



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 1-2, 2025
Candle Lighting 7:53 PM

Parshas Devarim

7-8 Av 5785
Shabbos Concludes 8:55 PM

Announcements

- Please stay for an early Mincha following Kiddush
- Kiddush with rolls this week is sponsored by Dan & Melanie Winograd in memory of Dan's father, Bernie Winograd, Berel ben Feivel z"ls yahrzeit

The bulletin this week is sponsored by:

- Brian & Faye McCary with gratitude to our NHBZ community and Rabbi's who, during this difficult time of Brian's mother passing, comforted us with visits, tributes, cards, food, and love.
- Rachael Pevnick & children, Debbie, Andrea, & Larry, in memory of their husband and father, Ted Pevnick, Chaim Tevah Ben Aaron Halevi z"ls yahrzeit

MINYAN MEN – We Need You!

Summer travels and busy work schedules are making it harder to maintain our strong minyan attendance. Your presence makes a real difference!

Please consider:

- Adding one more minyan to your weekly routine
- Joining at least one minyan if you're not already attending
- Bringing a friend to share in this important mitzvah

Your commitment helps keep our community strong. Thank you!

Torah Portions

Torah Reading Deuteronomy 1:1-3:22	938-956
Haftorah: Isaiah 1:1-27	1195-1196

Prayer Times

Friday, August 1

Mincha/Maariv 7:00 PM

Candle Lighting 7:53 PM

Shabbos, August 2

Shachris/Mussaf 9:00 AM

Drasha by the Distinguished
Rabbi Feigenbaum

Mincha 1:42 PM

Tisha B'Av Fast Begins at 8:10 PM

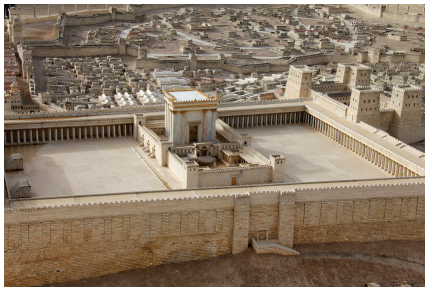
Shabbos Concludes
Without Havdalah 8:55 PM

Maariv followed by Megillas Eicha 9:15 PM
Giving people enough time to change into
weekday clothing and drive to shul

Minyan Times August 3 - 9

	Sun Aug 3 Tisha B'Av	Mon Aug 4	Tues Aug 5	Wed Aug 6	Thurs Aug 7	Fri Aug 8	Shabbos Aug 9
Shacharis	9:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/ Maariv	7:35	7:00	7:00	7:00	7:00	7:00	7:25

Nusach Hari B'nai Zion Congregation • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org



Tisha B'Av Schedule

All minyanim services are going to occur upstairs

August 2:
Fast Begins 8:10 PM
Maariv followed by Eicha 9:15 PM

August 3:
Shacharis 9:00 AM
Chatzos 1:07 PM
Mincha/Maariv 7:35 PM
Fast Concludes 8:54 PM

Note: Havdalah needs to be made before eating
(No spices or candle used)

Congregation News

Yahrzeits Observed This Week

Fri eve Aug 1 - Sat Aug 2
8 Av - Sydine Fredman

Sat eve Aug 2 - Sun Aug 3
9 Av - Ben Freistein
9 Av - Shurlie Weisberg

Mon eve Aug 4 - Tues Aug 5
11 Av - Zeve Barash
11 Av - Yosef Kadosh
11 Av - Harold Hoffman

Tues eve Aug 5 - Wed Aug 6
12 Av - Molly Goldfader
12 Av - Ted Pevnick
12 Av - Esther Mindel

Wed eve Aug 6 - Thurs Aug 7
13 Av - Susan Kay Stenn
13 Av - Shmuel Kerner
13 Av - Joseph Solomon

Ongoing Classes

Sundays
Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays - Not in August
Partners in Torah
8:00-9:00 PM

Tuesdays
Rabbi Sentell's "Chumash in the
Original"
12:00-12:45 PM

Wednesdays
Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
6:15 PM Downstairs

