



# NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 15-16 2025  
Candle Lighting 7:37 PM

**Parshas Eikev**

21-22 Av 5785  
Shabbos Concludes 8:37 PM

Welcome Rabbi & Mrs. Rubin and Family to the NHBZ Family, we wish you much hatzlacha in your transition to our community!

## Announcements

- Lunch this week is sponsored by Irwin & Arlene Fredman in honor of their 60<sup>th</sup> wedding anniversary
- The bulletin this week is sponsored by Lenny and Fran Alper, in honor of their friend, Joel Ehrlich who, with gratitude to Hashem, will celebrate a special birthday on August 20.
- Sunday, August 17<sup>th</sup> at 10:00 AM, a monument dedication for Adeline Eisenberg, mother of Don (and Julie) Eisenberg, will be at Chesed Shel Emes Cemetery, White Rd.
- Sunday August 17<sup>th</sup> 11:30 AM, a monument dedication for Phillip Shifren, late husband of Aileen Shifren, will be at Chevra Kadisha Cemetery

## Shabbos Programming

Soul Building with Rabbi Feigenbaum 10:00 AM  
"Soul in the Storm: Charting Purpose in a Crazy World"

## Prayer Times

**Friday, August 15**

Mincha/Maariv 7:00 PM

Candle Lighting 7:37 PM

**Shabbos, August 16**

Shachris/Mussaf 9:00 AM

Mincha 7:15 PM

Shalosh Seudos and Learn  
after Mincha

Shabbos Concludes 8:37 PM

No Childcare For The Summer

## Torah Portions



Torah Reading Deuteronomy 7:12-11:25	980-997
Haftorah: Isaiah 49:14 - 51:3	1197-1199

## Minyan Times August 17-23

	Sun Aug 17	Mon Aug 18	Tues Aug 19	Wed Aug 20	Thurs Aug 21	Fri Aug 22	Shabbos Aug 23
Shacharis	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/ Maariv	7:00	7:00	7:00	7:00	7:00	7:00	7:05

Nusach Hari B'nai Zion Congregation • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus  
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: [www.nhbz.org](http://www.nhbz.org)

# Congregation News

## Yahrzeits Observed This Week

Thurs eve Aug 14 - Fri Aug 15  
21 Av - Rosalia Mekel  
Wed eve Aug 20 - Thurs Aug 21  
27 Av - Abraham Brown

## Happy Birthday!

Robert Levine – August 16  
Michael Morgensztern – August 16  
David Rubin – August 16  
Nancy Rush – August 18  
Marcie Brook – August 19  
Leonid Vladimirov – August 19  
Joel Ehrlich – August 20

## Happy Anniversary!

Robert & Sandra Abrams – August 15  
Ari & Lila Belasen – August 17  
Alan & Janet Haber – August 19  
Ephraim & Michelle Mufson – August 20  
Reuven & Margo Tzadok – August 20  
David & Norma Rubin – August 21

## Upcoming Kiddushim

August 23 - Ohana Bar Mitzvah

August 30 - Birthday Kiddush

September 13 - Reisler Kiddush

## Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"  
after Shacharis

Mondays - Not in August  
Partners in Torah  
8:00-9:00 PM

**Monday**

Rabbi Sentell's "Chumash in the  
Original"  
7:45-8:30 PM

**\*Note Change For this Week\***

Wednesdays

Rabbi Feigenbaum's "The Torah's  
Wisdom For Our Everyday Life"  
6:15 PM Downstairs

Thursdays

Rabbi Hess's Amud-a-Week  
after Maariv

Mondays-Thursdays

Rabbi Smason's "The Book of  
Judges"

Zoom Class 3:15 PM

[https://us04web.zoom.us/j/78974795850?  
pwd=tw7lIOVumZ8QeIPxHvApYZsox8VU  
em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QeIPxHvApYZsox8VUem.1)

## Extra Notices

- Coming Soon: A Campaign to Uphold Jewish Burial Traditions**

Cremation is on the rise among Jews. Yet for millennia, Jewish tradition has held that burial is a sacred mitzvah, honoring the soul and affirming our belief in its eternal journey. On August 26–27, the St. Louis Jewish Burial Foundation will launch a two-day online fundraising campaign to help ensure that the St. Louis Jewish community is educated about the importance of a traditional halachic burial — a final act of kindness reflecting dignity, and compassion.

