



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

June 20-21, 2025
Candle Lighting 8:11 PM

Parshas Shelach

24-25 Sivan 5785
Shabbos Concludes 9:18 PM

Mazel Tov!

Mazel tov to all the graduates of 2025!
Please join us for an enhanced kiddush
following services!

Shabbos Programming

Soul Building with Rabbi David 10:00 AM
Childcare 10:00 AM-11:30 AM

Torah Portions

Torah Reading Numbers 13:1-15:41	798-818
Haftorah: Joshua 2:1-24	1184-1185

Prayer Times

Friday, June 20

Mincha/Maariv 7:00 PM

Candle Lighting 8:11 PM

Shabbos, June 21

Shachris/Mussaf 9:00 AM

Drasha by the Distinguished
Rabbi David

Mincha 7:55 PM

Shalosh Seudos and Learn after
Mincha by the Distinguished
Rabbi Nimchinsky

Shabbos Concludes 9:18 PM

Minyan Times June 15 - 21

	Sun June 22	Mon June 23	Tues June 24	Wed June 25	Thurs June 26 Rosh Chodesh	Fri June 27 Rosh Chodesh	Shabbos June 28
Shacharis	8:00	7:00	7:00	7:00	6:45	6:45	9:00
Mincha/ Maariv	7:00	7:00	7:00	7:00	7:00	7:00	7:55





Congregation News

Yahrzeits Observed This Week

Fri eve June 20 - Sat June 21

25 Sivan - Adele Schucart

Sat eve June 21- Sun June 22

26 Sivan - Isadore Feder

Sun eve June 22 - Mon June 23

27 Sivan - Sima Raginsky

Mon eve June 23 - Tues June 24

28 Sivan - Bessie Spritz

Wed eve June 25 - Thurs June 26

30 Sivan - Lester Brown

Happy Birthday!

Teryn Farbstein - June 21

Esther Gelb - June 21

Alan Morgensztern - June 21

Ethan Cohen - June 22

Adrian Shifren - June 22

Sanford Koenig - June 23

Happy Anniversary!

Keith & Karen Zeff - June 23

Alan & Vivian Zarkowsky - June 24

Boris & Alla Yasinev - June 26

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
8:00-9:00 PM

Tuesdays

Rabbi Sentell's "Chumash in the
Original"
12:00-12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
6:15 PM Downstairs


Thursdays


Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays

Rabbi Smason's "The Book of
Judges"
Zoom Class 3:00 PM

[https://us04web.zoom.us/j/78974795850?
pwd=tw7lIOVumZ8QelPxHvApYZsox8VU
em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1)





MAZEL TOV 2025 GRADUATES

Presley, granddaughter of Margo & Reuven Tzadok, graduate of preschool

Efraim Bromberg, grandson of Bob & Joni Kaiser, preschool graduate in Skokie, Illinois

Eliana Brook, daughter of Marcie & Alan Brook, graduate of St. Louis University with a Business degree

Andrew Felton, grandson of Stephen & Myra Radinsky graduate of Stanford University

Moshe Pinto, graduate of Law School

Julian Miles Levitt, grandson of Helayne z"l and Ed Levitt, graduate of Pre-k

Rafi Matt, son of Sarah Beth & Gavriel Matt, grandson of Faith & Bruce Waxman, & Great-Grandson of Sandra & Marvin Greenberg, graduate of Pre-K at Epstein Hebrew Academy

Samantha Radinsky, granddaughter of Stephen & Myra Radinsky, graduate of Northwestern University

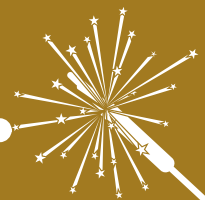
Linda Sutton, granddaughter of Linda z"l, and Menachem Szus, graduate of kindergarten in the NY area

Sammy Sutton, grandson of Linda z"l and Menachem Szus, graduate of elementary school in the NY area

Brendan Yasinev, grandson of Alla & Boris Yasinev, graduate of Ladue Horton Watkins High School

