



# NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 12-13, 2025  
Candle Lighting 6:55 PM

## Parshas Ki Savo

19-20 Elul 5785  
Shabbos Concludes 7:52 PM

### Announcements

Lunch this week is sponsored by the Reisler family, Fran, Michael, Ron, Susan, Larry, & in honor of the 1<sup>st</sup> yahrzeit of Dr. David Reisler, David Moshe ben Shmuel Pinchas z"l.

The bulletin this week is sponsored by the Morgensztern family in honor of Marcela and Daniel's birthdays.

For those looking to reach the Rabbi you can call by phone 314-991-2100 ext. 1 or by email at rabbirubin@nhbz.org

Lulav & Esrog orders are due Monday, September 15th.

### Shabbos Programming

Soul Building with Rabbi David  
10:00 AM

Childcare  
10:00-11:30 AM

### Yahrzeits Observed This Week

Fri eve Sept 12 – Sat Sept 13  
20 Elul – Paul Spritz

Mon eve Sept 15 – Tues Sept 16  
23 Elul – Stuart Allen Freistein  
23 Elul – Harry Gelb

Sat eve Sept 13 – Sun Sept 14  
21 Elul – Bernard Cook

23 Elul – Gloria Waxman

Sun eve Sept 14 – Mon Sept 15  
22 Elul – Bess Zeff

Tues eve Sept 16 – Wed Sept 17  
24 Elul – Steven Smason

22 Elul – Anita Hulbert  
22 Elul – Sidney Silverman

Wed eve Sept 17 – Thurs Sept 1  
25 Elul – Harvey Friedman

### Happy Birthday!

Evie Winograd – September 12  
Rebecca Goldman – September 14  
Jackie Berkin – September 18  
Marcela Morgensztern – September 18



### Prayer Times

#### Friday, September 12

Mincha/Maariv 6:55 PM

Candle Lighting 6:55 PM

#### Shabbos, September 13

Shachris/Mussaf 9:00 AM

Latest Shema Time 9:49 AM

Mincha 6:30 PM

Shalosh Seudos and Learn  
after Mincha

Shabbos Concludes 7:52 PM

### Weekday Schedule With Morning Selichos

Shacharis (Sun) 7:45 AM

Shacharis (Mon-Fri) 6:30 AM

Mincha/Maariv (Sun-Thurs) 5:35 PM

### Torah Portions

Torah Reading Deuteronomy 26:1-29:8	1068-1084
Haftorah: Isaiah 60:1-22	1201-1202

## Upcoming Events

September 14 – NHBZ Picnic in the Lot  
September 15 – Women's Class with Mrs. Leia Rubin  
September 16 – Rabbi Rubin's Class  
September 21 – Apple Picking  
September 22-24 – Rosh Hashana

## Community Announcement

- **Wisdom and Wellness: Navigating Aging for Yourself and Your Loved Ones**

The Jewish Federation invites you to an important, no-cost educational program on caring for aging loved ones. Wisdom and Wellness is designed for adults in their mid-30s and older, offering a meaningful opportunity to explore this vital topic before families face a crisis.

Wednesday, September 17

6:00 PM – Networking Reception with Heavy Appetizers & Beverages

(Kosher under Vaad supervision, fleishig)

7:00 PM – Panel Discussion and Q&A

Polsinelli, 7676 Forsyth Blvd, St. Louis, MO 63105

Click [here](#) to register.

## Ongoing Classes

**Sundays**

Rabbi Swidler's "Learning Mishna"  
after Shacharis

**Mondays**

Partners in Torah  
8:00-9:00 PM

**Tuesdays**

Rabbi Sentell's "Chumash in the Original"  
12:00-12:45 PM

**Wednesdays**

Rabbi Feigenbaum's "The Torah's Wisdom  
For Our Everyday Life"  
7:00 PM Downstairs

**Thursdays**

Rabbi Hess's Amud-a-Week  
after Maariv

**Mondays-Thursdays**

Rabbi Smason's "The Book of Judges"  
Zoom Class 3:15 PM

[https://us04web.zoom.us/j/78974795850?  
pwd=tw7lOVumZ8QeIPxHvApYZsox8VU  
em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QeIPxHvApYZsox8VUem.1)



