



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 20-21, 2026
Candle Lighting 5:26 PM

Parshas Terumah
Exodus 25:1-27:19

3-4 Adar 5786
Shabbos Concludes 6:26 PM

Announcement

This week's whiskey slush is sponsored by Don Singer in honor of the February birthdays, his 80th birthday, and the Rabbi's return from down under

- Please join us for the Tot Shabbat this week!
- We express our condolences to Larry Chervitz on the passing of his wife, Rayna Chervitz.
- Tomchei Shabbos is a kosher food pantry that currently helps about 50 Jewish families in our community. If you would like to donate some items to this wonderful organization, you could bring non-perishable, non-expired **Kosher** food to NHBZ (salad dressing, cereal, condiments, peanut butter, pasta. etc). They are also in need of toothbrushes, toothpaste, toilet paper, paper towels, zip lock bags, foil. There is a container at NHBZ for your convenience. **Please, do not bring donations on Shabbat** but next time you come for minyan, for a class, or event, your donation will be greatly appreciated. You can also donate on their website tomcheistl.org
If you have any questions, please feel free to contact the office

Prayer Times

Friday, February 20

Mincha/Maariv	5:25 PM
Candle Lighting	5:26 PM

Shabbos, February 21

Shacharis/Mussaf	9:00 AM
Latest Shema Time	9:29 AM
Mincha	5:05 PM
Shalosh Seudos and Learn	After Mincha
Shabbos Concludes	6:26 PM

Weekday Schedule

Shacharis (Sun)	8:00 AM
Shacharis (Mon-Fri)	7:00 AM
Mincha (Sun-Fri)	5:35 PM

Yahrzeits Observed This Week

Feb 20 - 3 Adar
Ben Packman

Feb 24 - 7 Adar
Harold Eisenberg
Frieda Kaplan
Anna Waxman

Feb 21 - 4 Adar
Theodore Harris

Feb 25 - 8 Adar
Jay Novick
Louise Haber
Joseph Novack

Feb 22 - 5 Adar
Chaya Klarfeld
Roland Roth

Feb 23 - 6 Adar
Charles Chaskelson

Feb 26 - 9 Adar
Sadie Rickensohl
Lionel J. Kaiser
Jerome Weiss



Shabbos Programming

Soul Building with Rabbi Yosef David
10:00 AM

Childcare - Tot Shabbat
10:00 - 11:30 AM

Shul Contact Information

phone: 314-991-2100

Devorah- Office Administrator
email: office@nhbz.org

Rabbi Rubin:
rabbirubin@nhbz.org

Hindy- Bookkeeper
bookkeeper@nhbz.org

Happy Birthday!

February 20
Ed Levitt

February 24
Adira Tzivia Friedman

February 21
Don Singer
Andy Epstein

February 25
Larry Chervitz
Karen Zeff

February 26
Richard Goldstein

Upcoming Events

- February 22 – Pizza Night
- February 26 – Purim Shiur
- February 28 – February & March Birthday Kiddush
- March 3 – Purim Glow Up
- March 7 – Board of Directors Installation Lunch

Community Events

- The Jewish Federation of St. Louis One Happy Camper program is now accepting applications for Summer 2026. One Happy Camper grants range from \$700–\$1,000 for first time overnight campers. Campers must be enrolled in a session that is at least 12 consecutive days at one of the 150+ nonprofit Jewish overnight camps listed on the Foundation for Jewish Camp website. Families are encouraged to apply as soon as possible at OneHappyCamper.org.
- Taharath Israel, the St. Louis Mikvah Association, in conjunction with the St. Louis Kollel presents a 2 part series for men given by Rabbi Yitzchak Kowalsky, Part 2 will occur on February 21 from 9:00–10:00 PM at the Kollel Learning Center, 8200 Delmar Blvd.
- TOMCHEI SHABBOS: Purim Mishloach Monot cards are now available! Purchasing cards supports our local families. Cards are available for \$3.00 each, 10 for \$30 + 1 card free, 20 for \$60 + 2 cards free. Cards may be purchased from Jackie Oppenheimer at 314–954–7088, or Bryna Kandel at 314–616–5862.
- JSU Hamantaschen Bake 2/24 @ 7:00pm: Join us to bake your Hamantaschen with teens from all across St. Louis! Come mix, bake, and celebrate together.
RSVP: <https://tinyurl.com/JSUBakeandTake2026>
- JSU House Shabbat Experience 2/27 – 2/28: Enjoy an unforgettable Shabbat featuring Friday night dinner, Shabbat Oneg, Shabbat day games, and a musical Havdalah to close out the weekend.
RSVP: <https://tinyurl.com/JSUPrePurimShabbat>
- JSU Party Bus March 2nd at 8:15 PM: Don't miss this high-energy night out with friends, music, and fun on the party bus!
RSVP: <https://tinyurl.com/JSUPartyBus>
- JSU Food Drive & Volunteer Day at the Harvey Komblum Jewish Food Pantry March 8th, 9:30–11:00 AM: RSVP required. Make a difference in our community, then join us for an Ice Skating Social at Creve Coeur Ice Rink from 2:15–4:00 PM. Cost: \$5, or free for those who participate in volunteering. RSVP for Ice Skating: <https://tinyurl.com/JSUMarchIceSkating>
- Renowned Sofer, Rabbi Yosef Heinemann, will be in St. Louis Sunday, March 8th & Monday, March 9th to check mezuzahs and tefillin or purchase new mezuzah scrolls in the Agudas Israel Social Hall. Take advantage of this important opportunity if needed, please call 317 410–2292
- Bikur Cholim Meals Available – For patients who cannot access Kosher meals during their hospital stays, Bikur Cholim is fully stocked with Va'ad certified, double wrapped meat and dairy meals, as well as chicken soup broth for liquid diet needs.