Noam Zarkowsky, grandson of Alan & Vivian Zarkowsky, graduate of kindergarten

Zev Zarkowsky, grandson of Alan & Vivian Zarkowsky, graduate of elementary school





THE SISTERHOOD SCOOP

JUNE 21



Volume 8

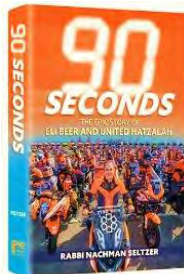
Number 24

25 Sivan 5785

June 21, 2025

Book Club to Read '90 Seconds'

The Sisterhood Book Club is now reading **90 Seconds: The Epic Story of Eli Beer and United Hatzalah**, by Rabbi Nachman Seltzer, which depicts Eli Beer, who witnessed a terror attack at age five, and dreamed of being the one to save victims.



Eli set out to make that dream come true, creating an underground network of pioneering EMTs who were determined to bring their life-saving skills to victims in only 90 seconds, no matter where they were. All are welcome to join in the Book Club discussion **Sunday, July 27, at 3:45PM** before All-You-Can-Eat Pizza Night.

Come for Book Club – stay for Pizza Night!

The next book selection is **The Whisper Sister**, by Jennifer S. Brown on Monday, September 15, 7:15-8:45pm. Location TBA

For more information contact **Fran Alper** at: fran.alper@outlook.com or sisterhood@nhbz.org

Let Faith Banish Fear

“Never let negative emotions distort your perceptions. To see the world as it is, not as you are afraid it might be, let faith banish fear.”

–**Rabbi Lord Jonathan Sacks**, zt”l, *Seeing What Isn't There*
Shelach Lecha, Life-Changing Ideas, Covenant & Conversation)



Pray for Safety, Unity, and Peace for Klal Yisrael

SHELACH: What the Three Definitions of Challah Taught Me

I love words, but they are at times such an obstacle to communication. One word can mean so many different things to so many different people. Here's a prime example:

The word *challah* has a variety of meanings. Google's translation tool defines it simply as a “loaf”—a rather pedestrian word... Then there is the challah in halachic parlance, a reference to the portion of every batch of dough that one gifts to a *kohen* (priest)—this meaning of the word is based on the biblical wording in Numbers 15:20.

(In our current state of dispersion and exile, and the spiritual impurity that this has wrought, common practice is for the *kohen* not to eat this consecrated food; instead, we burn this blessed clump of dough.)

Okay, so what underlying thread binds together all these definitions—and, of course, what is the lesson here?

Here's a thought: From all that we own, we are required to share. We are expected to contribute to charity with our wealth; to allocate time for prayer, study and communal work; and in general, to generously give from the bounty that G-d has bestowed upon us.

But what of the remainder? After the tithing, after the 30 hours volunteered at the community center, after Shabbat (the 15% of my week dedicated to G-d), now what? Is the rest of the time, money, and resources “mine, all mine!” to do with as I please?

Here is a challah lesson. When we designate some, or even a lot, of any asset for a holy purpose, we acknowledge and honor the sanctity of *that* part. That part is made special. Now the leftover may be seen mistakenly as mundane. Imagine, however, having the same reverence for the dough we keep as for the mass we give to the *kohen*; how different would our dinner tables look then?

When we do good, lots of good, we may be lured into a sense of entitlement. I gave 20% to charity; I can now buy whatever I want with the rest, without regard for social responsibility. I volunteered at the school for two hours; I am now entitled to laze around for the rest of the week. I called Aunt Miriam; Uncle David can now find his own way to the grocery store. I gave at the office, so leave me alone.

The challah we eat can be as holy as the challah we donate. The six days of the week are as opportune as Shabbat. The money in my pocket must be treated with as much awe as the bills in the charity box. It is all G-d's, and we are entrusted with it: part to give away and part to utilize appropriately.

We expect charitable organizations to handle the monies entrusted to them with reverence and responsibility. No less is demanded from us and from what G-d has entrusted to us.

