



# NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 5–6, 2025  
Candle Lighting 7:06 PM

**Parshas Ki Teitzei**

12–13 Elul 5785  
Shabbos Concludes 8:04 PM

## Announcements

Please join us for Synaplex this Shabbos, details are listed in the flyer.

There will be a stone dedication for Brian Dobin on Sunday, September 7<sup>th</sup> at 11:00 AM at Chevra Kadisha Cemetery, 1601 North and South Rd

## Shabbos Programming

Soul Building with Rabbi David  
10:00 AM

Childcare  
10:00–11:30 AM

## Yahrzeits Observed This Week

Thurs eve Sept 4 – Fri Sept 5  
12 Elul – Dr. Martin Beerman

Mon eve Sept 8 – Tues Sept 9  
16 Elul – Stuart Raskas  
16 Elul – Dr. David Reisler

Fri eve Sept 5 – Sat Sept 6  
13 Elul – Max Ludwig

Wed eve Sept 10 – Thurs Sept 11  
18 Elul – Harris Londe

Sat eve Sept 6 – Sun Sept 7  
14 Elul – Sonia Szus

## Happy Birthday!

Myra Solomon – September 8  
Fran Hoffman – September 10  
Daniel Morgensztern – September 10  
Irwin Rosen – September 10  
Corey Woolf – September 10  
Gwen Liebman – September 11  
Jesse Barash – September 11

## Happy Anniversary!

Louis & Rebecca Goldman – September 5  
Michael & Charlene Kass – September 7  
Jerry & Gail Tullman – September 8

## Prayer Times

**Friday, September 5**

Mincha/Maariv 7:00 PM

Candle Lighting 7:06 PM

**Shabbos, September 6**

Shachris/Mussaf 8:30 AM

Latest Shema Time 9:47 AM

Mincha 6:45 PM

Shalosh Seudos and Learn  
after Mincha

Shabbos Concludes 8:04 PM

## Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon–Fri) 7:00 AM

Mincha/Maariv (Sun–Thurs) 5:45 PM

## Torah Portions

Torah Reading Deuteronomy 21:10–25:19	1046–1066
Haftorah: Isaiah 54:1–10	1201

## Upcoming Events

September 7 – Szus sponsored Breakfast

September 13 – Reisler sponsored Lunch

September 14 – NHBZ Picnic in the Lot

September 22–24 – Rosh Hashana

## Letter from the President

This has been, and continues to be, a truly exciting year for NHBZ. We are incredibly grateful to the dynamic team of rabbis and educators who sustained the continuity of our community during the search for our new rabbinic couple. Today, we are thrilled to welcome Rabbi Aron and Mrs. Leia Rubin, who bring tremendous energy and vision as they lead our shul into the next chapter of its growth.

Adding to this excitement, we are proud to mark our shul's 120th anniversary—a milestone of great significance in Jewish tradition. Alongside our personal growth in Torah learning, mitzvos, and our connection to Hashem, we have also been blessed to see our membership grow.

With great pride, I am delighted to officially welcome four of our newest members to the NHBZ family:

- Joel Ehrlich
- Chaim and Devorah Edelstein
- Don Singer
- Shimon and Katya Ohana and their children Levi (the recent bar mitzvah boy), Yonah, and Moshe

The tangible enthusiasm that Rabbi and Rebbetzin Rubin bring to our community inspires us to build on this momentum. To encourage more friends and families to join, who currently are not members, we are offering a special membership opportunity—only \$18 per month, per person. This offer allows new members to become full-fledged congregants and officially connect with our shul. If this sounds like a sales pitch, it's because it is. I'm asking each of you to reach out to your friends to see if they would take the step to join you here at shul and consider joining for a nominal amount as a new member.

Even if someone can only attend sporadically, we are confident that once they experience the warmth, vibrancy, and welcoming spirit of NHBZ, they will be inspired to join us more often. With the High Holidays quickly approaching, this is the perfect time to spread the word and invite others to be part of our growing community.

Together, let's fill our sanctuary to capacity—with every seat filled, every voice lifted in prayer, and every heart connected.

