



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America



July 31-August 1, 2026

Candle Lighting 7:54 PM

Parshas Eikev

Deuteronomy 7:12-11:25

17-18 Av, 5786

Shabbos Concludes 8:57 PM

Announcements

- The bulletin this Shabbos is sponsored by Alla & Boris Yasinev in memory of Nachum Shapiro, Nachum Ben Chaim z"l
 - Please join us for kiddush this Shabbos to celebrate the July & August birthdays!
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- In place of the Drasha, Rabbi Rubin will be giving short interactive divrei torah between Torah readings.

Yahrzeits Observed This Week

July 31 - 17 Av

Sara Ann Morris

Chaim Mordechai Mindel

August 1 - 18 Av

Shirley Kass

Benita Brimer

August 2 - 19 Av

Nachum Shapiro

August 3 - 20 Av

Alan Saltzman

August 4 - 21 Av

Rosalia Mekel

Happy Birthday!

August 1

Joe Newman

August 3

Sally Needle

Jacob Winograd

August 4

Eddie Pernik

August 6

Julie Eisenberg

Jonah Shifren



Friday, July 31

Mincha/Maariv 7:00 PM

Candle Lighting 7:54 PM

Shabbos, August 1

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:35 AM

Mincha 7:40 PM

Shalosh Seudos
and Learn After
Mincha

Shabbos Concludes 8:57 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-Fri) 7:00 AM

Mincha (Sun-Thurs) 6:25 PM

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00 -11:30 AM

Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100



Rabbi Rubin:
rabbirubin@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org

Hindy- Bookkeeper
bookkeeper@nhbz.org

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
Rabbi Rubin's Rambam Class
8:00-9:00 PM

Tuesdays

Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's
Wisdom For Our Everyday Life"
TBD Downstairs

Thursdays

Rabbi Rubin's "Gemara Class
on Masechet Megillah"
after 7 AM Shacharis

July 9th-August 13

Mrs. Rubin's "Women's Summer
Parsha Class"
10 AM

Rabbi Hess's Amud-a-Week
after Maariv

Upcoming Events

August 1 - July/August
Birthday Kiddush
August 8 - Radinsky Kiddush
August 15 - Neudorf **Lunch**
August 30 - NHBZ Picnic

July Tributes

Mazel Tov:

Sivya Smason and Eric Berdinis on their wedding
Joni & Bob Kaiser

In Honor of:

Marvin Greenberg's Yahrzeit
Mabel Purkerson

Community Events

- A Message from Agudath Israel of MO:
Voting for the Aug. 4th Primary Election is underway!
If you will be away on August 4th, you can go vote now, M-F
from 8:00-4:30 at the Board of Elections office. Early voting
at additional locations, including the Clayton library, opens
Tuesday, July 21st.
Every single eligible community member should be sure to
vote. Keep in mind that no matter your party registration,
Missouri holds open primaries so you can request a Democrat
or Republican ballot when you get to the polls. Questions? Go
to - agudah.org/vote/missouri or email
sbotuck@agudahmo.org.
- St. Louis Kaplan Feldman Holocaust Museum is having
their Fall Orientation coming up on Sunday, August 30,
2026, from 9am-2pm. This Orientation is for anyone who
wishes to volunteer at the Museum in their visitor services
area, leading tours, in the Impact Lab, in their archives
department, and more! If you have questions, please do
not hesitate to contact Zach at
zturner@stlholocaustmuseum.org or visit their website at
<https://stlholocaustmuseum.org/get-involved/volunteer/>.



THE SISTERHOOD SCOOP

AUGUST 1



Volume 9

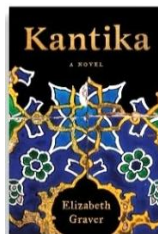
Number 27

18 Av 5786

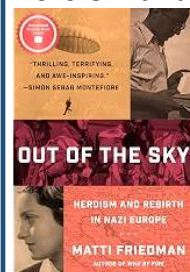
August 1, 2026

Book Club Reviewed 'Kantika'

The NHBZ Book Club discussed the novel by Elizabeth Graver, *Kantika* on Sunday. Thank you to all who attended and contributed to the informative discussion tracing a multigenerational Sephardic family from Istanbul to Barcelona, and Havana to New York.



