

NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion



November 7-8, 2025 Candle Lighting 4:36 PM

Parshas Vayera

Genesis 18:1-22:24

Affiliated with Union of Orthodox Congregations of America 16-17 Cheshvan 5786 Shabbos Concludes 5:36 PM

Announcements

Mazel tov to Bruce & Faith Waxman, Sandy Greenberg, Gavriel & Sarah Beth Matt & family on the birth of a baby girl born to Brayan & Leah Marin.

The inaugural Tot Shabbat Kiddush is sponsored by Bruce & Faith Waxman in honor of the birth of their granddaughter, Penelope Mae Marin

Prayer Times

Friday, November 7

Mincha/Maariv 4:30 PM

Candle Lighting 4:36 PM

Yahrzeits Observed This Week

Nov 7-16 Cheshvan

Gerald Bolt

Nov 8 - 17 Cheshvan

Ida Saltzman

Nov 9 - 18 Cheshvan

Toby Katz

Louis Mankofsky

Miriam Weiss

Nov 11 - 20 Cheshvan

Noah Efron

Pinchas Richman

Adolph Gelb

Natalie Klamen

Nov 12 - 21 Cheshvan

Fred Summers

Nov 13 - 22 Cheshvan

William Rosen

Pamela Feigenbaum

Upcoming Events

November 11 - Parlor Meeting for

Families with Teens

November 13 - Parlor Meeting for

Young Professionals

November 22 - Levitt Kiddush

November 22 - Melava Malka

November 29 - Mufson Kiddush

Happy Birthday!

Gaelyn Hartranft - November 7 Rayna Chervitz - November 8 Eitan Rubin - November 9 Tobie Dobin - November 11 Sandra Klarfeld - November 11

Happy Anniversary!

David & Gail Porter - November 12

Shabbos, November 8

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:10 AM

Mincha 4:15 PM

Shalosh Seudos and **After Mincha**

Learn

Shabbos Concludes 5:36 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-Fri) 7:00 AM

Mincha (Sun-Thurs) 4:35 PM

Mincha (Fri) 4:25 PM

Shabbos Programming

Soul Building with Rabbi David 10:00 AM

> Childcare 10:00-11:30 AM

Ongoing Classes

Sundays Rabbi Swidler's "Learning Mishna" after Shacharis

> **Mondays** Partners in Torah 8:00-9:00 PM

Tuesdays Rabbi Sentell's "Chumash in the Original" 12:00-12:45 PM

Wednesdays Rabbi Feigenbaum's "The Torah's Wisdom For Our Everyday Life" 6:45 PM Downstairs

Thursdays Rabbi Hess's Amud-a-Week after Maariv

Mondays-Thursdays Rabbi Smason's "The Book of Judges" Zoom Class 3:15 PM

https://usO4web.zoom.us/j/78974795850? pwd=tw7llOVumZ8QelPxHvApYZsox8VUem.1

Shul Contact Information

phone: 314-991-2100 **Devorah-Office Administrator** email: office@nhbz.org

> Rabbi Rubin: rabbirubin@nhbz.org

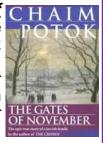
Hindy-Bookkeeper bookkeeper@nhbz.org

SISTERHOOD SCOOP

Volume 8 Number 43 17 Cheshvan 5786 **November 8, 2025**

Sisterhood Book Club News

Our next book is The Gates of **November**, by Chaim Potok, the gripping true story of the Slepak family's trek through the Russian Revolution as a Bolshevik father and Refusnik son struggle with their Jewish identities, their THE GATES OF NOVEMBER politics, and their historic plight.



The discussion will be held **Monday evening**, **November 24, 7:15-8:45 pm** at the home of Sallie Volotzky. For directions, and to RSVP contact Sallie at sallievolotzky@msn.com.

For more information: contact Fran Alper at fran.alper@outlook.com or sisterhood@nhbz.org

Men and women are welcome!