Thursdays
Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays
Rabbi Smason's "The Book of
Judges"

Zoom Class 3:15 PM
[https://us04web.zoom.us/j/78974795850?](https://us04web.zoom.us/j/78974795850?pwd=tw7IIQVumZ8QelPxHvApYZsox8VUem.1)
[pwd=tw7IIQVumZ8QelPxHvApYZsox8VU](https://us04web.zoom.us/j/78974795850?pwd=tw7IIQVumZ8QelPxHvApYZsox8VUem.1)
[em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7IIQVumZ8QelPxHvApYZsox8VUem.1)

Happy Birthday!

Jake Winograd - August 3
Sally Needle - August 3
Eddie Pernik - August 4
Julie Eisenberg - August 6
Jonah Shifren - August 6

Happy Anniversary!

Stephen & Myra Radinsky - August 7

August Kiddushim

August 9 - Ari Shabbat Kiddush

August 16 - Fredman Lunch

August 23 - Ohana Bar Mitzvah

August 30 - Birthday Kiddush

Extra Notices

- Tznius hospital gowns, with snaps up the long sleeves for iv access, and modest closure in the back are now available. Please contact Rivka Dushoff-Tobin at 314-397-3931 if you need to borrow one.
- Whether for a simcha or condolences the Chessed Committee is there to help and you can too by contributing toward the Chessed Fund for all future needs. Checks can be made out to NHBZ with a memo for the Chessed Fund. Another option is to pickup Rose Ragin cards (5 for \$25) which helps support the Chessed Committee and all they do.
- Rabbi Emeritus Ze'ev Smason has a new weekly inspirational message titled Spiritual Sparks. Each inspirational message, sent by email, contains ideas originating in timeless Torah sources that have guided Jews for generations, and continue to inform our search for meaning, connection and spirituality. Want to receive Spiritual Spark? Email Rabbi Smason at Spiritualsparksnewsletter@gmail.com or Pepshort613@gmail.com



The minyan men of NHBZ have donated a new siddur for the "shaliach tzibur" / daily davener at minyan. Please consider a donation of \$18 or any amount in appreciation of Rabbi Dov Nimchinsky and Rabbi Shimmy Fried and their dedicated minyan leadership this past year.



HELP OUR SHUL & MAKE \$\$

- ☐ Do you have good communication skills?
- ☐ Do you like to talk during Services? 😊
- ☐ Do you prefer working remotely from home?
- ☐ Do you like flexible hours?

WE HAVE A JOB FOR YOU!
Contact **Menachem Szus** for more info:
menachem@alonsystems.com

July Tributes

In Memory of:

Marvin Greenberg
The Morgenszterns
Denny & Amy Feit
Craig & Jackie Berkin
Irwin & Arlene Fredman
Fran Reisler
Fran Hoffman
Alan & Vivian Zarkowsky
Feigenbaum/Pepose Family
Debbie & Jesse Barash
Howard & Phyllis Loiterstein
Ephraim & Michelle Mufson
Meira & Shaul Ganel

Henry Schnitzer
The Morgenszterns
Denny & Amy Feit
Shirley Bluestein
Feigenbaum/Pepose Family
Debbie & Jesse Barash
Howard & Phyllis Loiterstein
Ephraim & Michelle Mufson
Meira & Shaul Ganel
Earl Salsman

In Memory of:

Larry Abrams
Craig & Jackie Berkin

Helen McCary
Howard & Phyllis Loiterstein
Ephraim & Michelle Mufson
Feigenbaum/Pepose Family
Amy & Denny Feit
Jeff & Terri Schnitzer
Meira & Shaul Ganel

Roger Brockman
Howard & Phyllis Loiterstein

Jimmy Ellis
Fran Hoffman

Mazel Tov:

Morissa & Flavio on Their Marriage
Craig & Jackie Berkin
The Morgenszterns
Ephraim & Michelle Mufson

Refuah Shelaima:

Peggy Umansky
Faye & Brian McCary, & Barbara Swerdlin

Happy Anniversary:

