



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

October 9 -10, 2026

Parshas Bereishis

28-29 Tishrei, 5787

Candle Lighting 6:13 PM

Genesis 1:1-6:8

Shabbos Concludes 7:10 PM

Announcements

- We express our condolences to the Ehrlich family on the passing of Joel Ehrlich z"l
- Mazel tov to Jason & Nancy Rush on the engagement of Noah Belau & Ruby Livon of Minneapolis.
- Mazel tov to Menachem Szus on the birth of a granddaughter.
- There will be a stone dedication for Marvin Greenberg, husband of Sandy Greenberg, father of Faith Waxman, grandfather of Sarah Beth Matt on Tuesday, October 13 at 2:00 pm at Beth Hamedrosh Hagodol Cemetery (9125 Ladue Rd).
- Thank you to our numerous sponsors for donating toward the Sip & Sushi event and the Simchas Torah Dinner to enhance the events.
- Thank you to Torah Tours Couple, Shalom and Shany Volkowitz for joining us over Chol Hamoed and Second Days of Sukkos and enhancing our Simcha.

Yahrzeits Observed This Week

Oct 10 - 29 Tishrei
Shmuel Grus

Oct 12 - 1 Cheshvan
Charles Waxman

Oct 11 - 30 Tishrei
Mandel Ferman
Rosaline Golub
Rene Amon

Oct 13 - 2 Cheshvan
Ida Koplowitz

Oct 14 - 3 Cheshvan
Samuel Becker
Betty Dworkin

Birthdays and Anniversaries!

October 9
David Morgensztern

October 11
Kenny & Barb Bressler

October 14
Michelle Mufson

Prayer Times

Friday, October 9

Mincha/Maariv 6:10 PM

Candle Lighting 6:13 PM

Shabbos, October 10

Shacharis/Mussaf 9:00 AM

Latest Shema Time 9:57 AM

Mincha 5:50 PM

Shalosh Seudos After
and Learn Mincha

Shabbos Concludes 7:10 PM

Weekday Schedule

Shacharis (Sun) 8:00 AM
Rosh Chodesh

Shacharis (Mon) 6:45 AM
Rosh Chodesh

Shacharis (Tues-Fri) 7:00 AM

Mincha (Mon-Thurs) 6:10 PM

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00 - 11:30 AM

Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100



Rabbi Rubin:
rabbirubin@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org
**Devorah is Only available
by email October 9-16**

Hindy- Bookkeeper
bookkeeper@nhbz.org

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
Rabbi Rubin's Rambam Class
8:00-9:00 PM

Tuesdays

Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

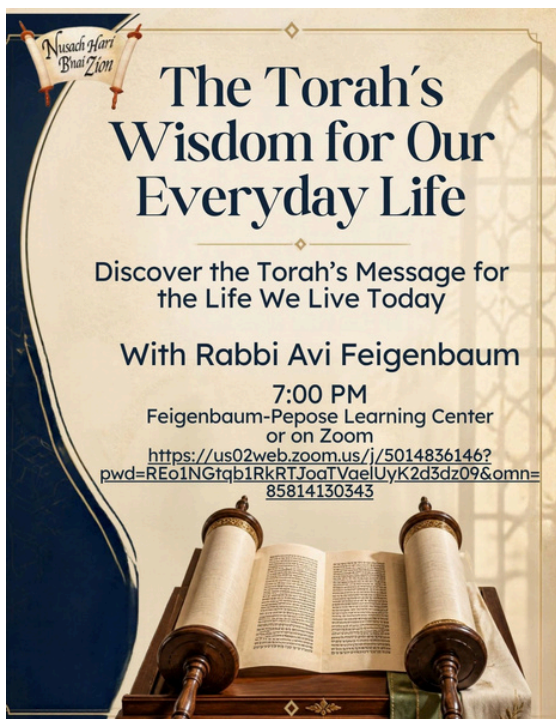
Wednesdays

Rabbi Feigenbaum's "The Torah's Wisdom
For Our Everyday Life"
TBD
Feigenbaum-Pepose Learning Center or on
zoom
[https://us02web.zoom.us/j/5014836146?](https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343)
[pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz](https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343)
[09&omn=85814130343](https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343)