- **\$18 membership per month, per individual, available for new members only!**  
**Don't miss out, invite your friends to join our NHBZ Family!**
- **Please reach out to [office@nhbz.org](mailto:office@nhbz.org) if you would like to be added to the NHBZ Whatsapp group**



# THE SISTERHOOD SCOOP

## SEPTEMBER 13 *It's Elul!*

Volume 8

Number 36

20 Elul 5785

September 13, 2025

### Book Club Meets Monday

The Sisterhood Book Club meets **this Monday, September 15 at 7:15-8:45 PM** to discuss the novel ***The Whisper Sister***, by Jennifer Brown. The group will be hosted by **Sallie Volotzky**, and the discussion will be led by **Myra Radinsky**. **For more information or to get directions ---**



--- email **Fran Alper** at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or **Sallie** at [sallievolotzky@msn.com](mailto:sallievolotzky@msn.com)  
[sisterhood@nhbz.org](mailto:sisterhood@nhbz.org).

**You are Invited to participate in Sisterhood's 5786 New Year Greetings Fundraiser...**



...and wish **L'Shana Tova Tikatevu** to everyone in our NHBZ family! **Send in your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the 5786 Rosh Hashanah Holiday Bulletin! See flyer for details.**

### Slow Down and Listen

**"I believe that listening is one of the greatest arts. It opens us to G-d, our fellow humans, and the beauties of nature. For me one of the gifts of this strange, difficult time has been the ability to slow down the prayers so that I am able to listen to them speaking to me. Praying is as much about listening as speaking. And faith itself is the ability to hear the music beneath the noise."** –**Rabbi Lord Jonathan Sacks z"l**, (Ki Tavo, Finding Faith, Covenant & Conversation)

### L'Shanah Tovah

Tequila



Tequila Gedolah

### KI TAVO: The Bigger Picture

This week's Torah reading, Ki Tavo (Deuteronomy 26:1–29:8), discusses the concept of the first fruits offering, *bikkurim*. The Torah explains the commandment to bring an offering of the "first fruits" which the land yielded, upon entering and settling in the land of Israel.

There are two opinions in the teachings of our Sages concerning this commandment. The Sifri maintains that every individual was required to bring the first fruits offering as soon as he entered the land of Israel and his land began to yield fruit.

The Talmud, on the other hand, maintains that the obligation applied only once all of the Jewish people are living in the Land (it took fourteen years from the time that the Children of Israel entered the land of Israel, under Joshua's leadership, until the entire land was occupied and divided amongst the twelve tribes). The Talmud's reasoning is that the first fruits offering is connected with happiness, which, it maintains, can truly occur only when everyone has reached a state of being settled on the land, not just one individual farmer.

These two approaches are not in contradiction. On the one hand, each of us needs to function as an individual and to reach our own personal potential. On the other hand, we cannot be oblivious to those around us. We also need to reach our potential on a collective, communal level. Without this collective achievement, we cannot achieve total happiness and fulfillment.

Just as a piece of complex machinery cannot function if even a small part is missing, the Jewish people are not just a collection of independent entities, but rather a complete structure which requires each and every one of us to be intact in order to function. This is why we need to be concerned for the entirety of the Jewish people, and why true happiness can come only when everyone is settled and fulfilled.

We, too, need to remember each and every person, wherever they may be. Our personal achievements are enhanced by concern for the wider community; conversely, without such concern for others, our own achievements become virtually worthless.

– **Rabbi Mordechai Wollenberg**, [www.chabad.org](http://www.chabad.org)

Grandpa, for everyone else its 2025.

So why are we Jews starting 5786?



It's simple.

More happens to us!

***The Holidays are Coming...***

***The Holidays are Coming...***

***The Holidays are Coming...***



**2025 ☆ 5786**

**Rosh Chodesh Elul is August 25**

**Erev Rosh Hashanah is September 22**

**Erev Yom Kippur is October 1**

## **High Holiday Seating**

Rosh Hashanah is just around the corner! All full members of NHBZ are entitled to request a reserved seat for the High Holidays, to come and go as much as needed.

