



# NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

April 10-11, 2026

Candle Lighting 7:15 PM

Parshas Shemini

Leviticus 9:1-11:47

23-24 Nissan 5786

Shabbos Concludes 8:16 PM

## Announcements

Thank you to Shimon Ohana, who donated the new front door lock and his locksmith services, in loving memory of his father Gavriel Ohana, Gavriel ben Shimon z"l

- We express our condolences to Larry Hollander on the passing of his wife Shirley Hollander z"l
- There will be a stone dedication for Mimi Fiszal on April 19<sup>th</sup> at 11:00AM at Chesed Shel Emeth Cemetery (650 White Rd, Chesterfield, MO 63017)
- The Israel Committee is looking for Sponsors for our Big Yom Ha'Atzmaut Celebration Weekend (April 24-25, 2026). Please contact [office@nhbz.org](mailto:office@nhbz.org) if you would like to sponsor.

## Seeking Greeters

- Greeters welcome members and guests with a smile, and assist with the upstairs door from 9-11:00, and with the downstairs door, between 9:45 and 10:15.
- All Greeters get to wear the exclusive signature Green and Gold Pin worn by our Safety Team Captains!
- Contact Aileen Shifren ([aileen@shifren.com](mailto:aileen@shifren.com)) today, to sign up and get your pin!



## Yahrzeits Observed This Week

April 10 - 23 Nissan

Morris Fadem

April 14 - 27 Nissan

Fay Petrovsky

April 11 - 24 Nissan

Israel Louis Gordon

April 15 - 28 Nissan

Sarah Grus

## Happy Birthday!

April 10

Avram Cohen

April 14

Gail Tullman

April 12

Chaim Edelstein

April 15

Craig Berkin

April 13

Teretha Carter

## Upcoming Events

April 16 - Boyko Bas Mitzvah

April 19 - Security Speech

April 21 - Yom Hazikaron

Commemoration

April 24-25 - Yom Ha'atzmaut Celebration

April 26 - Pizza Night

## Prayer Times

### Friday, April 10

Mincha/Maariv 7:00 PM

Candle Lighting 7:15 PM

### Shabbos, April 11

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:46 AM

Mincha 6:55 PM

Shalosh Seudos After  
and Learn Mincha

Shabbos Concludes 8:16 PM

### Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-  
Thurs) 7:00 AM

Shacharis (Fri) 6:45 AM

Rosh Chodesh

Mincha (Sun-Thurs) 6:05 PM

## Shabbos Programming

No Soul Building This Week

### Childcare

10:00 - 11:30 AM

## Shul Contact Information

phone: 314-991-2100

Rabbi Rubin:  
[rabbi Rubin@nhbz.org](mailto:rabbi Rubin@nhbz.org)

Devorah- Office Administrator  
email: [office@nhbz.org](mailto:office@nhbz.org)

Hindy- Bookkeeper  
[bookkeeper@nhbz.org](mailto:bookkeeper@nhbz.org)

## Community Events

- The Jewish Federation of St. Louis One Happy Camper program is now accepting applications for Summer 2026. One Happy Camper grants range from \$700-\$1,000 for first time overnight campers. Campers must be enrolled in a session that is at least 12 consecutive days at one of the 150+ nonprofit Jewish overnight camps listed on the Foundation for Jewish Camp website. Families are encouraged to apply as soon as possible at [OneHappyCamper.org](http://OneHappyCamper.org).
- Bikur Cholim Meals Available – For patients who cannot access Kosher meals during their hospital stays, Bikur Cholim is fully stocked with Va'ad certified, double wrapped meat and dairy meals, as well as chicken soup broth for liquid diet needs.

For more information on how to obtain food for a patient in need, please call or text:

- Mrs. Miriam Florans 314.724.7444
- Mrs. Devorah Simon 314.397.0365

Thank you to U. City Shul and Nusach Hari for the use of their kitchens and to the many volunteers who prepared and cooked food at each location.

For more information regarding Kosher Food in the STL Hospitals from the Agudah of Missouri and Vaad Hoer Bikur Cholim click below:

[https://us10.campaign-archive.com/e=test\\_email\\_&u=4a3d304a5d46ad9fc189f283a&iid=6f78f86336](https://us10.campaign-archive.com/e=test_email_&u=4a3d304a5d46ad9fc189f283a&iid=6f78f86336)

## Scholarship Opportunity

Jewish War Veterans Heritage Post 644 of St. Louis is pleased to announce the \$1,000 Ted and Rachael Pevnick Family Scholarship and the \$1,000 Chuck Sandroff Scholarship Awards. Interested in eligibility and the application process, please contact the office at [office@nhbz.org](mailto:office@nhbz.org) or [www.jwvstl.org](http://www.jwvstl.org).

## Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna" after Shacharis

Mondays

Partners in Torah  
Rabbi Rubin's Rambam Class  
8:00-9:00 PM

Tuesdays

Rabbi Sentell's  
"Chumash in the Original"  
12:00-12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's Wisdom For Our Everyday Life"  
TBD Downstairs

Thursdays

Rabbi Hess's Amud-a-Week after Maariv

Mondays-Thursdays

Rabbi Smason's "The Book of Judges"  
Zoom Class 3:15 PM

<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QeIPxHvApYZsox8VUem.1>



# Israel Memorial Day Commemoration

יִזְכוֹר

Please join us to honor  
and remember Israel's  
fallen soldiers

**Tuesday, April 21, 2026**

Ceremony starts at 7:00pm

Yom Ha'Atzmaut Celebration to follow

Please wear white shirts

For security  
RSVP is required at  
[office@nhbz.org](mailto:office@nhbz.org)  
or 314-991-2100



# Shabbat for Israel

## Celebrating Yom Ha'Atzmaut

### Israel's 78<sup>th</sup> Independence Day



Nusach Hari B'nai Zion and Jewish National Fund (JNF) invite you to an inspirational Shabbat Dinner and Kiddush Lunch to celebrate Yom Ha'Atzmaut

## April 24-25, 2026

### Schedule of Events

#### Friday night, April 24:

Mincha at 6:15 pm

**Kabbalat Shabbat** (Welcoming the Sabbath) 6:30 pm

\* **Festive Shabbat Dinner** to follow with guest speaker presentation.

Topic: **"Lessons from Oct 7th: Beyond Security and Growth"**

#### Shabbat morning, April 25:

Regular services begin at 9:00 am

**Kiddush lunch** to follow with guest speaker presentation.

Topic: **"Resilience in the face of Adversity: Stories from Southern Israel"**



### Guest Speaker

**Yedidya Harush** is Jewish National Fund-USA's **Halutza Liaison for Negev Community Development**, where he works with the organization to achieve its Blueprint Negev strategy as he supports regional development in Israeli communities in southern Israel. Harush previously served in the Israel Defense Forces (IDF) where he helped evacuees following the Gaza Disengagement, played an active role during Operation Protective Edge and aided in recent counterterrorism efforts post October 7th.

#### \* Dinner Costs and Details:



Adult: \$25

Children ages 5-12: \$15

Children 4 & under: Free

**RSVP is Required** by Friday, 4/17/26

Email: [office@nhbz.org](mailto:office@nhbz.org)

or phone 314-991-2100

or go to the link below



<https://www.zeffy.com/en-US/ticketing/yom-haatzmaut-celebration-dinner>



# PIZZA NIGHT MENU

Sunday, April 26, 2026  
5-7 PM

ADULTS: \$15  
KIDS AGES 3-12: \$8  
KIDS UNDER 3: FREE

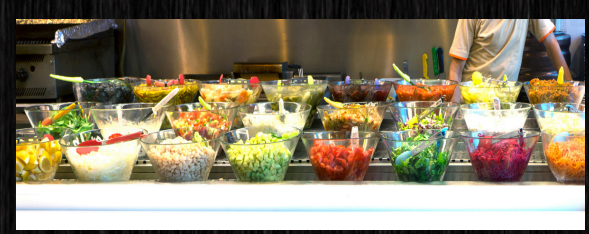
**PIZZA**



**PASTA**



**SALAD BAR**



**FRIES**



**CHOLOV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN**



office@nhbz.org



314-991-2100



NHBZ.ORG



650 North Price Rd. St.  
Louis, MO 63132

# Donate Blood

## IN MEMORY OF Arianna "Ari" Dougan



Arianna "Ari" Dougan was diagnosed with Neuroblastoma as the age of three. Ari received more than 200 units of blood during her eight year battle with cancer. She believed in random acts of kindness and her family wants to inspire others to give blood. This act of kindness ensures that blood will be available when other children, like Ari, need it to survive cancer treatment. Spread Ari's light and donate blood in her memory.