Thursdays

Rabbi Rubin's "Gemara Class"
after 7 AM Shacharis

Rabbi Hess's Amud-a-Week
after Maariv



*Nusach Havi
Brachot*

The Torah's Wisdom for Our Everyday Life

Discover the Torah's Message for
the Life We Live Today

With Rabbi Avi Feigenbaum

7:00 PM
Feigenbaum-Pepose Learning Center
or on Zoom
[https://us02web.zoom.us/j/5014836146?](https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343)
[pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=](https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343)
[85814130343](https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343)

Upcoming Events

October 18 - Sababa (Jewish Arts and Culture Festival)

October 25 - Pizza Night

October 31 - September & October Birthday Kiddush

November 7 - Levitt Kiddush

Community Announcements

- Rabbi Rovinsky and Pirchie Greenspon invite you to their Simchas Chosson V'Kallah, October 11th from 2:00-3:30 PM at the JSU House 8037 Delmar Blvd.



aish St Louis
FIRE OF THE TORAH

BIKE-A-THON

RIDE TO INSPIRE

OCTOBER 11

FOR THE WHOLE FAMILY
Bike Rentals Available From
Bike Stop Cafe

This ride is open to all ages.
Come and ride or just hang out.

LUNCH
Delicious lunch for purchase
after the ride

Frontier Park - Pavilion #2
500 S. RIVERSIDE DR. ST. CHARLES, MO 63301

Registration - Volunteer - Sponsor - Rent a Bike

aishstlbike.com

SCAN QR CODE
TO LEARN MORE

ALL AGES
WELCOME!

PEDAL
PEOPLE
PURPOSE

MORE
THAN A RIDE
A BRIGHTER
TOMORROW



THE SISTERHOOD SCOOP

OCTOBER 10

Volume 9

Number 36

29 Tishrei 5787

October 10, 2026

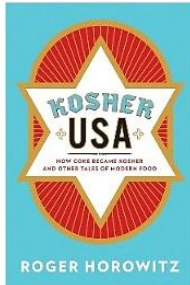
'Thank you' to Rabbi Rubin, Rabbi Hess, Bruce Waxman, Alan Zarkowsky (and all assistant gabbaim!), and to everyone who contributed to making our Yamim Nora'im enjoyable and meaningful... And may our entire NHBZ family be blessed with a good and sweet new year!

Book Club to Select Next Books

The NHBZ Sisterhood Book Club met in the Sukkah last Monday evening, Sept. 28, to discuss the true story, ***Out of the Sky: Heroism and Rebirth in Nazi Europe***, by Matti Friedman. **Sharon Summers** led a stimulating discussion that examined themes of heroism, futility, socialism, myth, idealism, and more. Thank you to Sharon and to all who attended and helped us celebrate Chol HaMoad Sukkos!

Save the Date... The last Book Club discussion of 2026 will be **SUNDAY AFTERNOON, NOV. 29, 3:30-5:00PM**, before November Pizza Night. The selected book is ***Kosher USA: How Coke Became Kosher and Other Tales of Modern Food***, by Roger Horowitz.

Join us Nov. 29 to discuss ***Kosher USA*** and to select books to read for next year. Everyone is welcome. For more info, contact: [Fran Alper](mailto:Fran.Alper@outlook.com) at Fran.Alper@outlook.com or sisterhood@nhbz.org



People of the Book

“The Torah ends with the last command: to keep writing and studying Torah. And this is epitomized in the beautiful custom, on Simchat Torah, to move immediately from reading the end of the Torah to reading the beginning. The last word in the Torah is Yisrael; the last letter is a lamed. The first word of the Torah is Bereishit; the first letter is beit. Lamed followed by beit spells lev, “heart.” So long as the Jewish people never stop learning, the Jewish heart will never stop beating. Never has a people loved a book more. Never has a book sustained a people longer or lifted it higher.”