Meira & Shaul Ganel
Feigenbaum/Pepose Family

Debbie & Brian Sher
Feigenbaum/Pepose Family

Happy Birthday:

Chazzan Murray Hochberg
Feigenbaum/Pepose Family

Anna Rose Tendler
Feigenbaum/Pepose Family

Mark Ragin
Feigenbaum/Pepose Family

Boris Yasinev
Feigenbaum/Pepose Family

Charlene Kass
Feigenbaum/Pepose Family

Sandy Kahn
Feigenbaum/Pepose Family

Craig Feenberg
Feigenbaum/Pepose Family

9 Days & Tisha B'Av

Rosh Chodesh Av occurs on Shabbos, July 26. This begins a period of time known as the '9 Days.' The first nine days of the month of Av, and also the morning of the tenth, are days of acute mourning for the destruction of the first and second Holy Temples. In addition to the restrictions that apply to the entire three-week period, during this time we refrain from the following additional joyous activities:

- Eating meat and drinking wine (except for Shabbos)
- Laundering clothing,
- Swimming or bathing for pleasure
- Remodeling or expanding a home.
- Hair cut or Shaving

On Tisha B'Av :

- We don't sit on a chair (like mourners during Shiva) until Chatzos (1:07 PM) on Tisha B'Av day
- No showering or washing for pleasure, if one gets dirty they can do minimal cleaning
- We do not wear leather shoes, it can be comfortable shoes just make sure there is no leather
- No eating or drinking until the fast concludes
- Physical Intimacy is prohibited on Tisha B'Av
- Spreading of lotion, creams, and use of perfumes are prohibited unless medicinal

If someone is unsure about their ability to fast please reach out to Rabbi David #314-920-9270

Prohibitions of the 9 days should be observed until Monday at Chatzos (1:07 PM)



THE SISTERHOOD SCOOP

AUGUST 2



Volume 8

Number 30

8 Av 5785

August 2, 2025

Book Club News

Thank you to all who joined Sisterhood's Book Club discussion of **"90 Seconds: The Epic Story of Eli Beer and United Hatzalah,"** by Rabbi Nachman Seltzer, on Sunday, July 27, prior to Pizza Night. Learning about the personal account of Eli Beer and the history of United Hatzalah shows the impact one person can have on the lives of so many others.

The next book selection is ***The Whisper Sister***, by Jennifer S. Brown, a novel set in the Lower East Side of New York during the years of Prohibition (1920-1933). The discussion will be **Monday, September 15, 7:15-8:45PM.**



Location TBA

For more information contact **Fran Alper** at: fran.alper@outlook.com or sisterhood@nhbz.org

The Leader-as-Teacher

“In Devarim, Moses gave the people their Why. They are G-d's people, the nation on whom He has set his love, the people He rescued from slavery and gave, in the form of the commandments, the constitution of liberty. They may be small but they are unique. They are the people who, in themselves, testify to something beyond themselves. They are the people whose fate will defy the normal laws of history. Other nations, says Moses, will recognise the miraculous nature of the Jewish story – and so, from Blaise Pascal to Nikolai Berdyaev and beyond, they did. In the last month of his life Moses ceased to be the liberator, the miracle-worker and redeemer, and became instead Moshe Rabbeinu, “Moses, our teacher.” He was the first instance in history of a leadership type in which Jews have excelled: the leader-as-teacher.” – **Rabbi Lord Jonathan Sacks, ZT”L**

The Leader as Teacher (Devarim, Lessons in Leadership, Covenant & Conversation)

SHABBOS CHAZON: Rebuke to Reward

This Shabbat is called Shabbat Chazon (Shabbat of Vision), named for the *haftarah*, the vision of Isaiah.

The Torah reading starts with a rebuke of the Jewish people, Moses lectures them on many of their failings. It ends, however, on a positive note. Moses tells them that when they enter the Promised Land and go up against Canaanites, they should not fear, because G-d will fight for them.

So, too, in the *haftarah*, Isaiah starts his vision with a rebuke, only to turn around and end on a positive note “Zion will be redeemed through justice ...”

