



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

June 5-6, 2026

Parshas Beha'aloscha

20-21 Sivan 5786

Candle Lighting 8:05 PM

Numbers 8:1-12:16

Shabbos Concludes 9:12 PM

Announcements

- The bulletin is sponsored by Les & Sari Neudorf in honor of the Chessed Committee for their generosity of time and care!
- Lunch this Shabbos is sponsored by Larry Goldenberg in honor of his 65th birthday!
- Dessert is sponsored by Sally Needle in honor of her great-nephew Gavriel Horn visiting from Chashmonaim, Israel prior to his return to the Israeli Navy!
- In place of the Drasha, Rabbi Rubin will be giving short interactive divrei torah between Torah readings.
- Thank you to all those who stepped up to help with Pizza Night at the last minute, thanks to Charlene Kass, Marvin Lerner, Mary McMillan, Marcela Morgensztern, Michael Morgensztern, Jim Pollock, Aileen Shifren, Gary Sudin, Bruce & Faith Waxman. A special thanks to Bryson & Jennifer Hartranft, & Les Neudorf for baking the pizzas.

Yahrzeits Observed This Week

June 7 - 22 Sivan

Barry Ivan Pessin
Harry Rothman
Rabbi Marvin Needle

June 10 - 25 Sivan

Adele Schucart

Happy Birthday & Anniversary!

June 5

Noah Belau
Larry Goldenberg
Rebecca Waxman

June 5

Kerry & Sandy Klarfeld

June 9

Harry & Marcia Lyons

June 8

Gia Shifren

June 10

Yosef Rube

Prayer Times

Friday, June 5

Mincha/Maariv 7:00 PM

Candle Lighting 8:05 PM

Shabbos, June 6

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:18 AM

Mincha 7:50 PM

Shalosh Seudos After
and Learn Mincha

Shabbos Concludes 9:12 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-
Thurs) 7:00 AM

Mincha (Sun-Wed) 6:35 PM

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00 - 11:30 AM

Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100



Rabbi Rubin:
rabbi@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org

Hindy- Bookkeeper
bookkeeper@nhbz.org

NHBZ Congregants wish a huge Mazel Tov to Rabbi Smason on the publication of his book!



Dear Friends,

I'm pleased to share some exciting news: **Spiritual Sparks: A Reader** is now available on Amazon.

What began as a weekly email sent to a small group of readers has, over time, grown into an ongoing exploration of meaning, purpose, gratitude, resilience, and the deeper spiritual dimensions of life. As **Spiritual Sparks** evolved, I began to see the possibility of presenting these ideas in a more enduring form.



The result is **Spiritual Sparks: A Reader**.

The book brings together sixteen revised and expanded essays arranged as a purposeful journey. Beginning with questions of inner identity and purpose, the essays build upon one another, progressing from the development of the self to relationships with others and ultimately to our role in contributing to the world.

My hope is that readers will find in these pages not only ideas to think about, but insights to live by. **Spiritual Sparks: A Reader** is now available on Amazon [View the book on Amazon](#)

Whether you've been reading since the beginning or joined more recently, thank you for being part of this journey. Your readership, encouragement, and thoughtful responses have helped shape **Spiritual Sparks** and made this book possible.

With gratitude,
Rabbi Ze'ev Smason

Ongoing Classes

Sundays
Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays
Partners in Torah
Rabbi Rubin's Rambam Class
8:00-9:00 PM

Tuesdays
Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays
Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
TBD Downstairs

Thursdays
Rabbi Rubin's "Gemara Class
on Masechet Megillah"
after 7 AM Shacharis

Rabbi Hess's Amud-a-Week
after Maariv



THE SISTERHOOD SCOOP

JUNE 6



Volume 9

Number 19

21 Sivan 5786

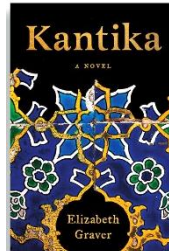
June 6, 2026

Book Club Announces Next Books . . .