– Rabbi Lord Jonathan Sacks, ZT”L

5770 Years Ago

In selling ads for our 2009-2010 [Jewish] calendar, I approached a local store owner with a form and a copy of last year's edition. I showed her the beautiful art pictures throughout the pages when she asked, "What is the number 5769 on the front?" I responded quite simply, "The amount of years since creation."

There was silence.

"You're not serious?" she asks.

She wasn't sure if I still lived in the dark ages or was in complete denial – and... there's no 30-second sound bite that would be able to answer a millennium-old question. I went home, put my thoughts on paper, and dropped it off at her store.

Because really! Have you ever heard of carbon dating? Aren't there stars a millions light-years away? Have you ever heard the word "dinosaurs"?

It is kind of hard to believe in the Torah when you get stuck on the validity of the first chapter – no, the first sentence.

Well, I ask you to clear your mind and give me a second to present my case.

Let us take things at face value. G-d created the world in six days. Adam and Eve are standing around in the Garden of Eden. Now what does that garden look like? Remember, the world is only six days old and grass was created on the third day...

Was it a garden? A field with seeds? Small little buds looking like a nursery? Doesn't seem too exotic or paradise-like!

On that train of thought, when they ate from the tree – how was there fruit if it was only a three-day-old tree? How many rings were in that tree? And wait – how did Adam and Eve reach to get it, or, for that sake, even walk, if they were two hours old? And that snake...he was two days old...boy, did they grow up quick.

We must be missing something.

When you sit down and start reading your favorite novel, the first chapter starts off with John, a 32-year-old stockbroker, and his wife Amy, an interior designer with a degree from Princeton, walking up their driveway into their two-story colonial in downtown Boston. The book continues for another 244 pages and occurs over a five-month period.

But when you get to the bottom of page one – how old is the story line?

It depends. The author thinks that, for the sake of this story, it is a few seconds old. But in truth, both John and Amy have a few decades behind them. The fact that they were born, grew up, went to school, met each other, and then married and bought a house are all relevant parts of the story, but those details are placed throughout the following pages as the author deems necessary for the narrative. Sometimes you get those details and understand how they tie into the story, and sometimes they remain a mystery. But although the main characters are 32 years old, the story is only a few seconds old at this point!

These two characters have a long and detailed history, but the book doesn't actually begin until the author chooses to lift the curtain as they walk up their driveway.

So, too, when G-d created the world, he slowly lifted the curtain over six days to reveal a rich and complete world with a long history and much planning that went into every detail.

And in that story line there were dinosaurs, and trees with rings, and animals maturing, and continents shifting, and people growing up, and light traveling great distances across the galaxies. And at the right moment – exactly 5770 years ago – He opened the book to page one.

–adapted from **Rabbi Mendel Teldon**, chabad.org

Nusach Hari
Bnai Zion

Pizza Night

October 25, 2026 5-7 PM

Adults: \$15 | Kids Ages 3-12: \$8 | Kids under 3: Free



Cholov Yisroel cheese; pareve and Gluten Free crusts upon request. All food is certified under the supervision of Rabbi Rubin



office@nhbz.org



314-991-2100



NHBZ.ORG



650 North Price Rd. St. Louis, MO 63132

CELEBRATING

121

YEARS

Nusach Hari B'nai Zion

An Evening of Celebration & Connection

Sunday, December 13, 2026

5:30 – 9:00 PM • NHBZ, 650 NORTH PRICE ROAD, SAINT LOUIS, MO

IN HONOR OF

GUESTS OF HONOR

David & Norma Rubin

ISRAEL AWARD HONOREE

Dr. Bryan Sharp

HAKARAT HATOV HONOREE

Rabbi Chanan Swidler

EVENING RECEPTION

Enjoy a beautifully curated selection featuring a sushi station, passed hors d'oeuvres, a Mediterranean grazing table, and full beverage stations available throughout the evening.

Stations are set throughout the room, designed to keep guests mingling all night long.

RSVP

Tickets: \$121 • Reserve by Friday, November 20, 2026

<https://www.zeffy.com/en-US/ticketing/121-years-gala>

Sponsorships and ads available for purchase. See site for details.



SCAN TO RSVP