These readings are always read on the Shabbat before 9 Av, the saddest day on the Jewish calendar, commemorating the destruction of our Holy Temples in Jerusalem and much more.

The rebukes in our parshah and *haftarah* seem to fit the theme of 9 Av, but how does the positive ending fit?

Perhaps they are there to teach us that although 9 Av is a sad day, all that sadness has a positive purpose. None of the suffering was in vain. We will one day see with clarity how our efforts and suffering brought about the ultimate redemption.

This helps answer a second question.

When Moshiach comes, 9 Av will be celebrated as a happy day. Why? True, all sadness will end, but its history remains a sad one. So why celebrate? We will be joyous because we will see the positive outcome of all the events that now appear so negative.

Each of us finds ourselves in difficult situations from time to time. It's hard to see the positive in it. But if you stop and recognize that G-d placed you in that specific situation, you will realize that there must be a positive purpose. Though you might not be aware of what the purpose is, you will still be able to keep upbeat and positive.

– **Rabbi Yitzi Hurwitz**, WWW.CHABAD.ORG

Tisha B'Av, the 9th day of the month of Av, is the saddest day on the Jewish calendar, on which we fast, deprive ourselves, and pray. It is the culmination of the Three Weeks marking the destruction of the 1st and 2nd Holy Temples in Jerusalem, the expulsion of Jews from Spain in 1492, the start of WWI, the deportation of the Warsaw ghetto in 1942, and other national calamities that occurred at this time throughout history.

Now, more than ever, we must bear witness...

In Commemoration of Tisha B'Av
A SPECIAL SCREENING OF
AWARD-WINNING DOCUMENTARY
THE SURVIVOR'S REVENGE

**SUNDAY
AUGUST 3,
2025**

2 - 4PM

**ST. LOUIS KAPLAN
FELDMAN HOLOCAUST
MUSEUM**

36 MILLSTONE CAMPUS DR.
ST. LOUIS, MO 63146

***Generously sponsored by
Gloria Feldman in loving
memory of her husband,
Rubin, of blessed memory.***

Meaningful Discussion
following the film with
Rabbi Shmuel Greenwald



WATCH THE TRAILER

jroots.org/thesurvivorsrevenge

Parental discretion advised for ages 13+

RESERVATIONS REQUIRED:
CGOLDSTEIN@AISHSTL.COM

THE STORY
SCHINDLER'S LIST
COULDN'T TELL
HOLOCAUST SURVIVOR &
NAZI-HUNTER
JOSEF LEWKOWICZ z"l

JOSEF
The Survivor's
Revenge

AS TOLD IN
SUNDAY TIMES
BESTSELLER
'THE SURVIVOR'

LIBERATION OF ELZENAU CONCENTRATION CAMP, MAY 1945. JOSEF'S RETURN, JULY 2019

OFFICIAL SELECTION
Cinematic European
Film Festival
2024

OFFICIAL SELECTION
Accolade Global
Film Competition
2024

WINNER
Accolade Global
Film Competition
2024

BEST DOCUMENTARY
Eastern Europe
Film Festival
2024

OFFICIAL SELECTION
Crescent Point
International Film
Festival
2024

JROOTS AND LEGACY LIVE PRODUCTIONS PRESENT THE SURVIVOR'S REVENGE THE ONLY FIRST-HAND ACCOUNT BY JOSEF LEWKOWICZ
EXECUTIVE PRODUCER NAFTALI SCHIFF ASSISTANT PRODUCERS DEBRA SOBEL AND ILANA EPSTEIN AND NATALIA SEGERMAN AND SORANA HOWARD
PRODUCED BY NAFTALI SCHIFF DIRECTED BY JONATHAN KALMIUS

