



# NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 19-20, 2025  
Candle Lighting 6:44 PM

**Parshas Nitzavim**

26-27 Elul 5785  
Shabbos Concludes 7:41PM

## Announcements

The Kiddush this week will be happening downstairs due to the sanctuary being set up for the holidays

This week's bulletin is sponsored by David & Norma Rubin in honor of David's bar mitzvah parsha anniversary.

For those looking to reach the Rabbi you can call by phone 314-991-2100 ext. 1 or by email at [rabbirubin@nhbz.org](mailto:rabbirubin@nhbz.org)

Please note that Monday, September 22<sup>nd</sup> there will be Shacharis services with Hataras Nedarim (The Annulment of Vows)

We express our condolences to Don & Julie Eisenberg on the passing of Larry Eisenberg.

We express our condolences to Sheryl Levine on the passing of Irwin Rosen.

## Shabbos Programming

Soul Building with Rabbi David  
10:00 AM

Childcare  
10:00-11:30 AM

## Yahrzeits Observed This Week

Fri eve Sept 19- Sat Sept 20    Mon eve Sept 22- Tues Sept 23  
27 Elul - Robert Blumberg    1 Tishrei - David Tolpen

Sat eve Sept 20- Sun Sept 21    Tues eve Sept 23 - Wed Sept 24  
28 Elul - Linda Szus    2 Tishrei - Rick Litwin

Sun eve Sept 21 - Mon Sept 22  
29 Elul - Jack Levitt

## Happy Birthday!

Sharon Summers - September 20  
Jennifer Hartranft - September 21

## Prayer Times

**Friday, September 19**

Mincha/Maariv 6:40 PM

Candle Lighting 6:44 PM

**Shabbos, September 20**

Shachris/Mussaf 9:00 AM

Latest Shema Time 9:51 AM

Mincha 6:20 PM

Shalosh Seudos and Learn  
after Mincha

Shabbos Concludes 7:41 PM

## Weekday Schedule

Shacharis (Sun with Selichos) 7:45 AM

Mincha/Maariv (Sun) 5:30 PM

Shacharis (Mon with Selichos) 6:15 AM

Holiday Schedule will  
be on a separate page

## Torah Portions

Torah Reading Deuteronomy 29:9-30:20	1086-1092
Haftorah: Isaiah 61:10-63:9	1202-1204

## Upcoming Events

September 21 - Apple Picking

September 22-24 - Rosh Hashana

October 1-2 - Yom Kippur

October 6 - 15 - Sukkos/Simchas Torah



# THE SISTERHOOD SCOOP

## SEPTEMBER 20



Volume 8

Number 37

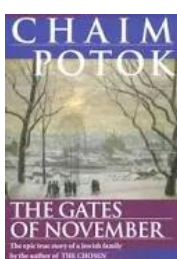
27 Elul 5785

September 20, 2025

### Sisterhood Book Club News

Many thanks to **Sallie Volotzky** for hosting the Book Club at her home on Monday, September 15, and to **Myra Radinsky** for so ably leading the discussion of the novel, *The Whisper Sister*, by Jennifer Brown.

The next book is *The Gates of November*, by Chaim Potok, the gripping true story of the Slepak family's trek through the Russian Revolution as a Bolshevik father and Refusnik son struggle with their Jewish identities, their politics, and their historic plight.



The discussion will be held **Monday evening, November 24, 7:15-8:45 pm.** Location TBA

**All women are welcome!**

For more information contact Fran Alper at: [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

**You are Invited to participate in Sisterhood's 5786 New Year Greetings Fundraiser..**



...and wish **L'Shana Tova Tikatevu** to everyone in our NHBZ family! **Send in your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the next Shabbos Bulletin!** [sisterhood@nhbz.com](mailto:sisterhood@nhbz.com)

### The Fourteenth Principle

“Judaism is a religion of freedom and responsibility. Against all the many determinisms in the history of thought – astrological, philosophical, Spinozist, Marxist, Freudian, neo-Darwinian – Judaism insists that we are masters of our fate. We are neither programmed nor predestined. We can choose. That is the fourteenth principle of Jewish faith.”

– **Rabbi Lord Jonathan Sacks, ZT”L**

*To Lead is to Listen (Eikev, Lessons in Leadership, Covenant & Conversation)*

### Nitzavim and Rosh Hashanah: The Connection

This week's Torah portion, *Nitzavim*, is always read on the Shabbat before Rosh Hashanah... and speaks about our commitment to G-d, His Torah and mitzvahs. It teaches about *teshuvah* (repentance) and foretells our return to G-d in this dark exile, how G-d will gather us from the farthest places. Since the parshah speaks about *teshuvah* as the prelude to the in-gathering of the exiles, and being that we want it to happen already, let's talk about *teshuvah*.

*Teshuvah* means return to G-d. On a basic level this means, to regret your past ways, ask for forgiveness and get back on G-d's path.

