



# NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

July 24-25, 2026

Parshas Va'eschanan

10-11 Av, 5786

Candle Lighting 8:01 PM

Deuteronomy 3:23-7:11

Shabbos Concludes 9:04 PM

## Announcements

- The bulletin is sponsored by Shirley Bluestein in memory of her parents, Hyman Max Mindel z"l & Esther Mindel z"l.
- Kiddush this shabbos is sponsored by Rachael Pevnick & children, Debbie, Andrea, & Larry, in memory of their husband and father, Ted Pevnick, Chaim Tevah Ben Aaron Halevi z"ls yahrzeit and all of Hashem's blessings that were given to them recently.
- Soda this shabbos is sponsored by Debbie & Brian Sher in honour of their 40<sup>th</sup> anniversary, their 2 new granddaughters, and Debbie's upcoming birthday.
- Please join us for a special presentation by Rabbi Smason during kiddush this shabbos as he presents his new book "Spiritual Sparks."
- NHBZ board of directors has approved a firearm policy. Consent to carry a handgun will require approval of the Rabbi and board president. If you do not have approval, you cannot carry within the shul premises. This policy is effective immediately. If you have questions of clarification, please see Rodney John or Bruce Waxman.

## Yahrzeits Observed This Week

July 25 - 11 Av

Zeve Barash  
Yosef Kadosh  
Harold Hoffman

July 27 - 13 Av

Susan Kay Stenn  
Shmuel Kerner  
Joseph Solomon

July 26 - 12 Av

Molly Goldfader  
Ted Pevnick  
Esther Mindel

July 29 - 15 Av

Betty Pollock  
Sandra Woolf

## Happy Birthday and Anniversary!

July 24

Craig Feenberg

July 28

Murray & Joyce Hochberg

July 25

Benjamin Garmaise

July 28

Asher Matt

## Prayer Times

### Friday, July 24

Mincha/Maariv 7:00 PM

Candle Lighting 8:01 PM

### Shabbos, July 25

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:32 AM

No Drasha This Shabbos

Mincha 7:45 PM

Shalosh Seudos  
and Learn After  
Mincha

Shabbos Concludes 9:04 PM

### Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-Fri) 7:00 AM

Mincha (Sun-Thurs) 6:30 PM

## Shabbos Programming

Soul Building with Rabbi David  
10:00 AM

No Childcare Until Further Notice

## Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100



Rabbi Rubin:  
rabbi@nhbz.org

Devorah- Office Administrator  
email: office@nhbz.org

Hindy- Bookkeeper  
bookkeeper@nhbz.org

## Ongoing Classes

### Sundays

Rabbi Swidler's "Learning Mishna"  
after Shacharis

### Mondays

Partners in Torah  
Rabbi Rubin's Rambam Class  
8:00-9:00 PM

### Tuesdays

Rabbi Sentell's  
"Chumash in the Original"  
12:00-12:45 PM

### Wednesdays

Rabbi Feigenbaum's "The Torah's  
Wisdom For Our Everyday Life"  
TBD Downstairs

### Thursdays

Rabbi Rubin's "Gemara Class  
on Masechet Megillah"  
after 7 AM Shacharis

**July 9th-August 13**

Mrs. Rubin's "Women's Summer  
Parsha Class"  
10 AM

Rabbi Hess's Amud-a-Week  
after Maariv

## Upcoming Events

July 26 - Book Club

Pizza Night

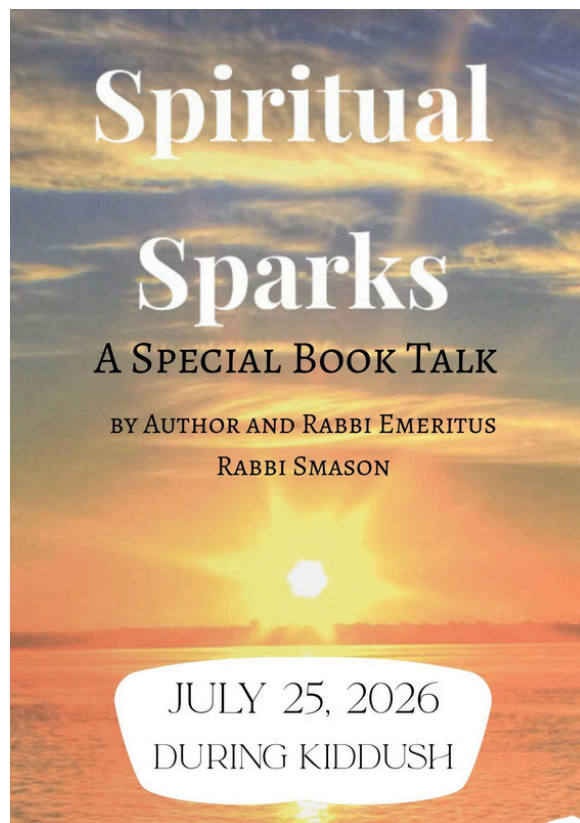
August 1 - July/August

Birthday Kiddush

August 8 - Radinsky Kiddush

August 15 - Neudorf **Lunch**

August 30 - NHBZ Picnic



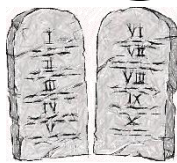
## Community Events

- The annual St. Louis Eruv Campaign will take place July 19-26, with a goal of raising \$55,000.00 to cover the Eruv's annual operating budget as well as unanticipated repair and maintenance costs. The Eruv is a vital community resource that benefits families throughout St. Louis each Shabbos and Yom Tov. Please help ensure its continued strength and reliability by donating at [www.charidy.com/stleruv](http://www.charidy.com/stleruv).
- A Message from Agudath Israel of MO:  
Voting for the Aug. 4th Primary Election is underway!  
If you will be away on August 4th, you can go vote now, M-F from 8:00-4:30 at the Board of Elections office. Early voting at additional locations, including the Clayton library, opens Tuesday, July 21st.  
Every single eligible community member should be sure to vote. Keep in mind that no matter your party registration, Missouri holds open primaries so you can request a Democrat or Republican ballot when you get to the polls. Questions? Go to - [agudah.org/vote/missouri](http://agudah.org/vote/missouri) or email [sbotuck@agudahmo.org](mailto:sbotuck@agudahmo.org).
