



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 14-15, 2026

Parshas Shoftim

1-2 Elul, 5786

Candle Lighting 7:38 PM

Deuteronomy 16:18-21:9

Shabbos Concludes 8:39 PM

Announcements

- Lunch this Shabbos is sponsored by Les Neudorf in honor of Sari's 70th birthday this past week.
- The ice cream this Shabbos is sponsored by Irwin & Arlene Fredman in honor of their anniversary on Shabbos.
- The bulletin this Shabbos is sponsored by Norma and Yitzchak Rubin in honor of David's 70th birthday on August 16th.

• NEW - Rachel & Ted Pevnick & Family Kiddush Fund

Please consider contributing to the Rachel & Ted Pevnick & Family Kiddush Fund. Your contribution will help enhance our weekly kiddush and create a welcoming and enjoyable experience for our entire community. Donations help support the food, beverages, and other expenses that make our kiddush gatherings possible.

Your generosity is greatly appreciated.

Thank you for helping us continue this wonderful tradition and for being part of our community!

Memorial Plaques

- **NOW ONLY \$300 - Special Pricing Through Rosh Hashana Before Price Increase**
- A memorial plaque is a meaningful way to perpetuate the memory of a loved one and keep their name connected to our shul and community for generations to come.
- TO ORDER Please contact the Shul Office (office@nhbz.org)

Prayer Times

Friday, August 14

Mincha/Maariv 7:00 PM

Candle Lighting 7:38 PM

Shabbos, August 15

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:40 AM

Mincha 7:20 PM

Shalosh Seudos After
and Learn Mincha

Shabbos Concludes 8:39 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM

Shacharis (Mon-Fri) 7:00 AM

Mincha (Sun-Thurs) 6:10 PM

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00 - 11:30 AM

Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100



Rabbi Rubin:
rabbirubin@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org

Office Hours Mon-Thurs
Hours: 9:45AM-2:00PM

Devorah is available by email outside of office hours.

Hindy- Bookkeeper
bookkeeper@nhbz.org

Announcements Cont.

Yizkor Book Information

Each year before Yom Kippur, NHBZ offers opportunities to memorialize your loved ones throughout the year. You can choose to:

- 1) list their names in the Yizkor Book of Remembrance which is used throughout the year on Yom Kippur, Shemini Atzeres, Pesach and Shavuot, after which you may take one home
- 2) have their names Read Aloud during the recitation of the Yizkor service
- 3) new this year - reserve a half page or full page in the Book of Remembrance to memorialize your loved ones with a personalized message

- This year, you can make your requests online. Go to the link below, and fill out the Entry Form by August 25. On the Entry Form, you can keep the same names as last year, add or delete names, or create a completely new list, or create a personalized message. If you have trouble filling out the form, call Lenny Alper at 314-993-4024.
- <https://forms.gle/DvY32HjrBs3DTnSUA>

Yahrzeits Observed This Week

Aug 14 - 1 Elul
Selma Levine

Aug 15 - 2 Elul
Sidney Weisberg

Aug 17 - 4 Elul
Samuel Tolpen

Aug 19 - 6 Elul
Frances Katz
Annie Mendelson

Aug 20 - 7 Elul
Harry Barash

Happy Birthday!

August 14

Leah Marin
Judy Ziegelman

August 16

Bobby Levine
Michael Morgensztern
David Rubin

August 17

Jojo Rosenberg
Franki Rosenberg

August 18

Nancy Rush

August 19

Marcie Brook
Leonid Vladimirov

August 20

Joel Ehrlich

Happy Anniversary!