Dan Winograd  
President

## Ongoing Classes

**Sundays**

Rabbi Swidler's "Learning Mishna"  
after Shacharis

**Mondays**

Partners in Torah  
8:00-9:00 PM

**Tuesdays**

Rabbi Sentell's "Chumash in the Original"  
12:00-12:45 PM

**Wednesdays**

Rabbi Feigenbaum's "The Torah's Wisdom  
For Our Everyday Life"  
7:00 PM Downstairs

**Thursdays**

Rabbi Hess's Amud-a-Week  
after Maariv

**Mondays-Thursdays**

Rabbi Smason's "The Book of Judges"  
Zoom Class 3:15 PM

[https://us04web.zoom.us/j/78974795850?  
pwd=tw7lOVumZ8QeIPxHvApYZsox8VU  
em.1](https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QeIPxHvApYZsox8VUem.1)

## Community Announcements

- Exciting News! Agudath Israel of MO welcomes Mrs. Suri Botuck as Director of Government Affairs. Please help the Agudah grow and expand their community advocacy efforts, which has been making a real difference for our families and institutions. Their annual campaign will take place Tuesday–Wednesday, September 9–10.

[Charidy.com/agudahmissouri](http://Charidy.com/agudahmissouri)

- Wisdom and Wellness: Navigating Aging for Yourself and Your Loved Ones  
The Jewish Federation invites you to an important, no-cost educational program on caring for aging loved ones. Wisdom and Wellness is designed for adults in their mid-30s and older, offering a meaningful opportunity to explore this vital topic before families face a crisis.

Wednesday, September 17

6:00 PM – Networking Reception with Heavy  
Appetizers & Beverages

(Kosher under Vaad supervision, fleishig)

7:00 PM – Panel Discussion and Q&A

Polsinelli, 7676 Forsyth Blvd, St. Louis, MO 63105

Click [here](#) to register.



**Saturday, September 6, 2025**

- 8:30 am Traditional Services - in the sanctuary  
10:00 am Youth Programming – in the lower level  
            Babysitting for younger children  
10:00 am Soul Building Series – in the lower level with  
            Aish's Rabbi Yosef David  
11:15 am Synaplex Breakout Session



***This Synaplex will feature only one Break Out Session***  
**We are honored to welcome:**



## **Congressman Wesley Bell**

**Congressman Bell will speak from 11:30 a.m. to Noon**  
Following Congressman Bell's remarks, at approximately  
Noon, we will all gather for a **Kiddush Lunch,**  
**Our Rabbi, Rabbi Aron Rubin, will speak**

All events held at NHBZ, 650 North Price Road, St. Louis, MO

Synaplex Shabbat is free and open to the Jewish public

Home hospitality for the weekend is available

For more information or to confirm dates & times contact NHBZ

Call: 314-992-2100 ext.2

Email: [office@nhbz.org](mailto:office@nhbz.org)

Website: [www.nhbz.org](http://www.nhbz.org)





# THE SISTERHOOD SCOOP

## SEPTEMBER 6



Volume 8

Number 35

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September 6, 2025

### Book Club News

The next book selection for NHBZ's Sisterhood Book Club is ***The Whisper Sister***, by Jennifer Brown. It's a coming-of-age novel set in the Lower East Side of New York during the ruthless years of Prohibition (1920-1933).



The discussion will be **Monday, September 15** at 7:15-8:45 PM.

**Sallie Volotzky** will host the group and **Myra Radinsky** will lead the discussion.

To **RSVP**, get directions, or more information, contact **Fran Alper** at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org). Or contact Sallie Volotzky

### Who Are You Fighting Today? *3 Steps to Victory*

How many battles did you fight today? None, you say? Think again. Did you fight fatigue in order to pry your eyes open this morning? Did you fight the mad traffic jam to navigate to work? At the office, did you fight laziness to climb the stairs instead of riding the elevator? Did you fight lethargy to focus on the tasks at hand? Did you fight the clock to meet your deadline? Did you fight your cravings to avoid unhealthy snacks and choose nourishing food?

Every day, every hour, every minute, we wage countless battles.

This week's Torah portion begins by telling us about our battles and clues us in on vital knowledge to win them.

*"When you go out to war on your enemies, the L-rd your G-d shall deliver them into your hands and you shall capture from them captives."* (Deut 21:10)

The Torah doesn't write, **if** you go out to war, but rather **when**. Turbulence and struggle is inevitable.

