NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America



November 6-7, 2026 | **26-27 Cheshvan 5787**

Candle Lighting 4:37 PM | **Shabbos Concludes 5:37 PM**

PARSHAS CHAYEI SARAH

Shabbos Mevarchim

Genesis 23:1-25:18

Announcements

- The kiddush this Shabbos is sponsored by Ed Levitt in honor of the yahrzeit of Helayne Levitt, Chaya bas Berel z"l

NHBZ is seeking volunteers to assist with locating auction items for our upcoming 121 Years Gala event Dec 13 at 5:30 pm at NHBZ.
The auction will add a touch of whimsy to the gala while also benefiting the shul. We ask all congregants to think about their network of vendors who might have items or services that they can donate for auction at the gala.
This is an enormous opportunity for local brand exposure at an event that is already garnering significant attention in St. Louis.
Please contact Sari Neudorf and Itta Boyko at gala121@nhbz.org if you would like to assist with vendor solicitation or have ideas.
You can find sample letterhead for vendor outreach in the upstairs and downstairs paper slots.

Yahrzeits Observed This Week

Nov 9 - 29 Cheshvan

Emil Routman

Nov 11 - 1 Kislev

Clara Kovinsky

Helayne Levitt

Libby Mankovsky

Julius Saltzman

Birthdays & Anniversaries!

Nov 6
Rabbi Borow

Nov 8
Seth Near

Nov 11
Tobie Dobin
Sandy Klarfeld

Nov 11
Zev & Shana Katz

Nov 12
David & Gail Porter

Prayer Times

Friday, November 6

Mincha/Maariv	4:35 PM
Candle Lighting	4:37 PM

Shabbos, November 7

Shacharis/Mussaf	9:00 AM
Latest Shema Time	9:09 AM
Mincha	4:15 PM
Shalosh Seudos and Learn	After Mincha
Shabbos Concludes	5:37 PM

Weekday Schedule

Shacharis (Sun)	8:00 AM
Shacharis (Mon, Thurs, & Fri)	7:00 AM
Shacharis (Tues & Wed)	6:45 AM
Rosh Chodesh Kislev	
Mincha (Sun-Thurs)	4:35 PM

Shabbos Programming

Soul Building with Rabbi David
10:00 AM

Childcare
10:00-11:30 AM

Shul Contact Information

To Donate To NHBZ

phone: 314-991-2100

Rabbi Rubin:
rabbirubin@nhbz.org

Devorah- Office Administrator
email: office@nhbz.org
Mon - Thurs
9:15-11:55, 12:30-2
Devorah is available by email outside of office hours

Hindy- Bookkeeper
bookkeeper@nhbz.org

Ongoing Classes

Sundays

Rabbi Swidler's "Learning Mishna"
after Shacharis

Mondays

Partners in Torah
Rabbi Rubin's Rambam Class
8:00-9:00 PM

Tuesdays - Off This Week

Rabbi Sentell's
"Chumash in the Original"
12:00-12:45 PM

Wednesdays

Rabbi Feigenbaum's "The Torah's Wisdom For Our Everyday Life"
TBD
Feigenbaum-Pepose Learning Center or on zoom
https://us02web.zoom.us/j/5014836146?pwd=REo1NGtqb1RkRTJoaTVaelUyK2d3dz09&omn=85814130343