August 15

Irwin & Arlene Fredman
Robert & Sandra Abrams

August 19

Alan & Janet Haber

August 20

Ephraim & Michelle Mufson
Reuven & Margo Tzadok

Upcoming Events

August 17 - Part 1 Rabbi Rubin's High Holiday Series

August 24 - Part 2 Rabbi Rubin's High Holiday Series

August 29 - Rabbi & Mrs. Rubin **Luncheon** in honor of their 1st year anniversary at NHBZ

August 30 - NHBZ Picnic



Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Both Classes are On Summer Break

Partners in Torah
Rabbi Rubin's Rambam Class
8:00-9:00 PM

Tuesdays

Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's Wisdom
For Our Everyday Life"
TBD Downstairs

Thursdays

Rabbi Rubin's "Gemara Class
on Masechet Megillah"
after 7 AM Shacharis

Rabbi Hess's Amud-a-Week
after Maariv

Community Events

- Please Join St. Louis Friends of Israel, Magen David Adom, and St. Louis Jewish Community Center for

Ambulance Dedication

This community event will recognize the sponsorship of an ambulance for the People of Israel by Dr. Irvin Pretsky, in honor of his parents, Jake and Dora Pretsky z"l

Guests will have the rare opportunity to tour the ambulance before it begins its journey to Israel.

Sunday, August 23, 4:00 P.M.

RSVP by August 16 to Heather Castle hcastle@afmda.org

Address provided upon registration. Security will be present.

Israelis depend on Magen David Adom to save lives everyday Magen David Adom is Israel's pre-hospital medical emergency system, designated blood-services, and global disaster relief organization. Americans sponsor the majority of Magen David Adom's fleet of more than 3,650 emergency vehicles. Thanks to philanthropy, medics can race to the scene with the most sophisticated medical response available.

- St. Louis Kaplan Feldman Holocaust Museum is having their Fall Orientation coming up on Sunday, August 30, 2026, from 9am-2pm. This Orientation is for anyone who wishes to volunteer at the Museum in their visitor services area, leading tours, in the Impact Lab, in their archives department, and more! If you have questions, please do not hesitate to contact Zach at zturner@stlholocaustmuseum.org or visit their website at <https://stlholocaustmuseum.org/get-involved/volunteer/>.

- Please note the new Senior Kollel schedule:
Men's Learning – Monday through Thursday

- 10:30–11:30 AM – Rabbi Yaakov Berkowitz

- 11:30 AM–12:30 PM – Rabbi Shimmy Fried

Women's Weekly Lunch & Learn

- Day & speaker TBA.



The Holidays are Coming...

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The Holidays are Coming...



2026 ☆ 5787

Rosh Chodesh Elul is August 14

Erev Rosh Hashanah is September 11

Erev Yom Kippur is September 20

High Holiday Seating

Rosh Hashanah is just around the corner! All *full* members of NHBZ are entitled to request a reserved seat for the High Holidays, in order to come and go as much as needed. If you had a reserved seat last year and are happy with it, you are good to go! If you were not entirely happy with your seat last year (too noisy? too cold? too close to the front?) you can request a change! If you are a new member and you want a reserved seat, we can help you pick one to your liking. Please contact Lenny Alper at lenny.alper@outlook.com to review your seating options or contact Devorah at office@nhbz.org.

Deadline to reserve seats: Friday, August 28.

Yizkor Book of Remembrance

Watch your email for information about this year's Yizkor Book. As in the past, we will request a \$10 donation for each name listed (or group, such as "and family") in the published Book of Remembrance, and a \$36 donation for each name read aloud during the Yizkor Service. **NEW THIS YEAR:** Instead of (or in addition to) line-item name listings, we are offering an option to reserve a larger space to memorialize your loved one(s) with a personalized message. We request a \$300 donation for a half-page, and a \$500 donation for a full page in the Yizkor Book. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Pesach, and Shavuot.

Deadline to submit Yizkor names: Tuesday, August 25.

Sisterhood's New Year Greetings Fundraiser

Everyone is invited to participate in Sisterhood's annual New Year Greetings fundraiser to wish "**L'Shana Tova Tikatevu**" to everyone in our NHBZ family! Simply send your donation (\$10 minimum / NO max) to Sisterhood@nhbz.org or fran.alper@outlook.com and **your name** will be published in the 5787 Rosh Hashanah Bulletin! Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects. **Deadline to submit your name and donation: Tuesday, August 25.**

Lulav & Esrog Sets

It will soon be time to place your orders for Lulav & Esrog sets. Please email your orders to Devorah at office@nhbz.org, or call 314-991-2100, ext. 2. Be sure to leave your name, call back phone number, and your order.

