



# NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America



May 15-16, 2026

Parshas Bamidbar

28-29 Iyar 5786

Candle Lighting 7:48 PM

Numbers 1:1-4:20

Shabbos Concludes 8:53 PM

## Announcements

- Please join us for the New Member Lunch after services.
- In recognition of Yom Yerushalaim there will be Israeli desserts prepared by the Israel Committee.
- Thank you to Irl & Myra Solomon for donating Israel's Declaration of Independence portrait to the NHBZ Congregation and leadership.

- Mazel Tov to Debbie & Brian Sher & Rachael Pevnick on the birth of a granddaughter & great-granddaughter

- The NHBZ 2026 Campaign running May 17 to 19 has gotten off to a great head start! Please join us this Sunday, May 17 from 1:00 to 3:00 PM at NHBZ for the 2026 Campaign Call-A-Thon. Help us reach our wide community of supporters and bring home another successful campaign year. Let everyone hear your energy and enthusiasm for NHBZ.

[Click here to support the campaign.](#)

- We have enhanced security with temporary orange bollards, please be aware as you are walking.

- We are seeking greeters for Shabbos and Yom Tov between 9:00 AM-12:00 PM please reach out to [aileen@shifren.com](mailto:aileen@shifren.com) if you are able to assist. Thank you!

- Medical/First Aid Team – Training Opportunity  
Some of us in the medical community at NHBZ are organizing CPR/AED/First Aid training to establish a group of members who are prepared to respond in the event of a medical emergency.

No prior training is required—this is open to anyone interested in learning. If you already have medical, EMT, or first aid experience, we would especially welcome your involvement.

Training will be conducted by the Olivette Fire Department. The program is approximately 5–6 hours and may be offered in one session or split into two shorter sessions based on interest.

If you are interested in participating, please contact the NHBZ office at [office@nhbz.org](mailto:office@nhbz.org) or 314-991-2100 ext. 2.

## Prayer Times

### Friday, May 15

Mincha/Maariv 7:00 PM

Candle Lighting 7:48 PM

### Shabbos, May 16

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:23 AM

Mincha 7:35 PM

Shalosh Seudos and Learn After Mincha

Shabbos Concludes 8:53 PM

### Weekday Schedule

Shacharis (Sun) 8:00 AM

Rosh Chodesh

Shacharis (Mon-Thurs) 7:00 AM

Mincha (Sun-Wed) 6:25 PM

## Shabbos Programming

Soul Building with Rabbi David  
10:00 AM

Childcare – Tot Shabbat  
10:00 – 11:30 AM

## Shul Contact Information

phone: 314-991-2100

Rabbi Rubín:  
[rabbirubin@nhbz.org](mailto:rabbirubin@nhbz.org)

Devorah– Office Administrator  
email: [office@nhbz.org](mailto:office@nhbz.org)

Hindy– Bookkeeper  
[bookkeeper@nhbz.org](mailto:bookkeeper@nhbz.org)

## Yahrzeits Observed This Week

May 15 - 28 Iyar  
Betya Vladimirov

May 18 - 2 Sivan  
David Klarfeld

May 16 - 29 Iyar  
Shoshana Volotzky  
Alta Hollander

May 19 - 3 Sivan  
Frieda Niedelson

May 17 - 1 Sivan  
Rose Londe  
Sol Feit

May 20 - 4 Sivan  
Joseph Goldman  
Stanley Alper  
Louis Motchan

## Happy Birthday & Anniversary!

May 16  
Joshua John  
Adam Rush

May 10  
Eliot & Sally Katz

May 19  
Sarah Beth Matt

## Upcoming Events

- May 16- New Member **Lunch & Tot Shabbos**
- May 17- Online Fundraiser
- May 17- Brunch with MO  
Rep. George Hruza
- May 21-23 Shavuot
- May 22 - Shavuot Schmooze & Ice Cream
- May 28- NHBZ Mashgiach Course Part 2
- May 30 - Safety and Security Committee Volunteers  
Appreciation Lunch
- May 31- Book Club
- May 31- Pizza Night
- June 6 - Larry Goldenberg Kiddush