We fight real wars just as we fight moral one. We fight character traits just as we struggle to use our time wisely and develop our talents fully. We battle to protect loved ones from the harsh realities of our world and to create a better reality.

Here are 3 important things to know about your wars.

#### 1. Your battles don't define you.

The Hebrew phrase *al ovecha*, "on your enemies," literally means "on top of your enemies." Just because we are constantly engaged in struggle doesn't mean that we are defined by them. We win and inevitably we lose. Don't focus on your losses; you are far more than your conflicts. You have a divine soul that is perfect and untarnished in spite of your struggles. Just get back up, reenergized – begin anew.

#### 2. You are not fighting alone.

When your battles become oppressive, when your enemy gains the upper hand, you may need to take a step back and reevaluate. Affirm that there is no true existence other than G-d. This means that nothing contrary to G-d's goodness and truth has any real power over you. Go to war with the optimistic confidence that "G-d shall deliver them into your hands," in order to succeed.

#### 3. You can grow from your experience.

*"You shall capture from them captives."* Anything negative in man or in the world can be exploited for the good. You were exposed to your circumstances for a reason. "Capture captives" and find a lesson in every situation.

Wishing us all strength and victory in fighting our many battles!

– **Chana Weisberg**, [www.chabad.org](http://www.chabad.org)

### You are Invited to participate in Sisterhood's 5786 New Year Greetings Fundraiser..



...and wish **L'Shana Tova Tikatevu** to everyone in our NHBZ family! **Send in your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the 5786 Rosh Hashanah Holiday Bulletin! See flyer for details.**

### Carrying the Day's First Positive Thought

Moses told the Jewish people: **"Observe and do whatever issues from your lips."** (Deuteronomy 23:24)

According to the *Shulchan Aruch* (the Code of Jewish Law), immediately upon waking up in the morning, our first words should be:

**"I offer thanks to You, living and eternal King, for You have mercifully restored my soul within me; Your faithfulness is great."**

These, our first words each day, are the issuance of our lips that we should observe and preserve throughout the day. In this way, our gratefulness to G-d influences our attitudes and conduct throughout the day, infusing them with joy, and similarly affects all those around us. – from *the Lubavitcher Rebbe*,

Translated and Adapted by **Moshe Wisniefsky**



***The Holidays are Coming...***

***The Holidays are Coming...***

***The Holidays are Coming...***



**2025 ☆ 5786**

**Rosh Chodesh Elul is August 25**

**Erev Rosh Hashanah is September 22**

**Erev Yom Kippur is October 1**

## **High Holiday Seating**

Rosh Hashanah is just around the corner! All full members of NHBZ are entitled to request a reserved seat for the High Holidays, to come and go as much as needed.

If you had a reserved seat last year and are happy with it, you are good to go! If you were not entirely happy with your seat last year (too noisy? too cold? too close to the front?) you can request a change! If you are a new member and you want a reserved seat, we can help you pick one to your liking. Please contact Lenny Alper at [lenny.alper@outlook.com](mailto:lenny.alper@outlook.com) to review your seating options or contact Devorah at [office@nhbz.org](mailto:office@nhbz.org). **Deadline to reserve seats: Mon., September 8.**

## **Yizkor Book of Remembrance – *NEW DEADLINE IS WED., SEPT. 10***

Watch your mail for information about this year's Yizkor Book. As in the past, we will request a \$10 donation for each name listed (or group, such as "and family") in the published Book of Remembrance, and an additional \$36 donation for each name read aloud during Yizkor.

The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Pesach, and Shavuot. **Deadline to submit Yizkor names: Friday, September 5.**

**Yizkor Book & Read Aloud  
Deadline extended to  
Wed., Sept. 10**

## **Sisterhood's New Year Greetings Fundraiser**

Everyone is invited to participate in Sisterhood's annual New Year Greetings fundraiser to wish "**L'Shana Tova Tikatevu**" to everyone in our NHBZ family! Simply send your donation (\$10 minimum / NO max) to NHBZ Sisterhood and **your name** will be published in the 5785 Rosh Hashanah Bulletin! Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects. **Submit your name and donation ASAP.**

## **Lulav & Esrog Sets**

It is also time to place your orders for Lulav & Esrog sets. Please email your orders to Devorah at [office@nhbz.org](mailto:office@nhbz.org), or call 314-991-2100, ext. 2. Be sure to leave your name, call back phone number, and your order. **New lower prices for 2025!**

