



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America



February 13-14, 2026

Parshas Mishpatim

26-27 Shevat 5786

Parshas Shekalim

Candle Lighting 5:19 PM

Exodus 21:1-24:18

Shabbos Concludes 6:19 PM

Announcement

This week's bulletin is sponsored by Joni Kaiser in honor of Bob's birthday—please join me in wishing him a very happy Shabbos birthday!

- Save the date: February 15 there will be a movie showing of "The Road Between Us" please be advised that this movie is rated R due to graphic images and violence it is not intended for children. The event is free and there will be light refreshments provided. After the movie Galit Lev Harir will be leading a discussion, we hope you will attend. Please see the flyer for full details.
- Tomchei Shabbos is a kosher food pantry that currently helps about 50 Jewish families in our community. If you would like to donate some items to this wonderful organization, you could bring non-perishable, non-expired **Kosher** food to NHBZ (salad dressing, cereal, condiments, peanut butter, pasta. etc). They are also in need of toothbrushes, toothpaste, toilet paper, paper towels, zip lock bags, foil. There is a container at NHBZ for your convenience. **Please, do not bring donations on Shabbat** but next time you come for minyan, for a class, or event, your donation will be greatly appreciated. You can also donate on their website tomcheistl.org If you have any questions, please feel free to contact the office

Prayer Times

Friday, February 13

Mincha/Maariv 5:20 PM

Candle Lighting 5:19 PM

Shabbos, February 14

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:34 AM

Mincha 5:00 PM

Shalosh Seudos After
and Learn Mincha

Shabbos Concludes 6:19 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon, Thurs & Fri) 7:00 AM

Shacharis (Tues & Wed) 6:45 AM

Rosh Chodesh

Mincha (Sun-Fri) 5:20 PM

Shabbos Programming

Soul Building with Rabbi Yosef David
10:00 AM

Childcare
10:00 - 11:30 AM

Shul Contact Information

phone: 314-991-2100

Devorah- Office Administrator
email: office@nhbz.org

Rabbi Rubin:
rabbirubin@nhbz.org

Hindy- Bookkeeper
bookkeeper@nhbz.org

Yahrzeits Observed This Week

Feb 13 - 26 Shevat Feb 17 - 30 Shevat

Chana Gitel Tullman Nathan Zarkowsky
Morris Goldfader

Feb 14 -27 Shevat Estelle Levin
Gloria Schnitzer

Feb 15 - 28 Shevat Feb 18- 1 Adar
Fannie Kotkin Roma Kleiman

Feb 16 - 29 Shevat Feb 19 - 2 Adar
Stanley Farbstein

Al Izenon William Smason
Leo Londe



Happy Birthday!

February 14

Bob Kaiser

February 16

Stuart Klamen

February 17

Maxwell Pepose

Morissa Pepose

Samuel Pepose

February 18

Rafi Matt

Community Events

- The Jewish Federation of St. Louis One Happy Camper program is now accepting applications for Summer 2026. One Happy Camper grants range from \$700-\$1,000 for first time overnight campers. Campers must be enrolled in a session that is at least 12 consecutive days at one of the 150+ nonprofit Jewish overnight camps listed on the Foundation for Jewish Camp website. Families are encouraged to apply as soon as possible at OneHappyCamper.org.
- St. Louis Kaplan Feldman Holocaust Museum will be hosting their semi-annual volunteer Orientation coming up on Sunday, February 15, 2026, from 9am-2pm. This Orientation is for anyone who wishes to volunteer at the Museum in their visitor services area, leading tours, in the Impact Lab, in their archives department, and more!
- Taharath Israel, the St. Louis Mikvah Association, in conjunction with the St. Louis Kollel presents a 3 part halachic, hashkafic and practical Shovavim series for women given by Mrs. Mimi David. Wednesdays, January 28, February 11, and February 18 8:15-9:15 PM. At the home of Shanna Klein, 8308 Amherst Ave. \$20 suggested donation for the series. The Men's Shovavim Series given by Rabbi Yitzchak Kowalsky, will be February 14, and February 21 from 9:00-10:00 PM at the Kollel Learning Center, 8200 Delmar Blvd.
- TOMCHEI SHABBOS: Purim Mishloach Monot cards are now available! Purchasing cards supports our local families. Cards are available for \$3.00 each, 10 for \$30 + 1 card free, 20 for \$60 + 2 cards free. Cards may be purchased from Jackie Oppenheimer at 314-954-7088, or Bryna Kandel at 314-616-5862.
- JSU Hamantaschen Bake 2/24 @ 7:00pm: Join us to bake your Hamantaschen with teens from all across St. Louis! Come mix, bake, and celebrate together.
RSVP: <https://tinyurl.com/JSUBakeandTake2026>
- JSU House Shabbat Experience 2/27 - 2/28: Enjoy an unforgettable Shabbat featuring Friday night dinner, Shabbat Oneg, Shabbat day games, and a musical Havdalah to close out the weekend.
RSVP: <https://tinyurl.com/JSUPrePurimShabbat>
- JSU Party Bus March 2nd at 8:15 PM: Don't miss this high-energy night out with friends, music, and fun on the party bus!
RSVP: <https://tinyurl.com/JSUPartyBus>
- JSU Food Drive & Volunteer Day at the Harvey Kornblum Jewish Food Pantry March 8th, 9:30-11:00 AM: RSVP required. Make a difference in our community, then join us for an Ice Skating Social at Creve Coeur Ice Rink from 2:15-4:00 PM. Cost: \$5, or free for those who participate in volunteering.
RSVP for Ice Skating: <https://tinyurl.com/JSUMarchIceSkating>

