturia  
Young Children's Collection**

# for Storytime at the Library

Featuring  
**Morah Jessie Lefton**

FOR KIDS  
AGES 2-6  
AND THEIR  
PARENTS!

SUNDAY

**6.29  
2025**

865 Wilner Dr.

**11:40-12:10 PM**

*Open to both members and non-members.*



Inviting all students going into Grades 2-8  
to join the Sonnenwirth Family Jewish Library

## Summer Reading Challenge!

***Participating is as easy as 1-2-3!***

- 1.** Keep track of every Jewish book you read.
- 2.** Review it and turn in your completed log at the library by **8/31/2025.**
- 3.** Earn a raffle ticket for every book read and reviewed for a chance to win **1 of 6 prizes!**

There is no cost to participate in this program, and both library and non-library members are invited to join in the fun.

Sponsorship opportunities available, please contact Debbie Jacob at 314-488-6265

Visit [STLjewishlibrary.org](http://STLjewishlibrary.org) to learn more and to download a reading log.



**Nusach Hari B'nai Zion**

**SUNDAY, JUNE 29, 2025**

**5-7 PM**

**ALL YOU CAN EAT KOSHER BUFFET**

**DELICIOUS**

**PIZZA**



**PASTA**



**LOADED**

**SALAD BAR**



**PRICING:**

**ADULTS: \$15**

**KIDS AGES 3-12:**

**\$8**

**KIDS UNDER 3:**

**FREE**

**CHOLOV YISROEL CHEESE; PAREVE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF THE VAAD**



314-991-2100



NHBZ.ORG



650 North Price Rd. St.  
Louis, MO 63132





6TH ANNUAL

# MEAT ★ UP ★

HOLE-IN-ONE OPPORTUNITIES  
FOR A **\$10,000** PRIZE!

🕒 Sunday, June 29th  
from 5:00-8:00 pm

📍 Top Golf  
16851 N Outer 40 Rd,  
Chesterfield, MO 63005

💰 Single Ticket \$150  
Sponsorship opportunities available

**DELICIOUS FOOD, GREAT FRIENDS,  
TOP SHELF SPIRITS & GAMES!**

For questions, contact: Alana Minoff 314-303-0861, [alanam@jsustl.org](mailto:alanam@jsustl.org)





NHBZ INVITES YOU TO HEAR



# United Hatzalah's GAVY FRIEDSON

**THE DIRECTOR OF INTERNATIONAL EMERGENCY MANAGEMENT AND GLOBAL AMBASSADOR FOR UNITED HATZALAH IS COMING TO SPEAK ABOUT THE ORGANIZATION AND HIS ROLE WITHIN IT.**

**UNITED HATZALAH IS ISRAEL'S LARGEST FULLY VOLUNTEER EMERGENCY MEDICAL SERVICE ORGANIZATION, PROVIDING FREE, RAPID-RESPONSE LIFESAVING CARE TO PEOPLE IN NEED — REGARDLESS OF RACE, RELIGION, OR NATIONALITY. UNITED HATZALAH HAS DEPLOYED EMERGENCY RESPONSE TEAMS TO INTERNATIONAL DISASTERS DELIVERING URGENT HUMANITARIAN AID AND MEDICAL RELIEF AROUND THE WORLD.**

**JOIN US**



**TUESDAY,  
JULY 1, 2025**



**11:00 AM**



**650 N. PRICE RD**

**THERE IS NO CHARGE FOR THE EVENT.**

**IF YOU HAVE ANY QUESTIONS  
PLEASE CONTACT  
OFFICE@NHBZ.ORG**





BE PART OF  
SOMETHING  
**BIGGER**



**BLOOD DRIVE**

Scan QR code,  
visit [bloodcenter.org](https://bloodcenter.org)  
or call 800-747-5401.

**U. City Shul**

**Sunday, July 20**

**10:00 AM - 2:00 PM**

**The Shul**

**700 North & South Road**



Group Code: 11418



*Community-wide event*  
*Commemorating the 19th Yahrzeit of*  
*Sarah Adelman z"l*

Sunday July 20, 2025 at 10:00 A.M. CDT  
In the Beit Midrash of Young Israel of St. Louis  
And via Zoom\*  
Featuring

**RABBI JEREMY DONATH**

**MENTAL HEALTH AND PSYCHOTHERAPY: HOW THE TORAH WORLD  
HAS EVOLVED AND THE CHALLENGES EVERY PATIENT AND THERAPIST  
MUST CONSIDER**

Rabbi Jeremy Donath has served as the Rabbi of Congregation Darchei Noam in Fair Lawn, New Jersey since its founding in 2011. Under his leadership, the shul has grown from fewer than 40 families to a vibrant community of over 200 member families. In addition to his congregational role, Rabbi Donath is a member of the Limudei Kodesh faculty at Ma'ayanot Yeshiva High School for Girls in Teaneck, where he teaches Tanach. He is an active member of both the Rabbinical Council of America (RCA) and the Rabbinical Council of Bergen County (RCBC). A native of Minneapolis, Rabbi Donath earned his B.A. in Jewish History from Yeshiva University, an M.S. in Education from the Azrieli Graduate School, and received semikhah from RIETS. Rabbi Donath and his wife Shira are the proud parents of four children. He feels deeply privileged to be connected to the Saint Louis community through Shira, and is a proud son-in-law of Alan and Bryna Kandel, with longstanding ties to the Adelman family.

Contribution categories:

Guarantor \$750+      Benefactor \$350-\$749      Sponsor \$100-\$349  
Minimum donation of \$18.00 per family

Please send contributions to the address below or through our website: [samfstl.com](http://samfstl.com)

*\*To obtain the Zoom link and sign in information, please send an email, after July 13, 2025, to [samfstl@gmail.com](mailto:samfstl@gmail.com)*

***SPONSORED BY THE SARAH ADELMAN MEMORIAL FUND***

17490 Meandering Way #2104, Dallas, TX 75252  
Website: [samfstl.com](http://samfstl.com)

The Sarah Adelman Memorial Fund supports programs and initiatives to help educate the community about dealing with psychological and social issues. Needy children in the St. Louis Jewish Orthodox community, requiring counseling, are supported by the fund.