



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

May 29-30, 2026

Parshas Naso

13-14 Sivan 5786

Candle Lighting 8:00 PM

Numbers 4:21-7:89

Shabbos Concludes 9:07 PM

Announcements

- Please note that the Thank you Security and Safety Volunteers lunch has been rescheduled to a later date.
- Thank you to Rachael Pevnick for helping sponsor multiple kiddushes the past few months!
- Mazel tov to Craig and Jackie Berkin on the engagement of their grandson Jacob Horn to Batya Stern.

- We are seeking greeters for Shabbos between 9:00 AM-12:00 PM please reach out to aileen@shifren.com if you are able to assist. Thank you!

- Medical/First Aid Team – Training Opportunity
Some of us in the medical community at NHBZ are organizing CPR/AED/First Aid training to establish a group of members who are prepared to respond in the event of a medical emergency.

No prior training is required—this is open to anyone interested in learning. If you already have medical, EMT, or first aid experience, we would especially welcome your involvement.

Training will be conducted by the Olivette Fire Department The program is approximately 5–6 hours and may be offered in one session or split into two shorter sessions based on interest.

If you are interested in participating, please contact the NHBZ office at office@nhbz.org or 314-991-2100 ext. 2.

Yahrzeits Observed This Week

June 1 - 16 Sivan

Frank Kotkin

June 3 - 18 Sivan

Martin Klayman

June 2 - 17 Sivan

Adelaide Mankofsky Stoler

June 4 - 19 Sivan

Harold Mindel

Hilda Spritz

Prayer Times

Friday, May 29

Mincha/Maariv 7:00 PM

Candle Lighting 8:00 PM

Shabbos, May 30

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:19 AM

Mincha 7:45 PM

Shalosh Seudos
and Learn After
Mincha

Shabbos Concludes 9:07 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-
Thurs) 7:00 AM

Mincha (Sun-Wed) 6:35 PM

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00 – 11:30 AM

Shul Contact Information

To Donate To NHBZ



phone: 314-991-2100

Rabbi Rubin:
rabbirubin@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org

Hindy- Bookkeeper
bookkeeper@nhbz.org

Happy Birthday & Anniversary!

May 29
Myra Radinsky

May 30
Eliot Katz

May 31
Yedidya Rubin
Jason Rush

June 1
Debbie Barash

June 3
Julie Friedman
Mark Rothschild

June 4
Joyce Hochberg

May 27
Jay Pepose & Susan Feigenbaum

May 29
Bruce & Faith Waxman
Erol & Sally Amon

June 1
Richard & Michelle Goldstein

June 2
Robert & Joni Kaiser

June 3
Don & Julie Eisenberg

Upcoming Events

May 31- Book Club
May 31- Pizza Night
June 6 - Larry Goldenberg Lunch

Ongoing Classes

Sundays
Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays
Partners in Torah
Rabbi Rubin's Rambam Class
8:00-9:00 PM

Tuesdays
Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays
Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
TBD Downstairs

Thursdays
Rabbi Rubin's "Gemara Class
on Masechet Megillah"
after 7 AM Shacharis

Rabbi Hess's Amud-a-Week
after Maariv

April/May Tributes

Happy Birthday:

Arleen Bly
Joyce Weinstock

Janet Haber
Feigenbaum/Pepose Family

Fran Reisler
Karen & Keith Zeff

Mickey Szus
Menachem Szus

Howard Loiterstein
Feigenbaum/Pepose Family

Bruce Waxman
Feigenbaum/Pepose Family

In Memory of:

Frances Cohen
Feigenbaum/Pepose Family
David, Norma, and Yitzchak Rubin
Phyllis & Howard Loiterstein
Lawrence Hollander

Fran Reisler
Eliot & Sally Katz
Leslie Gitel

Denny & Amy Feit
Myra & Stephen Radinsky
Irwin & Arlene Fredman

Heidi Joist
Anne Beyer

Lori & Gary Leidner
Mark & Debbie Raisher
Bob & Joni Kaiser
Linda Kram

In Memory of:

Warren Fine
Fran Hoffman

Judith Boigon Davidson
Bob & Joni Kaiser

Shirley Hollander
Feigenbaum/Pepose Family

Mazel Tov:
Sher & Pevnick
Granddaughter/Great-
Granddaughter
Bob & Joni Kaiser

Berkin on Grandson's
Engagement
Bob & Joni Kaiser

Mazel Tov:

Sofia Boyko's Bat Mitzvah
Feigenbaum/Pepose
Family

Rafi's Tefillin Wrapping
Feigenbaum/Pepose
Family

Happy Anniversary:
Faye & Brian McCary
Bob & Joni Kaiser



THE SISTERHOOD SCOOP

MAY 30



Volume 9

Number 18

14 Sivan 5786

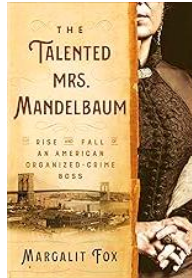
May 30, 2026

Book Club This Sunday

The NHBZ Sisterhood Book Club will discuss

The Talented Mrs. Mandelbaum:

The Rise and Fall of an American Organized-Crime Boss, by Margalit Fox -- How a nice Jewish immigrant wife and mother became the country's most notorious criminal "fence" and organized crime mastermind of the mid-1880s. Fox exposes the colorful underworld of the Gilded Age of New York and the development of police departments, private security, scams, cons, and corruption!



