



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 22-23, 2025

Candle Lighting 7:27 PM

Parshas Re'eh

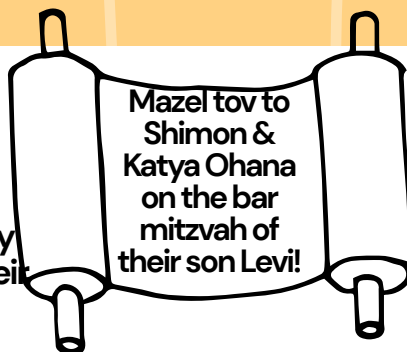
28- 29 Av 5785

Shabbos Concludes 8:26 PM

Announcements

The bulletin this week is sponsored by Debbie & Jesse Barash in honor of their 47th wedding anniversary.

Lunch this week is sponsored by Shimon & Katya Ohana in honor of their son Levi's bar mitzvah.



Prayer Times

Friday, August 22

Mincha/Maariv 7:00 PM

Candle Lighting 7:27 PM

Shabbos, August 23

Shachris/Mussaf 9:00 AM

Latest Shema Time 9:43 AM

Mincha 7:05 PM

Shalosh Seudos and Learn after Mincha

Shabbos Concludes 8:26 PM

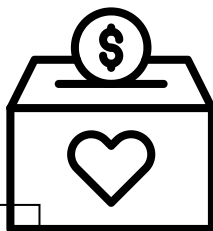
Shabbos Programming

Soul Building with Rabbi Feigenbaum 10:00 AM
"Where Purpose Meets Possibility"

Childcare
10:00-11:30 AM

Torah Portions

Torah Reading Deuteronomy 11:26-16:17	998-1022
Haftorah: Isaiah 54:11-55:5 Third Paragraph on Page for Shabbos Erev Rosh Chodesh	1199 & 1214



Minyan Times August 24-30

	Sun Aug 24 Rosh Chodesh	Mon Aug 25 Rosh Chodesh	Tues Aug 26	Wed Aug 27	Thurs Aug 28	Fri Aug 29	Shabbos Aug 30
Shacharis	8:00	6:45	7:00	7:00	7:00	7:00	9:00
Mincha/ Maariv	6:00	6:00	6:00	6:00	6:00	7:00	6:55

Nusach Hari B'nai Zion Congregation • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Yahrzeits Observed This Week

Thurs eve Aug 21 - Fri Aug 22
28 Av - Kevin Scott Rosen

Fri eve Aug 22 - Sat Aug 23
29 Av - Frank Steinberg
29 Av - Hannah Pepose

Sun eve Aug 24 - Mon Aug 25
1 Elul - Selma Levine

Mon eve Aug 25 - Tues Aug 26
2 Elul - Sidney Weisberg

Wed eve Aug 27 - Thurs Aug 28
4 Elul - Samuel Tolpen

Happy Birthday!

Beatrice Epstein - August 22
Debbie Sher - August 22
Allison Feit - August 24
Jonathan Yasinev - August 24

Happy Anniversary!

David & Norma Rubin – August 21
Rabbi & Leia Rubin – August 24
Jesse & Debbie Barash – August 27

Upcoming Events

August 28 - Women's Class with Mrs. Leia Rubin
10:00 AM

August 30 - Birthday Kiddush

September 13 - Reisler Kiddush

Ongoing Classes

Sundays
Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays - Not in August
Partners in Torah
8:00-9:00 PM

Tuesdays
Rabbi Sentell's "Chumash in the Original"
12:00-12:45 PM

Wednesdays
Rabbi Feigenbaum's "The Torah's Wisdom
For Our Everyday Life"
6:15 PM Downstairs

Thursdays
Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays
Rabbi Smason's "The Book of Judges"
Zoom Class 3:15 PM

[https://us04web.zoom.us/j/78974795850?
pwd=tw7lIOVumZ8QeIPxHvApYZsox8VU
em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QeIPxHvApYZsox8VUem.1)

Thank You!

Thank you to all who stepped up and
volunteered in the office while Devorah was on
vacation!