## Ongoing Classes

Sundays  
Rabbi Swidler's "Learning Mishna"  
after Shacharis

Mondays  
Partners in Torah  
Rabbi Rubin's Rambam Class  
8:00-9:00 PM

Tuesdays  
Rabbi Sentell's  
"Chumash in the Original"  
12:00-12:45 PM

Wednesdays  
Rabbi Feigenbaum's "The Torah's Wisdom For Our Everyday Life"  
TBD Downstairs

Thursdays  
Rabbi Hess's Amud-a-Week  
after Maariv

# Shavuos Schedule 5786 at NHBZ

## Erev Shavuos

Thursday, May 21, 2026

Shacharis: 7:00 AM

Candle Lighting: 7:53 PM

Mincha/Maariv: 7:55 PM

Earliest Time to  
Make Kiddush 8:58 PM

Tikkun Leil  
Shavuos 11:30 PM

## Shavuos Day 1

Friday, May 22, 2026

Early Shacharis: 5:00 AM

Shacharis: 9:00 AM

Shavuot Shmooze &  
Ice-Cream @  
Irv Zeid Park 3:30 PM

Candle Lighting from  
Existing Flame 7:54 PM

Mincha/Maariv 7:55 PM

## Shavuos Day 2

Shabbos, May 23, 2026

Shacharis: 9:00 AM

Yizkor No Earlier Than  
10:30 AM

Tikkun Yom  
Program 5:20 PM

Mincha/Seudah  
Shlishit 7:40 PM

Maariv/Shabbos  
& Yom Tov Ends 9:00 PM





# THE SISTERHOOD SCOOP

## MAY 16



Volume 9

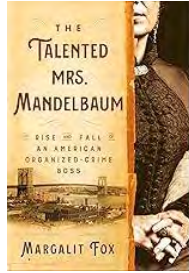
Number 16

29 Iyar 5786

May 16, 2026

## Book Club News

The NHBZ Sisterhood Book Club's **next book** is: ***The Talented Mrs. Mandelbaum: The Rise and Fall of an American Organized-Crime Boss***, by Margalit Fox -- How a nice Jewish immigrant wife and mother became the country's most notorious criminal "fence" and organized crime mastermind of the mid-1880s. Fox exposes the colorful underworld of the Gilded Age of New York and the development of police departments, private security, scams, cons, and corruption! The discussion is:



**Sunday afternoon, May 31, 3:30-5:00PM,**  
at NHBZ, lower level,  
just before NHBZ's May Pizza Night.

**Men & women are welcome!**  
**Come for Book Club – Stay for Pizza!**

For more information, contact: *Fran Alper* at [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

## SHAVUOS: Humble Pride

“ The Torah was given freely, in an ownerless public place. If it had been given in the land of Israel, the nations of the world would say that they have no portion in it. Anyone who wishes to properly accept it is welcome to do so.

Why was Mount Sinai chosen to be the site for the giving of the Torah? The conventional answer is that the choice of Mount Sinai was to teach us humility, since Mount Sinai was the most humble of all mountains. If so, why was it not given in a low lying valley? Surely that would have been a stronger lesson in humility?

Hence, we learn that a Jew must be able to distinguish between being proud and being arrogant. Arrogance is distasteful. Being proud of one's roots is a virtue. The Torah therefore, was given on a humble mountain.”

– [www.chabad.org](http://www.chabad.org)

## BAMIDBAR: The Power of Neighbors

Every so often you read one of those horrible reports of some poor elderly person, living alone, who had passed away and not been discovered for months... the mail piled up, there was a strange smell coming from the apartment, but even so, no one cared enough to investigate. From the circumstances, you'd assume that there is no close family, but you do have to wonder, where were the neighbors?

It's also not uncommon to hear stories where the neighbors seem, too concerned with the goings-on over the back fence. Whether internecine suburban warfare over partying and noise, or fights over unpaid dues, some of the most vicious cases are between neighbors who just can't get along.

Bad neighbors can cause so much aggravation and worry. How many people have felt forced to move due to the heartache caused by the people living next door? But good neighbors can also become good friends. I know people who are fully Torah observant today due to the inspiration they picked up from the people living next door as they were growing up. They observed the bonds of harmony and sense of purpose that prevailed there and decided that they wanted the same in their future homes.