The Book Club will next read *Out of the Sky: Heroism and Rebirth in Nazi Europe*, by



Matti Friedman. Using original documents from once-secret files, manuscripts, memoirs, and unpublished letters, Friedman follows four parachutists in the spring of 1944 on a dramatic rescue mission. The book will be discussed on **MONDAY, SEPT. 28,**

6:45-8:00PM, in the NHBZ Sukka!

Save the date – **SUNDAY, NOV. 29, 3:30-5:00PM**

Kosher USA: How Coke Became Kosher and Other Tales of Modern Food, by Roger Horowitz
Men & women are welcome!

For more information, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org

Test of a Nation

“The real test of a nation is not if it can survive a crisis but if it can survive the lack of a crisis. Can it stay strong during times of ease and plenty, power and prestige?

That is the challenge that has defeated every civilisation known to history.”

– **Rabbi Lord Jonathan Sacks ZT”L**

The Politics of Memory (Eikev, Covenant & Conversation)

EIKEV: Half an Hour a Day



The Shema is probably the most famous part of our daily prayers. The prayer consists of three paragraphs: the first two paragraphs are from Deuteronomy, the first from the sixth chapter and the second from the eleventh chapter. (The third paragraph, that talks about the mitzvah of *tzitzit* and the Exodus from Egypt, is from the fifteenth chapter of Numbers.)

Shema is a fundamental prayer – the only part of the daily prayers, in fact, whose recitation is biblically mandatory – because it contains many fundamentals of our religion, such as belief in G-d's unity and the precepts of love and awe for G-d. A number of the more well-known mitzvot such as *tefillin* and *mezuzah* are also mentioned, as is the commandment to study Torah and teach it to our children. In fact these mitzvot are so important that they are mentioned in both the first and second paragraphs of the Shema. However there is a seemingly superficial difference.

"It is an unequivocal duty on every individual to set aside a half-hour each day to think about their children's education..." In the first paragraph we are told: "teach [words of Torah] to your children" and then we are told: "bind them... upon your arm"; while in the second paragraph we are instructed: "bind them... upon your arm" and only then are we told: "teach them to your children." What is the significance behind this change in wording?

The mitzvah of educating our children in the ways of the Torah begins as soon as they are born, well before they are obligated to put on *tefillin*. The command to offer our First Fruits to G-d, the mitzvah of the *bikkurim*, is allegorically taken to refer to ensuring that during the early years of childhood a youngster devotes his "First Fruit" to G-d—through receiving a thorough Torah education.

However the Torah does not stop there. While the first paragraph of Shema puts the education before the *tefillin*, the second paragraph mentions education after *tefillin*. The moral? Even after children reach maturity, even after their Bar/Bat Mitzvah, it is still the parents' responsibility to teach them Torah.

Rabbi Sholom DovBer of Lubavitch once said: "Just as it is incumbent on every Jew to put on *tefillin* every day, so too it is an unequivocal duty on every individual, from the greatest scholar to the most simple of folk, to set aside a half-hour each day in which to think about the education of their children."

