



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America



November 14-15, 2025

Candle Lighting 4:30 PM

PARSHAS CHAYEI SARAH
Shabbos Mevarchim
Genesis 23:1-25:18

23-24 Cheshvan 5786

Shabbos Concludes 5:30 PM

Announcements

- We express our condolences to the Portenor family on the passing of Paula Portenor
- Save the Date: The St. Louis Jewish Community Blood Drive will be at Congregation Young Israel on Sunday, January 11, 2026 from 10 AM - 4 PM. Please come and participate in this life saving chessed.

Yahrzeits Observed This Week

Nov 14 - 23 Cheshvan

Esther Koenig

Roslyn Rappaport Litwin

Nov 15 - 24 Cheshvan

Sanford Tex

Nov 16 - 25 Cheshvan

Rose Cohn

Nov 19 - 28 Cheshvan

Rivkah Rosen

Nov 20 - 29 Cheshvan

Sarah Feder

Jill Sneider

Emil Routman

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
8:00-9:00 PM

Tuesdays

Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
6:45 PM Downstairs

Thursdays

Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays

Rabbi Smason's "The Book of Judges"
Zoom Class 3:15 PM

[https://us04web.zoom.us/j/78974795850?](https://us04web.zoom.us/j/78974795850?pwd=tw7llOVumZ8QelPxHvApYZsox8VUem.1)
[pwd=tw7llOVumZ8QelPxHvApYZsox8VUem.1](https://us04web.zoom.us/j/78974795850?pwd=tw7llOVumZ8QelPxHvApYZsox8VUem.1)

Prayer Times

Friday, November 14

Mincha/Maariv 4:25 PM

Candle Lighting 4:30 PM

Shabbos, November 8

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:15 AM

Mincha 4:10 PM

Shalosh Seudos After Mincha
and Learn

Shabbos Concludes 5:30 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-Thurs) 7:00 AM

Shacharis (Fri) - 6:45 AM

Rosh Chodesh Kislev

Mincha (Sun-Thurs) 4:30 PM

Mincha (Fri) 4:20 PM

Upcoming Events

November 22 - Levitt Kiddush

November 22 - Melava Malka

November 29 - Mufson Kiddush

November 30 - Pizza Night

December 10 - NHBZ Gala120

Happy Birthday!

Joey Mufson - November 14

Marilyn Liss - November 16

Kenny Bressler - November 17

Happy Anniversary!

Jerry & Devy Goldenberg - November 18

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00-11:30 AM

Shul Contact Information

phone: 314-991-2100
Devorah- Office Administrator
email: office@nhbz.org

Rabbi Rubin:
rabbirubin@nhbz.org

Hindy- Bookkeeper
bookkeeper@nhbz.org



THE SISTERHOOD SCOOP

NOVEMBER 15



Volume 8

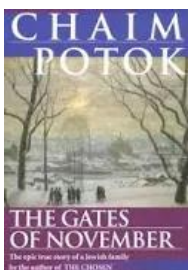
Number 44

24 Cheshvan 5786

November 15, 2025

Book Club Meets Nov. 24

Our next book is ***The Gates of November***, by Chaim Potok, the gripping true story of the Slepak family's trek through the Russian Revolution as a Bolshevik father and Refusnik son struggle with their Jewish identities, their politics, and their historic plight.



The discussion is open to men and women and will be held **Monday evening, Nov. 24, 7:15-8:45 pm** at the home of **Sallie Volotzky**.

Men and women are welcome!

Please RSVP!

For directions, and to RSVP contact Sallie at sallievolotzky@msn.com.

For more information: contact Fran Alper at fran.alper@outlook.com or sisterhood@nhbz.org

PARSHAS CHAYEI SARAH:

LIGHTING UP THE WORLD

Eliezer set out with Rebecca back to Canaan to meet Isaac. After Isaac and Rebecca married, Rebecca assumed Sarah's place as the family matriarch.