In this week's Torah portion, which describes the living and traveling arrangements of the Jews during their journeys through the desert, there are two references to the effect that neighbors can have on each other. The first instance is of the tribe of Reuven, whose camp was adjacent to the tent of the wicked Korach. Unfortunately, some of the members of Reuven were negatively influenced by him and when the rebellion began, 250 Reuvenites sided with Korach, declared war on Moses, and ultimately perished. As Rashi comments, "Woe to an evil person, woe to his neighbors." (Bamidbar 3:29)

Later in the parsha we read about the 3 tribes of Yehuda, Yissachar, and Zevulun, who merited to live next door to Moses' and Aaron's families. Those tribes were positively influenced by their neighbors and eventually became known for their Torah knowledge and spiritual accomplishments. Proximity to greatness permanently influenced entire tribes. In an almost inverse observation to his comment on the earlier verse, Rashi notes, "Happy is a righteous person, happy is his neighbor." (Bamidbar 3:38)

Notice the impact of a positive environment compared to that of a negative one. With Moses and Aaron living nearby, three entire tribes benefited and their positive influence lasted throughout history. Contrast this with the pernicious effect of living next to Korach; only a tiny fraction of the one tribe living closest was negatively influenced.

Good will always overpower evil, and the positive effects of spiritual exposure far outweigh that of negativity. Even when the negative influence is right next door you have the ability to resist their blandishments by connecting to G-d and his Torah. Avoid getting caught up in neighborhood disputes and never be distracted from your mission by malevolent forces. Stay strong and be assured that you shall overcome.

Happy is the person who has righteous neighbors. Aspire to emulate the standards of morality and virtue that you encounter and be ready to be inspired by the helpful people waiting to greet you over the back fence of life.

– **Rabbi Elisha Greenbaum**, [www.chabad.org](http://www.chabad.org)



# Special Kiddush Lunch

## Shabbos May 16

Join us for Shabbos services followed by Kiddush Lunch  
Meet our newest NHBZ Members and *hear their stories...*

Shabbos May 16



# New Member Shabbos

*Honoring 37 New Members  
who joined in the last 9 months*

*Several will recount their path to NHBZ*

Bring the Family  
It's Tot Shabbat!

**NHBZ Israel Committee will sponsor**  
*a Special Dessert*  
*to celebrate Gom Yerushalayim*

# Welcome to The NHBZ Community



## Welcome New Members

RUBIN AMON  
TRACY BORDEN  
ITTA BOYKO AND FAMILY  
GALINA DEGA  
STAN ECKERT  
CHAIM AND DEVORAH EDELSTEIN  
JOEL EHRLICH  
JUDITH GLAZER  
DANIEL HYATT  
RODNEY & VICTORIA JOHN  
ZEV AND SHANA KATZ AND FAMILY  
ROZA KOYEN  
ELIOT MARKMAN

RAYA MORRIS  
SETH & BECCA NEAR AND FAMILY  
SHIMON & KATYA OHANA FAMILY  
MICHAEL PARKER  
ROMAN & EMMA PEYSAKHOVICH AND FAMILY  
ZEV ROSENBERG AND FAMILY  
MARK ROTHSCHILD  
YOSEF AND BEKKA RUBE AND FAMILY  
DEBRA SAFRON  
DON SINGER  
MELANIE THEIDE  
SUE WEISS  
BARRY & EVELYN WITTEN

# Tot Shabbat & Groups at NHBZ!

May 16, 2026

10:30am-11:30am

Davening, Songs, Parsha, Activities & More!

Preschoolers in the Babysitting Room  
with Morah Sheryl

K-5 in the Multi-Purpose Room  
with Miri & Miriam

Welcome to our new NHBZ families!



# May Events

*at NHBZ*

## April/May Birthday Kiddush

Shabbos, May 2, 2026

## NHBZ Mashgiach Course Part 1

Thursday, May 14, 2026

See Flyer for Details

## Shavuos

May 21-22, 2026

Details to come

## Lag Ba'Omer

Monday, May 4, 2026

in partnership with PIT  
See Flyer for Details

## New Member Lunch & Tot Shabbat

Shabbos, May 16, 2026

Welcome our new members to  
the shul by joining us for lunch!