Prices below are now confirmed for this year.

- Basic Lulav & Esrog set \$70
- Standard Lulav & Esrog set \$80
- Deluxe Lulav & Esrog set \$95
- Premium Lulav & Esrog set \$105

All orders must be received and paid for on or before Tuesday, August 25.

Begin your Holiday Preparations NOW!

Watch for any changes in deadline dates or dollar costs



THE SISTERHOOD SCOOP

AUGUST 15

Volume 9

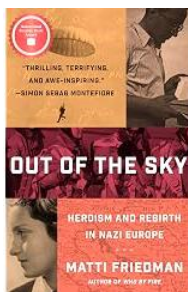
Number 29

2 Elul 5786

August 15, 2026

Book Club's Next Book

The Book Club will read ***Out of the Sky: Heroism and Rebirth in Nazi Europe***, by Matti Friedman. Using original documents from once-secret files, manuscripts, memoirs, and unpublished letters, Friedman follows four parachutists in the spring of 1944 on a dramatic rescue mission. The book will be discussed on **MONDAY EVENING, SEPT. 28, 6:45-8:00PM — in the NHBZ Sukka!**



The last Book Club discussion of 2026 will be **SUNDAY AFTERNOON, NOV. 29, 3:30-5:00PM**, before November Pizza Night. The selected book is ***Kosher USA: How Coke Became Kosher and Other Tales of Modern Food***, by Roger Horowitz

Men & women are welcome!

For more information, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org

Becoming a Fruit-Bearing Tree



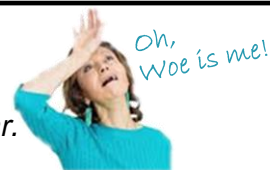
[Moses told the Jewish people,] *"If you besiege a city... you must not destroy its [fruit] trees."*

Our emotions are the measure of our maturity. Many people are gifted with superior intelligence or talent, but truly refined emotions are achieved by shedding childlike self-absorption and by contributing to the world. Similarly, fruit-bearing trees provide us with nourishment and delight at their own expense. In contrast, barren trees merely impress us with their stately presence; they may perhaps offer us shade, but they sacrifice nothing in so doing.

Therefore, when we seek instruction and inspiration, we should turn to people who are not only intelligent and talented, but who consistently utilize their gifts for the world's greater good. And of course, we should emulate the example of the fruit tree ourselves. — from *The Lubavicher Rebbe*, adapted by *Moshe Wisniefsky*, Chabad.org

SHOFTIM: Tsuris

- I'm falling behind on my mortgage.
- My fantasy football team has had a rotten year.
- My neighbor's dog barks all night.
- There's a possum that's taken up residence in my backyard.
- I had a winning ticket in the Powerball lottery, but only won \$21.80, while two other lucky people walked away with \$35 million each.
- When I try to go to sleep, I'm wide awake, and I wake up exhausted.
- My kids talk back to me.
- I've forgotten my PIN.
- I don't know how to change the clock on my oven.
- I've taken on work commitments that I don't feel comfortable with.
- I've just lost my car keys . . . again.
- Worst of all, I waste time making facetious lists detailing my supposed problems, instead of counting my blessings and getting on with my responsibilities.



We all do it; we focus on the bad and ignore the blessings. We obsess about the difficulties, without considering the fantastic possibilities that lie ahead. Instead of waking up every morning ready to fight the good fight, we hesitantly head off to war, already looking over our shoulders for an escape route.

In this week's Torah portion, we read: "When you go out to war against your enemies and you see a horse and chariot, a people more numerous than you, you shall not be afraid of them, for the L-rd, your G-d is with you." There is an obvious question here: why only one horse? Who goes to war with just one horse and chariot?