Happy Anniversary!

February 16

Mark & Natalia Wallman

Upcoming Events

February 15 - Israel Film Night

February 19 - Soup & Salad Thursday

February 21 - Tot Shabbos

February 28 - February & March
Birthday Kiddush

Purim Cards For Sale



Buy your Purim cards today

\$5 each

5 for \$20

10 for \$36

Contact the office with any questions

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
8:00-9:00 PM

Tuesdays

Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's Wisdom
For Our Everyday Life"
6:45 PM Downstairs

Thursdays

Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays

Rabbi Smason's "The Book of Judges"
Zoom Class 3:15 PM

<https://us04web.zoom.us/j/789747958>

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THE SISTERHOOD SCOOP

"We will do and we will hear..."

FEBRUARY 14



Volume 9

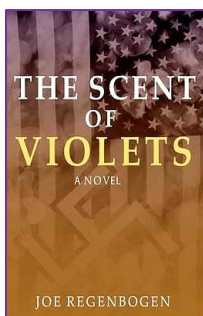
Number 07

27Shevat 5786

February 14, 2026

Next Book Club Meeting Sunday—March 29—3:30pm

Due to the snow, the January 25 Book Club discussion was postponed until March 29. The book is *The Scent of Violets* written by former Parkway High School history teacher and author of several books, including *Making a Difference*, about NHBZ member and Israel Advocate *Irl Solomon* and his remarkable career teaching in East St. Louis Public Schools.



Mr. Regenbogen will discuss his latest book, *The Scent of Violets*, that explores the themes of redemption and forgiveness, and will lead the discussion on Sunday afternoon, March 29, 3:30-5:00PM, at NHBZ, lower level, just before NHBZ's January Pizza Night.

MEET THE AUTHOR *Joe Regenbogen* Come for Book Club—Stay for Pizza

For more information, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org

Men & women – all are welcome!

Adar Joy

"When Adar enters," the Talmud declares, "we increase in joy." For this is "the month that was transformed for them from sorrow to joy, from mourning to festivity" (Esther 9:22) by the great miracle and victory of Purim. Our sages advise that the month of Adar is an auspicious time for the Jewish people, so that if a Jew is faced with a challenging event (i.e., a court case, a medical procedure, etc.) he should endeavor to schedule it during Adar.

– www.chabad.org



MISHPATIM: The Divine Loan

The intimate Jewish relationship with G-d is expressed in the idea that G-d Himself keeps the laws of the Torah. The Sages tell us they are called "G-d's laws" because not only do they come from G-d, but they are also kept by G-d. This teaching helps a person understand more clearly how closely we are connected with the Divine at every step of our lives. The Zohar states: "G-d, the Jewish people and the Torah are one." This applies in many ways. The teaching that, so to speak, both we and G-d keep the laws of the Torah helps us understand that we are truly bonded together.

The Sedra presents us with many laws, most of them concerning relationships with other people. One of them tells us about lending money to the poor. "If you lend money to My people, to the poor among you..." (22:24). The Sages of the Talmud comment that the word 'if' is not to be taken literally. There is a duty and a requirement to lend money to the needy person.

This is a central concept in traditional Jewish society. In many communities today, there are interest-free loan funds. A loan helps an individual or a family deal with the constant pressures of life.

How does G-d Himself keep this law? He 'lends' each of us everything we have. Our physical bodies, our skills and talents, our minds and intelligence, our homes, our possessions. This is a Divine loan which we are able to enjoy – yet we also have to repay it.

And how do we pay back the loan? By using all that G-d has given us in order to fulfill His objective: to make this world into a dwelling for the Divine, through keeping the laws of the Torah.