If you had a reserved seat last year and are happy with it, you are good to go! If you were not entirely happy with your seat last year (too noisy? too cold? too close to the front?) you can request a change! If you are a new member and you want a reserved seat, we can help you pick one to your liking. Please contact Lenny Alper at [lenny.alper@outlook.com](mailto:lenny.alper@outlook.com) to review your seating options or contact Devorah at [office@nhbz.org](mailto:office@nhbz.org). **Deadline to reserve seats: Mon., September 8.**

## **Yizkor Book of Remembrance – *NEW DEADLINE IS WED., SEPT. 10***

Watch your mail for information about this year's Yizkor Book. As in the past, we will request a \$10 donation for each name listed (or group, such as "and family") in the published Book of Remembrance, and an additional \$36 donation for each name read aloud during Yizkor.

The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Pesach, and Shavuot. **Deadline to submit Yizkor names: Friday, September 5.**

**Yizkor Book & Read Aloud  
Deadline extended to  
Wed., Sept. 10**

## **Sisterhood's New Year Greetings Fundraiser**

Everyone is invited to participate in Sisterhood's annual New Year Greetings fundraiser to wish "**L'Shana Tova Tikatevu**" to everyone in our NHBZ family! Simply send your donation (\$10 minimum / NO max) to NHBZ Sisterhood and **your name** will be published in the 5785 Rosh Hashanah Bulletin! Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects. **Submit your name and donation ASAP.**

## **Lulav & Esrog Sets**

It is also time to place your orders for Lulav & Esrog sets. Please email your orders to Devorah at [office@nhbz.org](mailto:office@nhbz.org), or call 314-991-2100, ext. 2. Be sure to leave your name, call back phone number, and your order. **New lower prices for 2025!**

- Basic Lulav & Esrog set \$50
- Standard Lulav & Esrog set \$65
- Deluxe Lulav & Esrog set \$75
- Premium Lulav & Esrog set \$90

All orders must be received and paid for on or before **Monday, September 15, 2025.**

***Begin your Holiday Preparations NOW!***

**RESERVED**



## High Holiday Seating

***It is now mid-Summer, and Rosh Hashanah is just around the corner!***

One of the benefits of Full Membership at NHBZ is having the option to reserve a seat for Rosh Hashanah and Yom Kippur. We offer reserved seats to **Full Members** so that they can be sure to sit with friends and family and can come and go throughout services while being confident that they can return to the same seat. *To guarantee a reserved seat, please make sure that your dues are paid or that you have a payment plan in place.*

As a full member, you may choose a specific seat to reserve, or, if you prefer, you may sit in any unreserved seat. There are enough seats to ensure that all Full Members have a seat.

***~ Seats will be reserved only upon request ~***

- If you had a reserved seat last year, and want the same seat, you need do nothing
- **If** you had a reserved seat last year, and want a different seat or no seat this year,  
OR
- **If** you did *not* have a reserved seat last year, but want one this year,  
OR
- **If** you are a **new Full Member** and want a reserved seat for this year,  
OR
- **If** you were not a logic major and are confused by the above....

**then**, please contact Lenny Alper at [lenny.alper@outlook.com](mailto:lenny.alper@outlook.com) or Devorah Yasinev at [office@nhbz.org](mailto:office@nhbz.org) **by 5:00 pm Friday, September 8** and we can help you **reserve the same seat as last, or pick a new seat** to your liking. Your seat will be marked as reserved. If you do not want a reserved seat, you do not need to contact us, and you may sit in any seat ***that is not marked as reserved.***

***If you want a reserved seat, you must contact us  
by 5:00 pm Friday, September 8***





# New Year Greetings

## fundraiser

The **NHBZ Sisterhood** wishes you  
Health, Happiness & Prosperity in the New Year...

**...and invites you to wish *L'Shana Tova Tikatevu*  
to everyone in our NHBZ family!**

Make your check payable to **NHBZ** – write '*Sisterhood Greeting*' on the  
memo line – suggested minimum donation is \$10 per name – no maximum!

**Your name will be published in the 5786 Rosh Hashanah Bulletin**

Send your contribution, along with the form below, **by September 5** to:

NHBZ Sisterhood  
650 North Price Road  
St. Louis, MO 63132

or you may email your greeting information directly to [bookkeeper@nhbz.org](mailto:bookkeeper@nhbz.org)  
or visit the website [www.nhbz.org](http://www.nhbz.org) to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

---

### NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5786 BULLETIN

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_ [suggested minimum donation is \$10 per name – no maximum!]