– **Rabbi Eli Pink**, www.chabad.org



HAPPY *Birthday*

*Caryn Alper
Fran Alper
Joanna Alper
Marcie Brook
Joel Ehrlich
Julie Eisenberg
Beatrice Epstein
Jessica Fadem
Craig Feenberg
Allison Feit
Brian Feit
Larry Freistein
Benjamin Garmaise
Jerry Goldenberg*

*Murray Hochberg
Mateo John
Sandy Kahn
Charlene Kass
Judy Levin
Robert Levine
Jane Lyss
Asher Matt
Stuart Morgan
Michael Morgensztern
Jamie Mufson
Sally Needle
Eddie Pernik
Ella Pernik*

*Mark Ragin
David Rubin
Nancy Rush
Irena Scheer
Debbie Sher
Jonah Shifren
Linda Shore
Anna Rose Tendler
Leonid Vladimirov
Jake Winograd
Boris Yasinev
Jonathan Yasinev
Vivian Zarkowsky
Judy Ziegelman*

Please join us for kiddush on Shabbos, August 1, 2026

in honor of the July & August birthdays!



Nusach Hari
Bnai Zion

PICNIC IN THE LOT

FOAM PARTY | KIDS ACTIVITIES | CAR SHOW | BBQ



Gather your friends, family, and loved ones for a delightful day filled with laughter, delicious kosher food, and the beauty of the great outdoors!



**MAKE SURE TO BRING
YOUR APPETITE**

AS THERE WILL BE

HAMBURGER, VEGGIE BURGER,
OR HOT DOG PLATES FOR
SALE ALL AT **\$10** A PLATE.



AND TO STAY COOL IN THE ST. LOUIS HEAT
ENJOY SOME **FREE** SNOW CONES!



LOCATION:
NHBZ PARKING LOT
(650 N. PRICE RD)



DATE:
SUNDAY, AUGUST 30, 2026



TIME: 4-7PM



Good Food. Great Friends.

AMAZING MEMORIES!

Help Make Our
BBQ A SUCCESS!

CHOOSE YOUR SPONSORSHIP



**GRILL MASTER
SPONSOR**

\$100



**CRUISIN'
SPONSOR**

\$75



**PICNIC BASKET
SPONSOR**

\$54



**SNOW CONE
SMILE
SPONSOR**

\$36



**KIDS' FUN
ZONE
SPONSOR**

\$18



**COOKOUT
CONTRIBUTOR**

\$ _____



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a fun afternoon for our community!



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ticketing/picnic-in-the-lot](https://www.zeffy.com/en-US/ticketing/picnic-in-the-lot)

NHBZ Item Wishlist

Please contact the office, preferably by email (office@nhbz.org), if you wish to purchase any of the following items for our Shul.

Kitchen and Food Items

Item	Price	Purchased by
Electric Burr Coffee Grinder	\$120	Marvin and Doris Lerner
Kitchen Knives	\$100	Zev and Shana Katz
Kitchen Knives (additional)	\$100	Leslie and Scott Gitel
Kiddush Cups	\$50	Faye Cohen and Brian McCary
Stones for Knife Sharpening	\$40	Keith and Karen Zeff

Sefarim (Books)

Item	Price	Purchased by
Tur and Shulchan Aruch Set	\$800 \$580	\$180 - Esther Soumekhian \$40 - Yosef and Bekka Rube
Dirshu Mishnah Berurah Set	\$130	Jerry and Gail Tullman
Gemara Set (for downstairs)	\$420	
Rambam Set	\$150	Daniel and Marcela Morgensztern
Mini Gemara Set (for upstairs)	\$170	Dan and Melanie Winograd
Chumash Torat Chaim Set	\$220	Jeff & Terri Schnitzer
Chumash Maserat HaRav Set (Rav Soloveitchik) (English)	\$160	Kenny & Barb Bressler
The Little Midrash Says Set (for kids - English)	\$160	Dan and Melanie Winograd
The Weekly Parashah Jaffa Edition Set (for kids - English)	\$160	Jerry and Gail Tullman
Chumash Rav Hirsch Set (English)	\$110	Joel Ehrlich
Chumash Rabbi Sacks (English)	\$60	Lenny and Fran Alper
Guide to the Perplexed (English)	\$50	Michael and Charlene Kass

Judaica Items

Item	Price	Purchased by
Set of Tags for Torah Scrolls	\$250	Victor and Anna Rose Tendler