## NHBZ Mashgiach Course Part 2

Thursday, May 28, 2026

See Flyer for Details

## Pre-Mother's Day Lunch

Shabbos, May 9, 2026

Come hear Mrs. Leia Rubin who  
will be speaking during Lunch  
Sponsored by Sally Needle, the  
Berkins, Tendlers, & Zarkowskys

## Thank You Security Team Lunch

Shabbos, May 30, 2026

David & Norma Rubin sponsored

## Aish Blood Drive

Monday, May 11, 2026

Lower level between 2-6 PM  
See Flyer for More Details

## Brunch with MO Rep George Hruza

## & Online Campaign

Sunday, May 17, 2026

See Flyer for Details on the brunch  
& help the shul raise their goal with  
sharing the campaign

## NHBZ Book Club &

## Pizza Night

Sunday, May 31, 2026

Come discuss a good read, and  
then enjoy a yummy buffet!

# Dialogue and Brunch With *MO Rep.* *George Hruza*



According to our local Jewish Student Union, our children are currently suffering an alarming amount of “antisemitic intimidation and harrassment” in local schools. Rep. George Hruza has sponsored a bill to combat these very real and frightening experiences. It passed unanimously and is now on the Governor’s desk. Please come to hear him and learn more about this extremely important bill and how he hopes it will protect our Jewish children. A delicious house made Kosher Brunch will also be served.

Open to the Entire Community



Sunday, May 17, 2026

10:00 AM

\$15 per person

RSVP Required



office@nhbz.org  
314-991-2100 ext 2  
650 N. Price Rd., 63132



# NHBZ MASHGIACH TRAINING

*Instructed by Rabbi Rubin*

A two part training and refresher course for those who wish to serve as “Shul Mashgichim” in NHBZ’s kitchens.



## **SESSION 1 - THURSDAY MAY 14TH, 7:30PM**

“Laws of Kashrut, Preparing Food on Shabbat, and NHBZ Kashrut policies”

In-person in the Pepose-Feigenbaum multipurpose room, and over zoom:

<https://us02web.zoom.us/j/85668724628?pwd=LViUxrcnh2wa7vyFdbM7BalQyHbO8e.1>

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## **SESSION 2 - THURSDAY MAY 28TH, 7:30PM**

“Checking Produce for Infestation: A Hands on Session”

**In-person only** in the main sanctuary

For any questions, contact Rabbi Rubin: [rabbirubin@nhbz.org](mailto:rabbirubin@nhbz.org)



# PIZZA NIGHT MENU

Sunday, May 31, 2026  
5-7 PM

ADULTS: \$15  
KIDS AGES 3-12: \$8  
KIDS UNDER 3: FREE

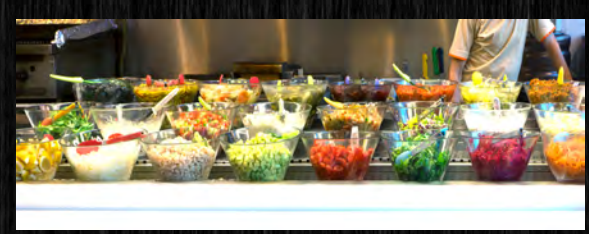
PIZZA



PASTA



SALAD BAR



FRIES



CHOLOV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN



office@nhbz.org



314-991-2100



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from SPARKS to FLAMES  
 THURSDAY, 5.28.26  
 י"ב סיון, תשפ"ו

DINNER 6:00 PM | PROGRAM 7:45 PM

MUSICAL PERFORMANCE BY OUR STUDENTS

CLAYTON PLAZA 7750 CARONDELET AVE | CLAYTON, MO 63105



**Aish Hatorah**  
**Jewish Learning Center**  
*Red Cross Blood Drive*  
 May 11, 2026

- 23 Generous Donors
- 21 Total Units Collected
- 17 Whole Blood
- 4 Power Red
- 4 Deferrals/Incomplete
- 6 First Time Donors

Thanks



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REGISTRATION  
 To make a reservation or submit a tribute, scan the QR Code, call (314) 409-1295 or visit our website [EHA.ORG/CELEBRATION](http://EHA.ORG/CELEBRATION)



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