When a person has broken trust and wants to be trusted again, acting remorseful and saying "I'm sorry" is not enough. He needs to reach higher, find a greater level of character and prove himself worthy of forgiveness. Yet, *teshuvah* can be so much more. Even the holiest of people can tap into the power of *teshuvah*.

*"and you will return until the L-rd your G-d."*

When you say return, it implies going back to a place or situation you were in before. What place are we speaking of here? This takes us to a whole new level of *teshuvah*, to a place where we are in perfect harmony with G-d.

Each of us has a *neshamah*, a piece of G-d inside of us. It is our essence. Over time we can become so involved in the physical, mundane world that our *neshamah* gets forgotten. Even mitzvahs can be done out of habit, void of meaning.

*Teshuvah* is connecting to your G-dly essence, your *neshamah*. It is a journey to your core. Every step you take inward, brings clarity. You see how you are one with G-d and that He loves you because you are part of Him. When you connect at this level, the more elementary forms of *teshuvah* follow automatically. How could you remain the same after connecting so deeply? Regret, remorse and bitterness over your previous state will overtake you, and you become closer to G-d...

Your essence is already there, your *neshamah* has always been at the highest level. You now have to "return until G-d," return to where your *neshamah* is one with G-d. Since He is infinite, so is our journey, giving us the ability to get ever closer.

Suffering also brings you closer to G-d. We have suffered enough. Perhaps G-d wants our closeness to come from our own initiative.

As a father and husband, I love my family to no end, like any father and husband would, and still, there is great pleasure when the love and closeness from my family is of their own initiative.

In preparation for Rosh Hashanah, let us take the initiative to get closer to G-d. May He, with his fatherly love, send Moshiach and gather the exiles and bring us home.

May you be inscribed and sealed for a good and sweet year.

– **Rabbi Yitzi Hurwitz**. [www.chabad.org](http://www.chabad.org)



Join us for a fun family outing as we  
prepare for Rosh Hashanah

# Apple Picking

**Sunday, Sept. 21<sup>st</sup>**  
**10:00am-11:30am**

Enjoy some snacks and drinks at 11:00  
on the side of the parking lot

**Thies Farm**  
**4215 N Hanley Rd**  
**St. Louis, MO 63121**

**\$2.25/lb or**  
**\$10/bag (5-6 lbs)**

**RSVP to Sarah Beth (314) 852-9229**  
**or Itta (314) 537-2724**







# Rosh Hashana Bulletin

September 22–25, 2025

29 Elul – 3 Tishrei 5786

## Announcements

There will be no kiddushes on Rosh Hashana

## Yom Tov Programming

**Tuesday, September 23**  
Learners' Service with Rabbi David  
10:00 AM

**Wednesday, September 24**  
Educational Program with Mrs. Mimi David  
11:00 AM

Childcare—Both Days  
10:00 AM –12:30 PM

## Torah Portions

Torah Readings	Machzor	Stone Chumash	Days Read
Torah: Genesis 21	165-166	94-98	Tuesday
Torah: Genesis 22	165-166	100-104	Wednesday
Maftir: Number 29:1-6	169	894	Both
Haftorah: Samuel 1 1:1-2:10	170-172	1234-1236	Tuesday
Haftorah: Jeremiah 31:1-19	170-172	1236-1237	Friday

## Prayer Times

### Monday, September 22

Mincha/Maariv 6:35 PM

Candle Lighting 6:39 PM

\*Light an Extra Candle for Tuesday Lighting\*

### Tuesday, September 23

Shachris/Mussaf 8:00 AM

Latest Shema Time 9:51 AM

Drasha Approx. 1030 AM

Mincha 6:20 PM

Tashlich Following Mincha

Candle Lighting from an Existing Flame  
Not Before 7:36 PM

### Wednesday, September 24

Shacharis/Mussaf 8:00 AM

Drasha Approx. 1030 AM

Mincha/Maariv 6:20 PM

Yom Tov Concludes 7:35 AM

### Thursday, September 25 (Tzom Gedalia/Fast of Gedalia)

Fast Begins 5:33 AM

Shacharis (With Selichos) 6:30 AM

Mincha 6:25 PM

Fast Concludes 7:22 PM



# START THE NEW YEAR INSPIRED

*The Akeidah - Isaac's Ultimate Offering*

A Class With Mimi David  
For Men And Women

Second Day of Rosh Hashana  
Wednesday, September 24th, 11 AM  
Nusach Hari Shul Downstairs  
650 N Price Rd, Olivette, MO 63132





Join NHBZ for  
**High Holiday  
Youth  
Programming**



**Rosh Hashanah**

**September 23-24**  
10:00am - 12:30pm

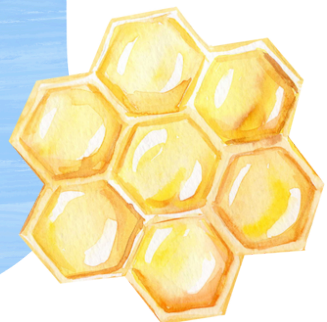
**Yom Kippur**

**October 2**  
10:00am - 12:30pm

**Exciting  
Children's Programming**  
Songs, Games, Stories,  
Davening & Playtime  
**Snacks Provided! Shofar at 11:30**  
For Children Ages 0-10



Pre-teens and teens are invited to  
enjoy the youth lounge with space  
to hang out, play foosball, ping  
pong and other games, and learn  
together.