– adapted from **Rabbi Baruch Epstein**, www.chabad.org

*Nusach Hari
B'nai Zion*



SUMMER FUN WITH NHBZ

A CELEBRATION OF SUMMER SEASON

JUNE-SEPTEMBER EVENTS

JUNE

- 21- GRADUATION KIDDUSH
- 28- JUNE BIRTHDAYS KIDDUSH
- 29 - TEFILLIN WRAPPING & BREAKFAST
- 29 - PIZZA NIGHT

JULY

- 1 - UNITED HATZALAH SPEAKER
- 26 - JULY BIRTHDAYS KIDDUSH
- 27 - PIZZA NIGHT

AUGUST

- 8 - SHABBAT DINNER
- 9 - THE ARI KIDDUSH
- 17 - CARDINALS GAME
- 24 - WAFFLE BREAKFAST
- 30 - AUGUST BIRTHDAYS KIDDUSH

SEPTEMBER

- 6 - SYNAPLEX
- 14- NHBZ AND FRIENDS COMMUNITY PICNIC

MARK YOUR CALENDARS

ALL INFORMATION WILL BE SENT OUT CLOSER TO THE EVENTS



NHBZ, ST. LOUIS FRIENDS OF ISRAEL, AND SHAVING ISRAEL
INVITE YOU TO A UNIQUE OPPORTUNITY TO HEAR

LT. COL. KEITH ISRAELSON

Chief of Security of the Eshkol Regional Council
on the Gaza Border.

IDF lieutenant colonel in charge of protecting 16
kibbutzim - 16 of which were attacked by Hamas
by teams of fighters with the mission to kill women
and children resolutely waiting in their safe rooms



SUNDAY, JUNE 22, 2025

2:00-4:00 PM

REGISTER HERE OR BY EMAIL (OFFICE@NHBZ.ORG)

SECURITY WILL BE ONSITE

Come and hear unique, first hand accounts from the brave man who was
there and survived. Hours on that dreadful day, and for days, weeks,
months and now over a year later the combat still continues.



**Shaving
Israel**
www.shavingisrael.org



St. Louis Friends of Israel

Guests of Honor

Mr. & Mrs. Fred & Stella
WOHLFARTH

Parents of the Year

Mr. & Mrs. Brent & Rachael
KORNBLUM

CELEBRATING
18 *Years of*
Chinuch

MUSICAL PERFORMANCE WITH THE WORLD-RENOWNED

Abie Rotenberg

SUNDAY EVENING
JUNE 22, 2025

At the Yeshiva Campus

1809 Clarkson Road, Chesterfield, Missouri

- 5:45 PM** Culinary Experience with Chef-Led Action Stations
7:00 PM Honoree Presentations & Musical Performance with Abie Rotenberg
8:30 PM Dessert Reception followed by Kumzits with Abie Rotenberg

Chai Dinner Chairmen

Charlie Deutsch | Craig Reiss | Jonathan Spetner

636.778.1896 x100 | www.missouritorah.org | dinner@missouritorah.org



Tefillin Wrapping & Breakfast

SUNDAY, JUNE 29, 2025

Whether you are a daily user or just starting out, join Rabbi David to learn more about Tefillin and how to put them on.

8:00 am – Shacharis

9:00 am – Tefillin Workshop

9:30 am – Breakfast

(Please contact office@nhbz.org to help sponsor breakfast.)



Nusach Hari B'nai Zion

SUNDAY, JUNE 29, 2025

5-7 PM

ALL YOU CAN EAT KOSHER BUFFET

DELICIOUS

PIZZA



PASTA



LOADED

SALAD BAR



PRICING:

ADULTS: \$15

KIDS AGES 3-12:

\$8

KIDS UNDER 3:

FREE

CHOLOV YISROEL CHEESE; PAREVE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF THE VAAD



314-991-2100



NHBZ.ORG



650 North Price Rd. St.
Louis, MO 63132



6TH ANNUAL

MEAT ★ UP ★

HOLE-IN-ONE OPPORTUNITIES
FOR A **\$10,000** PRIZE!