The discussion is:

Sunday afternoon, May 31, 3:30-5:00PM,
at NHBZ, lower level,
just before NHBZ's May Pizza Night.

Men & women are welcome!

Come for Book Club – Stay for Pizza!

For more information, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org

Being At Peace

“ To make peace in the world we must be at peace with ourselves. To be at peace with ourselves we must know that we are unconditionally valued. That does not often happen. People value us for what we can give them. That is conditional value, what the sages called “love that is dependent on a cause” (Mishna Avot 5:16). G-d values us unconditionally. We are here because He wanted us to be. Our very existence testifies to His love. Unlike others, G-d never gives up on us. He rejects no-one. He never loses faith, however many times we fail. When we fall, He lifts us. He believes in us more than we believe in ourselves. ”

— **Rabbi Lord Jonathan Sacks, ZT”L**
The Priestly Blessings (Naso, Covenant & Conversation)

NASO: Individual and Community

Does the individual ever feel lost in relation to the broad needs of the community? Jewish law provides us with teachings concerning the detailed organization of our lives. There is no doubt that if properly carried out, these create a communal or even global atmosphere of great beauty and harmony. But what about me as an individual? Where am I?

The liberation of the Jewish people from slavery in Egypt had several goals. One was that they should receive the Torah on Mount Sinai. This took place seven weeks after the Exodus. Another was that they should build the Sanctuary, the prototype of the Temple. This was carried out some time later under close instruction from Moses.

After months of work, finally it was ready. On the first of Nissan, fifty weeks after leaving Egypt, the dedication of the Sanctuary began. It lasted twelve days, and every day was marked by a beautiful ceremony, conducted in turn by the nasi ("prince") of each of the Twelve Tribes of Israel.

As described in the Torah (Numbers 7:12-83), each day the prince of one of the Tribes brought a magnificent gift to G-d, as a personal offering from his own possessions. Every gift included a large silver platter, a silver bowl, and a golden spoon filled with incense, and a number of cattle for offerings. In memory of the fact that these gifts were brought during the first twelve days of Nissan, in some communities the relevant passage in the Torah is recited each day.

The Lubavitcher Rebbe points out an interesting feature in this episode. Although each prince brought an identical gift, the Midrash explains that each one had a different intention in his choice. There was a symbolic meaning in the weights of the platter, the bowl and the spoon, and in the number of different kinds of cattle. But for each Prince although the gift was exactly the same, the symbolic meaning was different.

There is a teaching of the Sages that just as everyone's face is different, so our ideas and approach to life are different. Yet G-d demands what looks like a uniform contribution from all of us. Every Jew must keep all the 613 Commandments, every non-Jew must keep all the seven Noahide laws. Like that of the princes, our "gifts" to G-d seem identical.

At the same time everyone has a unique contribution without which the world would be lacking. The specific meaning of the details, their inner dimension, is where this individual contribution is expressed. For example, when a person prays he or she is saying the same words as everyone else, but each person's thoughts during the prayer are private and their own.

The episode of the princes teaches us that in the global responsibility of Judaism no individual need feel lost. Everyone is uniquely important; indeed, each person, man or woman, is crucial for the fulfillment of G-d's plan for the world.

— from **Dr. Tali Loewenthal**, www.chabad.org



PIZZA NIGHT MENU

Sunday, May 31, 2026
5-7 PM

ADULTS: \$15
KIDS AGES 3-12: \$8
KIDS UNDER 3: FREE

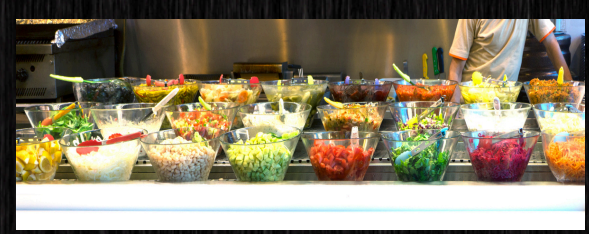
PIZZA



PASTA



SALAD BAR



FRIES



CHOLOV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN



office@nhbz.org



314-991-2100



NHBZ.ORG



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