There are two types of loan. If you borrow someone's watch, you have to give the same watch back to its owner. The borrower never truly possesses the watch. However, if you borrow money, you do not have to give back the same banknotes, just the equivalent. The original banknotes become fully the property of the borrower.

G-d's loan to us is of the second type. Everything that G-d gives becomes ours: our physical selves, our skills, our minds and our possessions. Yet – ideally – we deliberately use all of this in every aspect of our lives for a sacred purpose, guided by the teachings of the Torah. In this way we repay the Divine loan, or at least we try to. Someone might ask: "How much do you owe?" Answer: "Everything!"

– *Dr. Tali Loewenthal*, www.chabad.org



Jewish War Veterans Heritage Post 644

12 Millstone Campus Drive
St. Louis, MO 63146

www.jwvstl.org

Jewish War Veterans Heritage Post 644 of St. Louis is pleased to announce the \$1,000 Ted and Rachael Pevnick Family Scholarship and the \$1,000 Chuck Sandroff Scholarship Awards.

Both scholarships are applicable to either vocational or academic education.

Eligibility

- a. Current Students
 - i. Graduating high school senior applying to college or vocational training, or
 - ii. Current college (undergraduate) or vocational student with at least one (1) semester remaining after award date of May 24, 2026, or
- b. Military
 - i. Currently serving military service member pursuing academic or technical training outside of the military (Active Duty, National Guard or Reserves), or
 - ii. Military veteran separated with honorable discharge applying to college or vocational training or meeting the eligibility requirement for current undergraduate/vocational students.
- c. Applicant has no prior technical certificate, bachelors, or advanced degrees

Applications will be reviewed by Committee members of the Post 644. The application deadline is **April 17, 2026**, with the award being presented on May 24, 2026 during our Memorial Day observance at the Millstone Campus in Creve Coeur, Missouri.

Application process:

- Applicant must be of Jewish faith
- Applicant has a connection to the Greater St. Louis region (at least one of the following three options applies)
 - Grew up in the Greater St. Louis region
 - Parent's live in the Greater St. Louis region
 - Attended high school or is attending college or vocational school in the Greater St. Louis region
- Write an essay (Word or PDF preferred) to include:
 - How your sense of patriotism and being Jewish in the United States affects you and how the Veteran in your family influenced your life.
 - Volunteer service in school or community.
 - Name of school the applicant will be or is currently attending
 - Contact information

Submit Applications to:

contact@jwvstl.org



PLEASE JOIN US FOR A

FAMILY SHABBAT DINNER

FEBRUARY 13, 2026
MINCHA 5:20 PM
DINNER APPROX. 6:15 PM

\$25 per Adult
\$15 per Children ages 5-12
Children under 5 are Free
\$100 Max per Family

RSVP Required by Monday February 9, 2026

<https://forms.gle/mokdX5VBe6eUqa8WA>

office@nhbz.org

314-991-2100



NHBZ and St. Louis Friends of Israel
Present



THE ROAD BETWEEN US

THE ULTIMATE
RESCUE

A BARRY AVRICH FILM



This award-winning 2025 documentary follows retired Israeli general Noam Tibon, who on October 7, 2023, received a desperate text from his son: terrorists had stormed his home, and he, his wife, and their two young daughters feared for their lives.

A gripping story of an extraordinary rescue and an unflinching look at the failures and resilience revealed on October 7. A human story about courage, family, and the power of love in the face of unimaginable terror.

Brief film discussion to follow. Security provided. Open to the community.
R rated film, duration 90 minutes. Refreshments provided.