## **Aish HaTorah Annual Blood Drive In Partnership with Spread Ari's Light**

**Location: Nusach Hari B'nai Zion Synagogue  
650 N Price Rd, Olivette, MO 63132**

**Monday, May 11, 2026  
2:00 p.m. to 6:00 p.m.**

Please call 1-800-RED CROSS (1-800-733-2767) or visit  
[RedCrossBlood.org](https://RedCrossBlood.org) and enter: AriDougan  
to schedule an appointment.

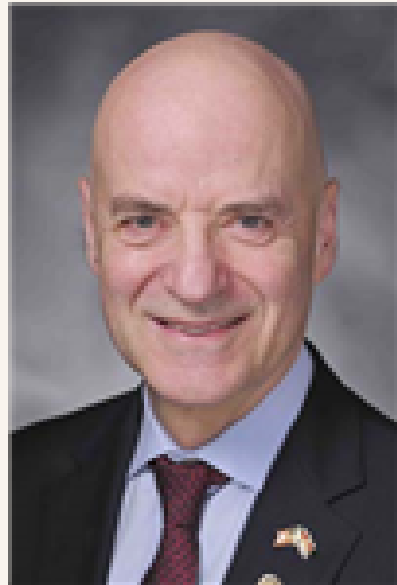
Come to give blood May 1-17 and get a \$20 eGift Card, thanks to  
Amazon! See: [rcblood.org/Amazon](https://rcblood.org/Amazon) (2026-APL-0083)



**American  
Red Cross**

1-800-RED CROSS | [RedCrossBlood.org](https://RedCrossBlood.org) | Blood Donor App

# Dialogue and Brunch With *MO Rep.* *George Hruza*



Come hear about Dr. Hruza's Jewish family history, the antisemitism bill he is sponsoring, and how he expects it to help our local community and all Missourians.

Open to the Entire Community



Postponed to  
Sunday, May 17, 2026  
10:00 AM  
\$15 per person  
RSVP Required



office@nhbz.org  
314-991-2100 ext 2  
650 N. Price Rd., 63132

THE JEWISH WOMEN'S CIRCLE PRESENTS THE 9<sup>TH</sup> ANNUAL

# SPA FOR THE SOUL

*an afternoon to pamper your mind, body & soul*

## A RUNWAY FASHION SHOW INSPIRED BY BIBLICAL WOMEN

GENERATIONAL WOMEN OF VALOR AWARDS:

- Susan Feigenbaum
- Faye Cohen
- Jenna Wasserman

SUNDAY, APRIL 26<sup>TH</sup> FROM 11:30 AM TO 2:30 PM  
AC MARRIOTT HOTEL  
16461 WILD HORSE CREEK ROAD

WORKSHOPS | BRUNCH & DESSERTS | RAFFLES | SPA  
INFO + RSVP: [JEWISHCHESTERFIELD.COM/SPA](http://JEWISHCHESTERFIELD.COM/SPA)

GO AFRICAN  
TOURS

DISCOVER

# SOUTH AFRICA

JULY 27-AUGUST 6, 2026

ALL-INCLUSIVE TRIP

GLATT KOSHER

Limited Availability Remaining

Join your host, MARK GORDON—South African-born and a lifelong wildlife enthusiast—on an unforgettable African EXPERIENCE

### TOUR HIGHLIGHTS

#### Explore Cape Town:

Begin your adventure by taking in the breathtaking beauty of Cape Town—an iconic coastal city framed by Table Mountain, a dramatic coastline, and world-class attractions.

- Cable car up Table Mountain.
- Cape Peninsula full-day tour: Cape Point and the Cape of Good Hope, Chapman's Peak Drive scenic stops.
- Boat trip to Seal Island.

#### Luxury Safari in Kruger National Park:

Stay in a private lodge in the heart of the Greater Kruger National Park for an immersive safari experience—expertly guided wildlife encounters, stunning scenery, and time to relax and soak in the magic of the wilderness.

- Enjoy Glatt Kosher cuisine prepared on-site by your own kosher gourmet chef.
- Morning and afternoon game drives, bush walks, and full-day game drives.
- Tour of the magnificent Blyde River Canyon and surrounding areas.

EARLY BIRD SPECIAL  
ENDS  
FEBRUARY 15th



SCAN TO BOOK  
[GOAFRITOURS.COM](http://GOAFRITOURS.COM)

+1 (314) 853-9235 | [info@goafritours.com](mailto:info@goafritours.com) | [goafritours.com](http://goafritours.com)

# Save THE DATE

## The Empowered Nurturer: Inspiring the Jewish Woman to Live Her Best Life

*A Health Conference for  
Jewish Women of St. Louis*

MAY 3, 2026 9AM-2PM

Details To Come...