



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America



January 9-10, 2026
Candle Lighting 4:40 PM

Parshas Shemos
Exodus 1:1-6:1

20-21 Teves 5786
Shabbos Concludes 5:43 PM

Announcement

- The Tot Shabbos Kiddush this week is sponsored by Charlene and Michael Kass in honor of the yahrzeit of Charlene's mother, Betty Novick, Bryna Bat Reb Shmuel HaCohen z"l
 - The Ice Cream Floats for Parshas Shemos are sponsored by Don Singer
- We are transitioning to emailing Yahrzeit notices, if you do not have an email with us or in general prefer to receive a paper copy with a year's worth of dates please contact the office ASAP. **They may also end up in your spam/junk at first.** Additionally if you want to make sure that your yahrzeit list is up to date please be in contact as well.

Prayer Times

Friday, January 9

Mincha/Maariv	4:40 PM
Candle Lighting	4:40 PM

Shabbos, January 10

Shacharis/Mussaf	9:00 AM
Latest Shema Time	9:44 AM
Mincha	4:15 PM
Shalosh Seudos and Learn	After Mincha
Shabbos Concludes	5:43 PM

Weekday Schedule

Shacharis (Sun)	8:00 AM
Shacharis (Mon-Fri)	7:00 AM
Mincha (Sun-Fri)	4:45 PM

Yahrzeits Observed This Week

Jan 9-20 Tevet
Charles Gelb

Jan 14 - 25 Tevet
Margaret Harris
Cecelia Smason

Jan 11- 22 Tevet
Sadie Chervitz
Evelyn Roth
Jake Spritz

Jan 15 - 26 Tevet
Betty Novick
David A. Loiterstein

Jan 12 - 23 Tevet
Karolina Serebryanik

Jan 13 - 24 Tevet
Harry Berkin
Nathan Bierman

Upcoming Events

January 17 - David & Norma Rubin **Lunch**
 January 24 - Board of Directors
 Installation **Lunch**
 January 25 - Book Club **by the Author!**
 January 25 - Pizza Night
 January 31 - January Birthday Kiddush

Happy Birthday!

January 9
Jay Pepose

January 11
Norman Shore

Ongoing Classes

Sundays
Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays
Partners in Torah
8:00-9:00 PM

Tuesdays
Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays
Rabbi Feigenbaum's "The Torah's Wisdom For
Our Everyday Life"
6:45 PM Downstairs

Thursdays
Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays
Rabbi Smason's "The Book of Judges"
Zoom Class 3:15 PM

<https://us04web.zoom.us/j/78974795850?pwd=tw71IOVumZ8QelPxHvApYZsox8VUem.1>

Shabbos Programming

Soul Building with Rabbi David
In the Beis Medrash
10:00 AM

Childcare - Tot Shabbos
10:00-11:30 AM

Shul Contact Information

phone: 314-991-2100

Devorah - Office Administrator
email: office@nhbz.org

Rabbi Rubin:
rabbirubin@nhbz.org

Hindy - Bookkeeper
bookkeeper@nhbz.org

Community Events

- The St. Louis Jewish Community Blood Drive will be at Congregation Young Israel on Sunday, January 11, 2026 from 10 AM – 4 PM. Please come and participate in this life saving chessed.
- The Jewish Federation of St. Louis One Happy Camper program is now accepting applications for Summer 2026. One Happy Camper grants range from \$700–\$1,000 for first time overnight campers. Campers must be enrolled in a session that is at least 12 consecutive days at one of the 150+ nonprofit Jewish overnight camps listed on the Foundation for Jewish Camp website. Families are encouraged to apply as soon as possible at OneHappyCamper.org.
- Orthodox Community Day of Advocacy – February 3
Rabbi Ze'ev Smason will be hosting the Third Annual Orthodox Community Mission to the Missouri State Capitol on Tuesday, February 3, 2026. This Day of Advocacy gives members of the Orthodox community the opportunity to meet with Missouri legislators and present traditional Jewish values on issues such as antisemitism, marriage & family, and the sanctity of life.
Time: 9:30 AM–1:30 PM | Location: Missouri State Capitol, Jefferson City
For details or to participate, contact Rabbi Smason zsmason@cjvalues.org

BE PART OF
SOMETHING
BIGGER

 ImpactLife

St. Louis Jewish Community Blood Drive

Sunday, January 11

10:00 AM - 4:00 PM

Young Israel of St. Louis

8101 Delmar Blvd

To schedule an appt, scan QR code,
or call ImpactLife at 800.747.5401

Every donation earns rewards!
Choose from a
\$20 e-gift card, points to shop
our Rewards Store, or
donate e-gift card to your
favorite nonprofit for all
successful donations!





THE SISTERHOOD SCOOP

JANUARY 10



Volume 9

Number 02

21 Teves 5786

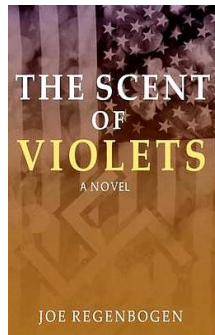
January 10, 2026

NHBZ SISTERHOOD BOOK CLUB NEWS

**Come for Book Club...
... Stay for Pizza – Jan. 25**

MEET THE AUTHOR *Joe Regenbogen*

The book this month is *The Scent of Violets* written by former Parkway High School history teacher and author of several books, including *Making a Difference*, about NHBZ member and Israel Advocate *Irl Solomon* and his remarkable career teaching in East St. Louis Public Schools.