Thursdays

Rabbi Rubin's "Gemara Class"
after 7 AM Shacharis

Rabbi Hess's Amud-a-Week
after Maariv

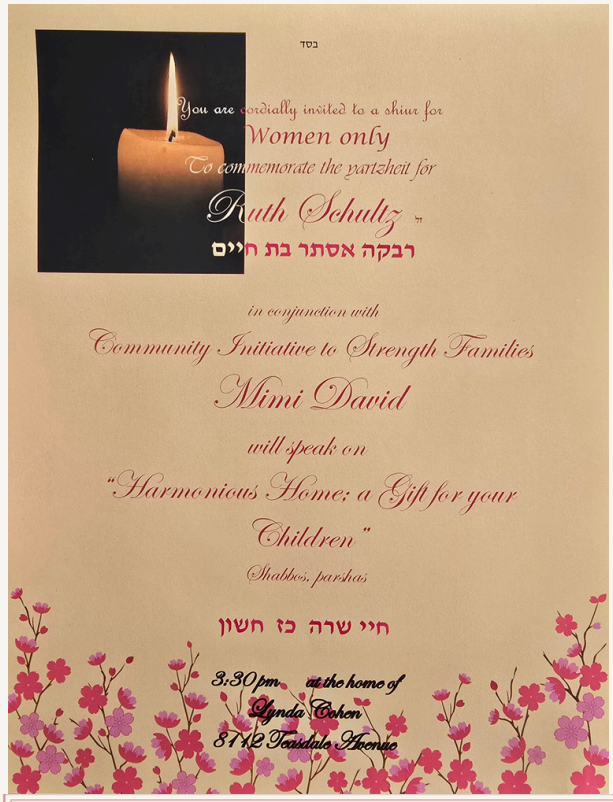
Rabbi Rubin's "From Sinai to Today"
7:30PM

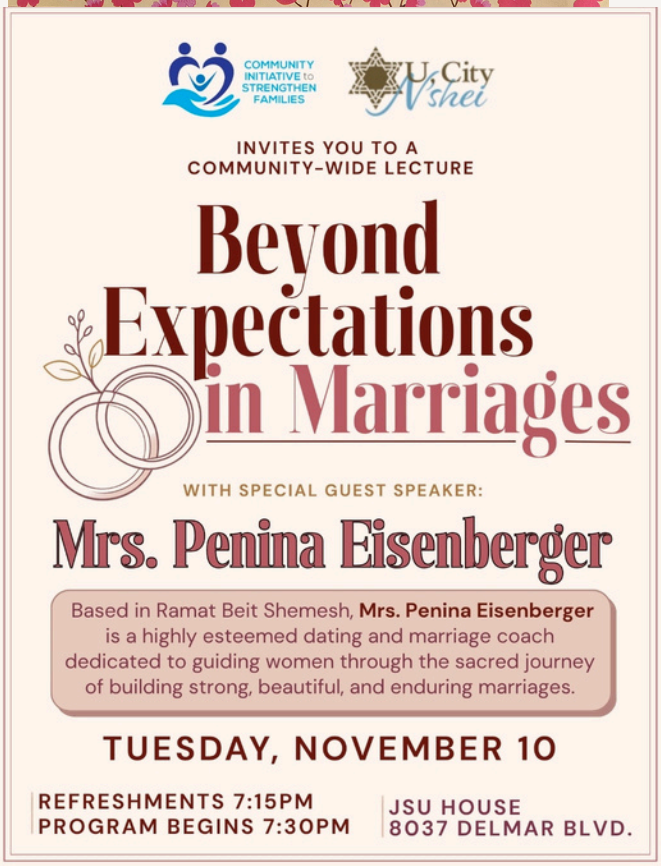
Upcoming Events

November 28 - Szus Kiddush
November 29 - Pizza Night
December 5 - Chanukah Melava Malka
December 13 - Gala 121

Community Announcements

- The 18th Annual St Louis Jewish Community Blood Drive will be on Sunday, January 10, 2027, at Young Israel, 10 am – 4 pm. Please come and participate in this life saving chesed.





Membership Meeting plus Nomination and Election of Officers & Board of Directors



Did you ever wonder how the officers of NHBZ are elected?
Do you want to have a say in the future direction of NHBZ?
Do you want to express your opinions to the Board of Directors?

You are invited to attend the NHBZ <u>Annual Membership Meeting</u> and Election of Officers on <u>Sunday</u>, <u>November 15</u>, at 11:00 am

Every November, we hold a Membership meeting to give members a 'state of the shul' report. This is an opportunity for you to interact directly with the Rabbi, President, and other officers and Board members about the business of the shul. If you would like to give your opinion, make suggestions or just listen, this is your chance.

We will also elect officers and members of the Board of Directors. Here is how the election works. We have a nominating committee that consists of all past presidents. That committee deliberates throughout the year and, comes up with a proposed slate of officers that is presented to the Board in October. This year, the nominees were presented at the Board Meeting on October 13. At the November Membership Meeting, the slate is officially nominated, and *other nominations are accepted from the floor*. Those NHBZ full members who attend the meeting have the privilege of voting. The Officers and Board members take office on January 1, 2027, with an official Installation early in 2027.