A special thank you to:
Faith, Joni, Margo, Meira, Sari, Stella, & Terri

Extra Notices

Next Week!: A Campaign to Uphold Jewish Burial Traditions

Cremation is on the rise among Jews. Yet for millennia, Jewish tradition has held that burial is a sacred mitzvah, honoring the soul and affirming our belief in its eternal journey. On August 26–27, the St. Louis Jewish Burial Foundation will launch a two-day online fundraising campaign to help ensure that the St. Louis Jewish community is educated about the importance of a traditional halachic burial — a final act of kindness reflecting dignity, and compassion.

We are a volunteer-led nonprofit committed to reversing the trend toward cremation through outreach, advertising, and speaking engagements. Our mission is simple: to preserve the timeless values of Jewish burial and make them accessible to all.

- Tznius hospital gowns, with snaps up the long sleeves for iv access, and modest closure in the back are now available. Please contact Rivka Dushoff-Tobin at 314-397-3931 if you need to borrow one.
- Whether for a simcha or condolences the Chessed Committee is there to help and you can too by contributing toward the Chessed Fund for all future needs. Checks can be made out to NHBZ with a memo for the Chessed Fund. Another option is to pickup Rose Ragin cards (5 for \$25) which helps support the Chessed Committee and all they do.
- Rabbi Emeritus Ze'ev Smason has a new weekly inspirational message titled Spiritual Sparks. Each inspirational message, sent by email, contains ideas originating in timeless Torah sources that have guided Jews for generations, and continue to inform our search for meaning, connection and spirituality. Want to receive Spiritual Spark? Email Rabbi Smason at Spiritualsparksnewsletter@gmail.com or Pepshort613@gmail.com

The Holidays are Coming... The Holidays are Coming... The Holidays are Coming...

A Good and Sweet Year
Shana Tova Umetukah



NHBZ's High Holiday Newsletter is coming soon. Watch for your newsletter & these **deadlines**:

- Submit your Sisterhood New Year Greeting by **September 5**
- Submit names for Yizkor Book by **September 5**
- Reserve your HH seat by **September 8**
- Order lulav & esrog by **September 15**
- Begin your Holiday Preparations **NOW!**



Classifieds
HELP WANTED!

HELP OUR SHUL & MAKE \$\$

- ☐ Do you have good communication skills?
- ☐ Do you like to talk during Services? 😊
- ☐ Do you prefer working remotely from home?
- ☐ Do you like flexible hours?

WE HAVE A JOB FOR YOU!
Contact **Menachem Szus** for more info:
menachem@alonsystems.com



THE SISTERHOOD SCOOP

AUGUST 23



Volume 8

Number 33

29 Av 5785

August 23, 2025

Sisterhood wishes Mazel Tov to **LEVI OHANA** on becoming a Bar Mitzvah.

Book Club News

The next book selection for NHBZ's Sisterhood Book Club is ***The Whisper Sister***, by Jennifer Brown. It's a coming-of-age novel set in the Lower East Side of New York during the ruthless years of Prohibition (1920-1933).



The discussion will be **Monday, September 15 at 7:15-8:45 PM.** **Sallie Volotzky** will host the group and **Myra Radinsky** will lead the discussion.

To RSVP, get directions, or more information, contact **Fran Alper** at: fran.alper@outlook.com or sisterhood@nhbz.org. Or contact Sallie Volotzky

Moses Ascends Sinai for 3rd Time

On the early morning of the 1st of Elul of the year 2448 from creation (1313 BCE) Moses ascended Mount Sinai, taking with him the stone tablets he had hewn by divine command, for G-d to re-inscribe the Ten Commandments. On the mountain, G-d allowed Moses to "see My back, but not My face" (which Maimonides interprets as a perception of G-d's reality but not His essence) -- the closest any human being ever came to knowing G-d -- and taught him the secret of His "Thirteen Attributes of Mercy" (Exodus 33:18-34:8).

Moses remained on the mountain for 40 days, until the 10th of Tishrei (Yom Kippur), during which time He obtained G-d's whole-hearted forgiveness and reconciliation with the people of Israel following their betrayal of the covenant between them with their worship of the Golden Calf. This was the third of Moses' three 40-day periods on Mount Sinai in connection with the Giving of the Torah. Ever since, the month of Elul serves as the "month of Divine mercy and forgiveness."