—Genesis 24:67

Although Abraham lit the Sabbath candles after Sarah's passing (for he observed all the Torah's commandments), his candles did not remain lit throughout the week, as Sarah's had. But when Rebecca began kindling the Sabbath lights, her candles continued to burn miraculously the whole week.

This demonstrates the unique ability of Jewish women and girls – who are all “daughters” of Sarah and Rebecca – to influence the spiritual character of the home, illuminating it with the holiness of the Sabbath throughout the ensuing mundane week. Although the illumination provided by their candles might be physically visible for only a limited time, their spiritual illumination continues throughout the entire week.

—from Lubavitcher Rebbe; Adapted by *Moshe Wisniefsky*
www.chabad.org

CHAYEI SARAH: Torah: Love Isn't What You Think It Is

Notions of love and romance are ingrained in practically every dimension of our society... Good stories have a romantic twist; probably 90% of all popular music is about some form of love.

It is also quite apparent that many times the way romance and love are represented in the mainstream are at best superficial and at worst sociologically detrimental... What does the Torah have to say about the importance of love in a happy healthy relationship?

In this week's portion, we read about the marriage of Isaac and Rebecca. This love story unfolds in the opposite manner than the way we are accustomed to. Usually in love stories, the man and woman fall desperately in love with each other and then get married and live happily ever after. But Isaac and Rebecca experience the opposite as the Torah says, “... and she became his wife and he loved her.” First, there was marriage and then there was love.

How is it that the Torah's depiction of love is so different than our common notion of it? Perhaps the answer is that love true doesn't come from where we think it does.

We often seem to find love in how good a person looks to us, how they act, or on what a great time we have when with them. We also tend to believe love is proportionate to desire.

But according to the Torah, love comes from a seemingly foreign attribute: dedication. Dedication fuels love, not desire. When you're dedicated to someone, your concerns are secondary while theirs are first. You go beyond what you want and try to end up with what they want. It is in this place of self-transcendence, where love truly resides.

Therefore, it's not only that love is important to a serious relationship, rather it can only exist in the setting of a serious relationship. Enjoying a person for their great attributes is important and special but not love. Love is something independent of our personal satisfaction, born from dedication to one another.

Obviously, the importance of dedication is radically different than our natural disposition of liking something because it makes us feel good. Yet, this component can teach us a valuable lesson in our spiritual lives.

Many times within Jewish thought when discussing the relationship between G-d and the nation of Israel, the analogy of husband and wife is employed. G-d is the groom, as it were, and we are His bride. We are considered engaged to Him, but we are still waiting for the big day, our marriage: a time when we see the revelation of Him in our daily lives. But to get to our wedding day, we first have some relationship work to do.

This is where dedication comes in. By dedicating ourselves to G-d by doing mitzvahs, good deeds, in a way that transcends our own desires, we will culminate both humanity's and our own relationship with G-d.

— adapted from **Yerachmiel Galinsky**, www.chabad.org

NHBZ ELECTION RESULTS

Polls closed at Noon on November 9, 2025

The election results are in!

***Congratulations to the new Officers
and newly elected Board Members***

Newly Elected Officers

One-Year term through 2026

President	Bruce Waxman
Vice President	Denny Feit
Vice President	Charlene Kass
Vice President	Gavriel Matt
Vice President	Joey Mufson
Treasurer	Dan Winograd
Secretary	Caryn Alper
Gabbai	Alan Zarkowsky

Newly Elected Board Members

Full 3-Year Term 2026-2028

Jason Rush
Nancy Rush
Jerry Tullman
Stella Vladimirov
Faith Waxman

Filling Partial Term 2026-2027

Ephraim Mufson

Continuing Board Members

Through 2026

Marcie Brook
Faye Cohen
Fran Reisler
Meira Ganel
Evan Garmais

Through 2027

Joni Kaiser
Sari Neudorf
(Open)
(Open)

*Thanks to all who
attended the
membership
meeting and voted
in the election!*

*Stay tuned for the
installation date.*



Trustees (Past Presidents)

