



Rosh Hashana Bulletin

September 11-13, 2026

29 Elul – 32 Tishrei 5787

Announcements

There will be no kiddushes on Rosh Hashana, but there will be Shalosh Seudos.

Yom Tov Programming

Shabbos, September 12
Learners' Service with Rabbi David
10:00 AM

Sunday, September 13
Educational Program with Mrs. Mimi David
11:00 AM

Childcare-Both Days
10:00 AM -12:30 PM

Torah Portions

Torah Readings	Machzor	Stone Chumash	Days Read
Torah: Genesis 21	165-166	94-98	Shabbos
Torah: Genesis 22	165-166	100-104	Sunday
Maftir: Number 29:1-6	169	894	Both
Haftorah: Samuel 1 1:1-2:10	170-172	1234-1236	Shabbos
Haftorah: Jeremiah 31:1-19	170-172	1236-1237	Sunday

Prayer Times

Friday, September 11

Selichos	6:15 AM
Mincha/Maariv	6:55 PM
Candle Lighting (Light an Extra Candle for Motzei Shabbos Lighting)	6:57 PM

Shabbos, September 12

Shacharis/Mussaf	8:00 AM
Latest Shema Time	9:48 AM
Drasha	Approx. 10:15 AM
Mincha	6:35 PM
Shalosh Seudos and Learn	After Mincha
Candle Lighting from an Existing Flame	Not Before 7:54 PM

Sunday, September 13

Shacharis/Mussaf	8:00 AM
Latest Shema Time	9:49 AM
Drasha	Approx. 10:15 AM
Shofar	After Drasha
Mincha	6:45 PM
Tashlich	After Mincha
Yom Tov Concludes	7:53 PM

Yahrzeits Observed This Week

Sept 11 - 29 Elul

Jack Levitt

Sept 15 - 4 Tishrei

Larry Eisenberg

Sept 12 - 1 Tishrei

David Tolpen

Sept 16 - 5 Tishrei

Sophie Nissenbaum

Sept 13 - 2 Tishrei

Rick Litwin

Sept 17 - 6 Tishrei

Jack Lyss

Birthdays!

Sept 11

Jesse Barash

Sept 12

Evie Winograd

Sept 14

Eliot Markman

Upcoming Events

September 20-21 - Yom Kippur

September 25 - Oct 4 - Sukkos

September 28 - Sisterhood Book Club

Monday, September 14
(Tzom Gedalia/Fast of Gedalia)

Fast Begins	5:22 AM
Shacharis (With Selichos)	6:30 AM
Mincha	6:40 PM
Fast Concludes	7:40 PM

Weekday Schedule

Shacharis (Tues - Fri)	7:00 AM
Mincha (Tues - Thurs)	6:55 PM

Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100



Rabbi Rubin:
rabbirubin@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org

Office Hours Mon-Thurs
9:15 -12:00, 12:30-2:00
Devorah is available by email
outside of office hours.

Hindy- Bookkeeper
bookkeeper@nhbz.org



THE SISTERHOOD SCOOP

Shana Tova!

SEPTEMBER 12

Volume 9

Number 33

1 Tishrei 5787

September 12, 2026

NHBZ Sisterhood wishes you and your family a healthy, happy, & sweet New Year!

You are invited to participate in Sisterhood's 5787 New Year Greetings Fundraiser..



...and wish **L'Shana Tova Tikatevu** to everyone in our NHBZ family! **Send in your donation (\$10 min – NO max) to NHBZ Sisterhood and your name will be published in the 5787 Rosh Hashanah Holiday Bulletin! See flyer for details.**

HEADS UP! It's the New Year

Rosh Hashanah means “Head of the Year.” Just like your head (brain) tells your body what to do, how you behave on Rosh Hashanah has far-reaching consequences for the entire year. The central observance of Rosh Hashanah is listening to the blowing of the **shofar** (except on Shabbos). And we eat 2 loaves of round challah, sweetened with raisins and honey – for a sweet new year!

Book Club's Next Book

The Book Club will read ***Out of the Sky: Heroism and Rebirth in Nazi Europe***, by Matti Friedman. Using original documents from once-secret files, manuscripts, memoirs, and unpublished letters, Friedman follows four parachutists in the spring of 1944 on a dramatic rescue mission. 🖱️ Join us for the discussion, led by **Sharon Summers**, on **MONDAY EVENING, SEPT. 28, 6:45-8:00 PM – in the NHBZ Sukka** on first day Chol Hamoed!

The last Book Club discussion of 2026 will be **SUNDAY AFTERNOON, NOV. 29, 3:30-5:00PM**, before November Pizza Night. The selected book is ***Kosher USA: How Coke Became Kosher and Other Tales of Modern Food***, by Roger Horowitz

For more information, contact: **Fran Alper** at fran.alper@outlook.com or sisterhood@nhbz.org

Turbulent Times

– from Rabbi Lord Jonathan Sacks ZT”L, *Rosh Hashanah 5770 / 2009*

At times like the current recession we need more than ever to reflect on the questions Rosh Hashanah and Yom Kippur pose to us. What do we live for? What are our values and how do we translate them into life? What will we give our children and those who will live on after us? For what do we wish to be remembered? What part will we write in the Book of Life?

It is easy to be lured by the siren song of a consumer society and come to believe that what matters is how much we earn and what we can afford. All around us are promises of happiness if we buy this, acquire that.

Yet the overwhelming consensus of psychological research is that, beyond the basic minimum we need, there is little correlation between wealth and happiness, between what we own and the way we feel. Even those who have won great sums in a lottery are, on average, no happier a year later than they were before they won. The excitement and delight of material things is very short-lived.

All the more so does this apply within the family. I once sat with one of Britain's most successful businessmen while he told me how unfair it was that after giving his wife everything [possessions] his marriage had failed...What he hadn't given her was time. He was so obsessed with work that he failed to understand how neglected she felt.

I lose count of the number of parents who have told me a similar story about their children. “I gave them so much,” they say. “How could they be so ungrateful?” But you cannot buy a child's affection. That needs something else altogether: care, attention, recognition, time spent talking together, doing things together, and yes, studying together.

Judaism is an extraordinary set of disciplines for living a meaningful life – **and it is meaning**, not fame or success, that lies at the heart of happiness. It invites us through the blessings we say every morning to give thanks for simply being alive in a universe full of beauty and wonder. It forces us, one day in seven, to rest and enjoy what we have rather than worry about the things we do not yet have. On Shabbat we renew the love within the family. We celebrate being part of a community – the place where our joys are doubled and our grief halved by being shared with others.

On the festivals we relive our people's history, the most remarkable history of any nation on earth. Through kashrut we sanctify the act of eating. Through mikvah and the laws of family purity we etch our most intimate relationship with the charisma of holiness. Spending time studying the texts of our tradition, we endow with religious significance the life of the mind. In prayer we converse with G-d, aligning ourselves with the moral energy of the universe, becoming part of the four-thousand-year-old symphony of the Jewish soul. We can lose material possessions, but spiritual possessions – the good we do, the love we inspire – we never lose, and that is why they are the greatest investments we can make. May we, in this coming year, spend more time on the things that matter, the things Judaism teaches us to value, and may G-d write all of us in the Book of Life.