— www.chabad.org

RE'EH: A Choice of Choices

"See, I have placed before you blessing and curse." Thus opens this week's Torah reading of Re'eh (Deuteronomy 11:26-16:17), as Moses reiterates, once again, the doctrine of Free Choice.

Freedom of choice. Without which, as Maimonides reminds us, religion is meaningless, morality a non-concept, a Torah superfluous.

In fact, not only have we been granted a free choice between good and evil, but also the option of which level on which to make this choice. A choice of choices, if you will:

a) There is good and there is evil. Blessing and curse, light and darkness. G-d created both. We choose which of the two, or whichever combination thereof, shall define our existence.

b) In truth, there is only good. G-d is the source of all reality; and since G-d is the essence of good, only good is real. Just as there's no such thing as darkness—only light or its absence (which we call "darkness")--so too, there is only good or its absence. Or rather—since no place is devoid of His presence—good or its concealment. So, the choice between good and evil is not a choice between two realities, but a choice between being and non-being, between reality and illusion.

c) Since "choice," by definition, is the free and uninhibited assertion of will; and since the intrinsic will of the human soul is for life and well-being; the only true choice there can be is the choice of good. But we have been granted freedom of choice, which means that we can choose not to choose; what we call "freedom of choice" is in fact the choice to exercise choice or to abnegate choice. When we do assert our true will—when we do choose—we invariably choose good.

Which is it—a, b, or c? That's up to you. That is the true meaning of "free choice": not that you may merely chose between two or more options presented to you by a higher authority, but that it is you who determines the level of reality upon which your conscious life unfolds. It is you who determines the distance between your life and its Source, and thus the form which "Free Choice" takes in your experience.

Choose your choice.

— **Yanki Tauber**, www.chabad.org

The Holidays are Coming...

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2025 ☆ 5786

Rosh Chodesh Elul is August 25

Erev Rosh Hashanah is September 22

Erev Yom Kippur is October 1

High Holiday Seating

Rosh Hashanah is just around the corner! All full members of NHBZ are entitled to request a reserved seat for the High Holidays, to come and go as much as needed.

If you had a reserved seat last year and are happy with it, you are good to go! If you were not entirely happy with your seat last year (too noisy? too cold? too close to the front?) you can request a change! If you are a new member and you want a reserved seat, we can help you pick one to your liking. Please contact Lenny Alper at lenny.alper@outlook.com to review your seating options or contact Devorah at office@nhbz.org. **Deadline to reserve seats: Mon., September 8.**

Yizkor Book of Remembrance

Watch your mail for information about this year's Yizkor Book. As in the past, we will request a \$10 donation for each name listed (or group, such as "and family") in the published Book of Remembrance, and an additional \$36 donation for each name read aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Pesach, and Shavuot. **Deadline to submit Yizkor names: Friday, September 5.**

Sisterhood's New Year Greetings Fundraiser

Everyone is invited to participate in Sisterhood's annual New Year Greetings fundraiser to wish "**L'Shana Tova Tikatevu**" to everyone in our NHBZ family! Simply send your donation (\$10 minimum / NO max) to NHBZ Sisterhood and **your name** will be published in the 5785 Rosh Hashanah Bulletin! Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects. **Deadline to submit your name and donation: Friday, September 5.**

Lulav & Esrog Sets

It is also time to place your orders for Lulav & Esrog sets. Please email your orders to Devorah at office@nhbz.org, or call 314-991-2100, ext. 2. Be sure to leave your name, call back phone number, and your order.

Prices below are estimated based on last year. Confirm actual price when you place order.

- Basic Lulav & Esrog set \$60
- Standard Lulav & Esrog set \$70
- Deluxe Lulav & Esrog set \$80
- Premium Lulav & Esrog set \$95

All orders must be received and paid for on or before **Friday, September 5, 2025.**

No exceptions, as order will be placed first thing Monday morning, September 8.

Begin your Holiday Preparations NOW!

RESERVED



High Holiday Seating

It is now mid-Summer, and Rosh Hashanah is just around the corner!