Leonard Alper
Craig Berkin
Kenny Bressler
Janet Haber
Robert Kaiser

Mark Ragin
Menachem Szus
Jay Umansky
Alan Zarkowsky

\$400K
NOV 18-19

4th Annual
Matching
Campaign

LEARNING *today* LEADING *tomorrow*



EPSTEIN
Hebrew
Academy

JOIN US FOR A

MELAVA MALKA

"An after Shabbos meal and get together"

AT
NUSACH HARI
B'NAI ZION



Motzei Shabbos,
November 22, 2025

6:30 PM

650 N. Price Rd.

Suggested Donation \$10
Sponsorships Welcome

Enjoy food*, music, and joyful company!
Everyone is welcome!

*Pizza and more





Kosher Thanksgiving Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, [We Need Sponsors](#) to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact office@nhbz.org or call 991-2100

[We Also Need Volunteers on Thanksgiving Day](#) to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

It will be lots of fun!



If you want to help and volunteer, Please contact Bob Kaiser at (314)-420-5641

Nusach Hari B'nai Zion

SUNDAY, NOVEMBER 30, 2025

5-7 PM

DELICIOUS ALL YOU CAN EAT KOSHER BUFFET

"NEW PIZZA DOUGH FOR THE NEW YEAR"

PIZZA



PASTA



LOADED

SALAD BAR



PRICING:

ADULTS: \$15

KIDS AGES 3-12:

\$8

KIDS UNDER 3:

FREE

CHOLOV YISROEL CHEESE; GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN



314-991-2100



NHBZ.ORG



650 North Price Rd. St.
Louis, MO 63132



ST. LOUIS COMMUNITY KOLLEL PRESENTS

PRE-KESHER

ice skating event

SAVE THE DATE!

FOR CURRENT AND NEW
KESHER GIRLS (K-5TH) &
KESHER KREW (6-8TH)
AND THEIR MOMS

**MOTZEI SHABBOS
DECEMBER 6TH
7:00-8:00 PM**

**BRENTWOOD
SKATING RINK**
2505 S BRENTWOOD BLVD
BRENTWOOD, MO 63144

\$5 PER SKATER

Come spend time with your Keshet freinds. Learn more about the Keshet Program and sign up! Get excited for another great year in store- Keshet 2026!

FOR MORE INFORMATION
YFARKAS@STLKOLLEL.COM

A PROJECT OF
**ST. LOUIS COMMUNITY
Kollet**



PRE-
KESHER
EVENT
DEC. 6TH

LOOK OUT FOR
MORE DETAILS

KESHER IS BACK THIS WINTER!



CONNECTING GENERATIONS

Mother Daughter Program

*save the
dates!*

SUNDAY MORNINGS • 10:30 - 11:45 AM
JANUARY 4 & 11, FEBRUARY 1 & 8

FOR GIRLS: KINDERGARTEN - 5TH GRADE

WITH KESHER KREW FOR GRADES 6+

Delicious Brunch • Creative Craft • Engaging and Interactive Learning





GALA 120

*You are
invited!*

*An Evening of
CELEBRATION*

*Wednesday, December 10, 2025
7:15 in the evening at
Nusach Hari B'nai Zion*



Rabbi Aron Rubin

Join us for a Dessert Reception
as we celebrate our first 120 years
and welcome our new spiritual leader
Rabbi Aron Rubin and Family
and thank our HONOREES for their
dedication and support to NHBZ.



Rabbi Yosef &
Rebbetzin Mimi David

\$54 per person ~ RSVP by November 17

Honorees: Rabbi Dov Nimchinsky, Rabbi Shimmy Fried, Rabbi Avi Feigenbaum, Rabbi Yaakov Berkowitz, Rabbi Yitzchok Shimon Hess,
Rabbi Shmuel Miller, Rabbi Avi Bin-Nun, Rabbi Daniel Sentell, and Rabbi & Mrs. Yosef David



Rabbi Nimchinsky



Rabbi Fried



Rabbi Feigenbaum



Rabbi Berkowitz



Rabbi Hess



Rabbi Miller



Rabbi Bin-Nun



Rabbi Sentell