🕒 Sunday, June 29th
from 5:00-8:00 pm

📍 Top Golf
16851 N Outer 40 Rd,
Chesterfield, MO 63005

💰 Single Ticket \$150
Sponsorship opportunities available

**DELICIOUS FOOD, GREAT FRIENDS,
TOP SHELF SPIRITS & GAMES!**

For questions, contact: Alana Minoff 314-303-0861, alanam@jsustl.org





NHBZ INVITES YOU TO HEAR



United Hatzalah's GAVY FRIEDSON

THE DIRECTOR OF INTERNATIONAL EMERGENCY MANAGEMENT AND GLOBAL AMBASSADOR FOR UNITED HATZALAH IS COMING TO SPEAK ABOUT THE ORGANIZATION AND HIS ROLE WITHIN IT.

UNITED HATZALAH IS ISRAEL'S LARGEST FULLY VOLUNTEER EMERGENCY MEDICAL SERVICE ORGANIZATION, PROVIDING FREE, RAPID-RESPONSE LIFESAVING CARE TO PEOPLE IN NEED — REGARDLESS OF RACE, RELIGION, OR NATIONALITY. UNITED HATZALAH HAS DEPLOYED EMERGENCY RESPONSE TEAMS TO INTERNATIONAL DISASTERS DELIVERING URGENT HUMANITARIAN AID AND MEDICAL RELIEF AROUND THE WORLD.

JOIN US



**TUESDAY,
JULY 1, 2025**



11:00 AM



650 N. PRICE RD

THERE IS NO CHARGE FOR THE EVENT.

**IF YOU HAVE ANY QUESTIONS
PLEASE CONTACT
OFFICE@NHBZ.ORG**





Giving & Dedication



Giving & Dedication Opportunities to Nusach Hari B'nai Zion provides you with an opportunity to fulfill the important mitzvah of contributing tzedakah (charity). We offer many ways to say Mazel Tov to relatives and friends in honor of simchas celebrated, or to remember loved ones by making a dedication in their memories.

Contributions & Dedications for Building & Campus

- Small Stained-Glass Window - \$10,000
- Large Stained-Glass Window - \$25,000
- Yahrtzeit Board Header - \$6,000
- Main Bimah (Spiritual Dedication) - \$150,000
- Main Aron Kodesh (Spiritual Dedication) - \$150,000
- Sanctuary or Auditorium Window - \$18,000
- Dedication of Building – Please call office
- Campus Dedication – Please call office

This is a sample of available opportunities.

For extra information, please call our office, 314-991-2100, ext. 2.

Inscribed Bricks/Pavers & Plantings

\$250.00 for 4"x8" inscribed Brick/Paver; \$500.00 for 8"x8" inscribed Brick/Paver

Tree of Life – In the Alper Lobby

\$360.00 per Brass leave inscribed, in memory or in honor of a special person(s) or occasion.

Cast Iron Memorial Plaques – In the Feigenbaum-Pepose Learning Center

\$360.00 Bronze Plaque - name in raised lettering. Molay is recited on each yahrtzeit.

Kaddish

Important mitzvos to be observed in memory of relatives or dear friends.

\$360.00 Kaddish recited daily for eleven months after the passing of the individual.

\$360.00 Kaddish recited each yahrtzeit in perpetuity.

Book Funds – Dedications Inscribed

- \$60.00 Nusach Hari Daily Siddur
- \$75.00 Artsroll – Stone Edition Chumash
- \$60.00 Rosh Hashana & Yom Kippur Machzorim

Shabbos Bulletin Sponsorship

\$54 includes your specified dedication listed in the NHBZ Weekly News

Call or email the Shul office, 314-991-2100, ext. 2 or office@nhbz.org

Tributes – Honor Simchas, Wishes for Good Health, Condolences

Call or email the Shul office, 314-991-2100, ext. 2 or office@nhbz.org

\$10 donation per card; \$25 pack of 5 cards. We have "In memory...", "In honor ...", Speedy Recovery, and Rose Ragin Chesed Fund* cards. (*Sold only in packs of 5)

Kiddush Sponsorship – Defrays Costs of Shabbos & Yom Tov Kiddushim

Please call our office for menu selections and pricing, 314-991-2100, ext. 2.

NOTE: The above prices, effective January, 2025, are subject to change.