Chronology of the Flood in History

- Cheshvan 17: Beginning of the Mabul (Flood); Noah enters ark; rains begin.
- Kislev 27: Forty days of rain end; beginning of 150 days of water's swelling and churning.
- Sivan 1: Water calms and begins to subside.
- Sivan 17: The bottom of the ark touches down on the top of the mountains of Ararat.
- Av 1: The mountain peaks break the water's surface.
- Elul 10 (late summer): Noah opens the ark's window and dispatches a raven.
- Elul 17: Noah sends the dove the first time.
- Elul 23: The dove is sent a second time and returns with an olive leaf in its beak.
- Tishrei 1: Dove's third mission. Water completely drained.
- Cheshvan 27: Ground fully dried. Noah exits the ark.



Courage To Live with Uncertainty

└ I believe that Abraham taught us that faith is not certainty; it is the courage to live with uncertainty. He had negative capability. He knew the promises would come true; he could live with the uncertainty of not knowing how or when.

- Rabbi Lord Jonathan Sacks ZT"L, Negative Capability (Vayera, Finding Faith, Covenant & Conversation)

Parshas Vayera: Being a Positive Influence

[Abraham] planted an orchard [and opened an inn] in Beersheba. There he proclaimed the name of G-d. Genesis 21:33

Abraham's inn was the first public institution devoted to the dissemination of the belief in monotheism and to the ethical behavior that follows from this belief. By establishing a public institution that challenged the world's hallowed tenets. Abraham promoted the awareness of monotheism even among people who never actually visited his inn. As its renown spread, Abraham's inn wielded increasingly profound and broad influence.

Likewise, today, the very existence of synagogues and institutions of Torah study exert great positive influence upon a city simply by the mere virtue of their presence, over and above the intrinsic value of the study and prayer that take place within their walls.

- from the Lubavitcher Rebbe, adapted by Moshe Wisnefsky, www.chabad.org

Needing One Another

Some imagine that in a perfect world there will be no distinctions of poor and wealthy, haves and have-nots. All will be the same.

Heaven forbid we should live in such a world.

A healthy world is one in which I do not have what you have and you do not have what I have—and so we both need one another.

In a truly healthy universe, all human beings will realize that we all need one another. May that be very soon.

> - from the wisdom of the Lubavitcher Rebbe, ZT"L words and condensation by Rabbi Tzvi Freeman www.chabad.org



Nomination and Election of Officers & Board of Directors



Did you ever wonder how the officers of NHBZ are elected? Do you want to have a say in the future direction of NHBZ? Do you want to express your opinions to the Board of Directors?

You are invited to attend the NHBZ <u>Annual Membership Meeting</u> and Election of Officers on <u>Sunday</u>, <u>November 9</u>, at 11:00 am

Every November, we hold a Membership meeting to give members a 'state of the shul' report. This is an opportunity for you to interact directly with the Rabbi, President, and other officers and Board members about the business of the shul. If you would like to give your opinion, make suggestions or just listen, this is your chance.

We will also elect officers and members of the Board of Directors. Here's how it works: The nominating committee, consisting of all past presidents, deliberates throughout the year, and then presents a slate of officers to the Board in October. This year, the nominees were presented at the Board Meeting on October 28. At the November 9 Membership Meeting, the slate will be officially nominated, and other nominations will be accepted from the floor. Those NHBZ members who attend the meeting have the privilege of voting. The Officers and Board members take office on January 1, 2026, with an official Installation early in 2026.