We have eight officers and fifteen Board members. Officers serve for one year, and can be re-elected. Board members serve for three years, with one third of the Board up for election each year. Here is the slate of nominees for 2027:

<u>2027 Officer Nominees: 1-year term</u>

President	*Bruce Waxman*
Vice President	*Joey Mufson*
Vice President	*Evan Garmaise*
Vice President	*Charlene Kass*
Vice President	*Meira Ganel*
Treasurer	*Dan Winograd*
Secretary	*Caryn Alper*
Gabbai	*Alan Zarkowsky*

<u>2027 Board Nominees: Full 3-year Term Thru December 2029</u>

Faye Cohen
Jeff Schnitzer
Zev Katz
Ella Pernik
Itta Boyko



<u>Continuing Board Members Thru 12/28</u>

Nancy Rush
Jerry Tullman
Stella Vladimirov
Jason Rush
Faith Waxman

<u>Continuing Board MembersThru 12/27</u>

Joni Kaiser
Sari Neudorf
Ephraim Mufson
Howard Loiterstein
Denny Feit

<u>Trustees: Past-Presidents, Ex-Officio Board Members, and Nominating Committee</u>

Lenny Alper
Craig Berkin
Kenny Bressler
Janet Haber
Bob Kaiser
Mark Ragin
Menachem Szus
Jay Umansky
Dan Winograd
Alan Zarkowsky

NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD • ST. LOUIS MISSOURI 63132

THE SISTERHOOD SCOOP

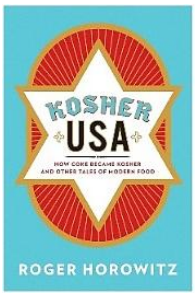
NOVEMBER 7



Volume 9 | Number 40 | 27 Cheshvan 5787 | November 7, 2026

Book Club News – Save the Date

The last Book Club discussion of the year will be **SUNDAY, NOVEMBER 29, 3:30-5:00PM.**
Location: To Be Determined
Watch this space for details



The selected book is ***Kosher USA:* How Coke Became Kosher and Other Tales of Modern Food**, by Roger Horowitz. Join us Nov. 29 to discuss ***Kosher USA*** and to select books to read for next year. Everyone is welcome. For more info, contact: *Fran Alper* at fran.alper@outlook.com or sisterhood@nhbz.org

Chaya Sarah ~ Higher Life

YOU CAN BLAME THE PRESENT ON THE PAST.

OR YOU CAN BUILD A FUTURE FROM THE PRESENT.

The years of Sarah's life were 127 years, these were the years of Sarah's life. —Genesis 23:1

Why does it mention "life" twice? Because Sarah had two lives. Even while living in this world, she lived a higher life, beyond this world. Why Sarah more than anyone else? Because she descended to Egypt and rose back up. —Zohar

There are three stages in life:

First, you are a divine soul, a part of G-d, transcendent of all things.

Then you descend to Egypt. You enter a body. You become a faint and flawed reflection of your true self.

But you struggle with this body and with this world. From struggle, you rise above struggle. From constraints, you grow beyond constraint. From darkness, you learn to shine.

Then, like Sarah, you live two lives at once. One within this world. And one within this world and far beyond it.

(Maamar Chayei Sarah 5713 (1958))
—Rabbi Tzvi Freeman, www.chabad.org

CHAYA SARAH: Torah: Love Isn't What You Think It Is

Notions of love and romance are ingrained in practically every dimension of our society. Every good story has to have a romantic twist and probably 90% of all popular music is about some form of love.

It is also quite apparent that many times the way romance and love are represented in the mainstream are at best superficial and at worst sociologically detrimental. In the end, is love really so important to a happy healthy relationship? What does the Torah have to say about this?

In this week's portion, we read about the marriage of Isaac and Rebecca. This love story unfolds in the opposite manner than the way we are accustomed to. Usually in love stories, the man and woman fall desperately in love with each other and then get married and live happily ever after. But Isaac and Rebecca experience the opposite as the Torah says, "… and she became his wife and he loved her." First, there was marriage and then there was love.

How is it that the Torah's depiction of love is so different than our common notion of it? Perhaps the answer is that love true doesn't come from where we think it does.

We often seem to find love in how good a person looks to us, how they act, or what a great time we have when with them. We also tend to believe love is proportionate to desire.