Please list my name as follows:

\_\_\_\_\_

Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

*Wishing you a Good and Sweet Year!*



EXCITING NEW  
ADDITION!  
A FOAM PARTY  
FUN FOR ALL AGES

*Nusach Hari  
B'nai Zion*

# PICNIC IN THE LOT

KIDS ACTIVITIES | CAR SHOW | BBQ

Gather your friends, family, and loved ones for a delightful day filled with laughter, delicious food, and the beauty of the great outdoors!

Make sure to bring your appetite as there will be hamburger (\$5), veggie burger (\$5), and hot dog (\$3) plates for sale and free snow cones to keep you cool in the St. Louis heat!

**LOCATION: NHBZ PARKING LOT (650 N.PRICE RD)**

**DATE: SUNDAY, SEPTEMBER 14, 2025**

**TIME: 4-7PM**



# CAR SHOW

As part of the NHBZ Picnic

Drive up and show off your wheels, the more the merrier!



SEPTEMBER

14

4:00-7:00 PM

650 N. Price Rd. 63132



**NHBZ PRESENTS**

**A WOMEN'S CLASS WITH  
MRS. LEIA RUBIN**

**PREPARING FOR THE HIGH HOLIDAYS  
PART 2:**

**WHAT THE TORAH SAYS ABOUT FAITH, FEAR,  
AND FORGIVENESS**



Join us for a pre-High Holiday class focused on  
growth and inspiration.

**MONDAY, SEPTEMBER 15, 2025  
10:00 AM**

**FEIGENBAUM PEPOSE MULTI-PURPOSE ROOM**

PLEASE RSVP TO [FAITHEGW@GMAIL.COM](mailto:FAITHEGW@GMAIL.COM) OR 314-852-2527



**NHBZ PRESENTS  
A CLASS WITH RABBI RUBIN**

**ROSH HASHANAH:  
WHAT EXACTLY ARE WE JUDGED ON?**

**TUESDAY, SEPTEMBER 16, 2025  
7:30 PM**

**OPEN TO MEN & WOMEN**



650 N. PRICE RD.

AISH HATORAH PRESENTS

# PRE ROSH HASHANA CHALLAH BAKE

FOR WOMEN AND GIRLS



WEDNESDAY, SEPTEMBER 17, 6 PM

NUSACH HARI SHUL

650 N Price Rd, Olivette, MO 63132

\$18 per adult, kids free.

RSVP to [mimidavid@aishstl.com](mailto:mimidavid@aishstl.com)



# FACES OF THE FUTURE

## Partner in Their Education

### September 16th & 17th

#### THANK YOU TO OUR GENEROUS MATCHERS

Michael Staenberg  
& The Staenberg Group  
Charlie & Naomi Ruth Deutsch

Yehuda & Faigie Bienstock  
Mayer & Esther Klein  
The Spetner Family



**Esther Miller Bais Yaakov**  
- HIGH SCHOOL -

לע"נ אסתר חיה בת ר' אליהו ע"ה



## DONATE TODAY

[causematch.com/EMBY2025](https://causematch.com/EMBY2025)

# COUPLE'S TRIP TO

**aish**  
St Louis  
FIRE OF THE TORAH

## Panama

WITH THE UNIQUE  
FLAVOR OF AISH

Visit Monkey Island

Tour the Jewish  
community

Hike a Tropical  
Rainforest

Explore an original Indian  
Village and see how the  
natives live.

Tour the  
Panama Canal

**LED BY MIMI AND RABBI DAVID  
WITH DAILY INSPIRATIONAL  
LEARNING AND EXPERIENCES**

**\$4980/couple  
Airfare Included**

**We will be dining at  
gourmet kosher  
restaurants**

**BOOK NOW**



**January 12 - 19**

For more information  
reach out to Rabbi David  
[ydavid@aishstl.com](mailto:ydavid@aishstl.com)



Join us for a fun family outing as we  
prepare for Rosh Hashanah

# Apple Picking

**Sunday, Sept. 21<sup>st</sup>**  
**10:00am-11:30am**

Enjoy some snacks and drinks at 11:00  
on the side of the parking lot

**Thies Farm**  
**4215 N Hanley Rd**  
**St. Louis, MO 63121**

**\$2.25/lb or**  
**\$10/bag (5-6 lbs)**

**RSVP to Sarah Beth (314) 852-9229**  
**or Itta (314) 537-2724**