- St. Louis Kaplan Feldman Holocaust Museum is having their Fall Orientation coming up on Sunday, August 30, 2026, from 9am-2pm. This Orientation is for anyone who wishes to volunteer at the Museum in their visitor services area, leading tours, in the Impact Lab, in their archives department, and more! If you have questions, please do not hesitate to contact Zach at [zturner@stlholocaustmuseum.org](mailto:zturner@stlholocaustmuseum.org) or visit their website at <https://stlholocaustmuseum.org/get-involved/volunteer/>.



# THE SISTERHOOD SCOOP

## JULY 23



Volume 9

Number 26

11 Av 5786

July 23, 2026

### Book Club Meets This Sunday

The NHBZ Book Club's next book is ***Kantika***, by Elizabeth Graver, a Sephardic multigenerational saga that moves from Istanbul to Barcelona, Havana, and New York, and explores themes of family, displacement, endurance, identity, and beauty. The novel is inspired by the life story of the author's maternal grandmother. **The book will be discussed this Sun., July 26, 3:30-5:00 PM, lower level, before Pizza Night.**

**Come for Book Club – Stay for Pizza!**

The remaining Book Club selections for 2026:

**MONDAY, SEPT. 28, 6:45-8:00PM**

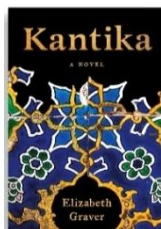
***Out of the Sky:*** Heroism and Rebirth in Nazi Europe, by Matti Friedman

**SUNDAY, NOV. 29, 3:30-5:00PM**

***Kosher USA:*** How Coke Became Kosher and Other Tales of Modern Food, by Roger Horowitz

**Men & women are welcome!**

For more information, contact: *Fran Alper* at [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)



### Shabbos Nachamu

Shabbat Nachamu ("Sabbath of Consolation") is the Shabbat following the fast of Tisha B'Av, so named because of the passage read for the haftarah: *Nachamu, nachamu ami* — "Comfort, comfort my people." After the Three Weeks of darkness and destruction, G-d consoles the Jewish People through the words of His prophet Isaiah. This haftarah is the first of the series of readings known as *shiva d'nechemta*, "the seven of consolation," read over the seven weeks between Tisha B'Av and Rosh Hashanah. The Midrash explains that the word "comfort" appears twice because of the twofold nature of the consolation: once for the destruction of the First Holy Temple and again for the destruction of the Second Temple.

– excerpted from *Chabad.org*

### VA'ESCHANAN: **Cling onto Life**

In Parshas Va'eschanan, Moshe Rabbeinu speaks to the heart of the Jewish Nation, **informing them of the pitfalls and destruction caused by idol worship.** Only after does he tell them, "But you, who cling to Hashem your G-d, you are all alive today" (4:4).

What does Moshe Rabbeinu mean by that? Moshe had just told them that those who worshipped the idol named Ba'al Pe'or were destroyed. It is unnecessary to mention that the remaining Jews are still alive?

*My grandfather used to tell a story:*

*Shimon and Yitzchok, two philanthropists in Warsaw during the turn of the century, saw the need to renovate a yeshiva building. With dedication and a vision, they planned the renovations. The cost would be 100,000 zlot, approximately \$650,000, and they agreed to split the cost evenly.*

*After a few months, while touring the construction site, the foreman informed Shimon that the cost would be an additional 50,000 zlot. Without hesitation, he paid the remaining 50,000 zlot to finish the project.*

*A short time later, Yitzchok found out about the unexpected added cost and Shimon's payment. He was extremely upset. "We had a deal to split the cost!" he told Shimon. "You had no right to solely cover the extra expense!"*

*"We only agreed to split 100,000 zlot," Shimon countered. "We had no deal on the extra 50,000!"*

*They decided to go to the Rav who was unsure how to decide. He had an idea. At the time, the Chofetz Chaim happened to be in their Warsaw, to plead with Government officials to annul a harsh decree.*

*The Rav took Yitzchok and Shimon to the Chofetz Cham to settle their issue, which he did in an amicable way. A few days later, the news broke that the Polish government rescinded their decree.*

*Upon hearing of the success, the Chofetz Chaim noted: "Our victory cannot be attributed to me. Rather, it should be attributed it to Jews like Yitzchok and Shimon, who live a life with the priorities of Hashem and His Torah so dear to them!"*

My grandfather, Rav Binyamin Kamenetzky zt"l, explained, Moshe Rabbeinu was not simply telling the remaining Jews that they were alive. He was not even telling them that they survived Divine retribution for idol worshipping.