Mr. Regenbogen will discuss his latest book, *The Scent of Violets*, that explores the themes of redemption and forgiveness, and will lead the discussion on **Sunday afternoon, January 25, 3:30-5:00PM, at NHBZ**, lower level, just before the January Pizza Night.

For help in finding a copy of the book, or for more information, contact: Fran Alper at fran.alper@outlook.com or sisterhood@nhbz.org

See you at NHBZ's All-You-Can-Eat-Kosher-Pizza Night with Buffet Salad Bar following the discussion! **Men & women – all are welcome!**

HEROIC HEROINES

“Yocheved, Miriam, Shifra, Puah, Tzipporah, and Batya were leaders not because of any official position they held... They were leaders because they had courage and conscience. They refused to be intimidated by power or defeated by circumstance. They were the real heroes of the Exodus. Their courage is still a source of inspiration today.”

– Rabbi Lord Jonathan Sacks, *ZT”L Women as Leaders* (Shemot, Lessons in Leadership, Covenant & Conversation)

SHEMOS: When the Solution Is Out of Reach

Rabbi Meir Shapiro of Lublin, a great leader of Polish Jewry, was once sitting in a meeting together with a number of other rabbis and dignitaries to plan a response to a pressing communal issue.

Time was short and the risk was great. There was a paucity of information and a multitude of options. Suggestions were flying around the room, each more unpromising than the next. They were gambling with the future with little way to assess the strength of their hand. They had reached an impasse; there seemed no logical way forward.

Rabbi Shapiro proffered a suggestion. It didn't seem to be the greatest of ideas; it was the longest of long shots, yet most of the people around the table seemed willing to give it a go.

Yet in every crowd there is at least one cynic. “What's the use?” he exclaimed. “Why waste our time flogging a dead horse? It won't work, it can't be done, and we'd be fools to try.”

The skeptic was seemingly right. The chance of eventual success was minimal, at best. Yet Rabbi Shapiro was unfazed.

“Thanks to your objection, I finally understand a perplexing passage in the Torah,” he responded with equanimity. “The Torah relates how ‘the daughter of Pharaoh was walking down to bathe by the banks of the Nile, when she saw the basket [containing the infant Moses] amongst the bulrushes. She sent out her arm and took it.’”

“A common rabbinic interpretation of this verse is that Moses was too far away in the water for her to reach him naturally. She reached out as far as she could, and G-d miraculously extended her arm long enough to rescue the child.

“I've often wondered,” continued the Lubliner, “If the basket was clearly too far away to reach, why did she bother stretching out in the first place? She could not possibly have been expecting such a show of divine intervention, so why waste her time or energy on an impossibility?”

“But that's precisely the point. Nobody can guarantee success, but that does not excuse us from reaching out and trying our best. If a child is in danger, you don't think, you just do. Our community is crying out for leadership and, although success or failure are in Gd's hands, we've got to do anything and everything we possibly can to turn the tide in our favor.”

– by *Rabbi Elisha Greenbaum*, www.chabad.org

Learn from Moses, the humblest of men. He knew he had achieved more than anyone on earth. But he would tell you, “This is what I have done with the powers G-d has gifted me.” If you had such gifts, I'm sure you would have done even more. – *the Rebbe*



Tot Shabbat & Groups at NHBZ!

JANUARY 10, 2026

10:30AM-11:30AM

**DAVENING, SONGS, PARSHA,
ACTIVITIES AND MORE!**

AGES 0-4: BABYSITTING ROOM

AGES 5-12: YOUTH LOUNGE





Kesher

CONNECTING GENERATIONS

Mother Daughter Program

SUNDAY MORNINGS | 10:30 - 11:45 AM

FOR GIRLS: KINDERGARTEN - 5TH GRADE

WITH KESHER KREW FOR GRADES 6TH-8TH

Bitachon

JANUARY 4TH

וְאֶהְבֶּתִי אֶתְכֶם, אָמַר ה'
Hashem loves me -
It's a reality

JANUARY 11TH

כִּי הָטָה אָזְנוֹ לִי
Hashem cares about
me, individually.

FEBRUARY 1ST

כָּל־יָכֹל
We all know,
Hashem is Kol Yachol.
(The Ultimate Power)

FEBRUARY 8TH

הוּא ה' יֹדְעַת כָּל־ה'
Hashem knows me to
the T!

Location: Nusach Hari B'nai Zion, 650 N. Price Road, Olivette, MO 63132

Committee: Elisheva Anton, Shana Bersin, Tzirel Biron, Riki Gutovich, Temima Klein, Elissa Schachter

A PROGRAM OF
ST. LOUIS
COMMUNITY
Kollel



PIZZA NIGHT MENU

Sunday, January 25, 2026
5-7 PM

ADULTS: \$15
KIDS AGES 3-12: \$8
KIDS UNDER 3: FREE

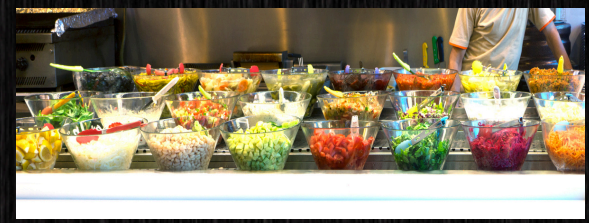
PIZZA



PASTA



SALAD BAR



FRIES



CHOLOV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN



office@nhbz.org



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