The NHBZ Sisterhood Book Club extends a big **Thank You** to **Sharon Summers** for leading a wonderful and colorful discussion of **The Talented Mrs. Mandelbaum** on Sunday May 31.

Here are the remaining Book Club selections for 2026:

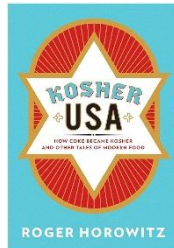
SUNDAY, JULY 26, 3:30-5:00PM
Kantika, by Elizabeth Graver



MONDAY, SEPT. 28, 6:45-8:00PM
Out of the Sky: Heroism and Rebirth in Nazi Europe, by Matti Friedman



SUNDAY, NOV. 29, 3:30-5:00PM
Kosher USA: How Coke Became Kosher and Other Tales of Modern Food, by Roger Horowitz



Men & women are welcome!
Come for Book Club – Stay for Pizza!
For more information, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org

BEHAALOTECHA: Achieving Your Best

"When you kindle the lamps...." (Numbers 8:2)

The Talmud (Menachot 86a) says that when the oil was made for use in the service in the Holy Temple, the olives were squeezed three times. The oil of each pressing was divided into three quality levels. The first level of the first pressing was supreme, and it was used for the kindling of the menorah. The second oil of the first pressing and the first oil of the second pressing were of equal grade and could be used for the meal-offerings (the *Menachot*). But only the first oil of the second pressing could be used for the menorah, and not the second oil of the first pressing. The third oil of the first pressing and the second oil of the second pressing and the first oil of the third pressing were all equal for meal-offerings, but only the first oil of the third pressing could be used for the menorah.

Why should the first oil of the third pressing have priority for the kindling of the menorah over the second and third oil of the first pressing?

All people are not alike. Some have better faculties and some poorer. King Solomon says, *"A man's soul is the candle of G-d,"* and all the details connected with the menorah contain teachings which apply to man's life. The teaching of the different levels of oil is that G-d does not expect one person to be like another person, but He does expect him to achieve his utmost. Therefore if he is capable of being on the highest level, he may not suffice with being second. On the other hand, if he has the capabilities of only being of the second level and he excels in that, his achievement equals that of the one who is uppermost in the first level.

It is related that the famous pious Rabbi Zusha of Anipoli once said, "When I come before the heavenly tribunal, I am not afraid they will demand of me, 'Why wasn't Zusha like the patriarch Abraham?' But I am afraid lest they ask me, 'Why wasn't Zusha as Zusha could have been?'"

– from *Rabbi Moshe Bogomilsky*, www.chabad.org

Fight evil when it must be fought.
But not as your mission in life.
Your job is to bring in more light.

— www.chabad.org



Class of

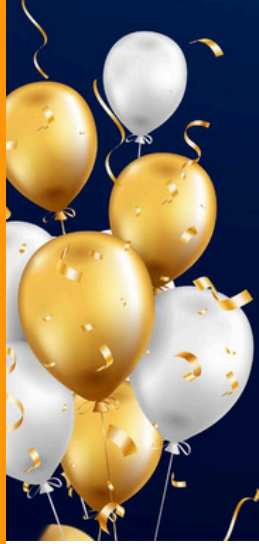
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Graduation Ceremony

LEOR FREDMAN
LEORA FRIEDMAN
HANNAH GORNISH
ARI GREENBERG
GADI JACOBSEN
BINYAMIN LEVY
GABY NODARI
LEAH SILVERMAN
NAVA SOLOMON
JACK WERTMAN
YISROEL WINTER

Sunday | 6.7.26
6:30 - 8:00
Mincha 6:05

@ HF Epstein Hebrew Academy



WITH GRATITUDE TO HASHEM,
THE ADMINISTRATION AND BOARD OF

KADIMAH HIGH SCHOOL

are delighted to invite you to attend the

2026 - 5786

Commencement Exercises

MON | 6.8.26 | 7-8 PM

YEHUDAH GREENBERG | AIDEN JACKOBY
RUBY JACKOBY
CHLOE SOLOMON | AVISHAI WEIMAN

@ HF EPSTEIN HEBREW ACADEMY
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