Rashi explains that it's a question of perspective. When we look at the forces arrayed against us, we see an impregnable foe, more numerous than us, more determined to fight and fully equipped to conquer. Yet, from G-d's perspective, there's nothing there. It's as statistically insignificant as a single horse.

The Rebbe gives a further tweak to this life lesson. The words "a nation more numerous than you" can literally be translated as "a numerous nation *from* you." We are our own worst enemies. We go looking for problems, and that's why our troubles are so tough to deal with. Instead of looking at life as an opportunity, we play up the pitfalls. We pay undue attention to the inconveniences and momentary difficulties, and we don't admit that most of our problems are easily solvable.

If we stopped looking for problems, we could start working towards the solutions. Given half a chance and a modicum of self-confidence, we could easily win the battle. The host of enemies that we thought were attacking us were really just as insignificant as a single horse and, with G-d's help, we will overcome. — *R. Elisha Greenbaum*, chabad.org



**Join NHBZ & Rabbi Rubin
for a two-part**

HIGH HOLIDAY SERIES

PART I : Monday, August 17 - 8pm

“Psalm 27 - L'David”

Why do we read this Psalm during the high holiday period? What is it about? What messages can we glean from it to enhance our high holiday experience...and the rest of our year?



PART II : Monday, August 24 - 8pm

“The Whats and Whys of Building a Sukkah”

Why are we told to live in huts for seven days? What significance does it have for our lives? What are the basic guidelines to building a “Kosher Sukkah”, while we still have time to plan?



**In-person at the new home of Bruce & Faith Waxman
(contact us for the address), or zoom:**

<https://us02web.zoom.us/j/86389316761?pwd=bL136UiPWbNAFmBdbMtfTyFFUF4rQ9.1>

For any questions, please contact Rabbi Rubin: rabbirubin@nhbz.org

NUSACH HARI B'NAI ZION SYNAGOGUE

MEMORIAL PLAQUES

A Lasting Tribute to Those We Hold Dear



Honor the memory of a beloved parent, grandparent, spouse, relative, or friend with a memorial plaque at Nusach Hari B'nai Zion Synagogue.

As we approach Rosh Hashanah, we invite you to establish a lasting remembrance for those whose lives and legacies remain part of our community.

SPECIAL ROSH HASHANAH PRICING

REGULAR PRICE: \$450 - Due to increased cost of production

NOW ONLY \$300

SPECIAL PRICING THROUGH ROSH HASHANAH

A memorial plaque is a meaningful way to perpetuate the memory of a loved one and keep their name connected to our shul and community for generations to come.

TO ORDER

Please contact the Shul Office (office@nhbz.org)

Take advantage of this special opportunity before the Rosh Hashanah deadline.

May the memories of our loved ones be a blessing.

Back to School/ Weekend Celebrations

Join us for Shabbos Lunch & Sunday Picnic!

Shabbos, August 29, 2026

Rabbi & Mrs. Rubin's Luncheon

Come celebrate the one year anniversary of the Rabbi and Rebbetzin and family joining the NHBZ community

Sunday, August 30, 2026

NHBZ's Annual Picnic in the Lot

FOAM PARTY | KIDS ACTIVITIES |

CAR SHOW | BBQ | SNOW CONES

So many great activities to enjoy!

Pay here or at the door

Nusach Hari
Bnai Zion

PICNIC IN THE LOT

FOAM PARTY | KIDS ACTIVITIES | CAR SHOW | BBQ



Gather your friends, family, and loved ones for a delightful day filled with laughter, delicious kosher food, and the beauty of the great outdoors!



**MAKE SURE TO BRING
YOUR APPETITE**

AS THERE WILL BE

HAMBURGER, VEGGIE BURGER,
OR HOT DOG PLATES FOR
SALE ALL AT **\$10** A PLATE.