But according to the Torah, love comes from a seemingly foreign attribute: dedication. Dedication fuels love, not desire. When you're dedicated to someone, your concerns are secondary while theirs are first. You go beyond what you want to try to end up with what they want. It is there, in this place of self-transcendence, where love truly resides.

Therefore, it's not only that love is important to a serious relationship, rather it can only exist in the setting of a serious relationship. Enjoying a person for their great attributes is important and special but not love. Love is something independent of our personal satisfaction, born from dedication to one another.

Obviously, the importance of dedication is radically different than our natural disposition of liking something because it makes us feel good. Nevertheless, this component can teach us a valuable lesson in our spiritual lives.

Many times within Jewish thought when discussing the relationship between G-d and the nation of Israel, the analogy of husband and wife is employed. G-d is the groom, as it were, and we are His bride. We are considered engaged to Him, but we are still waiting for the big day, our marriage: a time when we see the revelation of Him in our daily lives. But to get to our wedding day, we first have some relationship work to do.

This is where dedication comes in. By dedicating ourselves to G-d by doing mitzvahs, good deeds, in a way that transcends our own desires, we will culminate both humanity's and our personal relationship with G-d.

— Yerachmiel Galinsky, www.chabad.org

Nusach Hari B'nai Zion

Kosher Thanksgiving
Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, We Need Sponsors to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact office@nhbz.org or call 991-2100

We Also Need Volunteers on Thanksgiving Day to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

It will be lots of fun!



If you want to help and volunteer, Please contact Bob Kaiser at 314-420-5641

Nusach Hari B'nai Zion

Join Rabbi Rubin for a new series

FROM SINAI TO TODAY:

THE DEVELOPMENT OF JEWISH LAW THROUGH THE AGES

Begins Thursday October 29th



Thursdays 7:30pm at NHBZ, Feigenbaum-Pepose Learning Center, and over zoom:

https://us02web.zoom.us/j/87045429882?pwd=E8Dcv9TLIMyp6iYvJwK79mSHwIXC4t.1

CLASS 1 - OCT 29TH Torah, Prophets, and Writings	**CLASS 5 - DEC 3RD** The Post-Talmudic Era
CLASS 2 - NOV 5TH Oral Law, Rabbinic Interpretation, Disputes, and Consensus	**CLASS 6 - DEC 10TH** The Rishonim/Medieval Rabbis
CLASS 3 - NOV 12TH The Tanaim and the Mishnah	**CLASS 7 - DEC 17TH** The Shulchan Aruch/Code of Jewish Law
CLASS 4 - NOV 19TH The Amoraim and the Talmud	**CLASS 8 - DEC 24TH** Later Rabbis and the Current Era

Nusach Hari B'nai Zion

Pizza Night

New Time!!

November 29, 2026 5-6:30 PM

Adults: $15 | Kids Ages 3-12: $8 | Kids under 3: Free









Cholov Yisroel cheese; pareve and Gluten Free crusts upon request.
All food is certified under the supervision of Rabbi Rubin

office@nhbz.org | 314-991-2100 | NHBZ.ORG | 650 North Price Rd. St. Louis, MO 63132

CELEBRATING

121
YEARS

Nusach Hari B'nai Zion

An Evening of Celebration & Connection

Sunday, December 13, 2026

5:30 – 9:00 PM • NHBZ, 650 North Price Road, Saint Louis, MO

IN HONOR OF



GUESTS OF HONOR
David & Norma Rubin



ISRAEL AWARD HONOREE
Dr. Bryan Sharp



HAKARAT HATOV HONOREE
Rabbi Chanan Swidler

EVENING RECEPTION

Enjoy a beautifully curated selection featuring a sushi station, passed hors d'oeuvres, a Mediterranean grazing table, and full beverage stations available throughout the evening.

Stations are set throughout the room, designed to keep guests mingling all night long.

RSVP

Tickets: **$121** • Reserve by **Friday, November 20, 2026**

https://www.zeffy.com/en-US/ticketing/121-years-gala

Sponsorships and ads available for purchase. See site for details.

SCAN TO RSVP

NUSACH HARI B'NAI ZION · 650 NORTH PRICE ROAD, SAINT LOUIS, MO 63132 · NHBZ.ORG
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