NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

October 23-24, 2026
Candle Lighting 5:54 PM

Parshas Lech Lecha

Genesis 12:1-17:27

12- 13 Cheshvan 5787
Shabbos Concludes 6:51 PM

Announcement

- A big thank you to all those who volunteered and help organize the NHBZ table at Sababa!
- NHBZ is seeking volunteers to assist with locating auction items for our upcoming 121 Years Gala event Dec 13 at 5:30 pm at NHBZ. The auction will add a touch of whimsy to the gala while also benefiting the shul. We ask all congregants to think about their network of vendors who might have items or services that they can donate for auction at the gala.
  This is an enormous opportunity for local brand exposure at an event that is already garnering significant attention in St. Louis. Please contact Sari Neudorf and Itta Boyko at gala121@nhbz.org if you would like to assist with vendor solicitation or have ideas.
  You can find sample letterhead for vendor outreach in the upstairs and downstairs paper slots.

Yahrzeits Observed This Week

Oct 24 - 13 Cheshvan
Louis Winick
Harry Mitchell

Oct 25 - 14 Cheshvan
Lillian Klarfeld
Oreon Sandler

Oct 26 - 15 Cheshvan
Ina Makovsky
Celia Steinberg

Oct 27 - 16 Cheshvan
Gerald Bolt
Marvin Stein

Oct 28 - 17 Cheshvan
Ida Saltzman

Oct 29 - 18 Cheshvan
Toby Katz
Louis Mankofsky

Birthdays and Anniversaries!

Oct 23
Roza Koyen

Oct 24
Jeffrey Scheer

Oct 25
Ellen Rosen

Oct 27
Robin Rickerman

Oct 24
Rodney & Victoria John

Oct 29
Lenny & Fran Alper

Prayer Times

Friday, October 23

Mincha/Maariv	5:55 PM
Candle Lighting	5:54 PM

Shabbos, October 24

Shacharis/Mussaf	9:00 AM
Latest Shema Time	10:02 AM
Mincha	5:30 PM
Shalosh Seudos and Learn	After Mincha
Shabbos Concludes	6:51 PM

Weekday Schedule

Shacharis (Sun)	8:00 AM
Shacharis (Mon-Fri)	7:00 AM
Mincha (Sun-Thurs)	5:50 PM

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00 -11:30 AM

Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100

Rabbi Rubin:
rabbirubin@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org
Mon - Thurs
9:15-11:55, 12:30-2
Devorah is available by email outside of office hours

Hindy- Bookkeeper
bookkeeper@nhbz.org

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
Rabbi Rubin's Rambam Class
8:00-9:00 PM

Tuesdays

Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays

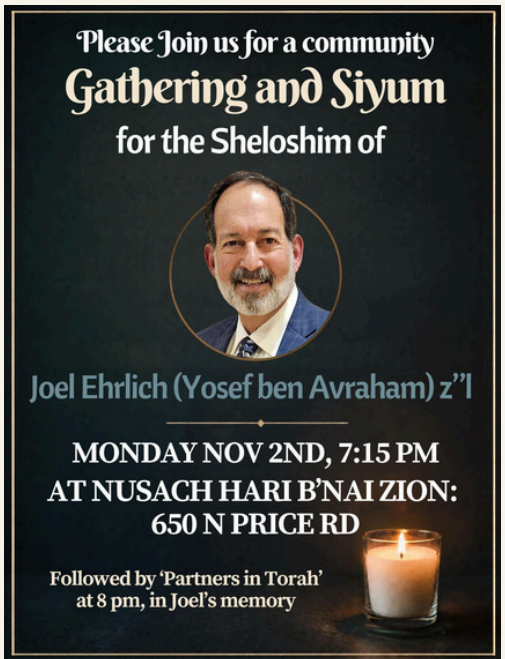
Rabbi Feigenbaum's "The Torah's Wisdom For Our Everyday Life"
TBD
Feigenbaum-Pepose Learning Center or on zoom
https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343

Thursdays

Rabbi Rubin's "Gemara Class"
after 7 AM Shacharis

Rabbi Hess's Amud-a-Week
after Maariv

Rabbi Rubin's "From Sinai to Today"
7:30PM



Upcoming Events

October 25 - Pizza Night
October 31 - September & October Birthday Kiddush
November 7 - Levitt Kiddush

Community Announcements

- The stone dedication/Hakamas Matzeiva for Kelsey Anne Vonk (Penina Nechama) is Sunday, October 25th at 10:30 AM at Chessed Shel Emeth Cemetery on White Rd.
- Please RSVP here https://batyarise.rsvpify.com/ for the Batya event. Further details below in the flyer.
- The entire community is invited to an evening of chizuk at a ruach-filled Melava Malka on Motzei Shabbos, October 31st, at 8:45 PM at the Yeshiva, 1809 Clarkson Road in Chesterfield.
- Rabbi Leibel Rockove, Rav of Khal Nachlas Avos in New York, will speak on "What Hashem's Amazing Creation Can Teach Us About Ourselves."
- A sit-down Melava Malka and kumsitz will follow.
- $18 suggested donation per person. RSVPs appreciated to events@missouritorah.org or call 636-778-1896 x108
- The 18th Annual St Louis Jewish Community Blood Drive will be on Sunday, January 10, 2027, at Young Israel, 10 am – 4 pm. Please come and participate in this life saving chesed.