No! They were alive because of their commitment to Hashem and their support of His Torah. He was explaining how they will continue to live and prosper. Don't simply "live by the rules." **Cling to Hashem and His Torah!** Devote your life to Hashem and His Torah and put your energy into Hashem and His Torah. That is how you will prosper!

On **Shabbos Nachamu**, we look for comfort in this period of long exile. **Moshe Rabbeinu told us the answer.** Comfort in exile will not come from pursuit of **anything else but the Torah.**

Let us channel our energy and resources to live a prosperous and fruitful Torah life, both as individuals and as members of our communities.

– adapted from **Rabbi Shmuel Kamenetzky**, [www.Torah.org](http://www.Torah.org)





# PIZZA NIGHT MENU

**Sunday, July 26, 2026**  
**5-7 PM**

ADULTS: \$15  
KIDS AGES 3-12: \$8  
KIDS UNDER 3: FREE

**PIZZA**



**PASTA**



**SALAD BAR**



**FRIES**



**CHOLEV YISROEL CHEESE; PAREVE AND GLUTEN FREE CRUSTS UPON REQUEST. ALL FOOD IS CERTIFIED UNDER THE SUPERVISION OF RABBI RUBIN**



office@nhbz.org



314-991-2100



NHBZ.ORG



650 North Price Rd. St.  
Louis, MO 63132



*Nusach Hari  
B'nai Zion*

# PICNIC IN THE LOT

**FOAM PARTY | KIDS ACTIVITIES | CAR SHOW | BBQ**

Gather your friends, family, and loved ones for a delightful day filled with laughter, delicious food, and the beauty of the great outdoors!

Make sure to bring your appetite as there will be hamburger, veggie burger, or hot dog plates for sale all at \$10 a piece.

And to stay cool in the St. Louis heat enjoy some free snow cones!

**LOCATION: NHBZ PARKING LOT (650 N.PRICE RD)**

**DATE: SUNDAY, AUGUST 30, 2026**

**TIME: 4-7PM**



# NHBZ Item Wishlist

Please contact the office, preferably by email ([office@nhbz.org](mailto:office@nhbz.org)), if you wish to purchase any of the following items for our Shul.

## Kitchen and Food Items

| Item                         | Price | Purchased by                |
|------------------------------|-------|-----------------------------|
| Electric Burr Coffee Grinder | \$120 | Marvin and Doris Lerner     |
| Kitchen Knives               | \$100 | Zev and Shana Katz          |
| Kitchen Knives (additional)  | \$100 | Leslie and Scott Gitel      |
| Kiddush Cups                 | \$50  | Faye Cohen and Brian McCary |
| Stones for Knife Sharpening  | \$40  | Keith and Karen Zeff        |

## Sefarim (Books)

| Item                                                       | Price          | Purchased by                                             |
|------------------------------------------------------------|----------------|----------------------------------------------------------|
| Tur and Shulchan Aruch Set                                 | \$800<br>\$580 | \$180 - Esther Soumekhian<br>\$40 - Yosef and Bekka Rube |
| Dirshu Mishnah Berurah Set                                 | \$130          | Jerry and Gail Tullman                                   |
| Gemara Set (for downstairs)                                | \$420          |                                                          |
| Rambam Set                                                 | \$150          | Daniel and Marcela Morgensztern                          |
| Mini Gemara Set (for upstairs)                             | \$170          | Dan and Melanie Winograd                                 |
| Chumash Torat Chaim Set                                    | \$220          |                                                          |
| Chumash Masorat HaRav Set (Rav Soloveitchik) (English)     | \$160          |                                                          |
| The Little Midrash Says Set (for kids - English)           | \$160          | Dan and Melanie Winograd                                 |
| The Weekly Parashah Jaffa Edition Set (for kids - English) | \$160          | Jerry and Gail Tullman                                   |
| Chumash Rav Hirsch Set (English)                           | \$110          | Joel Ehrlich                                             |
| Chumash Rabbi Sacks (English)                              | \$60           | Lenny and Fran Alper                                     |
| Guide to the Perplexed (English)                           | \$50           | Michael and Charlene Kass                                |

## Judaica Items

| Item                          | Price | Purchased by                 |
|-------------------------------|-------|------------------------------|
| Set of Tags for Torah Scrolls | \$250 | Victor and Anna Rose Tendler |