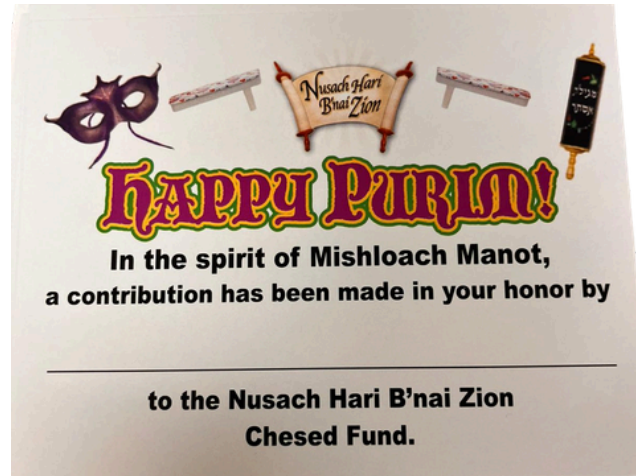
For more information on how to obtain food for a patient in need, please call or text:

- Mrs. Miriam Florans 314.724.7444
- Mrs. Devorah Simon 314.397.0365

Thank you to U. City Shul and Nusach Hari for the use of their kitchens and to the many volunteers who prepared and cooked food at each location. For more information regarding Kosher Food in the STL Hospitals from the Agudah of Missouri and Vaad Hoer Bikur Cholim click below:

[https://us10.campaign-archive.com/e=test_email &u=4a3d304a5d46ad9fc189f283a&id=6f78f86336](https://us10.campaign-archive.com/e=test_email&u=4a3d304a5d46ad9fc189f283a&id=6f78f86336)

Purim Cards For Sale



Buy your Purim cards today

\$5 each

5 for \$20

10 for \$36

Contact the office with any questions

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
8:00–9:00 PM

Tuesdays

Rabbi Sentell's
"Chumash in the Original"
12:00–12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
6:45 PM Downstairs

Thursdays

Rabbi Hess's Amud-a-Week
after Maariv

Mondays-Thursdays

Rabbi Smason's "The Book of Judges"
Zoom Class 3:15 PM

<https://us04web.zoom.us/j/789747958>

[50?](#)

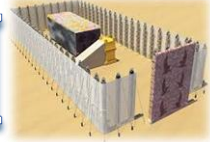
[pwd=tw7II0VumZ8QelPxHvApYZsox8V](#)

[Uem.1](#)



THE SISTERHOOD SCOOP

FEBRUARY 21



Volume 9

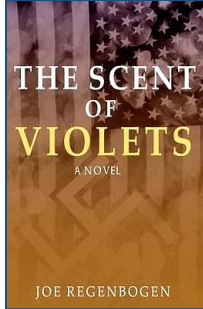
Number 08

4 Adar 5786

February 21, 2026

Next Book Club Meeting Sunday—March 29—3:30pm

The book is *The Scent of Violets* written by former Parkway High School history teacher and author of several books, including *Making a Difference*, about NHBZ member and Israel Advocate *Irl Solomon* and his remarkable career teaching in East St. Louis Public Schools. Mr. Regenbogen will discuss *The Scent of Violets*, that explores the themes of redemption and forgiveness, and will lead the discussion on **Sunday afternoon, March 29, 3:30-5:00PM, at NHBZ**, lower level, just before NHBZ's January Pizza Night.