Membership Meeting plus Nomination and Election of Officers & Board of Directors



Did you ever wonder how the officers of NHBZ are elected?
Do you want to have a say in the future direction of NHBZ?
Do you want to express your opinions to the Board of Directors?

You are invited to attend the NHBZ <u>Annual Membership Meeting</u> and Election of Officers on <u>Sunday</u>, <u>November 15</u>, at 11:00 am

Every November, we hold a Membership meeting to give members a 'state of the shul' report. This is an opportunity for you to interact directly with the Rabbi, President, and other officers and Board members about the business of the shul. If you would like to give your opinion, make suggestions or just listen, this is your chance.

We will also elect officers and members of the Board of Directors. Here is how the election works. We have a nominating committee that consists of all past presidents. That committee deliberates throughout the year and, comes up with a proposed slate of officers that is presented to the Board in October. This year, the nominees were presented at the Board Meeting on October 13. At the November Membership Meeting, the slate is officially nominated, and *other nominations are accepted from the floor*. Those NHBZ full members who attend the meeting have the privilege of voting. The Officers and Board members take office on January 1, 2027, with an official Installation early in 2027.

We have eight officers and fifteen Board members. Officers serve for one year, and can be re-elected. Board members serve for three years, with one third of the Board up for election each year. Here is the slate of nominees for 2027:

<u>2027 Officer Nominees: 1-year term</u>

President	*Bruce Waxman*
Vice President	*Joey Mufson*
Vice President	*Evan Garmaise*
Vice President	*Charlene Kass*
Vice President	*Meira Ganel*
Treasurer	*Dan Winograd*
Secretary	*Caryn Alper*
Gabbai	*Alan Zarkowsky*

<u>2027 Board Nominees: Full 3-year Term Thru December 2029</u>

Faye Cohen
Jeff Schnitzer
Zev Katz
Ella Pernik
Itta Boyko



<u>Continuing Board Members Thru 12/28</u>

Nancy Rush
Jerry Tullman
Stella Vladimirov
Jason Rush
Faith Waxman

<u>Continuing Board MembersThru 12/27</u>

Joni Kaiser
Sari Neudorf
Ephraim Mufson
Howard Loiterstein
Denny Feit

<u>Trustees: Past-Presidents, Ex-Officio Board Members, and Nominating Committee</u>

Lenny Alper
Craig Berkin
Kenny Bressler
Janet Haber
Bob Kaiser
Mark Ragin
Menachem Szus
Jay Umansky
Dan Winograd
Alan Zarkowsky

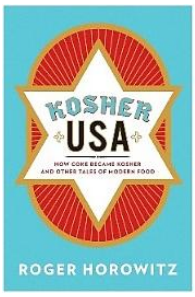
NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD • ST. LOUIS MISSOURI 63132

THE SISTERHOOD SCOOP

OCTOBER 24

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Book Club News – Save the Date



The last Book Club discussion of the year will be **SUNDAY, NOVEMBER 29, 3:30-5:00PM.** **Location: To Be Determined.** *Watch this space for details.*

The selected book is ***Kosher USA:* How Coke Became Kosher and Other Tales of Modern Food,** by Roger Horowitz. Join us Nov. 29 to discuss ***Kosher USA*** and to select books to read for next year. Everyone is welcome. For more info, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org

Victim Culture

"Nowadays, to win sympathy for your cause, you have to establish your credentials as a victim. This has overwhelming advantages. People empathise with your situation, give you support, and avoid criticising your actions. It has, however, three drawbacks: it is false, it is corrupting, and it is a denial of humanity. A victim is an object, not a subject; a done-to, not a doer. He or she systematically denies responsibility, and those who wish to help only prolong the denial. They become what is known in addiction therapy as co-dependents. By locating the cause of someone's plight in factors external to the person, the victim culture perpetuates the condition of victimhood. Instead of helping the prisoner out of prison, it locks him in and throws away the key."

– ***Rabbi Lord Jonathan Sacks,*** *ZT"L* – The Long Walk to Freedom (Lech Lecha, Covenant & Conversation)

THE IMPORTANCE OF THE DAILY MINYAN



~ *WHAT WOMEN CAN DO* ~

Ladies, remember an essential foundation of our shul and our community is ***prayer*** – and our ***daily minyan*** is the optimal vehicle for prayer for our community.

To help strengthen and support our minyan, please encourage your husbands and sons to ***commit to regularly attending*** two, three, four *or more* minyanim each week. Your encouragement just may make the difference to help inspire the guys to fulfill this vital mitzvah. And, of course, you are welcome to attend too!

LECH LECHA:

Are the Jews Humanity's Moral Compass?

Who has said that the Jewish people are the moral conscience of the world?

No, it's not a great Jewish prophet or a righteous non-Jew who admired the Jewish people. These words are ascribed to none other than Adolf Hitler, may his name be erased.