We have eight officers and fifteen Board members. Officers serve for one year, and can be re-elected. Board members serve for three years, with one third of the Board up for election each year. Here is the slate of nominees for 2026:

2026 Officer Nominees: 1-year term

President Bruce Waxman Joey Mufson Vice President Vice President Gavriel Matt Vice President Charlene Kass Vice President Denny Feit Treasurer Dan Winograd Secretary Caryn Alper Gabbai Alan Zarkowsky

Continuing Board Members thru 12/26

Marcie Brook Faye Cohen Fran Reisler Meira Ganel Evan Garmaise

Continuing Board Members thru 12/27

Joni Kaiser Sari Neudorf

2026 Board Nominees: full 3-year term thru December 2028

Nancy Rush Jerry Tullman Stella Vladimirov Jason Rush Faith Waxman

Board Nominees: 2 years remaining of a 3-year term thru December 2027

Three openings

Trustees (Ex-officio Board Members)

Lenny Alper Craig Berkin Kenny Bressler Janet Haber Bob Kaiser Mark Ragin Menachem Szus Jay Umansky Alan Zarkowsky

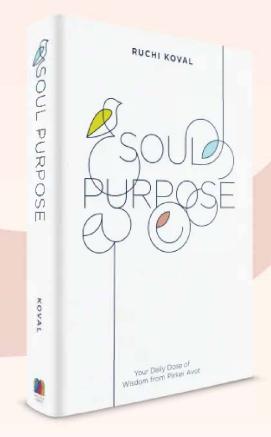




JOIN US FOR AN EVENING WITH

RUCHI KOVAL

"FROM BARRIERS TO BREAKTHROUGHS"





WEDNESDAY NOVEMBER 12, 2025



7:30 PM

DESSERT RECEPTION + BOOK SIGNING TO FOLLOW



VUE17 | UNIVERSITY TOWER

1034 S BRENTWOOD BLVD., 17TH FLOOR



RSVP

CGOLDSTEIN@AISHSTL.COM OR 314-862-2474



Ruchi Koval is a certified parenting coach, motivational speaker, musician, author, mother and grandmother. She is the author of three books: Conversations with God, Soul Construction, and Soul Purpose. With her signature down-to-earth style, Ruchi bridges ancient wisdom and modern relevance, helping others connect with the profound truths of Torah in a practical and meaningful way.

THIS COMMUNITY EVENT IS SPONSORED BY THE LIEBMAN AND LOITERSTEIN FAMILIES IN MEMORY OF THEIR LATE MOTHERS AND GRANDMOTHERS.

JOIN US FOR A



MELAVA MALKA

"An after Shabbos meal and get together"

AT NUSACH HARI B'NAI ZION





Motzei Shabbos, November 22, 2025

6:30 PM

650 N. Price Rd.

Suggested Donation \$10 Sponsorships Welcome Enjoy food*, music, and joyful company!

Everyone is welcome!

*Pizza and more



Kosher Thanksgiving Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, <u>We Need Sponsors</u> to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact office@nhbz.org or call 991-2100

We Also Need Volunteers on Thanksgiving Day to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.



Nusach Hari B'nai Zion

SUNDAY, NOVEMBER 30, 2025 5-7 PM DELICIOUS ALL YOU CAN EAT KOSHER BUFFET

"NEW PIZZA DOUGH FOR THE NEW YEAR"

PIZZA



LOADED SALAD BAR



PASTA



PRICING:

ADULTS: \$15

KIDS AGES 3-12:

\$8

KIDS UNDER 3:

FREE

CHOLOV YISROEL CHEESE: GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN









Wednesday, December 10, 2025 7:15 in the evening at Nusach Hari B'nai Zion



Join us for a Dessert Reception as we celebrate our first 120 years and welcome our new spiritual leader Rabbi Aron Rubin and Family and thank our HONOREES for their dedication and support to NHBZ.



Rabbi Yosef & Rebbetzin Mimi David

\$54 per person ~ RSVP by November 17

Honorees: Rabbi Dov Nimchinsky, Rabbi Shimmy Fried, Rabbi Avi Feigenbaum, Rabbi Yaakov Berkowitz, Rabbi Yitzchok Shimon Hess, Rabbi Shmuel Miller, Rabbi Avi Bin-Nun, Rabbi Daniel Sentell, and Rabbi & Mrs. Yosef David



Rabbi Nimchinsky



Rabbi Fried



Rabbi Feigenbaum



Rabbi Berkowitz



Rabbi Hess



Rabbi Miller