# High Holiday and Yom Tov Complete Schedule Of Services

## **SELICHOS PRIOR TO ROSH HASHANAH**

Sunday, Sept 14.....7:45 am  
Mon-Fri, Sept 15 -19.....6:30 am  
Sunday, Sept 21.....7:45 am

## **EREV ROSH HASHANAH, Mon, Sept. 22**

Selichos.....6:15 am  
Mincha .....6:35 pm  
Candle Lighting.....6:39 pm

## **ROSH HASAHAH DAY 1, Tues, Sept. 23**

Shacharis .....8:00 am  
Learners' Service.....10:00 am  
Children's Program.....10:00 am–12:30 pm  
Drasha (Sermon).....10:30 am  
Mincha.....6:20 pm  
Tashlich.....Following Mincha  
Yom Tov Candle Lighting.....Not Before 7:36 pm

## **ROSH HASHNAH DAY 2, Wed, Sept. 24**

Shacharis.....8:00 am  
Children's Program.....10:00 am–12:30 pm  
Drasha (Sermon).....10:30 am  
Shofar to follow Drasha  
Educational Program.....11:00 am  
Mincha.....6:20 pm  
Yom Tov Concludes.....7:35 pm

## **TZOM GEDALIAH (Fast of Gedaliah)**

### **Thursday, September 25**

Fast Begins.....5:33 am  
Selichos.....6:30 am  
Mincha.....6:25 pm  
Fast Concludes.....7:22 pm

## **EREV YOM KIPPUR, Wednesday, October 1**

Mincha.....1:30 pm  
Fast Begins .....6:10 pm  
Candle Lighting at home \*..... Before 6:25 pm  
(\* **No Candle Lighting at NHBZ**)  
Take out Torahs.....6:25 pm  
Followed by Kol Nidre & Ma'ariv  
Ma'ariv Concludes.....9:00 pm

## **YOM KIPPUR, Thursday, October 2**

Shacharis.....8:30 am  
Learners' Service.....10:00 am  
Children's Program.....10:00 am–12:30 pm  
Drasha (Sermon).....11:15 am  
Yizkor.....Approximately 11:45 am  
Musaf.....12:20 pm  
Mincha.....4:45 pm  
Neilah.....6:00 pm  
Ma'ariv.....7:22 pm

## **Yom Kippur Continued**

Havdalah.....7:35 pm  
Shofar Sounded.....7:37 pm  
Fast Concludes.....After Shofar is Sounded

## **EREV SUKKOS, Monday, October 6**

Mincha.....6:15 pm  
Candle Lighting.....6:17 pm

## **SUKKOS DAY 1, Tuesday, October 7**

Shacharis.....9:00 am  
Drasha (Sermon).....10:45 am  
Kiddush to follow in Sukkah  
Mincha.....6:15 pm  
Yom Tov Candle Lighting.... Not Before 7:14 pm  
(from existing flame)

## **SUKKOS DAY 2, Wednesday, October 8**

Shacharis.....9:00 am  
Drasha.....10:45 am  
Kiddush to follow in Sukkah  
Mincha.....6:15 pm  
Yom Tov Ends.....7:13 pm

## **CHOL HAMOED SUKKOS**

### **Thursday October 9**

Shacharis.....6:45 am  
Mincha.....6:15 pm

### **Friday, October 10**

Shacharis.....6:45 am  
Mincha.....6:10 pm  
Candle Lighting.....6:11 pm

### **Shabbos, October 11**

Shacharis.....9:00 am  
Mincha.....5:50 pm  
Shabbos Ends.....7:08 pm

## **HOSHANA RABBA, Monday October 13**

Shacharis.....6:30 am  
Mincha.....6:05 pm  
Candle Lighting.....6:07 pm

## **SHEMINI ATZERES Tuesday October 14**

Shacharis.....9:00 am  
Yizkor approximately.....10:30 am  
Mincha.....6:05 pm  
Ma'ariv.....6:25 pm  
Hakofos & Parade of Torahs.....6:40 pm  
Candle Lighting..... Not Before 7:04 pm  
(from existing flame)

## **SIMCHAS TORAH, Wednesday, October 15**

Shacharis.....9:00 am  
Kol Hanarim – Call all kids to Torah 10:45 am  
Mincha.....6:05 pm  
Yom Tov Ends.....7:03 pm

# Welcome to The NHBZ Community



*Welcome New Members*

TRACY BORDEN

ITTA BOYKO AND FAMILY

CHAIM AND DEVORAH EDELSTEIN

JOEL EHRLICH

ZEV AND SHANA KATZ AND FAMILY

SHIMON & KATYA OHANA FAMILY

ZEV ROSENBERG AND DAUGHTERS

YOSEF AND BEKA RUBE AND FAMILY

DON SINGER