MEET THE AUTHOR *Joe Regenbogen* Come for Book Club—Stay for Pizza

For more information, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org
Men & women – all are welcome!

Daily Thought - - - Unreligious???

There are those who mistakenly categorize Jews as religious and non-religious.

According to our Torah, there is no Jew who is not religious. All Jews are believers from birth. Superficial, external factors may bring them to go against their true selves. But their hearts are always awake and open to Torah and mitzvahs. They are only waiting for someone to press the right buttons.

– from a letter from the first of Adar, 5732 (1972) (Igrat Kodesh vol. 27, p. 34, www.chabad.org)

THIS DAY IN JEWISH HISTORY 7 ADAR – TUESDAY, FEBRUARY 24, 2026

MOSES' BIRTH & PASSING

Moses was born in Egypt on the 7th of Adar of the year 2368 from creation (1393 BCE) and passed away on his 120th birthday -- Adar 7, 2488 (1273 BCE) – www.chabad.org

TERUMAH: The Big Donors

Anyone involved in a non-profit will recognize the temptation to hold out for the big bequests and ignore the cumulative effect that comes from lots of smaller donations.

Every organization dreams of receiving a massive inheritance or endowment that will instantly catapult them into an entirely new league. It's tempting to spend time shadowing the major donors and cultivating relationships with world famous philanthropists, but allowing this to become your exclusive fundraising strategy would be the equivalent of planning for retirement by buying a weekly lottery ticket.

An organization which has a broad base of supporters is an institution that has a future. By diversifying our income stream we allow many more people to join in our success, while simultaneously protecting ourselves from the potential impact of losing any one donor. When people contribute financially they feel invested in the project and their expectations become the true catalyst of sustainable growth.

The previous Lubavitcher Rebbe, Rabbi Yosef Yitzchak Schneerson, of righteous memory, once pointed out that when the Jews were building the Tabernacle, they could have easily allowed a few of the mega-wealthy contributors to sponsor the entire project. But Moses was specifically commanded to “collect donations from every single person whose heart is devoted.”

Every single man, woman, and child was invited to contribute, and it was their shared commitment that built a fitting home for G-d.

Give What You Can Afford

At the same time, the onus remains on those who can afford to give more to do so. In 1992, the Rebbe reflected on the fact that although every Jew was invited to contribute to building the Tabernacle, most of the actual work was undertaken by a few dedicated and talented individuals, headed by Betzalel and Ahaliav.

If you have more, you should give more. The verse we quoted before wasn't saying that the burden should be shared equally, rather each person gives as much as his heart can hold.

When each of us contributes according to his or her ability, together we ensure that Judaism will flourish and that every worthy institution will have everything they need to build G-d's home.

– *Rabbi Elisha Greenbaum*, www.chabad.org



Jewish War Veterans Heritage Post 644

12 Millstone Campus Drive
St. Louis, MO 63146

www.jwvstl.org

Jewish War Veterans Heritage Post 644 of St. Louis is pleased to announce the \$1,000 Ted and Rachael Pevnick Family Scholarship and the \$1,000 Chuck Sandroff Scholarship Awards.

Both scholarships are applicable to either vocational or academic education.

Eligibility

- a. Current Students
 - i. Graduating high school senior applying to college or vocational training, or
 - ii. Current college (undergraduate) or vocational student with at least one (1) semester remaining after award date of May 24, 2026, or
- b. Military
 - i. Currently serving military service member pursuing academic or technical training outside of the military (Active Duty, National Guard or Reserves), or
 - ii. Military veteran separated with honorable discharge applying to college or vocational training or meeting the eligibility requirement for current undergraduate/vocational students.
- c. Applicant has no prior technical certificate, bachelors, or advanced degrees

Applications will be reviewed by Committee members of the Post 644. The application deadline is **April 17, 2026**, with the award being presented on May 24, 2026 during our Memorial Day observance at the Millstone Campus in Creve Coeur, Missouri.

Application process:

- Applicant must be of Jewish faith
- Applicant has a connection to the Greater St. Louis region (at least one of the following three options applies)
 - Grew up in the Greater St. Louis region
 - Parent's live in the Greater St. Louis region
 - Attended high school or is attending college or vocational school in the Greater St. Louis region
- Write an essay (Word or PDF preferred) to include:
 - How your sense of patriotism and being Jewish in the United States affects you and how the Veteran in your family influenced your life.
 - Volunteer service in school or community.
 - Name of school the applicant will be or is currently attending
 - Contact information

