



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 2-3, 2026
Candle Lighting 4:33 PM

Parshas Vayechi
Genesis 47:28-50:26

13-14 Teves 5786
Shabbos Concludes 5:37 PM

Announcement

The bulletin this week is sponsored by:

- The Morgensztern Family in honor of Marcela's father, Eduardo Tayah, Avigdor Ben Nahmil Mordecai z"l's yahrzeit
- Kenny and Barb Bressler in memory of his father, Leo Bressler, Yaakov Ben Shmuel z"l's yahrzeit.

Prayer Times

Friday, January 2

Mincha/Maariv	4:30 PM
Candle Lighting	4:33 PM

Shabbos, January 3

Shacharis/Mussaf	9:00 AM
Latest Shema Time	9:42 AM
Mincha	4:15 PM
Shalosh Seudos and Learn	After Mincha
Shabbos Concludes	5:37 PM

Weekday Schedule

Shacharis (Sun)	8:00 AM
Shacharis (Mon-Fri)	7:00 AM
Mincha (Sun-Fri)	4:40 PM

Yahrzeits Observed This Week

Jan 3 - 14 Tevet
Arnold Alper
Morris Kram

Jan 4 - 15 Tevet
Goldie Heller

Jan 7 - 18 Tevet
Louis Tullman

Jan 8 - 19 Tevet
Goldie Orlovick

Happy Birthday!

January 1
Naftali Kadosh

January 2
Mark Seigel

January 3
Heidi Mufson

January 6
Stanley Goldfader
Nancy Lisker

January 8
Stephen Radinsky

Ongoing Classes

Sundays
Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays
Partners in Torah
8:00-9:00 PM

Tuesdays
Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays
Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
6:45 PM Downstairs

Thursdays
Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays
Rabbi Smason's "The Book of Judges"
Zoom Class 3:15 PM

<https://us04web.zoom.us/j/78974795850?pwd=tw7lIQVumZ8QeIPxHvApYZsox8VUem.1>

Upcoming Events

January 10 - Tot Shabbos
January 17 - David & Norma Rubin Kiddush
January 24 - Board of Directors
Installation Lunch
January 25 - Book Club by the author!
January 25 - Pizza Night
January 31 - Birthday Kiddush

Community Announcements

- Save the Date: The St. Louis Jewish Community Blood Drive will be at Congregation Young Israel on Sunday, January 11, 2026 from 10 AM - 4 PM. Please come and participate in this life saving chessed.
- The Jewish Federation of St. Louis One Happy Camper program is now accepting applications for Summer 2026. One Happy Camper grants range from \$700-\$1,000 for first time overnight campers. Campers must be enrolled in a session that is at least 12 consecutive days at one of the 150+ nonprofit Jewish overnight camps listed on the Foundation for Jewish Camp website. Families are encouraged to apply as soon as possible at OneHappyCamper.org.

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00-11:30 AM

Shul Contact Information

phone: 314-991-2100
Devorah- Office Administrator
email: office@nhbz.org

Rabbi Rubin:
rabbirubin@nhbz.org

Hindy- Bookkeeper
bookkeeper@nhbz.org



THE SISTERHOOD SCOOP

JANUARY 3



Volume 9

Number 01

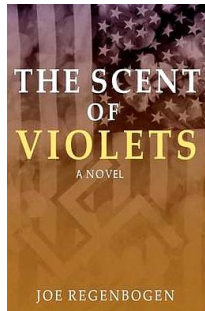
14 Teves 5786

January 3, 2026

NHBZ SISTERHOOD BOOK CLUB NEWS

Come for Book Club... ... Stay for Pizza – Jan. 25

The Book Club will meet on **Sunday, January 25, 3:30-5:00PM**, at NHBZ, lower level, just before the January Pizza Night. The book is ***The Scent of Violets***, a novel exploring the themes of redemption and forgiveness by St. Louis author **Joe Regenbogen**.



This time and date for January will allow Book Club members to get together during daylight and enjoy NHBZ's All-You-Can-Eat-Kosher-Bufferet Salad Bar and Pizza Night following the discussion! *Men & women – all are welcome!*

MEET THE AUTHOR Joe Regenbogen

For help in finding a copy of the book, or for more information, contact: Fran Alper at fran.alper@outlook.com or sisterhood@nhbz.org

VAYECHI: Ephraim & Menashe

The most famous parental blessing is found in this week's Torah portion: "May G-d bless you to be like Ephraim and Menashe." Jacob proclaims that this blessing be the paradigm for all future generations: "With your names shall all of Israel be blessed."

One cannot help but wonder why Jacob chooses a blessing for posterity that is connected to the names of his grandchildren, not his children. Furthermore, why not bless Jewish children to be like himself or his righteous parents and grandparents?

Jacob, the great prophet and patriarch of the Jewish people, saw all the future generations, including ours. He envisioned a challenging time like ours, when role models like himself would be scarce, and the forces of assimilation and secularism would be rampant.