aish
St Louis
FIRE OF THE TORAH

J»ROOTS

**jewish
futures**

Nusach Hari
B'nai Zion

SUMMER FUN WITH NHBZ

A CELEBRATION OF SUMMER SEASON

JUNE-SEPTEMBER EVENTS

JUNE

~~21 - GRADUATION KIDDUSH~~
~~28 - JUNE BIRTHDAYS KIDDUSH~~
~~29 - TEFILLIN WRAPPING & BREAKFAST~~
~~29 - PIZZA NIGHT~~

JULY

~~1 - UNITED HATZALAH SPEAKER~~
~~26 - JULY BIRTHDAYS KIDDUSH~~
~~27 - SISTERHOOD BOOK CLUB~~
~~27 - PIZZA NIGHT~~

AUGUST

8 - SHABBAT DINNER
9 - THE ARI KIDDUSH
CARDINALS GAME (POSTPONED)
24 - WAFFLE BREAKFAST
30 - AUGUST BIRTHDAYS KIDDUSH

SEPTEMBER

6 - SYNAPLEX
14 - NHBZ AND FRIENDS COMMUNITY PICNIC

MARK YOUR CALENDARS

ALL INFORMATION WILL BE SENT OUT CLOSER TO THE EVENTS





THE ARI SHABBAT AUGUST 8-9, 2025

PLEASE JOIN US AS WE COMMEMORATE THE YAHRTZEIT OF
ISAAC LURIA, "THE HOLY ARI,"

FOUNDER OF MODERN KABBALAH AND AUTHOR OF "NUSACH H'ARI"

AN EVENING OF SOUL-SOARING MUSIC AND DINNER FOR THE WHOLE FAMILY!

FRIDAY NIGHT SCHEDULE

Mincha

6:15 PM

Kabbalat Shabbat led by
Rabbi Natanel Greenwald
(Welcoming the Sabbath)

Weather permitting, and as was the custom of
The Ari, we will welcome Shabbat outdoors, on
the Kaiser Terrace

Festive Shabbat Dinner
(RSVPs Required)

Following
Services
Approx. 7 PM

Costs: Adult - \$18

Children 5-12 - \$10

Children 4 & Under - Free

RSVP for the Friday Night Dinner [Here](#)
or contact the shul by August 5th

SHABBOS DAY SCHEDULE

Shacharis

9:00 AM

Soul Building with
Guest Speaker

10:00 AM

Rabbi Daniel Sentell

"Torah Laws 'They' Don't Want
You To Know"

Kiddush Lunch
with Guest Speaker

Following
Services

Rabbi Avi Bin-Nun

"All For One and One for All:
Why what Each of Us Does Matters"



LOCATION: 650 N. PRICE RD

ALL EVENTS ARE FREE AND OPEN TO THE PUBLIC.
PLEASE INVITE YOUR FRIENDS AND FAMILY.
HOME HOSPITALITY FOR THE WEEKEND
IS AVAILABLE.

PLEASE CONTACT OFFICE@NHBZ.ORG
WITH ANY QUESTIONS





SUNDAY, AUGUST 24, 2025

Delicious Waffle Breakfast

**COME ENJOY A
WAFFLE AND SO MUCH
MORE* ON NATIONAL
WAFFLE DAY**

Adults (13+) \$10

Kids (4-12) \$6

Kids 3 and under free

**LOCATION: 650 N. PRICE RD
TIME: 10 AM -12 PM**

**First come, first served. Open to the entire Jewish
community, so bring your friends and family.**

*Menu includes: All you can eat waffles (+ syrups and dessert toppings), pancakes, bagels, hash browns, whitefish salad, scrambled eggs, lox, cereal, yogurt and much more!



EXCITING NEW
ADDITION!
A FOAM PARTY
FUN FOR ALL AGES

*Nusach Hari
B'nai Zion*

PICNIC IN THE LOT

KIDS ACTIVITIES | CAR SHOW | BBQ

Gather your friends, family, and loved ones for a delightful day filled with laughter, delicious food, and the beauty of the great outdoors!

Make sure to bring your appetite as there will be hamburger (\$5), veggie burger (\$5), and hot dog (\$3) plates for sale and free snow cones to keep you cool in the St. Louis heat!

LOCATION: NHBZ PARKING LOT (650 N.PRICE RD)

DATE: SUNDAY, SEPTEMBER 14, 2025

TIME: 4-7PM