AND TO STAY COOL IN THE ST. LOUIS HEAT
ENJOY SOME **FREE** SNOW CONES!



LOCATION:
NHBZ PARKING LOT
(650 N. PRICE RD)



DATE:
SUNDAY, AUGUST 30, 2026



TIME: 4-7PM



Good Food. Great Friends.

AMAZING MEMORIES!

Help Make Our
BBQ A SUCCESS!

CHOOSE YOUR SPONSORSHIP



GRILL MASTER
SPONSOR

\$100



CRUISIN'
SPONSOR

\$75



PICNIC BASKET
SPONSOR

\$54



SNOW CONE
SMILE
SPONSOR

\$36



KIDS' FUN
ZONE
SPONSOR

\$18



COOKOUT
CONTRIBUTOR

\$ _____



Every sponsorship helps create
a fun afternoon for our community!



SPONSOR TODAY!

To sponsor online:

[https://www.zeffy.com/en-US/
ticketing/picnic-in-the-lot](https://www.zeffy.com/en-US/ticketing/picnic-in-the-lot)

— SAVE THE DATE —

CELEBRATING



Nusach Hari B'nai Zion

An Elegant Evening of Cocktails, Community & Auction



Sunday, December 13, 2026

5:30 – 9:00 PM • NHBZ, 650 NORTH PRICE ROAD, SAINT LOUIS, MO

IN HONOR OF

GUEST OF HONOR

Jennifer Hartranft

ISRAEL AWARD HONOREE

Dr. Brian Sharp

HAKARAT HATOV HONOREE

Rabbi Chanan Swidler

SILENT AUCTION

Join us for a premier silent auction featuring items generously donated by local businesses, congregation members, and community partners.

Every bid supports Nusach Hari B'nai Zion as we celebrate 121 years of community, tradition, and togetherness.

RECEPTION MENU

Sushi Station

Mediterranean Grazing Table

Full Bar & Beverage Stations

An upscale cocktail-style reception, designed for mingling throughout the evening.

Formal invitation with full details to follow

NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD, SAINT LOUIS, MO • NHBZ.ORG • 314.991.2100



Senior Kollel UPDATE

Starting Monday August 17
Senior Kollel schedule will be as follows

MONDAY - THURSDAY

10:30 - 11:30 ♦ Rabbi Yaakov Berkowitz
11:30 - 12:30 ♦ Rabbi Shimmy Fried

Women's Lunch & Learn - TBD



BUILDING A
VIBRANT TORAH
COMMUNITY
FOR
35 YEARS

PLEASE JOIN

St. Louis Friends of Israel
American Friends of Magen David Adom
and
St. Louis Jewish Community Center
for an

AMBULANCE DEDICATION

This community event will recognize the sponsorship of an ambulance for the People of Israel by Dr. Irvin Pretsky, in honor of his parents, Jake and Dora Pretsky z"l.

Guests will have the rare opportunity to tour the ambulance before it begins its journey to Israel.



**SUNDAY
AUGUST 23
AT 4:00 P.M.**

RSVP by August 16 to
Heather Castle
hcastle@afmda.org

Address provided
upon registration.
Security will be present.



Israelis depend on Magen David Adom to save lives every day. Magen David Adom is Israel's national pre-hospital emergency medical system, designated blood-services, and global disaster relief organization. Americans sponsor the majority of Magen David Adom's fleet of more than 3,650 emergency vehicles. Thanks to philanthropy, medics can race to the scene with the most sophisticated medical response available.



AMERICAN FRIENDS OF
MAGEN
DAVID
ADOM



Israel's Emergency Services System



Get pumped with a
spiritual workout for your soul at

SOUL

BUILDING

with Rabbi David



10:00 AM



@NHBZ

4-Weeks

of

Soul Building

before

**Rosh
Hashana**



STRONGER

Soul.

GREATER

Purpose.

BRIGHTER

New Year.

COME BUILD YOUR STRONGEST SOUL!



FOCUS. RENEW. ELEVATE. TOGETHER.