- Basic Lulav & Esrog set \$50
- Standard Lulav & Esrog set \$65
- Deluxe Lulav & Esrog set \$75
- Premium Lulav & Esrog set \$90

All orders must be received and paid for on or before **Monday, September 15, 2025.**

***Begin your Holiday Preparations NOW!***

**RESERVED**

## High Holiday Seating



***It is now mid-Summer, and Rosh Hashanah is just around the corner!***

One of the benefits of Full Membership at NHBZ is having the option to reserve a seat for Rosh Hashanah and Yom Kippur. We offer reserved seats to **Full Members** so that they can be sure to sit with friends and family and can come and go throughout services while being confident that they can return to the same seat. *To guarantee a reserved seat, please make sure that your dues are paid or that you have a payment plan in place.*

As a full member, you may choose a specific seat to reserve, or, if you prefer, you may sit in any unreserved seat. There are enough seats to ensure that all Full Members have a seat.

***~ Seats will be reserved only upon request ~***

- If you had a reserved seat last year, and want the same seat, you need do nothing
- **If** you had a reserved seat last year, and want a different seat or no seat this year,  
OR
- **If** you did *not* have a reserved seat last year, but want one this year,  
OR
- **If** you are a **new Full Member** and want a reserved seat for this year,  
OR
- **If** you were not a logic major and are confused by the above....

then, please contact Lenny Alper at [lenny.alper@outlook.com](mailto:lenny.alper@outlook.com) or Devorah Yasinev at [office@nhbz.org](mailto:office@nhbz.org) **by 5:00 pm Friday, September 8** and we can help you **reserve the same seat as last, or pick a new seat** to your liking. Your seat will be marked as reserved. If you do not want a reserved seat, you do not need to contact us, and you may sit in any seat ***that is not marked as reserved.***

***If you want a reserved seat, you must contact us  
by 5:00 pm Friday, September 8***



Dear Friends,

Each year before Yom Kippur, **NHBZ** offers two ways to memorialize your loved ones throughout the year. You can list their names in the **Book of Remembrance (Yizkor Book)** that we publish each year, and you can add their names to the **List of Names Read Aloud** during the recitation of the Yizkor prayer, or both.

We are starting to work on the Book of Remembrance now and ask that you send us your requests by **Sunday, September 5**, in one of three ways:

1. Call Devorah in the office at 991-2100 Ext. 2
2. Send email to [office@nhbz.org](mailto:office@nhbz.org), with all relevant information listed below
3. Complete the form below and send it to NHBZ, 650 N. Price Rd, 63132

We request a \$10 donation for each name listed (or group, such as "and family") in the **Book of Remembrance**, and an additional \$36 donation for each **Name Read Aloud** during Yizkor. The Book of Remembrance is used throughout the year on Yom Kippur, Shemini Atzeres, Pesach and Shavuot, after which you may take one home.

You can donate in one of three ways:

1. Mail a check to the office
2. Go to [www.nhbz.org/support-nhbz/](http://www.nhbz.org/support-nhbz/) to pay online
3. Call the office to transfer money from your account

If you are reading this in email, and you want to review the names listed last year, we have attached the memorial pages from the 2024 **Book of Remembrance** to this email.

## **2025 / 5786 NHBZ Book of Remembrance & List of Names Read Aloud**

Your Name \_\_\_\_\_

### **1. NAMES FOR 2025 YIZKOR BOOK OF REMEMBRANCE ~ \$ 10.00 per name**

I will donate \$\_\_\_\_\_ to have the following names inscribed in the 2025 **BOOK OF REMEMBRANCE** to be used for Yizkor Services.

To list the **SAME NAMES AS LAST YEAR**, check here \_\_\_\_\_

**Names for 2025 Book of Remembrance** (add additional names on back)

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____

### **2. NAMES TO BE READ ALOUD DURING YIZKOR SERVICE ~ \$36.00 per name**

I will donate \$\_\_\_\_\_ to have the following names **READ ALOUD** during Yizkor Services.

To read the **SAME NAMES AS LAST YEAR**, check here \_\_\_\_\_

**Names to be Read Aloud during Yizkor** (add additional names on back)

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____





# New Year Greetings

## fundraiser

The **NHBZ Sisterhood** wishes you  
Health, Happiness & Prosperity in the New Year...