Addressing the challenges of our generation, Jacob encourages parents, "You must bless your children to be like my own grandchildren, Ephraim and Menashe, who unlike their parents and grandparents before them, grew up in the land of Egypt, exposed to a very foreign culture. Despite this and despite never seeing their Jewish family until much later in their life, they still managed to grow up faithful to their family's values and lifestyle!"

Because of the similarities between his grandchildren and the children of our generation, he encourages the parents of our generation to bless their children to follow the example of Ephraim and Menashe, as opposed to the other famous biblical heroes. Jacob is affirming that regardless of the colossal challenges facing them, our children can successfully achieve a beautiful connection to their families and traditions.

– by **Rabbi Avraham E. Plotkin**, www.chabad.org

DAILY QUOTE

IT'S THE LAW!

There are two sorts of laws:

- a) laws that create life, and
- b) laws created by life.

Human laws are created by life, so they vary from land to land according to circumstances. The Almighty's Torah is a G-dly law that creates life. G-d's Torah is the Torah of truth, the same in all places, at all times. Torah is eternal.

–**Rabbi Yosef Yitzchak of Lubavitch**
www.chabad.org

On this Day in Jewish History – 14 Tevet – Purim Hebron

On this day, Abraham, Isaac, and Jacob came to the rescue of the Jewish community of Hebron, after an evil Pasha imprisoned its leaders and threatened to sell the entire Jewish population into slavery.

The Sephardic community of Hebron would celebrate this day to mark the great miracle which occurred.



Keshet

CONNECTING GENERATIONS

Mother Daughter Program

SUNDAY MORNINGS | 10:30 - 11:45 AM

FOR GIRLS: KINDERGARTEN - 5TH GRADE

WITH KESHER KREW FOR GRADES 6TH-8TH

Bitachon

JANUARY 4TH

וְאַהֲבָתִי אֶתְכֶם, אָמַר ה'

Hashem loves me-
It's a reality

JANUARY 11TH

כִּי הִטָּה אֲזִנִּי לִי

Hashem cares about
me, individually.

FEBRUARY 1ST

כָּל-יָכוֹל

We all know,
Hashem is Kol Yachol.
(The Ultimate Power)

FEBRUARY 8TH

הוּא ה' יִדְעֵת כָּל־

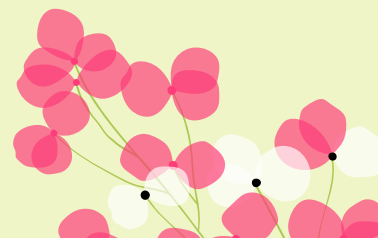
Hashem knows me to
the T!

Location: Nusach Hari B'nai Zion, 650 N. Price Road, Olivette, MO 63132

Committee: Elisheva Anton, Shana Bersin, Tzirel Biron, Riki Gutovich, Temima Klein, Elissa Schachter



A PROGRAM OF
ST. LOUIS
COMMUNITY
Kollel



From

ORDINARY

LIVING

to

EXTRAORDINARY

BLESSING

Discover the powerful principle
that unlocks blessing-
and how to put it into action.

Join us for an evening with motivational speaker

Michael Rothschild, CCHF DIRECTOR

THIS EVENING
IS DEDICATED AS A ZECHUS
L'REFUAH SHLEIMAH FOR

שיינא תהילה בת שולמית
Shaina Tehilah bas Shulamis

FOR MEN AND WOMEN



Wednesday, January 7

8:15-9:00 pm

Maariv to follow

U City Shul

700 North and South Rd

CHOFETZ CHAIM



HERITAGE FOUNDATION

BE PART OF
SOMETHING
BIGGER



St. Louis Jewish Community Blood Drive

Sunday, January 11

10:00 AM - 4:00 PM

Young Israel of St. Louis

8101 Delmar Blvd

To schedule an appt, scan QR code,
or call ImpactLife at 800.747.5401

Every donation earns rewards!
Choose from a
\$20 e-gift card, points to shop
our Rewards Store, or
donate e-gift card to your
favorite nonprofit for all
successful donations!



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PIZZA NIGHT MENU

Sunday, January 25, 2026
5-7 PM

ADULTS: \$15
KIDS AGES 3-12: \$8
KIDS UNDER 3: FREE

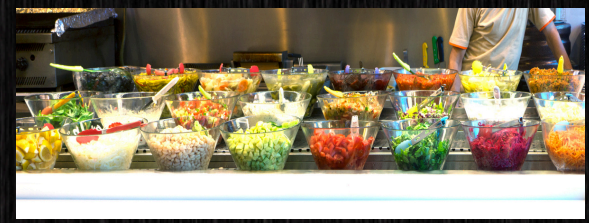
PIZZA



PASTA



SALAD BAR



FRIES



CHOLOV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN



office@nhbz.org



314-991-2100



NHBZ.ORG



650 North Price Rd. St.
Louis, MO 63132