One of the benefits of Full Membership at NHBZ is having the option to reserve a seat for Rosh Hashanah and Yom Kippur. We offer reserved seats to **Full Members** so that they can be sure to sit with friends and family and can come and go throughout services while being confident that they can return to the same seat. *To guarantee a reserved seat, please make sure that your dues are paid or that you have a payment plan in place.*

As a full member, you may choose a specific seat to reserve, or, if you prefer, you may sit in any unreserved seat. There are enough seats to ensure that all Full Members have a seat.

~ Seats will be reserved only upon request ~

- If you had a reserved seat last year, and want the same seat, you need do nothing
- **If** you had a reserved seat last year, and want a different seat or no seat this year,
OR
- **If** you did *not* have a reserved seat last year, but want one this year,
OR
- **If** you are a **new Full Member** and want a reserved seat for this year,
OR
- **If** you were not a logic major and are confused by the above....

then, please contact Lenny Alper at lenny.alper@outlook.com or Devorah Yasinev at office@nhbz.org **by 5:00 pm Friday, September 8** and we can help you **reserve the same seat as last, or pick a new seat** to your liking. Your seat will be marked as reserved. If you do not want a reserved seat, you do not need to contact us, and you may sit in any seat ***that is not marked as reserved.***

***If you want a reserved seat, you must contact us
by 5:00 pm Friday, September 8***



Dear Friends,

Each year before Yom Kippur, **NHBZ** offers two ways to memorialize your loved ones throughout the year. You can list their names in the **Book of Remembrance (Yizkor Book)** that we publish each year, and you can add their names to the **List of Names Read Aloud** during the recitation of the Yizkor prayer, or both.

We are starting to work on the Book of Remembrance now and ask that you send us your requests by **Sunday, September 5**, in one of three ways:

1. Call Devorah in the office at 991-2100 Ext. 2
2. Send email to office@nhbz.org, with all relevant information listed below
3. Complete the form below and send it to NHBZ, 650 N. Price Rd, 63132

We request a \$10 donation for each name listed (or group, such as "and family") in the **Book of Remembrance**, and an additional \$36 donation for each **Name Read Aloud** during Yizkor. The Book of Remembrance is used throughout the year on Yom Kippur, Shemini Atzeres, Pesach and Shavuot, after which you may take one home.

You can donate in one of three ways:

1. Mail a check to the office
2. Go to www.nhbz.org/support-nhbz/ to pay online
3. Call the office to transfer money from your account

If you are reading this in email, and you want to review the names listed last year, we have attached the memorial pages from the 2024 **Book of Remembrance** to this email.

2025 / 5786 NHBZ Book of Remembrance & List of Names Read Aloud

Your Name _____

1. NAMES FOR 2025 YIZKOR BOOK OF REMEMBRANCE ~ \$ 10.00 per name

I will donate \$_____ to have the following names inscribed in the 2025 **BOOK OF REMEMBRANCE** to be used for Yizkor Services.

To list the **SAME NAMES AS LAST YEAR**, check here _____

Names for 2025 Book of Remembrance (add additional names on back)

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____

2. NAMES TO BE READ ALOUD DURING YIZKOR SERVICE ~ \$36.00 per name

I will donate \$_____ to have the following names **READ ALOUD** during Yizkor Services.

To read the **SAME NAMES AS LAST YEAR**, check here _____

Names to be Read Aloud during Yizkor (add additional names on back)

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____



New Year Greetings

fundraiser

The **NHBZ Sisterhood** wishes you
Health, Happiness & Prosperity in the New Year...

**...and invites you to wish *L'Shana Tova Tikatevu*
to everyone in our NHBZ family!**

Make your check payable to **NHBZ** – write 'Sisterhood Greeting' on the
memo line – suggested minimum donation is \$10 per name – no maximum!

Your name will be published in the 5786 Rosh Hashanah Bulletin

Send your contribution, along with the form below, **by September 5** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or you may email your greeting information directly to bookkeeper@nhbz.org
or visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5786 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ [suggested minimum donation is \$10 per name – no maximum!]

Please list my name as follows:

Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

Wishing you a Good and Sweet Year!