**...and invites you to wish *L'Shana Tova Tikatevu*  
to everyone in our NHBZ family!**

Make your check payable to **NHBZ** – write '*Sisterhood Greeting*' on the  
memo line – suggested minimum donation is \$10 per name – no maximum!

**Your name will be published in the 5786 Rosh Hashanah Bulletin**

Send your contribution, along with the form below, **by September 5** to:

NHBZ Sisterhood  
650 North Price Road  
St. Louis, MO 63132

or you may email your greeting information directly to [bookkeeper@nhbz.org](mailto:bookkeeper@nhbz.org)  
or visit the website [www.nhbz.org](http://www.nhbz.org) to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

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### NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5786 BULLETIN

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_ [suggested minimum donation is \$10 per name – no maximum!]

Please list my name as follows:

\_\_\_\_\_

Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

*Wishing you a Good and Sweet Year!*







**Agudath  
Israel  
of Missouri**

**DOING FOR  
OUR SCHOOLS**

**DOING FOR  
OUR SHULS**

**DOING FOR  
OUR PEOPLE**



**HELP US CONTINUE DOING**

**NEXT WEEK**

**36 HOURS \$250K**

**SEPTEMBER 9-10**

**[CHARIDY.COM/AGUDAHMISSOURI](https://charidy.com/agudahmissouri)**



EXCITING NEW  
ADDITION!  
A FOAM PARTY  
FUN FOR ALL AGES

*Nusach Hari  
B'nai Zion*

# PICNIC IN THE LOT

KIDS ACTIVITIES | CAR SHOW | BBQ

Gather your friends, family, and loved ones for a delightful day filled with laughter, delicious food, and the beauty of the great outdoors!

Make sure to bring your appetite as there will be hamburger (\$5), veggie burger (\$5), and hot dog (\$3) plates for sale and free snow cones to keep you cool in the St. Louis heat!

**LOCATION: NHBZ PARKING LOT (650 N.PRICE RD)**

**DATE: SUNDAY, SEPTEMBER 14, 2025**

**TIME: 4-7PM**





# CAR SHOW

As part of the NHBZ Picnic

Drive up and show off your wheels, the more the merrier!



SEPTEMBER

14

4:00-7:00 PM

650 N. Price Rd. 63132



**NHBZ PRESENTS**

**A WOMEN'S CLASS WITH  
MRS. LEIA RUBIN**

**PREPARING FOR THE HIGH HOLIDAYS  
PART 2:**

**WHAT THE TORAH SAYS ABOUT FAITH, FEAR,  
AND FORGIVENESS**



Join us for a pre-High Holiday class focused on  
growth and inspiration.

**MONDAY, SEPTEMBER 15, 2025  
10:00 AM**

**FEIGENBAUM PEPOSE MULTI-PURPOSE ROOM**

PLEASE RSVP TO [FAITHEGW@GMAIL.COM](mailto:FAITHEGW@GMAIL.COM) OR 314-852-2527



AISH HATORAH PRESENTS

PRE ROSH HASHANA  
**CHALLAH**  
**BAKE**

FOR WOMEN AND GIRLS



WEDNESDAY, SEPTEMBER 17, 6 PM

NUSACH HARI SHUL

650 N Price Rd, Olivette, MO 63132

\$18 per adult, kids free.

RSVP to [mimidavid@aishstl.com](mailto:mimidavid@aishstl.com)



# COUPLE'S TRIP TO

**aish**  
St Louis  
FIRE OF THE TORAH

## Panama

WITH THE UNIQUE  
FLAVOR OF AISH

Visit Monkey Island

Tour the Jewish  
community

Hike a Tropical  
Rainforest

Explore an original Indian  
Village and see how the  
natives live.

Tour the  
Panama Canal

**LED BY MIMI AND RABBI DAVID  
WITH DAILY INSPIRATIONAL  
LEARNING AND EXPERIENCES**

**\$4980/couple  
Airfare Included**

**We will be dining at  
gourmet kosher  
restaurants**

**BOOK NOW**



**January 12 - 19**

For more information  
reach out to Rabbi David  
[ydavid@aishstl.com](mailto:ydavid@aishstl.com)