In Hitler's words, "Conscience is a Jewish invention; it is a blemish like circumcision."

He also said: "If one little Jewish boy survives without any Jewish education, with no synagogue and no Hebrew school, it [Judaism] is in his soul. Even if there had never been a synagogue or a Jewish school or an Old Testament, the Jewish spirit would still exist and exert its influence. It has been there from the beginning, and there is no Jew, not a single one, who does not personify it." [Hitler's Apocalypse]

To Hitler, having a moral conscience was repugnant and despicable; scruples could deprive an individual from realizing his self-gratifying goals. Unbelievably, Hitler also understood that every Jewish soul inherently has such an ethical spirit.

In Lech Lecha, we are introduced to Abraham, the first Jew and the forefather of our people. Abraham is called Ivri, a Hebrew, and the name has stuck for his descendants.

On a simple level, he was called Ivri because geographically he came from ever *hanahar*, the "other side of the river." On a deeper level, he stood on the "other side" of the world in his principles and moral standing. In a dark, decadent world, he shined the light of monotheism and divine moral clarity.

"You shall be for Me a kingdom of priests, a holy nation." G-d entrusted the Jewish people with the obligation of being "a light unto the nations."

It's a job description that not only is arduous but has caused genuine envy as well as the deepest and most vile hatred. Most of humanity would rather yield to the prevailing status quo and social pressure than deviate from its accustomed behaviors.

Abraham, too, could easily have chosen to follow the norm; instead, he followed his soul. As a result, he was thrown into a burning furnace for not bowing to idols, was expelled from his home, was tested countless times, and only miraculously escaped with his life. Nevertheless, he stood tall and firm in what he knew to be the truth.

He passed on this legacy to his descendants.

We all have choices: to follow the tide or to swim upstream. To be satisfied with the status quo, or to improve our world through a higher spiritual service or a greater moral code. Throughout the centuries, Abraham's descendants have made disproportionate contributions in these areas.

Our greatest haters realized that this was our fate. They also realized that this desire to make our world a home for G-d is inherently embedded within our Jewish soul.

Within each and every one of us. — ***Chana Weisberg,*** www.chabad.org

Nusach Hari B'nai Zion

Kosher Thanksgiving
Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, We Need Sponsors to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact office@nhbz.org or call 991-2100

We Also Need Volunteers on Thanksgiving Day to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

It will be lots of fun!



If you want to help and volunteer, Please contact Bob Kaiser at 314-420-5641

Nusach Hari B'nai Zion

Pizza Night

October 25, 2026 5-7 PM

Adults: $15 | Kids Ages 3-12: $8 | Kids under 3: Free





Cholov Yisroel cheese; pareve and Gluten Free crusts upon request. All food is certified under the supervision of Rabbi Rubin.

office@nhbz.org | 314-991-2100 | NHBZ.ORG | 650 North Price Rd. St. Louis, MO 63132

Nusach Hari B'nai Zion

Join Rabbi Rubin for a new series

FROM SINAI TO TODAY:

THE DEVELOPMENT OF JEWISH LAW THROUGH THE AGES

Begins Thursday October 29th



Thursdays 7:30pm at NHBZ, Feigenbaum-Pepose Learning Center, and over zoom:

https://us02web.zoom.us/j/87045429882?pwd=E8Dcv9TLIMyp6iYvJwK79mSHwIXC4t.1

CLASS 1 - OCT 29TH Torah, Prophets, and Writings	**CLASS 5 - DEC 3RD** The Post-Talmudic Era
CLASS 2 - NOV 5TH Oral Law, Rabbinic Interpretation, Disputes, and Consensus	**CLASS 6 - DEC 10TH** The Rishonim/Medieval Rabbis
CLASS 3 - NOV 12TH The Tanaim and the Mishnah	**CLASS 7 - DEC 17TH** The Shulchan Aruch/Code of Jewish Law
CLASS 4 - NOV 19TH The Amoraim and the Talmud	**CLASS 8 - DEC 24TH** Later Rabbis and the Current Era

CELEBRATING

121
YEARS

Nusach Hari B'nai Zion

An Evening of Celebration & Connection

Sunday, December 13, 2026

5:30 – 9:00 PM • NHBZ, 650 North Price Road, Saint Louis, MO

IN HONOR OF



GUESTS OF HONOR
David & Norma Rubin



ISRAEL AWARD HONOREE
Dr. Bryan Sharp



HAKARAT HATOV HONOREE
Rabbi Chanan Swidler

EVENING RECEPTION

Enjoy a beautifully curated selection featuring a sushi station, passed hors d'oeuvres, a Mediterranean grazing table, and full beverage stations available throughout the evening.

Stations are set throughout the room, designed to keep guests mingling all night long.

RSVP

Tickets: **$121** • Reserve by **Friday, November 20, 2026**

https://www.zeffy.com/en-US/ticketing/121-years-gala

Sponsorships and ads available for purchase. See site for details.

SCAN TO RSVP

NUSACH HARI B'NAI ZION · 650 NORTH PRICE ROAD, SAINT LOUIS, MO 63132 · NHBZ.ORG
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