We are a volunteer-led nonprofit committed to reversing the trend toward cremation through outreach, advertising, and speaking engagements. Our mission is simple: to preserve the timeless values of Jewish burial and make them accessible to all.

Further details to follow in the next two weeks.
- Tznius hospital gowns, with snaps up the long sleeves for iv access, and modest closure in the back are now available. Please contact Rivka Dushoff-Tobin at 314-397-3931 if you need to borrow one.
- Whether for a simcha or condolences the Chessed Committee is there to help and you can too by contributing toward the Chessed Fund for all future needs. Checks can be made out to NHBZ with a memo for the Chessed Fund. Another option is to pickup Rose Ragin cards (5 for \$25) which helps support the Chessed Committee and all they do.
- Rabbi Emeritus Ze'ev Smason has a new weekly inspirational message titled Spiritual Sparks. Each inspirational message, sent by email, contains ideas originating in timeless Torah sources that have guided Jews for generations, and continue to inform our search for meaning, connection and spirituality. Want to receive Spiritual Spark? Email Rabbi Smason at [Spiritualsparksnewsletter@gmail.com](mailto:Spiritualsparksnewsletter@gmail.com) or [Pepshort613@gmail.com](mailto:Pepshort613@gmail.com)

***The Holidays are Coming... The Holidays are Coming... The Holidays are Coming...***

**A Good and Sweet Year**  
Shana Tova Umetukah



NHBZ's High Holiday Newsletter is coming soon. Watch for your newsletter & these **deadlines**:

- Submit your Sisterhood New Year Greeting by **September 2**
- Submit names for Yizkor Book by **September 2**
- Reserve your HH seat by **September 5**
- Order lulav & esrog by **September 15**
- Begin your Holiday Preparations **NOW!**



*The* Classifieds

**HELP WANTED!**

**HELP OUR SHUL & MAKE \$\$**

- ☐ Do you have good communication skills?
- ☐ Do you like to talk during Services? 🗣️
- ☐ Do you prefer working remotely from home?
- ☐ Do you like flexible hours?

**WE HAVE A JOB FOR YOU!**

Contact **Menachem Szus** for more info:  
[menachem@alonsystems.com](mailto:menachem@alonsystems.com)





# THE SISTERHOOD SCOOP

# AUGUST 16



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## Book Club News

**Thank you to all** who continue to participate in NHBZ's Sisterhood Book Club and volunteer to lead the discussions, suggest book titles, and host our book club group at your home.

We look forward to our next book ***The Whisper Sister***, by Jennifer S. Brown, a coming-of-age novel set in the Lower East Side of New York during the ruthless years of Prohibition (1920-1933).



The discussion will be **Monday, Sept. 15 at 7:15-8:45 pm**. Location TBA

For more information contact **Fran Alper** at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

**Sisterhood Welcomes  
Rabbi Aron & Leia Rubin  
& Eitan, Yedidya, and Atara to NHBZ!**



## EIKEV: The Challenge of Scripted Prayers

The Biblical commandment of prayer is worded as an enjoiner to serve G-d with "all our hearts"—which the Sages understood to be a commandment to pray. Originally, everyone offered personalized prayers, employing words which expressed their unique feelings. And as feelings fluctuate, so did every individual's personal prayers fluctuate on a daily basis. Eventually, the Men of the Great Assembly instituted uniform prayer for all Jews, creating the basic text of the prayer book which is used to this very day.

But can a person's relationship with his Creator be scripted? Is it possible to dictate the feelings one should be expressing to G-d?

In the teachings of Chassidut, words are considered to be "vessels"—vessels for the feelings and thoughts which generate them. Two people can say the exact same words, words which seemingly express the same sentiment, but only the "vessel" is the same, the emotions behind the words can be worlds apart. Two people can tell their spouses, "I love you"; does that mean that their love is the same, in either quantity or quality? Obviously not.

We live in a world largely obsessed with external trappings. Everything is judged by its most revealed dimension, while the essence goes unnoticed. Uniqueness is expressed through a nose-ring or sports car, not through emphasizing character and wisdom. Sometimes it is necessary to have two items which are externally alike in order to appreciate the profound contrast which actually exists between the two.