Submit Applications to:

contact@jwvstl.org



PIZZA NIGHT MENU

Sunday, February 22, 2026
5-7 PM

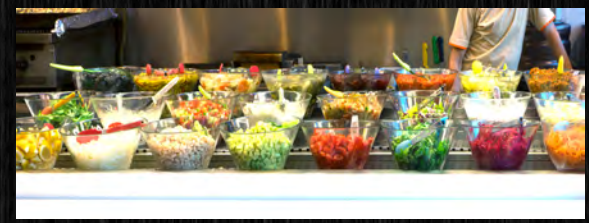
ADULTS: \$15
KIDS AGES 3-12: \$8
KIDS UNDER 3: FREE

PIZZA



PASTA

SALAD BAR



FRIES

CHOLOV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN



office@nhbz.org



314-991-2100



NHBZ.ORG



650 North Price Rd. St.
Louis, MO 63132



“The
Whats and
Whys of
Purim”

Given by:

Rabbi Aron Rubin

Thursday, February 26, 2026

2:00 PM

In the

Feigenbaum/Pepose Learning Center

Also Available Over Zoom

Please Email the Office For a Link





TAHARATH ISRAEL
טהרת ישראל
ST. LOUIS NIVKVA ASSOCIATION

Shovavim Series

FOR MEN

GIVEN BY: RABBI YITZCHAK KOWALSKY
SENIOR RABBINIC COORDINATOR, VA'AD HOEIR

A halachic refresher
of the laws of Taharas Hamishpacha

PART 1

Motzei Shabbos,
February 14

PART 2

Motzei Shabbos,
February 21

9:00-10:00 PM

IN THE KOLLEL LEARNING CENTER
8200 DELMAR BLVD

\$15 SUGGESTED DONATION FOR THE SERIES

PRESENTED IN CONJUNCTION
WITH THE ST. LOUIS KOLLEL 

Hamantaschen Bake!

February 24th | 7pm

Location: JSU House



<https://tinyurl.com/JSUBakeandTake2026>

HEAR YE!! HEAR YE!!

**HIS MAJESTY, THE KING, WISHES TO
EXPRESS HIS GRATITUDE TO
MORDECHAI THE JEW
FOR SAVING THE KING'S LIFE!**



**BY ROYAL DECREE,
MORDECHAI WILL RIDE THROUGH THE STREETS OF THE
KINGDOM, UPON THE ROYAL STEED AND DRESSED IN
THE KING'S OWN GARMENTS,
LED BY THE KING'S REGENT,
HAMAN THE AGGAGITE**

**ON THE FOURTEENTH DAY OF ADAR
TUESDAY, MARCH 3, 2026**

**THE PROCESSION WILL BEGIN AT 2:00 P.M.
AT THE CORNER OF GAY AND CORNELL
IN UNIVERSITY CITY,
AND WILL END AT SAXONY COURT.
ALL LOYAL SUBJECTS OF THE KING
ARE INVITED TO HAIL MORDECHAI AS HE RIDES BY!**



IMPORTANT ANNOUNCEMENT

Renowned Sofer

Rabbi Yosef Heinemann

will be in St. Louis

Sunday, March 8th

Monday, March 9th

Agudas Israel Social Hall

Take advantage of this important opportunity to get
your mezzuzos and tefillin checked or purchase new
mezzuzahs if needed

Call 317 410-2292

**Announcing the 25th Annual
St. Louis Women's Only Megillah Reading**

Honoring the Memory of Adinah Raskas z"l



Join us for a reading of Megillat Esther
by and for women only.

Tuesday, March 3rd, 2026, at 10:00 a.m.

**At the home of Elisheva Goldberg
8311 Cornell Ave., University City**

All women are welcome.
Please share with anyone who may be interested.

* We will be fulfilling the mitzvah of *Matanot l'Evyonim* by collecting and donating funds to the Barbara Mendelson Tomchei Shabbos Fund for distribution on Purim day.

YOU ARE CORDIALLY INVITED TO ATTEND THE
ESTHER MILLER BAIS YAAKOV

30TH ANNIVERSARY DINNER

PAYING TRIBUTE TO OUR PAST & PRESENT
BOARD PRESIDENTS

				
Mr. Dav AXELBAUM	Dr. Jonathan BORTZ	Mr. Byron COHEN	Dr. Jonathan GORDON	Rabbi Chona MUSER

SPECIAL RECOGNITION TO OUR FOUNDING MENAHELES
MRS. TOVA GREENBLATT



MARCH 22, 2026
THE CORONADO
3701 LINDELL BLVD #147
ST. LOUIS, MO 63108

COMPLIMENTARY PARKING AVAILABLE
5:30PM HORS D'OEUVRES 6:30PM DINNER
Catering by Zeld's Chicago