Sunday, February 15, 2026 6:30-8:30PM @ NHBZ

RSVP by Feb 12th to office@nhbz.org

Rated R- Graphic Images and Violence



NHBZ PRESENTS

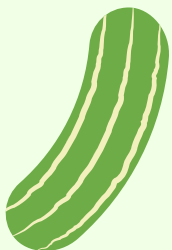
SOUP AND SALAD THURSDAY

FEBRUARY 19, 2026

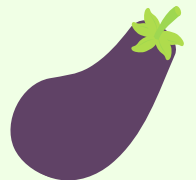
6:30-8:30 PM



TRADITIONAL GREEK HORIATIKI SALAD



TOMATO BASIL SOUP



ALL ARE WELCOME

\$10 PER ADULT

\$5 AGES 4-12

RSVP BY FEBRUARY 18TH TO OFFICE@NHBZ.ORG



PIZZA NIGHT MENU

Sunday, February 22, 2026
5-7 PM

ADULTS: \$15
KIDS AGES 3-12: \$8
KIDS UNDER 3: FREE

PIZZA



PASTA

SALAD BAR



FRIES

CHOLOV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN



office@nhbz.org



314-991-2100



NHBZ.ORG



650 North Price Rd. St.
Louis, MO 63132



TAHARATH ISRAEL
טהרת ישראל
ST. LOUIS MIKVAH ASSOCIATION

Shovavim Series

FOR WOMEN

GIVEN BY: MRS. MIMI DAVID

A three part halachic, hashkafic, and practical Shovavim series

PART 1

Wednesday evening,
January 28

MIKVAH MYTHS,
MISTAKES, AND
MISCONCEPTIONS

PART 2

Wednesday evening,
February 11

ADDING EMOTIONS
TO THE MOTIONS
A HASHKAFIC JOURNEY

PART 3

Wednesday evening,
February 18

REALITY VS.
UNMET
EXPECTATIONS

8:15-9:15 PM

At the home of Shanna Klein
8308 Amherst Ave

LIGHT REFRESHMENTS WILL BE SERVED
\$20 SUGGESTED DONATION FOR THE SERIES

PRESENTED IN CONJUNCTION
WITH THE ST. LOUIS KOLLEL



TAHARATH ISRAEL
טהרת ישראל
ST. LOUIS MIKVAH ASSOCIATION

Shovavim Series

FOR MEN

GIVEN BY: RABBI YITZCHAK KOWALSKY
SENIOR RABBINIC COORDINATOR, VA'AD HOEIR

A halachic refresher
of the laws of Taharas Hamishpacha

PART 1

Motzei Shabbos,
February 14

PART 2

Motzei Shabbos,
February 21

9:00-10:00 PM

IN THE KOLLEL LEARNING CENTER
8200 DELMAR BLVD

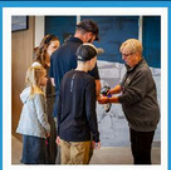
\$15 SUGGESTED DONATION FOR THE SERIES

PRESENTED IN CONJUNCTION
WITH THE ST. LOUIS KOLLEL



ST. LOUIS
KAPLAN FELDMAN
HOLOCAUST MUSEUM
In honor of the survivors and the memory of the victims

VOLUNTEER ORIENTATION



FEBRUARY 15 | 9 AM - 2PM

As a Museum Volunteer, you will:

- Meet new friends
- Join a vibrant community
- Add to your resume
- Learn about Holocaust history
- Learn about archives
- Gain museum experience
- Improve sales skills
- Gain speaking skills

For more information or to RSVP, email ZTurner@STLHolocaustMuseum.org

ת"ס

Esther Miller Bais Yaakov
invites you to join us for a special
guest speaker on the topic of

PURIM & COSTUMES

helping our children (and ourselves!)
discover their true self

Open to the community
For men & women

SUNDAY | 15 FEB 2026

8:00 PM | 8308 Amherst Ave.

**At the home of
Yaakov & Shanna Klein**



Rabbi Yitzchak
Feigenbaum



HEAR YE!! HEAR YE!!

**HIS MAJESTY, THE KING, WISHES TO
EXPRESS HIS GRATITUDE TO
MORDECHAI THE JEW
FOR SAVING THE KING'S LIFE!**



**BY ROYAL DECREE,
MORDECHAI WILL RIDE THROUGH THE STREETS OF THE
KINGDOM, UPON THE ROYAL STEED AND DRESSED IN
THE KING'S OWN GARMENTS,
LED BY THE KING'S REGENT,
HAMAN THE AGGAGITE**

**ON THE FOURTEENTH DAY OF ADAR
TUESDAY, MARCH 3, 2026**

**THE PROCESSION WILL BEGIN AT 2:00 P.M.
AT THE CORNER OF GAY AND CORNELL
IN UNIVERSITY CITY,
AND WILL END AT SAXONY COURT.
ALL LOYAL SUBJECTS OF THE KING
ARE INVITED TO HAIL MORDECHAI AS HE RIDES BY!**

Hamantaschen Bake!

February 24th | 7pm
Location: JSU House



<https://tinyurl.com/JSUBakeandTake2026>

YOU ARE CORDIALLY INVITED TO ATTEND THE
ESTHER MILLER BAIS YAAKOV

30TH ANNIVERSARY DINNER

PAYING TRIBUTE TO OUR PAST & PRESENT

BOARD PRESIDENTS



Mr. Dav
AXELBAUM



Dr. Jonathan
BORTZ



Mr. Byron
COHEN



Dr. Jonathan
GORDON



Rabbi Chona
MUSER

SPECIAL RECOGNITION TO OUR FOUNDING MENAHELES

MRS. TOVA GREENBLATT



MARCH 22, 2026

THE CORONADO
3701 LINDELL BLVD #147
ST. LOUIS, MO 63108

COMPLIMENTARY PARKING AVAILABLE
5:30PM HORS D'OEUVRES 6:30PM DINNER

Catering by Zeld's Chicago