The challenge we have is to create a personal prayer filled with personal feelings and sentiments — while using the same words as the person sitting next to us in the synagogue. This means truly immersing oneself in the prayer, for if the vessels are empty, if the words lack a backing of feelings and concentration, then the prayer which is being offered is actually no different than the prayer of every other John Doe.

And G-d loves unique prayers... —**Rabbi Naftali Silberberg**, [www.chabad.org](http://www.chabad.org)

## Leading and Listening

**“Why would G-d choose to lead the Jewish people a man who found it hard to speak? Perhaps because one who cannot speak learns how to listen. A leader is one who knows how to listen: to the unspoken cry of others and to the still, small voice of G-d.”**

— **Rabbi Lord Jonathan Sacks, ZT"l**

*To Lead is to Listen (Eikev, Lessons in Leadership, Covenant & Conversation)*

## The Power of a Blessing

This week's Torah reading contains the verses: *“What does G-d, your L-rd, ask of you? Only to fear G-d . . . to walk in His ways and to love Him.”* Our sages interpret the quote non-literally, noting that the Hebrew word **מה**, translated as “what,” resembles the word **מאה**, meaning one hundred. This is the source for the injunction for each person to recite one hundred blessings every day.

— *excerpted from [www.chabad.org](http://www.chabad.org)*



Nusach Hari  
B'nai Zion

# SUMMER FUN WITH NHBZ

A CELEBRATION OF SUMMER SEASON

## JUNE-SEPTEMBER EVENTS

### JUNE

~~21 - GRADUATION KIDDUSH~~  
~~28 - JUNE BIRTHDAYS KIDDUSH~~  
~~29 - TEFILLIN WRAPPING & BREAKFAST~~  
~~29 - PIZZA NIGHT~~

### JULY

~~1 - UNITED HATZALAH SPEAKER~~  
~~26 - JULY BIRTHDAYS KIDDUSH~~  
~~27 - SISTERHOOD BOOK CLUB~~  
~~27 - PIZZA NIGHT~~

### AUGUST

~~8 - SHABBAT DINNER~~  
~~9 - THE ARI KIDDUSH~~  
~~CARDINALS GAME (POSTPONED)~~  
24 - WAFFLE BREAKFAST  
30 - AUGUST BIRTHDAYS KIDDUSH

### SEPTEMBER

6 - SYNAPLEX  
14 - NHBZ AND FRIENDS COMMUNITY PICNIC

**MARK YOUR CALENDARS**

**ALL INFORMATION WILL BE SENT OUT CLOSER TO THE EVENTS**





SUNDAY, AUGUST 24, 2025

# Delicious Waffle Breakfast

**COME ENJOY A  
WAFFLE AND SO MUCH  
MORE\* ON NATIONAL  
WAFFLE DAY**

Adults (13+) \$10

Kids (4-12) \$6

Kids 3 and under free

**LOCATION: 650 N. PRICE RD  
TIME: 10 AM -12 PM**

**First come, first served. Open to the entire Jewish  
community, so bring your friends and family.**

\*Menu includes: All you can eat waffles (+ syrups and dessert toppings), pancakes, bagels, hash browns, whitefish salad, scrambled eggs, lox, cereal, yogurt and much more!





EXCITING NEW  
ADDITION!  
A FOAM PARTY  
FUN FOR ALL AGES

*Nusach Hari  
B'nai Zion*

# PICNIC IN THE LOT

KIDS ACTIVITIES | CAR SHOW | BBQ

Gather your friends, family, and loved ones for a delightful day filled with laughter, delicious food, and the beauty of the great outdoors!

Make sure to bring your appetite as there will be hamburger (\$5), veggie burger (\$5), and hot dog (\$3) plates for sale and free snow cones to keep you cool in the St. Louis heat!

**LOCATION: NHBZ PARKING LOT (650 N.PRICE RD)**

**DATE: SUNDAY, SEPTEMBER 14, 2025**

**TIME: 4-7PM**





# CAR SHOW

As part of the NHBZ Picnic

Drive up and show off your wheels, the more the merrier!



SEPTEMBER

14

4:00-7:00 PM

650 N. Price Rd. 63132